

Cooks and Bakes to Your Entire Satisfaction



The Kootenay is a very handsome Steel Range. But that is not its only recommendation. The chief reason you should have the Kootenay in your kitchen is because it will cook and bake things to your entire satisfaction—and because the Kootenay is easy on fuel.

Kootenay Steel Range

has large, ventilated oven, spacious broiler door, easily accessible grates, roomy ash-pan, sure-working draft, and its BIG value at the price for which it is sold.

London, Toronto, Montreal, Winnipeg, **McClary's**, Vancouver, St. John, N. B., Hamilton, Calgary

FOR SALE BY
QUINN & COMPANY
413-415 Main Street

ASEPTO SOAP POWDER

sweetens the home

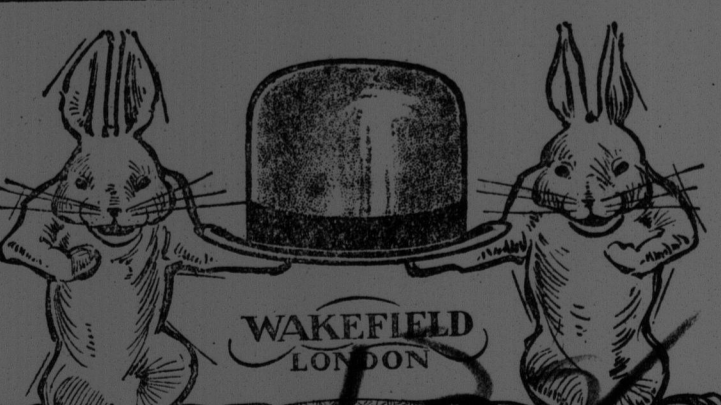
Is Your Home "Surgically Clean"?

THE greatest guarantee against illness—against disease—is cleanliness. Let Asepto help you keep your home clean—"surgically clean."

For Asepto cleanses everything that is touched by water in which Asepto has been dissolved—and only a little Asepto at that—is left absolutely antiseptic, sweet and clean. Ordinarily the application of disinfectants requires considerable work. When Asepto is used, it enables one to carry out a complete course of sterilization ALL THE TIME without any additional work—both cleans the home and KEEPS it clean.

Yet Asepto is more than merely an antiseptic—more than a germicide: it is also a soap powder—as good as the best soap on the market.

THE ASEPTO MFG. CO.
ST. JOHN, N. B.



These Hats are Meant to Win the Favor of Canada
Designed on approved latest London models. Made better than most hats that cost much more money. Finished in the finest style. Dyed fade-proof. Get real hat value—find the store that sells the Wakefield.

SEE THE HAPPY, SMART STYLES JUST READY
A. A. ALLAN & CO., Ltd. Toronto
Wholesale Distributors for Canada

CAMPAIGN FOR PURE FOOD BEGUN

Canadian Publication Takes Up Important Matter—Some Every Day Household Articles Which Are Sometimes Found Adulterated—Some Instances

No one doubts the tremendous influence of women if they are thoroughly aroused and when they appreciate how they are being duped and defrauded and poisoned, the food adulterators will need to make themselves scarce. A word to the wise should be sufficient, and the wise manufacturer will begin to clean his house at once. The Canadian Home Journal has drawn the first sword in this campaign. In May number, it has a residue of roachella salt is an irritant and continual use weakens the stomach and bowels. All persons having weak stomachs should avoid using an irritant laxative mixture with their everyday food. As baking powder is used every where in the home, it is essential that it should be of the best quality. The housewife of the land cannot afford to have anything but wholesome and nourishing ingredients in their bread and cakes.

Out of one hundred and fifty-eight samples collected, only seventeen did not contain alum. According to the best medical and chemical authorities, the use of alum in foods is injurious to the system and particularly to the digestive organs. The heart and nervous system are also very liable to be affected. To safeguard the health of the family, the housewife should settle on some well-known baking powder that is guaranteed by the manufacturer not to contain alum.

