

Herb's NHL Puck-Ups

Nobody was happier to see the All-Star break than the Toronto Maple Leafs. They had only 1 win in their last 20 games. Harold Ballard arrived back in Toronto fresh from his Miami hospital bed, and ready to make changes. The question was, who bites the dust? This time it was general manager Gerry McNamara. Ballard gave him a chance to resign but he opted to be officially fired. McNamara had failed to bring in the talent needed for Toronto to reach respectability. Also fired this week was Harford coach Jack Evans. He was dumped in favor of 2-time Whaler coach Larry Pleau. The Whalers have talent but have really struggled this year. The Whaler's hope Pleau's firing will alleviate the problem.

The All-Star break brought managers, scouts, and players together in St. Louis. A couple of trades were made. The Kings traded defenceman Grant Ledyard to Washington for Craig Laughlin. Also the Flyers acquired Gordie Roberts from Minnesota for a draft pick.

In the game itself a dull 1st period saw the Campbell Conference take a 2-1 lead. Then the Wales scored 3 unanswered goals. In response to this spurt Luc Robitaille scored for the



Campbell's. Lemieux had a goal and 2 assists in the period. Peter Stastny and Mike Gartner had the other goals.

In the 3rd period the level of play rose when Robitaille assisted on a Denis Savard goal

early to tie the game. Lemieux put the Wales back in front only to see Robitaille knot it back up again.

The last 3 minutes of regulation and the overtime was hockey at its finest as both sides pressured for the winning goal. Mario Lemieux ended the game on a fine passing with Mats Naslund. This final goal gave him a hat trick. Lemieux was exceptional in the game. His 6 points broke the game record of 4, held by many including Gretzky. He exploded every time he was on the ice and even killed penalties. He worked very well with linemate Mats Naslund. Naslund had 5 assists. That also being a new record. Maybe the Penguins should try to snatch Naslund away from the Canadiens.

Lemieux's play proved once again that he is one of the best player's in the game. He made me wonder who Gretzky was. He might of been slumping before this game but he rose for the occasion. I think this serves notice that he will battle Gretzky to the finish for the scoring title.

New Rec Program

In the old days, all work and no play made Jack a dull boy. In the 1980s, all work and no play is more likely to send Jack and Jill to stress management courses.

Recognizing that people need less stress and more leisure in their lives, the faculty of physical education and recreation at the University of New Brunswick in Fredericton is expanding its course offerings in recreation and leisure.

"Recreation is social and emotional, as well as physical," says Ian Reid who is developing the recreation courses at UNB. "We've gone beyond getting fit. We're realizing that work isn't everything, that we need to cherish the recreational aspects of our lifestyles. It's a whole value change."

Other changes are creating a demand for recreation experts: "Compared to two decades ago, we have far more free time, more holidays. And a lot more money is spent on recrea-

tion today." Prof. Reid cites the vast sums spent on boats, snowmobiles and other recreational and sports equipment.

"I don't think we have to convince people that they need leisure activities. But we do need to educate people on the proper use of leisure, how it can be constructive to them, their families and their communities. And we need to tell them what agencies provide what services."

Recreation specialists, who are really recreation administrators, can teach people how to look after their own leisure, rather than rely on agencies, Prof. Reid says. "People in the municipal recreation field can identify needs and resources, form community groups and get people involved."

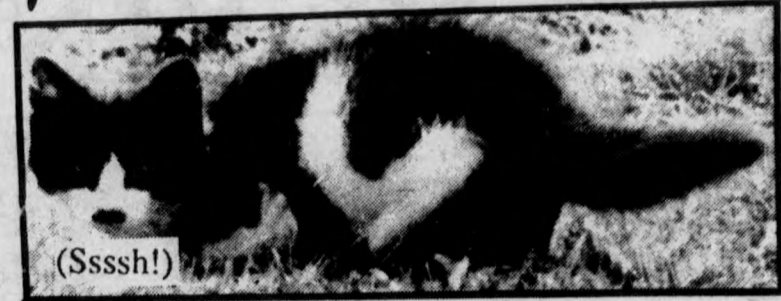
Prof. Reid would like to have a recreation degree program phased in at UNB by the early 1990s. Because recreation is largely a humanistic and management discipline, the

program would include courses in education, business administration, sociology and psychology. Management, outdoor recreation, special populations and tourism could be areas of interest.

"Most of the students will be physical recreation oriented, and we will try to broaden that," Prof. Reid says. For example, the UNB program would introduce its students to drama and ceramics, not "to make them actors or artists, but to give them an appreciation for these activities."

Prior to joining UNB last fall, Prof. Reid developed a recreation program at Red Deer College, an affiliate of the University of Alberta. A past president of the Alberta Parks and Recreation Association, he is completing a doctorate in management and marketing at the recreation, parks and resource management school in the TEXAS A & M University System.

From the Letterbox



SHUTTLES! Never again - once was more than enough. And to go it all off the idiot savant that they've given me for an editor won't authorize my bribe to the guard at Star City to let me take the place of a gibbon (something about Soviet-Cameroon relations). The gall of it all putting money before my personal safety.

Editor's log Brunssdate 122.19

News bulletin for the Soviet embassy. Tass just fell on my desk. Appears an errant Soviet shuttle deviated from its planned flight course and made an emergency landing in Rwanda. The passenger, a gibbon from Cameroon escaped and is presumed at large - apparently making its way to the socially progressive people's nation of Nicaragua. RWANDA! - Oh no he's back, batten down the hatches, hide the expense claim forms. I feel a massive headache coming on.

Calgary '88 - all right! Wasn't easy getting the credentials but the local attach9 helped out - knew making local bartenders official embassy staff was a great idea. After all who else knows everyone in a town?

Went on the official training excursion today - they made a mistake, a really big screw-up. I specifically told the Rwandise Minister of Sport that I wanted to be on the curling team. After all they're the great partyers right night even get to swill booze between innings. Sounds good doesn't it? Too good to be true - so it isn't. The former, now deceased Minister of Sport (poor old Ralph, I told him to get his brakes checked) put me in as the Rwanda representative in the Goddamn CUGE event!

Luge - you remember luge - don't you? The event for the mentally incompetent wherein one is given a helmet, a skin-tight suit and one of those old kiddie racer sleds AND pushed down a track that looks like an acid freaks version of a giant bowling gutter lane. IT'S INSANE! And they didn't even get me drunk first. Fortunately, I had my emergency supply of sedatives, I hope chitty chitty Barbarians don't trigger the drug tests. Drug tests! Drat - I guess that means I'd better not win. Shit, that's not fair - I had the second best practice time. I was really going to enjoy standing on the podium. And then selling the stupid medal.

Editor's Log Supplemental

Settled his hash... Heh, Heh. Calgary Hilton, not a chance. Now, let's see, what's next. Aaak! Here we are \$63.95... for a read, kiddy's racer sled. What's this shit! Hey, who bought the kiddie racer sled?

(Shuffle, Shuffle, Shuffle)

Anybody know where Marks has got to?

(It's gotta be him. I know it. I can feel it).