POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., FRIDAY, FEBRUARY 3, 1922

PLAY NECESSARY IN EDUCATION

Children Must Have Physical Strength to Continue Studies.

Large Attendance at Lecture by Toronto Authority at

the Chemistry Building, Montreal, this week.

Miss Dodds said that education was a much broader term than mere mental training, as was shown by the careers of such men as Lincoln and Lloyd George.

Recreation, properly controlled, today occupied a large place in the education of the young, said Miss Dodds, and this was being realized to a greater extent as the years went on. The old style was recognized as dangerous, and was dropped for more sensible methods.

Miss Dodds also emphasized the fact that children were animals, and that their physical side must be developed before they could have a chance to develope their mental and spiritual sides thus the importance of having their developed the property. How feeligh to continue in this conditions and make their lives dull and unhappy.

Subsequent weakness of the entire system of the entire system of the entire system.

What such people need to enable nature to bring back their strength and twee their lost weight, and put them in fighting trim, with rich, red blood coursing through their veins is lood coursing through their veins is and body builder.

A man or woman suffering from sour stomach, bad breath, billousness, indigestion, or gas on stomach, is unfitted either for physical or mental labor. Sufferers from these ailments find life a burden; they look on the world through blue glasses, the joy and rewards of the vigorous, happy, normally healthy personal their and their troubles embitted that their physical side must be developed before they could have a chance to develop

First the children must be made good animals, with the physical strength to continue their studies, and then

wealthy children, said Miss Dodds, were distressing, with the young beings brought up in tenements, and no places for the children to play in, in Explore the Beautort Sea, North of Canada—Sir John Eaton Promised Are all the play on the streets, they some the training they should instinctively gain through proper play.

"We must awake to the fact that play is a necessary part of the education of the young," said Miss Dodds, and that we must have supervisors of necreation as well as of education, and set knowledge into their minds, and septecially into their bodies during the times when they can express themiselves most freely."

GOOD ADVERTISING
FOR CITY OF HALIFAX

(Halifax Echo.)

Under date of January 25, Dr. Royer received a letter from Miss Alice Fitz-dreit and of New York, advising him that she is coming here to study the course in Public Health Nursing and the Health Centre work particularly, preliminary to standard from the viewpoint of economy framed from the viewpoint of economy frame

An Army Marches On Its Stomach, Said Napoleon

The Great Corsican Knew That Success in Life Depends Upon Your Strength, Energy and Endurance.

by the thousands are daily testifying to the remarkable powers of Tanlac in conquering stomach troubles. This powerful reconstructive medicine builds up the weak and the despondent; gives them new hope and happiness and a new lease on life. By HARRISON VAUGHN. When Napoleon led his victorious armies through Europe, his worst enemies were not the nations defending themselves against his smashing onslaught; but he was confronted by the

the McGill University Department of Social Service
Courses.

the importance of recreation in education was emphasized by Miss /Ethel Dodds, head resident, St. Christopher House, Toronto, in the course of an address on "Recreation in Education," one of the lectures in the McGill University Department of Social Service courses, at the Chemistry Building, Montreal, this week.

Miss Dodds said that education was a much broader term than there mental training, as was shown by the careers training, and the subsequent was confronted by the slaught; but he was confronted by the graver question of how to provide nourishing food for his soldiers.

The Great Corsican realized long over a captury ago, as has every commandating from the united States and Canada have shown conclusively that even in cases where patients had almost given the united States and Canada have shown conclusively that even in cases where patients had almost given up all hope and where must be perfectly nourished if they are the leave the leave of the united States and Canada have shown cases and the were returned to th

thus the importance of having their thus the importance of having their and unhappy.

How foolish to continue in this condition when on every hand throughout the tion when on every hand throughout the length and breadth of the land, people length and by leading druggists everywhere.

playgrounds, the children being left well-trained public health nurses.

to play generally in yards or on the streets.

Conditions in Montreal for the less canal well-trained public health nurses.

SHACKLETON WAS IN conditions in Montreal for the less canal well-trained public health nurses.

SHACKLETON WAS IN conditions in Montreal for the less canal well-trained public health nurses.

SHACKLETON WAS IN conditions in Montreal for the less canal well-trained public health nurses.

