



CRAMPS,

Pain in the
Stomach,
Diarrhoea,
Dysentery,
Colic,
Cholera

Morbus,

Cholera Infantum, Seasickness,
and all kinds of Summer Com-
plaint are quickly cured by
taking

Dr. Fowler's Extract of Wild Strawberry.

It has been used by thousands for
nearly sixty years—and we have yet
to hear a complaint about its action.
A few doses have often cured when
all other remedies have failed. Its
action is Pleasant, Rapid, Reliable
and Effectual.

Dr. Fowler's Extract of Wild
Strawberry is the original Bowel



Wilson's Fly Pads

(POISON)

One 10 cent package
will kill more flies than
300 sheets of sticky
fly paper. Clean and
handy.

WANTED.

In Connection with our Schools at
Wolfville.

2. A man and his wife to work in Acadia
Seminary, the man to do the work of a
man servant and the woman to do laundry
work.

3. Two girls to work in dining-room of
Acadia Seminary.

For full particulars as to terms, duties,
etc., write to the undersigned.

A. COHOON, Sec'y Ex. Com.
Wolfville, N. S., July 1.

SYMINGTON'S EDINBURGH COFFEE ESSENCE

makes delicious coffee in a moment. No trouble,
no waste. In small and large bottles, from all
Grocers.

GUARANTEED PURE. 100

CHRISTIAN CHEER.

I remember when a boy, a number of
ministers stopped at our home on their way
from an association, and they were talking
about an invalid young woman who was
an exceptionally happy and helpful Chris-
tian. In the afternoon another carriage
drove up and some one carried a small,
pale, but bright-faced woman into the
house. This was Jane Diven about whom
I had heard so much. From the time she
was five years of age she had not taken a
step. She was a faithful Christian, and
regular attendant at the church. There
was more of heaven in the sanctuary when
they carried that honored little saintly
woman to her waiting chair. I remember
that afternoon in our home, how her voice
rang in laughter; she was the happiest
woman I had ever seen. By and by one
of the ministers asked: "Jane, how is it,
while you are denied nearly all the joys we
most cherish in this life, you are always
happy?" And she answered, as she merrily
tossed her head: "Hear you! One would
suppose I were a veritable martyr. Pshaw,
let us sing: 'Tell me the old, old story.'"
And the "old story" rang out with new
meaning to me. Years have passed, but
that afternoon, when a frail Christian girl
filled the house with music and the sweet-
ness of her cheer, is with me, a bright
memory.—Sel.

"FATHER."

Once I saw a soldier stricken down in
the Battle of Atlanta. Several bullets had
pierced his body, and the surgeon said, as
he turned the warrior's face to the sky:
"No use, my lad! no use! I'm sorry, but
I can't do more for you." I saw the
quivering lip and the startled eye, and
trembled as I thought of his soul. His
eyelids drooped, his mouth moved in
whispers, then the deadly palor, which
follows the breaking of an artery, began
to overspread his face. Then he whispered
another prayer. He asked for water; but
while I put the canteen to his lips he
refused it, and opening wide his deadly
eyes he partly raised himself and died as
he sharply called "Father!" The far-
away look remained fixed in his eyes when
his face was cold. His praying father died
the year before. And oh! I am sure that
when that soldier looked away in prayer,
the door of heaven opened, and he saw his
father waiting in the light. It startled me
in my godless life.—Rx.

IF YOU WANT TO BE BELOVED.

Don't contradict people, even if you're
sure you are right.

Don't be inquisitive about the affairs of
even your most intimate friend.

Don't undervalue anything because you
don't possess it.

Don't believe that everybody else in the
world is happier than you.

Don't conclude that you have never had
any opportunities in life.

Don't believe all the evil you hear.

Don't repeat gossip, even if it does inter-
est a crowd.

Don't go untidy on the plea that every-
body knows you.

Don't be rude to your inferiors in social
position.