"The use of alum in foods in Great Britain has been prohibited for many years and the same thing is true of many States in the Union and there are many reasons for supposing that the government authorities at Ottawa will not be long in following suit. Quite recently the State of Pennsylvania made very stringent laws in regard to the use of alum, and its use is now positively prohibited, not only in baking powder, but pickles and other similar articles that are consumed by human beings.

"There is every reason to believe that a pound of first-class baking powder in which alum is not one of the ingredients, can be obtained for 25 cents. The standard price for a first-class article. There is no doubt the majority of the goods in the baking and confectionery lines which are sold at the latter price, are not worth over half this price. The antialum crusade is one of the topics of conversation in Canada today, and it seems rather strange that considering the poisonous nature of alum, that the ladies have not become interested in this matter sooner. A general agitation by women, on the misuse of alum will likely be productive of considerable good.

"The worst practices that ever prevailed in the States and Canada have been the use of unrefined materials; cheapening adulteration, such for instance, as sale pure colored and flavored as a foundation for candy, jelly, etc., the use of canners waste—skins, cores, rotten tomatoes, etc.—as a stuff from which to make catsup and ketchup; the use of old evaporated fruits, more or less spoiled and vermin-infested over to squander on the adulteration of vinegar by an admixture of water and commercial acetic acid; the adulteration of the most delicate of foods, such as the use of alum in the distillation of wood.

"The great snare of the unskilled housewife is the advertisement which stokes the cheapness of certain foods. There are women so entirely lost to the best interests of their households as to squander their money on preserves, jams or spices advertised as bargains. These foolish mistakes never seem to pause to consider what cheapness means in inferiority of material. You cannot obtain pure food at cut rates. Cheap butter, cheap preserves, cheap cloves, and cheap catsup means that you are buying adulterated goods. If you prefer to feed the family on rotten fruit, skillfully disguised, of you do not care whether mitogens are real thing or a wooden substitute, by all means buy the bargain foods.

"Pepper is an article which is frequently adulterated and which should be carefully examined as to strength and quality. A certain firm was offering pepper in pairs at a price which was surprisingly low. An expert in pepper who was talking to one of the firm's customers, decided that the article could not be pure and sold at the price alleged.

"To prove it," said the expert, "telephone and ask them what they will charge for the whole Singapore pepper."

"The answer came back promptly and, strange to say, the unground pepper would cost more than that which was ground. As it costs one-half cent to grind and three-fourths of a cent to put in pairs, the inference was obvious.

"The adulterators of pepper are flour, cornmeal, pepper-shells, coconut shells and ground olive stones. The last named adulterant is decidedly harmful, as it is indigestible to a dangerous degree. "Lane fruit juice or lime juice, as it is more commonly called, is an object of frequent adulteration and only the best brands of this beverage should be procured. It is most refreshing and beneficial drink, when obtained in a pure form and is extensively used in fevers; but care should be taken to examine label and brand. This is becoming an increasingly popular article in Canada, and is used in jellies, fruit punches and puldages with a nificant effect in each dish. But acid adulterants are common, and the housekeeper who wants genuine lime juice must "look out for the label."

The story is told of a traveller in the employ of a certain Canadian spice manufactory, who called on a grocer in a small northern town and was met with a refusal. "Yes, sir," replied the grocer, "ground cloves, cheaper by ten cents a dozen than you can sell them."

"Then I'll take a package," said the

Dr. Martel's Female Pills

SEVENTEEN YEARS THE STANDARD

Prescribed and recommended for women's ailments, a scientific and prepared remedy of proven worth, the result from their use is quick and permanent. For sale at all drug stores.

traveller, who is a man of resource. The firm which he represents is one which has been making an effort to procure and manufacture high-class goods, in spite of the fact that the Canadian housewife requires to be "educated" up to pure food values. Consequently their representative was anxious to see the quality of this cheap package of ground cloves—and was even willing to spend a few cents on the investigation. He opened the package, took a pinch of dull brown powder between finger and thumb and smiled in superior fashion.

