



THE IDEAL AGE FOR MARRIAGE

Question discussed at Purity Congress held at San Francisco, "Should the Woman be Eighteen or Twenty five?"

"No man should marry a girl more than 16 years younger than himself. No woman should marry a man more than eight years younger than herself."

The ideal marriage is when the man is 21 and the girl 15. Couples who wed at 31 and 28 have too much chance to become cynical and worldly. Thus and so reasoned Dr. Albert E. Mowry, of Chicago, according to the Manitoba Free Press before the recent Purity Congress in San Francisco. A friend undertook to discuss the dictum with Mrs. Sarah Christopher, for some years trustee of the National Christian League for Promotion of Purity, and who is described as still retaining her sense of humor and of human nature.

These are the matrimonial age limits which Mrs. Christopher suggests. A man should always be from 5 to 20 years older than the woman he marries.

The woman who marries a man younger than herself is robbing the cradle.

In the ideal marriage the girl should be at least 25 before she becomes a wife, the man at least 30 before he assumes the role of husband.

Shakespeare Her Authority "Even Shakespeare tells us that a woman should marry a man years older than herself," she exclaimed. "Don't you remember the passage in 'Twelfth Night' which protests vehemently against a bride who is very near the age of her prospective husband?"

She was talking about, she commented. "His wife, Anne Hathaway was several years older than himself and his marriage is reputed to have been unhappy. Dr. Mowry thinks that a woman should not marry a man more than eight years younger than herself. If she takes one that much her junior she's robbing the cradle. And why should she want to do so. The average man is a fool until he's 30."

"I think it was Carlyle who suggested that society protect itself from young men between the ages of 19 and 25 by supplying them with all the necessities of life, but meanwhile keeping them under barrels," observed her friend.

"Good idea," approved Mrs. Christopher. "And when the 26 year olds proved too impossible we could stop up the bungs!"

The Girl's Age "How, moreover, can any thoughtful person suggest that a girl of 18 should make the most important decision of her life, the choice of a husband? At that age she is looking for a combination of Apollo, Solomon and Croesus. She ends by eloping with the plumber's assistant, she foolishly enough to elope with anybody. Generally speaking the intelligent woman of 30 wouldn't touch with a 10-foot pole the boy she worshipped in high school, wouldn't pay for burying him except for the joy of getting rid of him."

"I am opposed absolutely to early marriages," Mrs. Christopher continued with earnestness. "They are and must be based almost altogether on physical attraction, for between 16 and 25 the physical lure is stronger. But to be ideal the union between a man and a woman must be a 'marriage of true minds.' That can only come after the minds have developed, after that is, the period of extreme youth twenty-five is the very youngest age at which a girl should marry; 30, the lowest limit for a man."

"So often people wonder why any couple is divorced after 10, 20, 25 years of married life. I don't wonder at it at all. They have simply reached the limit of their endurance. They marry when they were too young to know that they were not suited to each other. They were too young for tolerance, for self-control. The quarrels were little ones at first, but they grew more serious and the gulf between widened constantly. They grew apart instead of growing together and in my opinion the former is much more likely to happen than the latter when very young persons marry."

"Glitter dominates the choice in early marriages. The bridegroom of 21 thinks he's caught a star—and wakes up to find that he has a box of chocolates tied with silver gilt."

"Do you remember how George Meredith scores the early marriage?"

We are always pleased to receive any new or tried recipes, or any fashion notes, etc., which may be of interest to our lady readers, and will publish same when suitable. All communications for these columns to have name and address (not for publication) and be addressed to the Editor, Women's Realm, "The Standard," St. John, N. B.

The Daily Fashion Hint.



An afternoon gown of plum colored satin. The flaring tunic is bordered by skunk fur. Fur adorns the collar and cuffs. Plum colored chiffon sleeves.

broke off Mrs. Christopher. "To anchor the heart over we have half traversed the world is youth's foolishness. We find the one thing for us after hard buffeting, when our madress has misshapen our destiny, our lot is cast."

"The argument which the advocates of early marriage consider most important is that it safeguards morality," suggested the friend.

"Any one who gets married in order not to go to the devil will get there just the same," she retorted. "To advocate or to use marriage as a safety-valve is to insult its highest ideals. The principle of self-control instilled in boys and girls will safeguard morality better than the prescription of early marriage."

"The best matrimonial motto I know is, 'Look before you leap.' The girl of 18 and the boy of 21 will do neither."