Don't jeer at anybody's religious belief.

Learn to laugh. A good laugh is better
than medicine.

Learn to hide your aches and pains under
a pleasant smile. No one cares whether
you have the earache, headache or rheu-
matism.

Learn to attend to your own business—a
very important point.

Don't try to be anything else but a
gentleman or woman, and that means one
who has consideration for the whole world
and whose life is governed by the golden
rule: "Do unto others as you would be
done by."—The Christian World.

SHE TRUSTED GOD.

Someone tells the story of a Christian
woman who was noted for the calm and
peaceful attitude she maintained under the
most trying circumstances. Another
woman, hearing of her, said, "I must go
and see that woman and learn the secret
of the strong and useful life." She went
to her and said, "Are you a woman of
great faith?" "No," was the reply, "I
am a woman of little faith in a great God.
I try to see the hand of God in the present,

and trust him for the future." This was
the secret of her peace.

Her faith in Christ had wrought in her
that spirit of peacefulness which nothing
of trial or disappointment could disturb.

REASONS FOR DRESSING PLAINLY ON SUNDAY.

1. It would lessen the burden of many
who find it hard work to maintain their
places in society.
2. It would lessen the force of the
temptations which often lead men to barter
honor and honesty for display.
3. If there were less style in dress at
church, people in moderate circumstances
would be more inclined to attend.
4. Universal moderation in dress at
church would improve the worship by the
removal of many wandering thoughts.
5. It would enable all classes of people
to attend church better in unfavorable
weather.
6. It would lessen on the part of the
rich the temptation to be envious and
malicious.
7. It would save valuable time on the
Lord's day.
8. It would relieve our means of a seri-
ous pressure, and thus enable us to do more
for good enterprises.—Exchange.

GOD'S MERCY.

The more we fear crosses, the more
reason have we to think that we need
them. Let us not be discouraged when
the hand of God layeth heavy woes upon
us. We ought to judge of the violence of
our disease by the violence of our remedies
which our spiritual Physician prescribes
for us. It is a great argument for our own
wretchedness and of God's mercy, that,
notwithstanding the difficulty of our
recovery, he vouchsafes to undertake our
cure. Let us then draw from our very
afflictions a source of love, of comfort and
trust in God, say with his apostle: "Our
light affliction, which is but for a moment,
worketh for us a far more exceeding and
eternal weight of glory." "Blessed are
they that mourn and sow in tears, because
they shall reap with joy the harvest of
eternal glory."—Penelon.

Above THE CLOUDS

Let us seek the grace of a cheerful heart,
an even temper, sweetness, gentleness, and
brightness of mind, as walking in his
light and by his grace. Let us pray to
him to give us the spirit of ever-abundant,
ever-springing love, which overpowers and
sweeps away the vexations of life by its
own richness and strength, and which,
above all things, unites us to him who is
the foundation and the centre of all mercy,
loving-kindness and joy.—John Henry
Newman.

THE HUNDRETH PSALM.

All people that on earth do dwell,
Sing to the Lord with cheerful voice,
Him serve with fear, his praise forth tell,
Come ye before him and rejoice.

The Lord, ye know, is God indeed;
Without our aid he did us make;
We are his fold, he doth us feed,
And for his sheep he doth us take.

Oh, enter then his gates with praise,
Approach with joy his courts unto;
Praise, laud and bless his name always,
For it is seemly so to do.

For why? the Lord our God is good,
His mercy is for ever sure;
His truth at all times firmly stood,
And shall from age to age endure.

—William Kethe—Died about 1593.

WE DON'T THINK ENOUGH OF OLD PEOPLE.

