

the other for the night, in order to permit of the clothes of the empty bed being aired daily for several hours. The patient should be always kept as clean as possible. To prevent the propagation of the disease, all soiled linen, objects used by the patient, and especially the bed-pan and spittoon, should be washed with boiling water. Those who are in immediate contact with the patient should be extremely clean; should wash their hands and face often, and wear special clothes that are easily disinfected. They must never eat in the patient's room. During his sickness, the sweepings of the room should be removed every day and burned immediately. Before sweeping, the room should be wetted to avoid raising the dust. The patient must not leave his room till he has taken a soap-bath.

Q. How are we liable to be attacked by an infectious disease?

A. The germs of infectious diseases may attack us in two ways: 1. By coming in contact with people or things that are contaminated. 2. By respiration, absorption and the introduction of air, water and foods charged with disease—generating microbes. Hence, when an epidemic is prevalent in any locality,