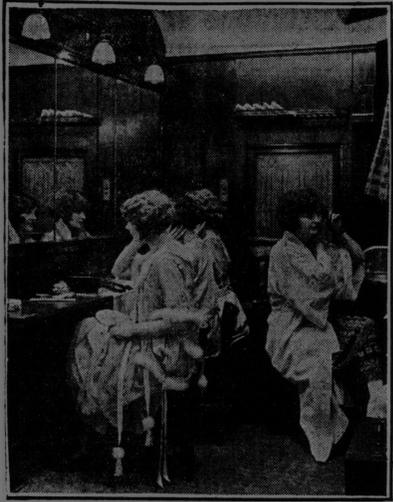


Good News For the Ladies!



The Pullman Company is making travelling more comfortable for the ladies. Women's dressing rooms in all its new cars are considerably larger than formerly.

Had A Weak Heart Was Very Nervous For Three Years

Miss Jessie Peterson, Zealandia, Sask., writes: "I wish to let you know how much good Milburn's Heart and Nerve Pills have done for me."

For nearly three years I was very badly run down, had a weak heart and was so nervous that sometimes I would almost faint away.

I heard of many people who had recommended your Heart and Nerve Pills, so I decided to give them a trial.

After I had used two boxes I found they had done me good, and after having taken five boxes I was completely relieved.

I cannot recommend your Pills enough, and I would advise anyone having a weak heart or troubled with nervousness to use them."

Milburn's H. & N. Pills are 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

CHANGE OF LIFE LOSES TERRORS

For Women Who Rely upon Lydia E. Pinkham's Vegetable Compound

Greenville, Pa.—"I took your medicine through the Change of Life and it did wonders for me. I was a nervous woman in bed when I started to take it and weighed 65 pounds. I had hot flashes and was so nervous and weak that everything would get black and I could not see. I would sit and cry and did not know what I was crying for. Since I have been taking your medicine I feel younger than I did ten years ago, and my friends all tell me I look younger, and love it all to the Vegetable Compound. I do all my housework for a family of seven now, and am glad to answer any woman who writes me in regard to my case."

—Mrs. JOHN MYERS, 26 Union St., Greenville, Pa. Many letters similar to this have been published testifying to the merit of Lydia E. Pinkham's Vegetable Compound. They are women who describe as best they can their feelings before and after taking this well-known medicine.

Many times they state in their letters their willingness to answer women who write them. It is an offer dictated by gratitude and a desire to help others.

Use the Want Ad. Way

Physician Explains Who Should Take Nuxated Iron

Practical Advice on How To Help Build Up Great Strength, Energy and Endurance

"Lack of iron in the blood not only makes a man a physical and mental weakling, nervous, irritable, easily fatigued, but it utterly robs him of that vital force, that stamina and strength of will which are so necessary to success and power in every walk of life," says Dr. Emil Sauer, well known New England physician. "It may also transform a beautiful, sweet-tempered woman into one who is cross, nervous and irritable. I have strongly emphasized the great necessity of physicians making blood examinations of their weak, anemic, run-down patients. Thousands of persons go on year after year, suffering from physical weakness and a sufficient iron in their red blood corpuscles without ever realizing the real cause in their blood. Without iron in your blood your food merely passes through the body something like corn through an old mill with rollers so wide apart that the mill can't grind."

"For want of iron you may be an old man at thirty, dull of intellect, poor in memory, nervous, irritable and all run down, while at 60 or 65 with plenty of iron in your blood you may still be young in feeling, full of life, your whole being brimming over with vim and energy."

"But be sure the iron you take is organic iron—Nuxated Iron—and not metallic iron which people usually take. Organic Iron—Nuxated Iron—is like the iron in your blood and like the iron in spinach, lentils and apples, while metallic iron is iron just as it comes from the action of strong acids on small pieces of iron filings and is therefore an entirely different thing from Nuxated Iron. Nuxated Iron represents organic iron in such a highly concentrated form that one dose is estimated to be approximately equivalent (in organic iron content) to eating one-half quart of spinach, one quart of green vegetables or half a dozen baked apples. It is like taking extracts of beef instead of eating pounds of meat."

