

SUFFERED EVERYTHING

For Years, Restored To Health
by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont. — "I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I also recommend it for nervousness and indigestion." — Mrs. HENRY CLARK, Glanford Station, Ont.

Chesterville, Ont. — "I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble.

"My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous sometimes that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated.

"I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial." — Mrs. STEPHEN J. MARTIN, Chesterville, Ontario, Canada.

Guide-Advocate

Watford, Ont.

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Advertisements without specific directions will be inserted till forbidden and charged accordingly.

HARRIS & CO. PROPRIETORS

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WATFORD, JULY 24, 1914.

NOTE AND COMMENT.

Further indication of the continued growth of the complexity of life is afforded in a current story from across the border. A wife installed a dictograph in her husband's office.

Another physician has looked down Mr. Roosevelt's throat and has announced that in six weeks the colonel can talk all he wants to. And that means considerable conversation.

They are having trouble with a so-called transatlantic aeroplane because it does not rise easily enough. For a considerable time past aeroplanes have been rising easily but coming down too hard.

Mr. Marconi contemplates being able to telephone by wireless from Carnarvon, Wales, to New York before the end of this year. He also anticipates increasing the speed of the wireless telegraphy to 300 words a minute.

The Arkansas man who was given a ten-year sentence in a Texas court on a charge of having sixteen wives probably thinks his punishment severe. He may consider himself lucky, however. Suppose the judge had handed him over to his victims to do as they liked with him?

The alleged serving of intoxicating drinks to girls under the age of 18 years in Detroit riverfront roadhouses on the Canadian side is to be stopped, according to orders received by county officials from the Ontario Government. Information is said to

have reached the ears of the heads of the government that young girls have been permitted to frequent many hotels along the river front, and that in some instances extreme cases of intoxication have resulted. Proprietors of roadhouses will be warned, it is said, and thereafter both young women and hotel proprietors are liable to prosecution.

When its breech-loading device has been perfected at Watervliet Arsenal, the great sixteen-inch gun, the biggest piece of ordnance in the world, which has just been shipped from Sandy Hook proving grounds, will be practically ready for service on the Panama Canal fortifications. Some idea may be gotten of the tremendous power of this gun, destined to protect the Pacific entrance to the Panama Canal, by the fact that it is 50 feet long, weighs 142 tons, and fires a projectile about 6 feet long. The projectile itself weighs a ton, and is discharged by 665 pounds of powder. It requires eight men to carry the powder charge. This gun has a maximum range of from 22 to 23 miles.

It is said that during the last eight years saloons have been put out of business at the rate of forty a day. Of course in many places there have been some new ones established, but for all that the fact remains that temperance is growing rapidly among the people in every section of the country and that it promises to spread with equal rapidity in the coming years. This accounts for so many places and States going "dry." The growth in temperance is partly moral and partly economic. More and more employers of labor are demanding total abstinence on the part of their workers, and labor unions, alert to the welfare of their members, are taking the same position. No wonder that more than one leading brewer says that it is only a question of time when they, the brewers, will have to cease operations.—Ex.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, O.

Sold by all Druggists, 75c.

Take Hall's Family Pills for constipation.

A Menace to Humanity

We are in our present methods unconsciously sowing seeds of future national conditions of the sort sane people avoid in time. Too many people in this country are bent on getting the best of everything with the least possible expenditure of time or effort; many have as an ideal the getting of something for nothing. The influence of such a spirit on the coming generation must prove disastrous in the long run. Only by industry, manual or mental, is true happiness or national greatness attained. We have need for intelligent workers who love their tasks because they themselves have chosen them.

Employment For The Unemployed

Canada is not alone in having to deal with the problem of unemployment. From a paragraph in The Ottawa Witness, it appears that a general slackness is being experienced all over New Zealand and the local offices of the labor department are being visited daily by large numbers in search of work. Just as in Canada, appeals have been made to the Dominion and municipal authorities to put public works in hand and thus afford some measure of relief. This is happening notwithstanding the great advance made in agricultural production, and again offers proof that the land is the only solvent of the problem in developing countries.

Much the same conditions exist in Australia, where the growth of cities in proportion to rural districts has been much greater than has happened in Canada. But in the commonwealth an opening is available for

sober and willing men, which has not yet arrived in this Dominion. As it seems, they are ready to accept positions in the home, and their services as general servants are greatly appreciated. One household in Sydney, New South Wales, is quoted as saying that she finds men more conscientious than girls and also more thorough. Navy men especially are in demand and are appreciated not only as excellent house servants, but as good cooks and scrupulously clean. Perhaps this line of relief from unemployment is hardly possible meantime in Canada.