We do not consider seriously enough the
comfort and dignity and happiness of old
people. The widowed mother of a pros-
perous man has often been haunting the
house of a son or daughter like a ghost.
She has no place there, no work, no inter-
ests, no old friends, and the aged find it
hard to make new friends. It is selfish and
inconsiderate for a son to thus treat his
mother. She is unhappy, and the cause of
unhappiness is in those about her. Where
means do not permit the settling of old
people in homes of their own, it is still
possible to make them comparatively in-
dependent. To raise a small sum and
place it at her disposal, and to assist her
to find a comfortable room or two in the home
of a family where the rent will be an ac-
ceptable addition to the income, to furnish
the new place tastefully and thoughtfully,
is an easy task.—Ada C. Sweet, in Febru-
ary Woman's Home Companion.

WORTH REMEMBERING.

The following sayings are old, but worth
remembering:

Dean Swift is credited with "Bread is
the staff of life."

It was Keats who said, "A thing of
beauty is a joy for ever."

"Man proposes, but God disposes," re-
marked Thomas a Kempis.

Franklin is authority for "God helps
those who help themselves."

"All cry and no wool" is an expression
found in Butler's "Hudibras."

It was an observation of Thomas South-
ern that "Pity's akin to love."

We are indebted to Colley Cibber, not to
Shakespeare, for "Richard is himself
again."

Edward Coke, the English jurist, was of
the opinion that "A man's house is his
castle."

"When Greeks joined Greeks, then was
the tug of war," was written by Nathaniel
Lee.

"Variety's the spice of life," and "Not
much the worse for wear," were coined by
Cowper.

Edward Young tells us "Death loves a
shining mark," and "A fool at forty is a
fool indeed."

Charles Pinckney gave the patriotic sen-
timent, "Millions for defence, but not one
cent for tribute."

"Of two evils I have chosen the least,"
and "The end must justify the means,"
are from Matthew Prior.

To Milton we owe "The paradise of
fools," "A wilderness of sweets," and
"Moping melancholy and moonstruck
madness."

To Dr. Johnson belongs "A good hater,"
and to MacIntosh, in 1701, the phrase,
often attributed to John Randolph, "Wise
and masterly inactivity."

CONSUMPTION

MUST BE CHECKED.

If you have this disease or any symptoms
of it, use PUL-MO.

A FREE SAMPLE BY MAIL to every sufferer.

PUL-MO is sold at \$1.00 per large
bottle, and 15 cents for small size. For
sale by all druggists or direct.

THE PUL-MO CO., TORONTO, ONT.



To the Weary Dyspeptic,
We Ask This Question:

Why don't you remove that weight at the pit of the Stomach?

Why don't you regulate that variable
appetite, and condition the digestive
organs so that it will not be necessary to
starve the stomach to avoid distress after
eating?

The first step is to regulate the bowels.
For this purpose

Burdock Blood Bitters

Has No Equal.

It acts promptly and effectually and
permanently cures all derangements of
digestion.

Another Testimony

TO THE MERITS OF—

GATES' MEDICINE!!

They cured when Hospital Treatment failed.
Black River, January 4, 1902.

Messrs. C. Gates, Son & Co.,
Middleton, N. S.

Dear Sirs.—Not long ago I had a severe sore
on my leg, which became so troublesome that
I was obliged to go to the hospital at St. John.
After remaining some time, however, I left
no better, notwithstanding the careful treat-
ment there received. Your agent here, Mr. R.
Power, then asked me to try GATES' MEDI-
CINES. I began a course of your Bitters and
syrup to purify my blood, and made external
applications of your NERVE OINTMENT and
ACADIAN LINIMENT to the sore. When I had
used 6 bottles of Syrup, 6 boxes of Ointment
and 2 bottles of Liniment the soreness had
entirely disappeared from my leg, which was
completely healed except a very small spot.
I feel very grateful for the wonderful cure
thus effected, and I certainly think your
medicines "can't be beat."

Yours truly,

JAMES SCRIBNER.

If you wish to have pure blood, which is
the basis of good health, try GATES' MEDI-
CINES. Sold everywhere.

Manufactured only by

C. GATES, SON & CO.,
Middleton, N. S.