SHACKLETON WAS IN conditions in Montreal for the less canal well-trained public health nurses. Asked Government Grant. Wished to brash, etc.

Explore the Beaufort Sea, North of Canada—Sir John Eaton Promised Aid.

MILBURN'S

FOP COUGHING

TAKE

NADRUCO

Syrup of Tar

with Cod Liver Oil Compound

After a few doses, you will notice a distinct improvement—the phlegm will be looser, cough easier, tightness in the chest gone—and day by day you will grow better, until, almost before you realize, the cough will be gone.

NaDruCo Syrup of Tar with Cod Liver Oil Compound is also excellent for Bronchitis and Whooping Cough is also excellent for Bronchitis and Whooping Cough.

Headaches Gone

Perhaps you can imagine wha this means to one who had suffered terribly with headaches for ten

Read about it in this latter. Mrs. Tena A. Smith, Country Harbor Cross Roads, N. S.,

"I feel that if anyone can retommend Dr. Chase's medicines I certainly can. I suffered for ten years from severe headaches, and although I took all kinds of headache powders they just relieved me at the time. I became very nervous and run-down, and everything seemed to trouble me. I have taken eighteen boxes of Dr. Chase's Nerve Food and it has made an entirely new person of me. I felt that I tould not have lived without it. I do not have one headache now for every hundred I used to have, and my nerves are good and strong. I just every hundred I used to have, and my nerves are good and strong. I just weighed 109 pounds when I began using Dr. Chase's Nerve Food, and now'I weigh 121. Knowing what this treatment has done for me, I cannot be highly several in the others.

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

state the local authorities in some instatees fail to examine their construction
and look into other details concerning
their safety.

"Resolved, That it is the sense of the

sood animals, with the physical strength to continue their studies, and then would come the mental development, as the depended the future of the race, but the dependent of the physical foundation on which for build the characteristics of the future life as citizens.

League of Red Cross Societies.

As a result Sir Ernest had an interview with Sir Dohn Eaton, of Toronto, and the physical foundation of the formative period reground food, plenty of sleep, and recreated ond, plenty of sleep, and recreated on the formative period recreation may as a suprem necessity.

No country could go farther than its sommon people, and their physical development, as had been shown by Greece centuries ago. But Greece had fallen because it had neglected the moral side of training, while emphasizing the physical side, and had forgotten the prirtual side altogether.

Coming down to modern times, Miss Dodds said that in Toronto they were spending large amounts on education, but were not paying much attention to recreation training, while the physical side, and had forgotten the prirtual side altogether.

Coming down to modern times, Miss Dodds said that in Toronto they were spending large amounts on education, but were not paying much attention to recreation training, while the physical side, and had not yellow the said and the formation of the common than anything else. Montreal had no education the formation of the said and the formation of the common than anything else. Montreal being left with the said and the formation of the said a teresting and enjoyable meeting at the residence of Miss Grace Estey, Elliott Row, last evening when the programme was arranged by Miss Florence Estabrooks. Miss Mollie Lingley gave a paper on the life and writings of Sir J. M. Barrie and some of the members took part in a well presented sketch taken from the play, The Admirable Crichton. Miss Blanche Myles read a synopsis of the play and those who took part in it were the Misses Harriet Smith, Grace Robertson, Eleanor McAfee, Dorothy Hickson, Jean Sewell, Jean Sommerville, Gertrude Lawson, Helen Hafinah, Marjorie Staples, Roberta Smith and Edith McAllister. A resolution of sympathy was extended to the relatives of the late Mrs. J. V. Ellis in their bereavement. It was decided that the Alumnae should send a delegation to attend the meeting to be held shortly under the auspices of the Y. W. C. A. in the interests of a women's building. Announcement was made of the coming of Robert Norwood, who is to give readings from his own poems.

EXPLAINS TEACHER'S specks before the eyes, jaundice, water brash, etc. Keep the bowels properly regulated

DODD'S

KIDNEY

IS SUGGESTED

New York Governor Thinks

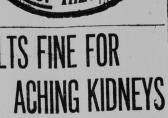
the Industrial Commission Might Inspect Moving Picture Houses.

Albany, N. Y., Feb. 2—In discussing the Knickbocker Theatre catastrophe, Governor Miller said that the construc-tion of motion picture theatres in New York State might be a matter to be looked into by the State Industrial Commission. When told that Commissioner Sayer would be at the capitol tomorrow, he said he would probably discuss the matter with him.