For sale by all druggists.

Beauty

A Gleamy Mass of Hair 35c "Danderine" does Wonders for Any Girl's Hair



Girls! Try this! When combing and dressing your hair, just moisten your hair brush with a little "Danderine" and brush it through your hair. The effect is startling! You can do your hair up immediately and it will appear twice as thick and heavy—a mass of gleamy hair, sparkling with life and possessing that incomparable softness, freshness and luxuriance. While beautifying the hair, "Danderine" is also toning and stimulating each single hair to grow thick, long and strong. Hair stops falling out and dandruff disappears. Get a bottle of delightful, refreshing "Danderine" at any drug or toilet counter and see just how healthy and youthful your hair becomes.

SHAW RESENTS HAVING TO WASH

Says Best Works Written Running Away From London Smoke

London, April 25—G. Bernard Shaw attended the annual meeting of the Cool Smoke Abatement Society at the Royal Society of Arts a few days ago to testify how much sinner London would be were it but cleaner.

He admired London, he said, but he grew dirty while admiring it. The dirt did not matter to English people, who had an extraordinary partiality for washing. But he was an Irishman. "In London I am always washing my hands," he said, "sometimes even my face."

Mr. Shaw complained that in order to make his life endurable he had to give up his London house and take a place in a village in Hertfordshire. All his greatest works had been written in the train between King's Cross and Hatfield, while he was running away from the smoke of London.

Only about twice a year, when he looked out of his window in Adelphi Terrace, could he see that London was surrounded with a belt of beautiful hills. It should be possible to see this every day.

In the Middle Ages London must have been a most beautiful place, and any medieval person would refuse to live in a nineteenth or twentieth century town.

London was not a bad specimen when compared with other towns in this respect, but two-thirds of it should be knocked down, and if any artillery officer were given the commission to knock it down it (Shaw) would be very happy to make out the portions that should be destroyed, he said.

BOSTON REPORTS A RECORD FISH CATCH

Boston, April 25—Receipts of 128,923,419 pounds of fresh fish and 232,615 pounds of salted fish at this port in 1923 were the largest on record, the Boston Fish Bureau said in its annual report today.

The total was more than five million pounds in excess of the previous record receipts in 1920. The value of the catch was given as \$3,438,751.

Girl Sets New Record In Winning Pentathlon

Atlantic City, N. J., April 18—Slim and pretty Frances Clarke, brilliant all-round aquatic athlete of the Philadelphia Turngemeinde, in capturing the senior national pentathlon championship here recently, established a new American record for this event.

Due to the new rules of the Amateur Athletic Union governing the pentathlon, Miss Clarke hung up a new mark of 11 minutes 37.1-5 seconds for the four swimming races in the championship, including the 100-yard free-style, back-stroke and breast-stroke events and the 500-yard free-style swim.

She is 20 years old and weighs only 123 pounds. Incidentally, Miss Clarke is the outstanding sprint champion of the Middle Atlantic Association, holding a galaxy of aquatic crowns.

The senior national pentathlon, held under the auspices of the Ambassador Swimming Club of this city, after an absence of more than six years from competition, is not scheduled to return to the east again next season.

"The pentathlon is still an exciting competitive event and will rule promising as well as champion swimmers," declared Charles Braun, veteran coach of the Philadelphia Turngemeinde, who discovered Miss Clarke a few years ago. Other swimming mentors are of the same opinion and it is improbable that the Amateur Swimming Club will seek to retain this same championship event next year.

Miss Clarke has been swimming in competitive races about six years. During that time she has been under the tutelage of Braun, who at the start recognized in her a future star, although she had very little knowledge of the aquatic sport and possessed poor form and a faulty stroke.