Reliable Recipes

New England Clam Chowder Place in the bottom of the chowder kettle slices of pickled pork and allow the kettle to get hot enough to melt, and start the pork to cooking. Then cover the pork with a layer of soft clams. Next put in a layer of thinly sliced potatoes; then a layer of thinly sliced onions sprinkled with pepper; then cover with hardback that has been buttered. Next put in another layer of clams, then potatoes, onions, pepper and buttered hardback, and so on until the materials are used. Butter extra hardback enough to lay around the edge and then turn over it the clam juice and enough sweet milk barely to cover the chowder. Cover and cook gently for one hour, seeing that it does not boil below the top. It is done add a little hot milk. When ready to serve turn a cup of hot cream over it.

Raised Blackberry Pudding Beat one egg light; stir it into a cupful of milk with a saltspoonful of salt. Dissolve half a yeast cake in a little lukewarm water and put with the milk and egg. Sift a pint of flour into a bowl; make a hole in the middle of the flour and stir in the liquid ingredients with a tablespoon, beating until a good batter is made with all the ingredients thoroughly blended. Dredge two cupfuls of blackberries in enough flour to coat them lightly, add them to the batter and turn all into a buttered pudding dish. Set to rise in a fairly warm corner and leave for four hours.

By this time the batter should have increased to twice the first bulk. Bake in the dish in which it was set, keeping the top covered for the first twenty minutes. Forty minutes in a good oven should be enough. Serve in the oven dish with a hard sauce.

Lobster Patties One cup of cream sauce, one cup of lobster meat, a slight grating of nutmeg, one teaspoonful of lemon juice, salt and pepper to taste and one egg. Puff paste patty shells; make cream sauce by blending in a saucepan two tablespoonfuls of butter with the same quantity of flour; then, when smooth, add half a cupful each of milk, and thin cream. Stir until boiling, cook five minutes and then put in the seasoning and lobster cut in dice. Heat thoroughly and just before serving add the yolk of the egg. Fill the shells and serve.



A New Use for Rhubarb

Stew rhubarb in the usual way, making it thinner, however, than usual and adding no sugar to it. Soak your rusted white clothes in it for three-quarters of an hour, then take out, rinse in cold water and pour boiling water over them, to take out the purple stain of the rhubarb. This will take out rust stains when every thing else fails.

Stuffed Lettuce

Clean the lettuce, taking off the brown leaves and roots only; parboil and stuff the heart with bread crumbs seasoned with a pinch of sage and salt, with red pepper, adding butter or cream to moisten. Minced meat, or cheese, or nuts may be added, or some cold vegetable with rice instead. Tie and bake twenty minutes with a gravy or some stock, keeping them covered. These may be simmered on top of the stove instead.

For Midnight Suppers

One hot dish, a salad that is the delight of all epicures and a cup of fragrant coffee is the proper repast for evening and midnight suppers.

Fresh lobster or a safe brand of canned ones, tuna fish, which is a delicacy and yet cheap, oysters, crabs, sweetbreads, salmon, oysters, boiled in their own liquor, drained and chilled; salmon, chicken and potato salad are suggestions for evening salads. Make your mayonnaise rich and peppery; do not be afraid of a delicate flavor of onion where you know it will blend, and garnish with olives, red peppers or maraschino cherries, as suits each salad and gives to it the needed color and pungent flavor.

Salad is called a show dish. It exhibits not only the ability of the hostess as a cook, but her artistic side as well.

Helpful Hints

To Launder-Embroidery

A wet piece of embroidery should never be hung up to drip, never be folded upon itself and thrown into a heap, or left a moment while attending to something else. Lay the piece flat upon a dry towel or thick cloth, and roll it inside this in such a way that no part of the embroidery can touch any other part of the linen.

In this shape it can be wrung or twisted without danger, then unwrap and shake vigorously until the article is dry enough to iron.

Lay the piece face down upon an ironing board, well covered with several thicknesses of material like heavy flannel. Spread a clean, white cloth over the embroidery and iron lightly the whole surface, being careful not to press too heavily upon embroidered portions, especially if they are stuffed. The top cloth can be removed, and the final polish put on with a moderately hot iron, always on the wrong side, being careful to keep the iron off from raised or heavily embroidered portion.

The "Stitch in Time"

On ironing day have the button-box, scissors, a tinable and several needles threaded with white and black thread on the table near, and as you thread the clothes, notice where a few stitches are needed or a button is missing.