The Governor pointed out, however,

that at present the construction of theaters was purely a matter for local authorities. The Industrial Commission has jurisdiction over factory and mercantile buildings, but the Governor indicated that he was not certain but what licated that he was not certain but what the same location in the same location. the commission ought to have the same authority with reference to theatres. This resolution was offered in the Assembly tonight by Assemblyman Cuvillier, Democrat, of New York:

-Whereas, none of the moving picture. supervision of an state department or commission, as to their construction, and inspection as to their safety, and in the various cities, towns and villages in the supervision of an state department or



SLOAN'S EASES PAIN
RELIEVES THE ACHE
TORMENTING, agonizing theumatic aches are quickly relieved by Sloan's Liniment. Apply it freely and enjoy a comforting sense of warmth. It pencirates without rubbing.
Good also for sciatica, lumbago, neuralgia, over-exerted muscles, stiff joints, external aches and pains, back-aches, strains and sprains.
Don't let pain lay you up. Keep Sloan's Liniment handy and at the first sign of an ache or pain, use It, for it certainly does produce results.
At all druggists—35c, 76c, \$1.40.

Made in Canada.

Sloans Sl in the kidney region, severe headaches rheumatic twings, torpid liver, acid

FOOD, BATH AND TALK FOR THE UNEMPLOYED

Socialist Premier of Sweden Adops Novel Method.

Stockholm, Feb. 2—Hjaimar Branting, the Socialist premier of Sweden, recently gave at his own cost a dinner to 300 unemployed men and women of Stockholm.
The Premier and Mrs. Branting acted as host and hostess, while the guests were host and hostess, while the guests were waited upon by society women of the capital, among them Mrs. George Branting, the wife of the premier's son. Later in the evening the guests were given hot baths and provided with lodgings in the municipal lodging houses of Stockholm. This is believed to be the first time that the premier of a European state has personally entertained his destitute constituents. When his guests had eaten their fill, Premier Branting addressed them on the economic conditions in Sweden.

The premier began by informing them that neither this dinner nor any other private or public aid extended to men and women without work was in any sense charity, but simply what was right-fully due them from those who were fortunate enough to be able to help. He said it was not their fault that they were without means of Hvelliheod, but the fault of warped conditions through-

the fault of warped conditions throughout Europe.

Mr. Branting warned his guests that the efforts of the state to better social and economic conditions could not be expected to lead to immediate results.

Alluding to the chaos in Russia, he declared that the slow-moving efforts of the old established government system to improve social conditions were infinitely preferable to the breaking up of the old system. The world had seen where such a course led. But social solidarity, he continued, demanded from every person that he help as far as he possibly could in relieving the distress of the more unfortunate.

"I hope," the premier continued, "that of the more unfortunate.

"I hope," the premier continued, "that others will follow this example and that

you will see thereby an utterance of social solidarity which breaks through all

The monthly meeting of the board of directors of the Protestant Orphanage was held yesterday afternoon, There were reported to be 112 children in the two institutions. The matter of a provincial orphanage was again discussed.

Central Park, L. I., Feb. 3.—A match that wouldn't light caused a dispute which resulted in the death of one Italian laborer and the wounding of his brother by a third Italian who resented criticism of the brand of matches which he carried.

Michael De Luce; his brother Peter.

CIILDREN'S COUGHS

It is hard for to keep the children from taking colds, they will run out of doors not properly wrapped, or have too much clothing on and get overheated and cool off too suddenly, they get their feet wet, kick off the clothes at night; the mother cannot watch them all the time so what is she going to do?

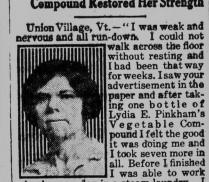
Mothers should never neglect the children's coughs or colds, but on the first them to the control of the Nassau them to the Nassau the Nassau

North Hamilton, Ont., writes:—"I have three children who have had very bad colds, due to change of climate. I have tried different remedies, but I seem to tried different remedies, but I seem to

time but a peculiar neurosis gave her an uncontrollable desire to do some shop-lifting, so her counsel explained to just-Co., Limited, Toronto, Ont.