"What's the matter?" said the grocer suggestively.

"I don't wish to be disagreeable," was the reply. "I hope you don't call that ground cloves."

"Why not?"

"Just let me show you some," said the travelling man, with an irritating air of explanation. He produced a small package which he opened and offered to the grocer. The latter looked crestfallen, as he surveyed the brighter mixture, from which came a pungent whiff of genuineness. There was a decided difference between the two packages—the difference which always exists between the spurious and the genuine.

"Well, the people won't pay your price," said the grocer.

"So much the worse for the people," came the reply. "They're buying more experience than food just now. But they'll find out."

"So the traveller came back to the city firm, bringing with him the package of cheap cloves. Within a month, there came a letter from the grocer in the northern town, ordering the goods "which came a little high, but are worth it." Of course, if a woman prefers sand or starch sprinkled over the apple sauce, to nutmeg or cloves, why, she will persevere until she gets the cheap package and congratulate herself on being economical.

"There is one thing which every housewife can do, in order to assure herself that she is obtaining the pure material, or, at least, that which is certified pure. She may look at the labels on bottles or boxes to see if they are marked "pure," "mixtures," or "compounds." It must be borne in mind that in many cases a compound is an entirely useful and legitimate article.

"As a prominent firm has remarked: "We feel that one of the most important safeguards in the matter of preventing food stuffs and to examine the package, with a view to discovering the quality of the contents."

"The government form of warranty reads: "We hereby warrant the contents of this package as manufactured by us, to be pure and unadulterated in accordance with the warranty provided for in the third schedule to the Adulteration Act, Chap. 133 of the Revised Statutes."

State of Ohio, City of Toledo, Lucas County.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will not pay the sum of ONE HUNDRED DOLLARS for any advertisement published in this paper, except as provided for in the third schedule to the Adulteration Act, Chap. 133 of the Revised Statutes.

Sworn to before me and subscribed in my presence, this 14th day of December, A. D. 1909.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.

F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 72
Take Hall's Family Pills for constipation

Canadian News Notes

Toronto, May 13.—(Special)—Pasquale Venturini, an Italian who murdered Rafael Fabio March 6, was sentenced by Justice Riddell to be hanged Thursday, June 30.

Montreal, May 13.—The Empress of Britain, the Canadian Pacific Railway Company's first Empress from the St. Lawrence this year, which sailed from Quebec Friday, May 6, has started the record by lowering the record held by her sister ship, the Empress of Ireland, and the Cape Race record by one hour and a half. The Empress of Britain arrived at Liverpool today, Friday, at 3.30 p. m.

North Sydney, N. S., May 13.—(Special)—The Harbor Breton (Nfld.), fishing steamer Excelsior, Captain Lewis, which arrived in port last night, reported the loss of two of her crew, Peter Meany, of Salmonier, and Isaac Redout, of Garmah, Fortune Bay, on Tuesday, on Quere Bank.

Toronto, May 13.—Archie McLaughlin, of Uxbridge, was found guilty of murder at Whitby tonight, and sentenced to hang July 13.

The crime of which he was convicted was poisoning his wife, and setting fire to the house to cover up the crime. His two little sons also perished in the fire, but he got out with one child.

A Nice Calculation
(From the Youth's Companion)

Two very dear old ladies walked up to the window where tickets were to be sold for two popular concerts. They wanted tickets for both nights, but alas! those for the second evening were all gone. This was the more popular entertainment of the two.

"I'm so sorry, my dear!" pattered one of the old ladies to the other. "We did want to go, didn't we, and we wanted to go both nights."

"You couldn't give us two tickets for each night?" inquired the other, of the clerk.

"No, ma'am."

