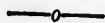


SECOND DAY.



ABIDE IN CHRIST,

And ye shall find Rest to your Souls.

'Come unto me, and I will give you rest. Take my yoke upon you, and learn of me; and ye shall find rest to your souls.'—MATT. xi. 28, 29.

R*EST for the soul:* Such was the first promise with which the Saviour sought to win the heavy-laden sinner. Simple though it appears, the promise is indeed as large and comprehensive as can be found. Rest for the soul,—does it not imply deliverance from every fear, the supply of every want, the fulfilment of every desire? And now nothing less than this is the prize with which the Saviour woos back the wandering one—who is mourning that the rest has not been so abiding or so full as it had hoped—to come back and abide in Him. Nothing but this was the reason that the rest has either not been found, or, if found, has been disturbed or lost again: you did not abide with, you did not abide in Him.

Have you ever noticed how, in the original invitation of the Saviour to come to Him, the promise of rest was repeated twice, with such a