After developing Miss Clarke, the veteran aquatic mentor decided to correct her method of swimming. He taught her the crawl stroke exclusively. Later Miss Clarke was taught the back stroke with the result that she not only corrected her faulty crawl stroke but developed into championship form and captured the Middle Atlantic Association back-stroke titles during the past two seasons.

early tomorrow morning. She will be followed during the day by the President Wilson, of the Coulich line from Italian ports, and the R. M. S. P. liner Arbuta. On Sunday the Cunard liner Saxonia will arrive from Hamburg via Southampton and Cherbourg, and on Tuesday the North German Lloyd steamer Yorik is due from Bremen.

C. B. LIBERAL IS NAMED CHAIRMAN

Ottawa, April 25—W. F. Carroll, Liberal member for Cape Breton South and Richmond, has been chosen chairman of the new committee on industrial and international relations, and Pius Michaud, Liberal member for Madawaska-Restigouche, as chairman of the committee on mines, forests and waters.

FIVE LINERS CARRY 913 FOR HALIFAX

Halifax, April 25—Five ocean liners are expected here within a few days with about 913 passengers to land at this port. The first ship expected is the White Star liner Celtic, due

Rheumatism

Minard's penetrates to the root of the trouble and eases the pain. The universal remedy.



MINARD'S "KING OF PAIN" LINIMENT

FIVE LINERS CARRY 913 FOR HALIFAX

Halifax, April 25—Five ocean liners are expected here within a few days with about 913 passengers to land at this port. The first ship expected is the White Star liner Celtic, due

PIMPLES SPREAD OVER FOREHEAD

Inflamed and Itched Badly, Cuticura Healed.

"My trouble began with a breaking out of pimples at the edge of my hair which soon spread to my forehead. At first the pimples were very small but became larger and were inflamed. They itched badly for a while and were so embarrassing that I hated to go out. My hair fell out."

I read an advertisement for Cuticura Soap and Ointment and sent for a free sample. I purchased more, and in two or three weeks I was healed." (Signed) Miss Georgia McMillan, 1913 Summit Blvd., Spokane, Wash., July 10, 1923.

Use Cuticura for all toilet purposes. Sample Book Free by Mail. Address: Cuticura (Dept.) "Cuticura," P. O. Box 5111, Montreal, Que., Canada. Send 10c for 100 Cuticura Soap, 25c for Cuticura Ointment, etc. Write D.D.D. Co., 27 C. Lyall Ave., Toronto.

FREE

Canadian Capital - Canadian Enterprise - Canadian Labor

Drugs Have Never Cured Constipation

Internal Bathing the Only Permanent Remedy.

It is a surprising fact to note the number of persons who persist in taking drugs of various kinds for constipation and go on year after year, gradually becoming worse all the time.

The system is continually becoming poisoned, not only with the poisonous waste which accumulates in the intestines, but the drugs themselves become absorbed, until the system becomes weakened, resistance to disease is lessened, the blood becomes thin and poisoned, you therefore become liable to any disease that is prevalent.

You take cold easily, digestion becomes troublesome, heart becomes weakened, rheumatism or neuritis sets in, sleepless nights, and kidneys become affected. In other words you shorten your life and lose the pleasure of real health and the joy of living.

Internal bathing with the J. B. L. Cascade has restored thousands to perfect health.

It completely removes constipation, keeps the system clean so that the blood circulates through a healthy colon. Soon the blood becomes purified again and you feel just like a different person. That elastic step soon returns, and you feel that you have something yet to live for.

Now this is not fiction, it is the experience of thousands who have pulled themselves out of the drug and medicine rut and used their own common sense. The J. B. L. Cascade is the perfected invention of Dr. Chas. A. Tyrrell, of New York, for Internal Bathing. His theory is: Keep the blood pure and you will be well. A jeweler of Cobalt wrote us the other day saying: "Before getting the J. B. Cascade our doctor's bills were over \$200.00 each year, and since receiving the Cascade two years ago have not had a doctor in the house. We all use it."