Moses and the Ten Commandments

Strand: A simple cross marks the spot which investigators of Sinai have decided is the place where Moses read out to the children of Israel the laws of God. The mountain itself must stand for the monument. Rus Sufah, the elevation on which the cross stand is wild, barren and rocky.

About 300 yards from the base of the mountain there runs across the plain a low semi-circular mound which forms a kind of natural theatre, while farther distant, on either side of the plain, the slopes of the inclosing mountains would afford seats to an almost unlimited number of spectators. Not far off there is an extensive recess which was probably used as a camping ground. No spot on the whole peninsula is so well supplied with water and pasturage.

To Telephone Users

Some complaints have been received by the local manager regarding the enforcement of the "call by number" rule of the Bell Telephone Co., that he wrote to the District Superintendent, asking if he could suspend the rule. Following is the reply:—

Dear Sir:—Reply to yours of the 2nd inst. Calling by number is absolutely necessary to the furnishing of good and prompt service. The Company go to the expense of over \$100,000 a year furnishing subscribers with Directories and we expect them to be used. In the case of an exchange like Watford, it should not be a difficult matter for any subscriber who does not care to open the Directory each time, to note on a card the name and number of a few subscribers called most frequently. You will continue enforcing the rule, as it is a reasonable one, and the chances are the particular subscribers you refer to, who complain of being called upon to look up their numbers, will be the very first ones to complain of slow service should they call when your Operator happened to be looking up the number for some other subscriber.

Yours truly,
J. L. RICHMOND,
District Superintendent.

It will be seen by the above that the local manager can do nothing but enforce the rule in all cases especially as it is for the benefit of the service.

A Western Fish Story

The hero of the following story is well known in Watford and vicinity. His reputation as a fisherman has never been impugned but one is at a loss to know how he found out about the fishing of the froth on a tankard of beer.

(From the Albertan, Calgary.)

The Bow River is yielding queer fish this season, its latest delivery being a lake trout, weighing 8 pounds and measuring 31 inches.

How, why, when and where a lake trout, and particularly one of such dimensions, found its way into the Bow River is a question that is puzzling local Waltonians.

The catch was made by T. L. Swift, of Calgary, in the river near Morley, where he was fishing with a companion, J. F. McCorkell. He had a live minnow on his hook and was fishing with an eight-ounce rod. All of a sudden he felt the bait seized by what seemed to be a whale. The water fized like froth on a tankard of beer, and the gleaming whitish sides of a mammoth trout could be seen glistening in the water as he vainly tried to wrest himself free from the hook. His companion came to the aid of Swift and together they played the trout for three-quarters of an hour, momentarily expecting the slender rod to break before the big fellow was landed.

McCorkell, who was fishing further upstream, had him on his hook only a few minutes before, but the Herculean trout made short work of his rod. So proud was Swift of his capture that he sent it to be exhibited at the store of Alex. Martin & Co., Eighth avenue east. Many surmises are around as to how a lake trout got into the Bow River. Expert fishermen say there is no question as to its identity.

Every Woman
is interested and should know
MARVEL Whirling Spray
The new Vaginal Sprayer. Best
most efficient. It cures
instantly. Ask your
druggist for it.
If he cannot supply the
MARVEL, accept no other,
as each company for this
product is a guarantee.
It gives full particulars
and directions available to ladies.
WINDSOR SUPPLY CO.,
Windsor, Ont. General Agents for Canada.

DUSTLESS—By opening dust damper and direct draft damper when shaking

McClary's Sunshine Furnace

all dust is carried up
Furnace smoke pipe. See
the McClary dealer or write for booklet.
T. DODDS & SON, Local Agents.

BOYS!

We have a line of
Flashlights from
\$1.00 up.

BOYS!

SEE
OUR
POCKET
KNIVES

T. DODDS & SON

Plumbing Roofing Eavetroughing

Western Fair

LONDON, CANADA

Ontario's Popular Exhibition
September 11th to 19th, 1914

INCREASED PRIZE LIST

Magnificent Programme of Attractions. Two Speed Events Daily.
New Fireworks Every Night.

COME AND SEE

The Dominion Experimental Farm Exhibit and The Canadian
Royal Dragoons

The Con. T. Kennedy Shows will fill the Midway.

Music by the best available Bands.

Reduced Railway Rates commencing Sept. 11th

Special Excursion Days, Sept. 15th, 16th, 17th. All tickets good
till September 21st.