Housewives will find it so doing that the old saying, "A stitch in time saves nine," is indeed true.

To Reduce the Waistline

Here is a splendid exercise for keeping the waist small which you can easily practice.

Hold out your arms before you, the palms of the hands being about four inches apart. Then swing them from right to left and left to right a number of times consecutively.

This exercise works wonders in hardening the muscles of the waist, causing pressure upon superfluous fat and thereby diminishing it.

Daily Care of the Hands

The hands can be kept in good condition if they are given a little care each day.

At night before retiring scrub them with a brush and pure soap and water. Rinse thoroughly and dry carefully. Rub them with a good cold cream, olive oil or almond oil and put on a loose pair of gloves to protect the bedding.

Weights for Vases

Small bags filled with gravel in each of your flower vases will prevent the vases from being blown to the floor by the wind or being topheavy when filled with flowers.

To Skin Sausages

A very easy and quick way to skin sausages is to immerse them for a second or two in cold water.

To Launder Tatting

A good method for successfully laundering tatting is to baste it firmly to a Turkish towel, then wash it as though it were a part of the towel. When it is almost dry, press it with a hot iron still on the towel, remove the tatting threads and your tatting will be in good condition.

Saving Gloves

In case the clasps on washable gloves (silk or lisle) come off, make a buttonhole on one side and sew a flat pearl button on the other, and it will save you a new pair of gloves without impeding looks.

NOTED ENGLISH STAGE STARS ON TOUR



SIR JOHNSTON FORBES-ROBERTSON

Sir Johnston Forbes-Robertson, with his company of twenty players, including Miss Laura Cowie, his new leading woman, was a passenger on board the New York, of the American line, which arrived from Europe. Sir Johnston smilingly admitted that his farewell appearances in America promised to equal in number those of Miss Sarah Bernhardt. He emphatically declared, however, that he would not play in any of the cities in which he already had appeared. He said that in London the theatrical season was dull. "The War Case," a melodrama, seems to be the only play that is meeting with success," he added. "Conscription in England is an absolute necessity and must come," said Sir Johnston. "It will wake up the people of England and show who are the cowards. England needs and ought to have all the men who are able to fight. Many younger men have re-



MISS LAURA COWIE

maintained at home while men beyond the age limit have offered their services to the colors."

Things Worth Knowing

Novelties in Veils

The dainty woman who pays careful attention to the accessories of her toilet must rejoice over the veil novelties. These are chic and fascinating by the right woman. In many cases these abbreviated affairs are shaped—a half circle is the most approved, while others are straight on the lower edge, with the design in circular form, the design coquettishly hiding the eyes, while the lower straight edge calls particular attention to milady's rosebud.

Another charming model of filet net is slightly gathered, part of the way, into a velvet band, which is fastened around the neck. Plain filet meshes are popular, dotted with chenille along the edge. Lace embroidery is also extensively worn.

Black and White Again!

Fox fur of various kinds are in excellent standing. For girls and young women red and white foxes will be in great demand. A lovely conservative fox is dyed to a shade of battleship gray. White fox, pointed with black, is one of the season's novelties that will be much worn by young girls and the younger women.

Furriers say that this fur for black and white in furs is an outgrowth of the popularity of that combination during the last two or three seasons. Lynx will also be excellent, and wonder of wonders, despite its popularity, lynx will be cheaper than for some seasons past.

Color Selection

A woman who really wishes to appear well dressed and attractive should be careful in selecting the colors she shall wear, for if she chooses one that does not harmonize with her general coloring the result will spoil the effect of the whole toilette.

It is said that if a woman chooses a color that matches her eyes she cannot go wrong. This is true to a very great extent, but it does not always follow. For instance, a woman with a sallow complexion and blue eyes should not wear navy blue; though there are other shades of the color which she may wear with safety.

Those with a ruddy complexion should avoid wearing pale green, as it enhances the red and heated appearance of the skin and can only be worn by a pale blonde. Sky blue also is best adopted by very fair women, while a dark-complexion, dark-haired woman may wear and look her best in orange reds and yellows.

Violet mauve and purples are the most trying colors, and whether a woman is dark or fair the wearer must have a clear, pale and fair skin, as no color accentuates sallowness and brings out yellow tints more than purple or violet.

Headgear and Footwear

Just a word about the two extremes.

At the top of the fashion scale is the extreme of the headgear and footwear.

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