WEAK TO WALK

Now Works Nine Hours a Day .-Lydia E. Pinkham's Vegetable Compound Restored Her Strength



nine hours a day in a steam laundry. I cannot say too much in favor of your medicine. I trust all sick and suffering women will take it. It has been two years since I took it and I am strong and well."

—Mrs. L. A. GUIMANN, Union Village,

This is only one of such letters we are continually publishing showing what Lydia E. Pinkham has done for women, and whether you work or not Mrs. Guiman's letter should interest you. Many women get into a weak, nervous run down condition because of ailments they often have. Such women should take Lydia E. Pinkham's Vegetable Compound at the first sign of trouble. Good health is necessary and this splendid medicine will help you to keep it.

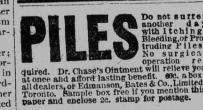


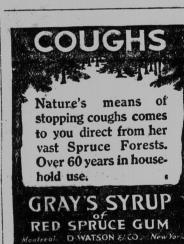
ers were walking toward their homes in Stewart Road, near here, when, according to the story Peter and the two other men told, Michael De Luce asked Graziano for a match with which to light his pipe. Graziano is about fifty years
old. His companions were much younger.
"This match doesn't light," De Luce
was reported to have said. A dispute

nearby, and was taken to the Nassau Hospital. Graziano has not been found. In his home, adjoining the house occupied by the De Luces, the police said that they found a stiletto almost two feet

long, encased in a rubber tube. GIRL SMOKER FIRED. Dublin, Feb. 3 .- Ought girls to be

MATCH WOULDN'T BURN; publican court in Dublin, by Miss Smith Young, a bookkeeper, who claimed a week's wages in lieu of notice from her employers by whom she had been disworking hours. She said all men smokers smoked. Her claim to a week's wage







MR. PERCY HODGE, Olympic Steeplechase Champion 1920. "I cannot speak too highly of the wonderful qualities of Phosferine, for, as the 'World's Steeplechase Champion,' I find training and racing use up so much vital force and physical energy that it is difficult to keep in top form consistently; but fortunately I find I can quite easily maintain my supremacy by including a regular course of Phosferine throughout the training periods and also for a short time after the races in which I compete. On the 9th of July, at Croydon, I covered one mile, including 33 jumps, under five minutes and I am sure that the 'fit and fresh' feeling, and the sense of physical energy which enabled me to capture the event was really promoted by the Phosferine I took immediately before the race. There is always a risk of 'nerviness' upsetting the best form or condition, and in all my experience there is nothing to surpass Phosferine to enable an athlete to cope with any such disadvantage."—Park Lodge, Park Road, Twickenham, London, England. NEW WORLD'S RECORD 3,000 Metres, 10m. 2/5s., ANTWERP, A.A.A. OPEN STEEPLECHASE CHAMPION, 1919-20, This Brilliant Olympic Steeplechase Champion declares that the unfailing zest and force of his athletic prowess is due to the exceptionally re-energis ng qualities of Phosferine. Phosferine enables his nerve cells to create the extra vital force which at critical moments bears him with amazing and irresistible

When you require the Greatest of all Tonic Medicines, see that you get

Influence
Nerveus Debility
Indispetion
Neuralgia
Maternity Weakness
Sleeplessness
Premature Decay
Mental Exhaustion
Loss of Appetite
Lass't ade
Neurit's Nerve hock | Sc Phosferine has a world-wide repute for curing disorders of the nervous system more completely and speedily and at less cost than any other preparation.

SPECIAL BUSINESS, TRAVEL, AND SPORTS NOTE Phosferine is made in Liquid and Tablets, each sold in two sizes. The Tablet form is particularly convenient for Business Men and Women, all Outdoor Workers. Travellers. Sportsmen, etc. It can be used by anyone, any time, anywhere, in accurate doses, as no water is required. The No. 2 tube is small enough to carry in the pocket and contains 90 doses. Anyone affected by unhealthy localities or climatic conditions will be the better for Phosferine—always put a tube of tablets in your outfit.

Sole Agents for Canada:

PROPRIETORS: ASHTON & LTD., LUDGATE HILL, LONDON, ENGLAND. RITCHIE & Co., LTD., Toronto, Ontario.



RELIEVES PAIN \$1.00 a tube, at your dealer's, or by mail. THE LEEMING MILES CO., LIMITED, MONTREAL