ALL INFORMATION FROM THE SECRETARY

W. J. REID, Pres. A. M. HUNT, Sec.

THE HOWDEN EST.

GROCERIES

Our grocery department is
always well stocked with the
best we can buy in staple and
fancy eatables. Lowest prices.
If you are not already a cus-
tomer, try us.

CHINA

We import direct from the
European factories and have
a large stock to choose from
in dinner and tea sets, toilet
sets, fancy china and cut glass

TINSMITHING, PLUMBING

No job too large and noth-
ing too small to be taken care
of. Furnaces, hot water heat-
ing and eavetroughing at
reasonable prices.

HARDWARE

Aluminum ware
Builders' Hardware
Stoves and Furnaces
Enamelled ware
Cutlery and Edge Tools.
Sherwin-Williams' Paints
Pumps and piping

THE HOWDEN EST

We Do All Kinds of Printing

WORLD'S GREATEST KIDNEY REMEDY

"Fruit-a-tives" Have Proved
Their Value In Thousands of
Cases

WONDERFUL RECORD OF A
WONDERFUL CURE

Only Remedy That Acts On All Three
Of The Organs Responsible For The
Formation Of Uric Acid In The Blood.

Many people do not realize that the
Skin is one of the three great elimina-
tors of waste matter from the body.
As a matter of fact, the Skin rids the
system of more Urea (or waste matter)
than the Kidneys. When there is
Kidney Trouble, Pain In The Back and
Acrid Urine, it may not be the fault of
the kidneys at all, but be due to faulty
Skin Action, or Constipation of the
bowels.

"Fruit-a-tives" cures weak, sore
aching Kidneys, not only because it
strengthens these organs but also be-
cause "Fruit-a-tives" opens the bowels
sweetens the stomach and stimulates
the action of the skin.

"Fruit-a-tives" is sold by all dealers
at 50c. a box, 6 for \$2.50, trial size
25c. or will be sent postpaid on receipt
of price by Fruit-a-tives Limited,
Ottawa.

Canadian Engineers' Inspection
Concrete Roads

Party of fourteen visit Wayne County
Michigan, and get first hand facts

Last week a party of Canadian High-
way Engineers and Municipal Officials
interested in good roads, under
guidance of Mr. L. S. Bruner, of
Canada Cement Company Limited, visited
Detroit and Wayne County, Mich.,
learn how this progressive American
community is building a comprehensive
concrete road system of which it is
proud.

The party included: J. F. Ure, W.
stock, Ont., Engineer for Ox
County; R. H. Spencer, Acting Ma-
jor, Trenton Ont.; G. R. Marston, Sr.
Ont., Engineer for Norfolk County;
M. Rutherford, St. Catharines, Ont.,
Engineer for Lincoln County; W.
Hollingsworth, Hamilton, Ont., A.
and City Engineer; W. M. Manig
Strathroy, Ont.; J. H. Jackson, B.
ford, Ont.; R. Clarke and W. E. Ne-
Merritt, Ont.; L. J. Wooley, C.
Bolton, Ont.; W. Colvill, Toronto; J.
Bruner and R. S. Muller, Montreal.
Wayne County now has nearly
hundred miles of the finest con-
crete roads in the world, one stretch-
ing in a smooth unbroken line
for a distance of 21 miles passing
the villages of Wayne and Dear-
born and it is a noteworthy fact that
much experimental work with every
kind of road building material, the
County Road Commissioners has
concrete as its standard.

The party covered about eighty
miles of every description of
every condition from the worst to
the best. The tour proved an excep-
tional object lesson to everyone
present at the completeness of the
engineering equipment and the excellent
obtained.

Wayne County began building
concrete roads in 1904 and the first
laid in that year was carefully im-
posed by the party at close range and the
consensus of opinion was that it is
good as when put down and the ma-
jor cost has been practically paid
during the five years that it has
been used. A striking contrast is shown
the condition of this concrete street
compared with other stretches
same road, built at the same time
materials and at approximately the
cost, but which now resemble
"Rocky Road to Dublin" and is
rebuilt in the near future.

One of the engineers expresses
opinion that if Wayne County
afford to have such excellent
municipalities to delay the building of
that will be as good as the Wayne
roads, for there are few
counties that are not infinitely
natural resources if not in fact
that, and we can greatly benefit
experiences of the county at
line.

The individual and collective
wisdom was unanimous for con-
logical and economical material
manner good roads in Canada
that will enable every community
vest its road money so that it is
a dividend instead of being spent
up the mud holes.

Unless worms be expelled
system, no child can be healthy
Graves' Worm Exterminator is
medicine extant to destroy wor-