If you want to be healthy all the time get a J. B. L. Cascade and Bathing. Internally. Send for Booklet, "The What, Why, the Way of Internal Bathing." It is free, and you will learn many facts about yourself and the way to be well all the time. Write for Booklet today. Address, Tyrrell's Hygienic Institute, 168 College St., Toronto.

This booklet may be obtained also at E. Clinton Brown, Union and Waterloo streets; F. W. Munro, 357 Main street.

FALL 100 FEET AND LIVE TO TELL OF IT

Geneva, April 25—Five Swiss Alpinists met with a terrible experience on the frozen summit of a mountain, Les Roches Pleureuses, on the Swiss-French frontier.

The leader of the party suddenly became dizzy, and was unable to move backward or forward. His comrades attempted to help him by forming a chain with joined hands. The living chain, however, broke, and four men fell 100 feet into a partially frozen river.

One of the Alpinists was nearly drowned, but finally the five reached a village nearby in an exhausted condition.

UNSUITABLE WIVES LECTURER'S THEME

Professor Warns Against "Baby Women" That Never Grow up

Vienna, April 25—Widespread interest has been aroused here by Professor Reinhold Gerling's lecture on "Girls Unsuitable as Wives."

The lecturer was particularly severe on a class of women whom he called "baby women." He said they were mentally and physically incapable of being good wives and mothers.

"This type of girl, with her small neck and head, low forehead, and straight up and down figure, is a fashionable type today," he stated, "but men should beware of a woman who looks like this after her twentieth birthday, for she will be shallow, frivolous, obstinate, and without judgment."

"The 'baby woman' will never grow up. Her arrested development will be a source of continual anxiety, and she will be incapable of bringing up children if she has any."

Use the Want Ad. Way

Edge-Holding Saws SIMONDS SAWS

Use the Want Ad. Way

Use the Want Ad. Way

BILTMORE HATS

THE MASTER HAT OF CANADA

Faultlessly Styled for Men Who Know

For Spring get under a Biltmore and be correct. Stocked at all leading stores.

MANUFACTURED BY BILTMORE HATS, LIMITED, CUELPHI, ONTARIO

Your Next Car

Will be this Light-Six, if you learn the truth

When you buy a car in this class, here are some things you should know. Studebaker is the largest builder of quality cars in the world. It builds 150,000 yearly.

It builds in model factories, modernly equipped. It has spent \$38,000,000 in the past five years on new-day plants and machinery.

By quantity and up-to-dateness it saves large sums per car. A car like this Light-Six, built under ordinary conditions, would cost you from \$200 to \$400 more.

11.4% less to run

This extra quality shows in lower operating costs. This was proved by an audited test made on 329 cars running up to 25,000 miles. The Studebaker Light-Six costs 11.4% less to operate than the average of its rivals. This includes depreciation. The saving was nearly one cent per mile.

This car in its chassis represents the best we know. In steel and workmanship it is identical with the costliest cars we build.

Each steel formula has been proved best for its purpose by years of tests. On some we pay 15% premium to makers to get them exactly right.

The car is designed and built under an engineering department which costs us \$500,000 yearly. Each car in the building gets 32,000 tests and inspections.

It has more Timken bearings than any rival car within \$1,500 of its price. The cranks shafts are machined on all surfaces, as was done with the Liberty Airplane Motors. This to secure perfect balance.

There are scores of extra values, including genuine leather cushions ten inches deep, unusual equipment, beautiful finish.

An honored name

The name Studebaker has for 72 years stood for quality and class. Now there are \$90,000,000 of assets behind it, all stacked on fulfilling those ancient traditions.

People are learning of these extra values. The trend toward Studebakers has become a sensation. Sales have almost trebled in three years. Last year, 145,167 people paid \$201,000,000 for Studebaker cars.

