

Book Reviews

Foundation and Growth of the British Empire.

By Jas. A. Williamson (MacMillan Co. of Canada).

This is an up-to-date narrative, and is written in a style that will appeal to pupils of the Secondary School. It is a history of the Empire, rather than a history of Great Britain. Probably children would be better informed by knowing this book than by studying an ordinary text book in English history.

How We Pay Each Other.

By S. T. Wood (MacMillan Co. of Canada).

A very interesting little book for school use. Any teacher reading it through could give five or six necessary and informing talks to her pupils. In the nature of things talks of this kind would be of far greater value than many of those based on subjects which figure prominently in the school programme.

Physical Culture.

A British System by a British Officer.

Not a Swedish system by a Swede, nor a Danish system by a Dane, nor a German system by a German.

The author, Lieut. C. F. Upton, R.A.M.C., winner of the open lightweight wrestling championship of the world, 1915, has designed a system adapted for all classes, schools and training corps. He has had world-wide experience in physical culture under

Japanese and Indian professors, as well as the most prominent European experts, and has concentrated into this book all that is most essential for a knowledge of modern physical culture. A British system by a British officer, and a welcome rival to the countless foreign systems flooding the market. The system is well adapted to middle-aged men.

A CORRECTION.

My attention has recently been called to the fact that an error exists in the *Analytic Key* at the beginning of the *Western Flora*. This error consists of the omission of the family *Cruciferae* on page 12 of the key and near the bottom of the page.

The following will show what insertion should be made and where it should be inserted. The underlined part marks the inserted words.

Stamens not just as many or twice as many as the petals.

Trees or shrubs.

Stamens fewer than the petals. Oleaceae p. 107.

Stamens more numerous than the petals. Aceraceae, p. 83.

Herbs; stamen 6, petals 4. Cruciferae, p. 51.

If teachers will make this insertion in their books the key will be found to work satisfactorily for this family. Where the family is mentioned on the preceding page, it refers only to the Genera *Neslia* and *Brassica*.

—B. J. Hales.

“The most significant educational fact today is that men of all classes have come to look upon education as a thing that will better their condition; and they mean by that, first of all, something to make their labour more effective and more profitable; and second, they mean something that will enable them to live fuller lives.”—*Education for Efficiency*, Davenport, page 11.