

On the first of every January reckon with yourself, and reckon honestly—bring into view all debts and credits—notes and accounts—ascertain to what amount your expenses were the last year, and the loss or gain—make out a fair statement and enter the whole in a book for the purpose. Having arrived at this important knowledge, you will imitate the prudent traveller, who always keeps in view where he is next to move. You will now look forwards and calculate how and in what way you shall best meet and prosecute the business of the ensuing seasons.

And lastly, when the frost of winter shall lay an embargo on your operations, and the chilling blasts of Boreas shall storm your castle, let your fireside be a Paradise, and let the long evenings be consumed in social glee, or in the pursuit of useful knowledge.—AN OLD FARMER.

Every Man has own Physician.—I take the liberty to hand you, Mr. Editor, the following recipe for publication—it has been found very useful in families during the warm season, and if persisted in, will invariably prove an admirable preventive, and obviate the necessity of using harsher medicines; the writer can safely recommend it to all disposed to make trial of it; and can add moreover, that it has been used in the family of an eminent physician for several years past; and in his neighbourhood, it is customary in almost every family to have a demi-john filled with this water, and placed in some convenient part of the house, so that all may have access to it; and it is usual for every member of the family to take a glass of it, as regularly as they eat their breakfast; the effect is a fine appetite, and an improved state of health. The qualities of the water are very similar to the celebrated Cheltenham water.—

8 oz Glauber Salts.—4 oz. Epsom do —2 table spoonfulls common salt to a gallon spring water.

The dose is one wine glass full put in a tumbler, and filled with spring water, to be drank half an hour before breakfast, and the same repeated at night if required.

Preservation of Farming implements.—Sir John Sinclair observes that no circumstance marks more the character of an attentive husbandman than great attention to his farming implements. Upon every farm, also, there ought to be one or more places, properly constructed, for holding the larger implements; and some secure place allotted, for containing the smaller tools. Where machines are necessarily exposed in the field a great part of the season, they require to be new painted at least every second year. This defends them, not only from drought, but also from rain and rust.

Disease of Horses.—An old and respectable friend informs us, that he is grieved to learn that so many horses on Long Island,

have fallen sacrifice to it. It is nothing but the grizzle of the nose is a certain cure. O the horses in the city noble animals in an

Cure for the Ague
Mercury recomme
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writer, who had no
view of Dr. Pouqu
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