"You haven't got two seats anywhere for the second night?"

"A great resolution beamed upon her face. "Then," she said firmly, "give me four tickets for the first night. We will make them do."

"Why sister," quavered the other, "you go to invite somebody?"

"No," said she "but if we can't go both nights." She paused, bewildered, quite out of her calculation. Then, "I thought struck her, and she added, "We'll go twice the first night."

Hon. Dr. Pugsley, Minister of Public Works, left for New York by last evening's Boston train. On Monday the minister will arrive in Quebec, where he has important business in connection with the work being done by his department on wharves and dredging. On Tuesday the Quebec Board of Trade will entertain the Hon. Dr. Pugsley, the Minister of Railways and Canals, and the Minister of Public Works, as well as the Grand Trunk Pacific commissioners. All of these officials will be in conference together at Quebec.

The highest cableway in the world is in the Argentine republic. The line traverses a mountain stretch of 24 miles in the region of the Cordillera. It starts from Chilietto, 2300 feet above sea level, and rises to an altitude of 15,000 feet.

"A MIRACULOUS REMEDY"

Lady in Hull wasted away until she weighed only 80 pounds

TOOK "FRUIT-A-TIVES" JUST IN TIME

This wonderful Fruit Medicine Completely Cured Her after 12 years suffering.

184 Chaudiere St., Hull, Que., December 31st, 1909.

"For the past twelve years, I had painful attacks of Dyspepsia. Finally in March, 1909, I suffered such tortures that I was compelled to stay in bed. I could not digest my food and everything I ate caused the most excruciating pain in my stomach. I also had a fearful attack of Constipation and at times, I had no movement of the bowels for two weeks. My feet were constantly cold. I was only able to get up for two years. My weight came down to only 80 pounds and every one thought I was going to die. Finally I had the good fortune to buy 'Fruit-a-tives' and as soon as I began to take them, I felt better. I persisted in the treatment and to my great joy and to the astonishment of my friends, I improved. Now I feel very well, weigh 115 pounds and this is more than I ever weighed, even before my illness. I attribute my cure solely and entirely to 'Fruit-a-tives' and can never praise them too much for they have saved my life. To all who suffer from Dyspepsia and Constipation, I recommend 'Fruit-a-tives' as being a miraculous remedy."

MADAME ANDREW STAFFORD.

When you read such a letter, you think that "Fruit-a-tives" is indeed a wonderful remedy, yet the action of "Fruit-a-tives" is so simple that a child can understand it. "Fruit-a-tives" is made from concentrated and intensified fruit juice and the finest nerve tonics, and acts directly on the liver, causing sufficient bile to flow, which regulates the bowels and cures Constipation. "Fruit-a-tives" also acts on the stomach, producing an abundance of gastric juice and so strengthens the stomach muscles that complete digestion is assured. "Fruit-a-tives" also regulates kidneys and skin, thus purifying the blood and building up the whole system. Without exaggeration, it may be stated that "Fruit-a-tives" is the greatest remedy in the world for Indigestion, Dyspepsia and Constipation. 25c a box, 6 boxes for \$2.50, or trial size, 25c. At all dealers or sent post-paid on receipt of price by Fruit-a-tives, Limited, Ottawa.

MADAME ANDREW STAFFORD.

PROVINCIAL BOARD OF HEALTH ORGANIZES

The first meeting of the members of the Provincial Board of Health since their appointment by the government under the new law, was held in the Royal hotel yesterday afternoon. The members present were: Dr. E. O. Steeves, Moncton, Chairman; Dr. E. B. Fisher, Fredericton, secretary; Dr. A. J. Murray, Fredericton, Treasurer; Dr. E. F. Sprague, Woodstock; Chancellor Jones, of the U. N. B.; Daniel Mulvaney, of this city, and Dr. Curran, of Fairville.

