

tary genius surpassed anything that the South African tribes ever knew. and under his leadership they became the strongest people in the land. Chaka organized his men into regiments, and taught them to march and fight in ranks. He gathered a large army, and at its head speedily conquered all tribes in reach, and incorporated them into the Zulu nation. He taught his men how to hurl simultaneously a shower of long spears, and then to rush in like lions and use the short assagai, which is used in hand-to-hand conflict. When he had conquered everything within reach, his warriors said: "Thou hast finished the nations; where will we go to war now?"

Like the Anglo-Saxons, the Zulus are a mixed race, King Chaka's conquests having grafted many choice scions upon the original stock. God's hand is as visible in the formation of a people or a nation as in shaping its subsequent career.

#### PHYSICAL AND MENTAL CHARACTERISTICS.

The Zulus have well-formed bodies—straight, sinewy, and well proportioned; the men are tall and stalwart, averaging over six feet in height. Their colour varies from a light copper colour to a dark black. Their features are well formed, and somewhat resemble those of the Aryan race, but with higher foreheads and cheek-bones.

They are strong, and capable of great physical endurance. I have seen Zulu men at Durban and other places loading steamships, each of whom would lift and throw bags of grain weighing about 200 pounds, on waggons or steamships all day long. Some years ago these men were the only "fast mail" in Natal. They would run, with heavy bags of mail, over fifty miles in ten hours, and, after a little rest, would return with another load. Many diseases common to civilized life are unknown to them, and a deformed person is rarely seen. If it were not for unsanitary surroundings, and the damp and unwholesome huts, in which our people live, many of the diseases which they have now would not be known.

The Zulus, while fierce in war, are sociable, polite, and hospitable in times of peace. Poultney Bigelow, in "White Man's Africa," writes as follows:

"The Zulus are by nature ladies and gentlemen; that is to say, they are better mannered, speak more gently, are more graceful in their movements, and altogether better company than any room full of my own people that it has ever been my good fortune to meet."

It is only when they are on the warpath that they show a savage spirit. Should a stranger happen to visit them, he would be treated with the utmost hospitality, and be allowed to remain as long as he desired without charge. They are keen observers of men and things, intelligent, and quick-witted. An able American missionary, Dr. Josiah Tyler, who spent forty years among them, says:

"In mental as well as in physical ability we may regard them naturally as in no respect inferior to the whites. They are as capable