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## In the Dairy.

A farmer's wife writes: "We live on a small farm and milk never more than eight or nine cows but we have found that the hand separator pays. We paid \$80 for ours, which we have had nearly four years. We have our cows fresh in the fall and so in the summer when the flies are bad and prices low we do not run the separator. We have the separator in a small room off the kitchen where there is good ventilation and little I wash the bowl and other essential parts every time they are used and in warm weather I wash the tinware every morning, rinsing them at night with cold water. When the temperature of the room is freezing I sometimes do not wash the tinware for several days. We catch the cream in a small milk can and in warm weather cool it at the pump by setting in a large earthen jar. In cold weather I set the cream in the open window. We keep the milk warm until it is separated and then cool it as quickly as possible. I use sal-soda, hot water and elbow-grease for cleansing. We always use what cream we care for but we have come to like the separated milk, having it on the table every meal. The pigs and calves thrive on it as they never did on the stuff we used to get home from the creamery and the hens lay freely when they can have all they want of it. We send the cream to Winnipeg, the empty cans are cleansed before being returned and we get a milk check every week. It may be, as some say, that "They beat us on the test," but it is better than the old way and I do not make our own butter much of the time since we get more for the cream than we must pay for good dairy butter from some of our clean neighbors who do not keep separators.

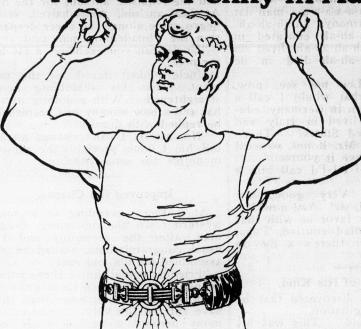
## Separator Paid for Itself in One Year.

A subscriber writes: "We take our milk to the cheese factory all summer so you might think we have no use for a separator. We thought so too, especially as the creamery is only one and one-half miles away so we can go there when not making cheese. By chance, at an auction, we bought a separator that had not been used much and built a little room with the sow stable on one side and the calf stable on the other side. Just as soon as the cows were milked the eparated and calves (not the foam, as it is not good The calves, of course, for them). drank it just as if it were fresh milk. Other years when we took the milk to the creamery it was not fit to feed to young calves so we let the calves run with the cows until the calf was old enough to drink whey. As we milk thirty-five cows there would be thirty-five calves taking the milk and cream from the cows for several This year the calves were weaned and the butter or cream (for we took the cream to the creamery three times a week) that was taken out of that milk paid for the separator in one year. It took no more time to separate the milk, wash the separator and feed the calves than to build a fire, warm the stuff they call creamery milk and feed the calves, so the time saved was the time that it took to hitch up, go to the creamery, wait your turn and come home the other three or four days of each week.

A Cure for Costiveness.—Costiveness comes from the refusal, of the secretory organs to perform their duties regularly from contributing causes usually disordered digestion. Parmelee's Vegetable Pills, prepared on scientific principles, are so compounded that certain ingredients in them pass through the stomach and act upon the bowels so as to remove their torpor and arouse them the proper action. Many thousands are prepared to bear testimony to their power in this respect.



## FREE TO MEN UNTIL CURED Not One Penny in Advance or on Deposit



Are you nervous and run-down?
Are you gloomy and despondent? Do
you feel the need of new strength?
Are there weaknesses which exhaust
your vital forces? Does your back
trouble you? Have you Rheumatism,
Constipation, Kidney, Liver or
Stomach troubles?

If you have one or all of the above symptoms; if you realize that your strength is ebbing away; if you are not the man you should be, I offer you in the world-famed Dr. Sanden Herculex Electric Belt, a remedy so safe and natural, so sure in its results, that I can afford to give it to you absolutely.

## FREE UNTIL CURED.

Not a cent need be paid in advance or on deposit.
All I want is some assurance from you that you will
Polt fails return it and that will and the matter. I

pay me when cured, and I will take all the risk. If the Belt fails, return it and that will end the matter. I charge only the regular catalogue prices for the Belts on trial—in some cases only \$5. If you prefer to pay cash you get a liberal discount.

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If you have time and money to waste you'll probably try some of the many drug remedies, but you'll come to me in the end. Nearly every person I cure has used drugs without success. No one else has the confidence in his treatment to take your case on the same terms that I do, You can't possibly lose by it. This is no "money back" proposition. If you accept my trial offer you can keep your money in your pocket until cured. If you need my help, let me take charge of your case at once. The Belt is worn comfortably about

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