The meeting was mainly for organization purposes and the following committees were appointed: Epidemics, sewerage and water supply, disposal of excreta—Dr. Sprague, Dr. Murray and W. H. Hubbard, secretary of agriculture.

Foods, drinks and adulterations, heating and ventilation of buildings, school hygiene—Chancellor Jones, D. Mullin, K. C., and the secretary.

Legislation and publication—All the members of the board.

A committee which had been appointed in February to take up the question of the best methods of dealing with smallpox and other quarantinable diseases, submitted their report. This was taken up section by section and finally recommended to the government. A communication from Rev. T. Hunter Boyd to Premier Hazen on tuberculosis, which had been referred to the board, was also considered at some length.

Following the business of the meeting, the chairman, Dr. Steeves, entertained the members present to a pleasant luncheon in the dining room of the Royal hotel. Chancellor Jones and Dr. Murray left the city on the 8.40 train last evening.

OLD AGE

Comes to Everyone, But Its Visits May Be Postponed

Old age is not a question of years. Some men are old at forty, others are young at sixty.

It's a mighty hard proposition to look young, no matter how young you feel if your hair is falling out and your face becoming bald.

Perhaps you are tired trying ineffectual remedies for this trouble. We don't blame you if you are. Why not try an effective one for a change?

Nerbio's Herpes Pills will rid you of the germ which is the cause of the whole trouble.

Destroy the cause you remove the effect.

Sold by leading druggists. Send for stamps for sample to The Herpes Co., Detroit, Mich.

One Dollar Bottles Guaranteed. E. Clinton Brown, Special Agent.

The turkey's real name was onocrotis, by which it was known to the Cherokee Indians, and so called from its call.

There isn't sufficient food for thought in some speeches to make a light lunch.

HAY'S HAIR HEALTH
NEVER FALLS TO RESTORE GRAY HAIR TO ITS NATURAL COLOR AND BEAUTY.

Sample Bottle Free
Cut this out and mail with your name and address, and 10 cents to HAY'S HAIR SPECIALTY CO., 100 Clinton St., Newark, N. J., U. S. A.

E. CLINTON BROWN, Cor. Union and Waterloo Streets



COOK WITH GAS

If not, you don't know the pleasures of baking. With your oven at the right temperature, and with no fussing to keep the fire burning, baking with gas is mere play compared with the trouble of baking in a coal stove oven.

From \$10 to \$40
Connected Ready to Burn

The St. John Railway Co.
Telephone 323. Office Cor. Dock and Union Streets

2 in 1 SHOE POLISH

No bottles—liquids—mops—hard work. "2 in 1" shines instantly and gives a hard, brilliant, lasting, waterproof polish. Contains no Turpentine, Acids or other injurious ingredients. ALL DEALERS, 10c.

THE F. F. DALLEY CO., LIMITED, Hamilton, Ont., and Buffalo, N. Y.

Destroying the Insanity Plea
(From Leslie's Weekly)

A revolution in criminal procedure—the abolition of the insanity defence—has been recommended to the New York state bar association by a special committee. The report provides that the one issue for the petit jury should be: Did the accused do the forbidden act? If he did not, he is innocent; if he did, he is guilty, and his fellow is to forfeit his life, as would be the case were he sane; but because he is insane and therefore a menace to society in the future, he is to forfeit his freedom, the commissioners say.

liberty. Many who have never committed crime are spending their days in institutions for the insane because to be at large would endanger society. What objection then, can hold when the case is of the same sort of person who enjoyed his liberty until his insanity burst forth into crime, and who is then placed in an institution for the insane in order that he may not a second time prey upon the peace of society? The report recommends further, a state lunacy commission to inquire into the defendant's state of mind when he was free from his insanity, and to see that the defendant's freedom is not abused by him.

At first glance one does not seem to have much to choose between the two proposals. The insane person who slays his fellow is no less a murderer if he is insane than if he is sane, and therefore a murderer in the future, he is to forfeit his freedom, the commissioners say.

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