

Four heaping tablespoonfuls	Licorice Root
Three " "	Sennae Leaves
Three " "	Rhubarb Root
One " "	Dandelion Root
One " "	Sweet Fennell
One " "	Sasaparill Root
One " "	Burdock Root
One " "	Guajac Wood

Boil with two quarts of water for two minutes; strain through a cloth and if the liquid should not make three pints, add so much water, previously boiled to make three pints. Stir slowly in 10 oz. alcohol. Dose.—Two to four tablespoonfuls a day.

No. 2. with a milder tendency to the bowels.

Four heaping tablespoonfuls	Licorice Root
Two " "	Sennae Leaves
One " "	Rhubarb Root
Three " "	Burdock Root
Two " "	Sarsaparill Root
Two " "	Juniper Berries
One " "	Guajac Wood

(Prepare as Directed for No. 1.)

No. 3. Only blood purifying, hardly any action to the bowels.

Three heaping tablespoonfuls	Licorice Root
Two " "	Yarrow
Three " "	Juniper Berries
One " "	Burdock Root
One " "	Guajac Wood
One " "	Sarsaparill Root
One " "	Walnut Leaves
One " "	Blessed Thistle
One " "	Sweet Fennel

(Prepare as Directed for No. 1.)

The dose of No. 2 and 3 is four to six tablespoonfuls a day. These remedies are the best for a so called spring tonic cure.