Don't buy a fine car without learning what Studebaker offers. You will be amazed when you make comparisons.

Drugs Have Never Cured Constipation

Internal Bathing the Only Permanent Remedy.

It is a surprising fact to note the number of persons who persist in taking drugs of various kinds for constipation and go on year after year, gradually becoming worse all the time.

The system is continually becoming poisoned, not only with the poisonous waste which accumulates in the intestines, but the drugs themselves become absorbed, until the system becomes weakened, resistance to disease is lessened, the blood becomes thin and poisoned, you therefore become liable to any disease that is prevalent.

You take cold easily, digestion becomes troublesome, heart becomes weakened, rheumatism or neuritis sets in, sleepless nights, and kidneys become affected. In other words you shorten your life and lose the pleasure of real health and the joy of living.

Internal bathing with the J. B. L. Cascade has restored thousands to perfect health.

It completely removes constipation, keeps the system clean so that the blood circulates through a healthy colon. Soon the blood becomes purified again and you feel just like a different person. That elastic step soon returns, and you feel that you have something yet to live for.

Now this is not fiction, it is the experience of thousands who have pulled themselves out of the drug and medicine rut and used their own common sense. The J. B. L. Cascade is the perfected invention of Dr. Chas. A. Tyrrell, of New York, for Internal Bathing. His theory is: Keep the blood pure and you will be well. A jeweler of Cobalt wrote us the other day saying: "Before getting the J. B. Cascade our doctor's bills were over \$200.00 each year, and since receiving the Cascade two years ago have not had a doctor in the house. We all use it."

If you want to be healthy all the time get a J. B. L. Cascade and Bathing. Internally. Send for Booklet, "The What, Why, the Way of Internal Bathing." It is free, and you will learn many facts about yourself and the way to be well all the time. Write for Booklet today. Address, Tyrrell's Hygienic Institute, 168 College St., Toronto.

This booklet may be obtained also at E. Clinton Brown, Union and Waterloo streets; F. W. Munro, 357 Main street.

FALL 100 FEET AND LIVE TO TELL OF IT

Geneva, April 25—Five Swiss Alpinists met with a terrible experience on the frozen summit of a mountain, Les Roches Pleureuses, on the Swiss-French frontier.

The leader of the party suddenly became dizzy, and was unable to move backward or forward. His comrades attempted to help him by forming a chain with joined hands. The living chain, however, broke, and four men fell 100 feet into a partially frozen river.

One of the Alpinists was nearly drowned, but finally the five reached a village nearby in an exhausted condition.

UNSUITABLE WIVES LECTURER'S THEME

Professor Warns Against "Baby Women" That Never Grow up

Vienna, April 25—Widespread interest has been aroused here by Professor Reinhold Gerling's lecture on "Girls Unsuitable as Wives."

The lecturer was particularly severe on a class of women whom he called "baby women." He said they were mentally and physically incapable of being good wives and mothers.

"This type of girl, with her small neck and head, low forehead, and straight up and down figure, is a fashionable type today," he stated, "but men should beware of a woman who looks like this after her twentieth birthday, for she will be shallow, frivolous, obstinate, and without judgment."

"The 'baby woman' will never grow up. Her arrested development will be a source of continual anxiety, and she will be incapable of bringing up children if she has any."

Use the Want Ad. Way

Edge-Holding Saws SIMONDS SAWS

Use the Want Ad. Way

BILTMORE HATS

THE MASTER HAT OF CANADA

Faultlessly Styled for Men Who Know

For Spring get under a Biltmore and be correct. Stocked at all leading stores.

MANUFACTURED BY BILTMORE HATS, LIMITED, CUELPHI, ONTARIO

Your Next Car Will be this Light-Six, if you learn the truth

When you buy a car in this class, here are some things you should know. Studebaker is the largest builder of quality cars in the world. It builds 150,000 yearly.