

HEALTH AND HOME HINTS.

CARE OF HOUSEHOLD STORES.

Look well to your cellar during these days when the doors and windows of the house must be closed most of the time. Sometimes a farm house reeks with an odor as dangerous as sewer gas. This odor comes from the cellar, and is caused by decaying roots, cabbage, apples, etc., and is responsible for much of the winter and spring sickness we have in rural communities. Therefore, if possible, store these things, if you have them in large quantities, somewhere else, and not in the cellar beneath the dwelling. Those you must of necessity keep there, give especial care.

If you have potatoes or other vegetables stored in barrels or bins, they should be picked over once every week and the defective ones thrown away. If there is any indication of sweating, spread out upon the floor for a day or two to dry then pack again.

Fine, sound apples can be kept through the entire winter by this method: Wrap each one separately in soft unprinted paper, twisting the corners tightly together, then pack carefully in wooden boxes and cover with fine dry sand.

Dried fruits, and vegetables such as beans and peas, should be kept in a cool, dry pantry in tin boxes with airtight covers.

Eggs will keep well packed in dry salt, with the small end down. Grease the shell with lard before packing and pour melted lard over the top layer of salt.

A bag of powdered charcoal sunk into the pork barrel will keep the brine sweet through the winter without blacking the meat.

Tumblers of jam, jelly and marmalade should be kept in the dark, as the light acts chemically upon the contents. If your fruit pantry or storeroom is light, put each glass jar into a paper sack and tie on with cord.—Jeanette Jordan, in The Indiana Farmer.

SPARKLES.

"What do you think of a man with a rip in his coat and only three buttons on his vest?"
"He should either get married or divorced."—Boston Transcript.

"I'm just figuring my winter expenses."

"In what way?"

"I'm trying to find out whether, after I've bought my wife a new set of furs, a new winter coat and an opera cloak, I'll have enough left to buy a new velvet collar for my last year's overcoat."—Detroit Free Press.

CAUGHT.

A local physician who acts as examiner for an accident insurance company said that he has to be watchful in order to keep the company he represents from being "stung" on accident claims.

"A man was in my office," he said, "who said that he had fallen from a street car. I examined his arm, and, though there were a few bruises on it, it didn't appear to be badly hurt."

"How high can you raise it?" I continued, and he answered by raising his arm with apparent difficulty, until his hand was a few inches above his head.

"Pretty bad," I commented. "Now show me how high you could raise it before this accident happened?"

"He lifted it easily then 'way up in the air, and it wasn't until I began to laugh that he realized that he had exposed himself. He cleared out in a hurry then."—Louisville Courier Journal.

Many a man has a reputation of being forgiving when he has merely a short memory.

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A TRIP TO ALASKA.

A trip to Alaska is one seldom undertaken by people in the British Isles, and of the many bookings undertaken by the Grand Trunk Railway officials in London, few tickets show the destination to be that part far north of Canada, where coal and gas, together with meteorological observations, are often supposed to be the chief reason for the existence of that land. That such a trip can be made with little out of the ordinary fatigue of travelling is well proved by a recent communication sent to Mr. Fred C. Salter, European Traffic Manager of the Grand Trunk Railway, from Mr. Bromley Challenor, F.R.G.S., who has just returned from the north-western limit of the North American Continent. The letter has an added interest by reason of the fact that on the day of the official opening of the Grand Trunk Railway's new offices at 17-19 Cockspur street, S.W., Mr. Challenor was the first person to book a passage with the company for Canada. On Dominion provision made for the journey, and, provision made for the journey, and, in the first week in October, back in England again, the well-known geographer has been pleased to write to the Grand Trunk offices expressing his entire satisfaction with the easy way in which the journey was accomplished. After thanking the railway officials for making his means of transportation pleasant and comfortable, he says: "I was very pleased, indeed, with both the road and rolling stock of your company, and in my opinion it is second to none on the Continent of America. The arrangements you made for me very much added to my comfort and enabled me to reach my destination in the quickest possible time, and I must say I experienced the greatest civility from the company's staff during my passage on your road. The route you worked out for me was a most interesting one, and coming back as I did, over the Rockies and the Great Lakes, I did not travel over a single mile a second time except the short run between Sarnia and Toronto. Will you be good enough to send me particulars of your 'Round the World Tours.' I am thinking that next spring I may have another run out to the west, and if I do, I should like to return home via the east." Thus the whole of Great Britain is quickly put in touch by this great railway system, with what frequently is said to be the uttermost parts of the earth.—Dublin (Ireland) Daily Express, Oct. 19, 1909.

"Stern Lawgiver, Yet thou dost wear The Godhead's most benignant grace, Nor know I anything so fair As the smile upon thy face."

The sands that count the years are low within the upper glass, They slip away, these little years, so swiftly do they pass; They take the song, mayhap, but leave the echoes sweet that hum, The year is gone, but there is another year to come.

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