

## A PAGE OF GENERAL INTEREST TO WOMEN READERS



Gum:

«Please send



## You feel safe

with Lifebuoy Soap. No matter how grimy your hands—no matter how germ-laden they may be from the day's work, Lifebuoy cleanses and safeguards your skin. The mild carbolic odor quickly vanishes, but its benefits linger.

FEBUOY HEALTHY SOAP



ERSE--New and Old

AN GILLE DUBH CIAR DUBH. (The Dark Swarthy Lad.)

This old Gaelic song is published at request of an old reader, T. G. H., and will no doubt be familiar to many Scottish readers of The Advertiser: Cha dirich mi bruthach,

S cha shiubhail mi mointich. Gu'n d'fhalbh moghuth cinn-sa, Scha seinn mi oran: Chat chaidil mi uair O Luaingus an Domhnach,

Sann gill-e duhb ciar-dubh A tigh'nn fo m'uidh San gille-c dubh ciar-dubh 'A tigh 'nn fo m'uidh.

Is turagh nach robh mise

'S an gille dubh ciar-dubh; An aodann na beinne An lagan beag fasaich, Nan ait-eigin diomhair, 'S e tighinn fo m' uidh.

Dh-olainn deoch-slaint'. A ghilie dhuibh chiar-dhuibh Do dh-uisge nan lon, Cho deonach 's go b' fhion e, Ged tha mi gun or, Tha ni 's leor tig'nn g'am farraidh, 'S cha ghabh mi fear liath 'S e tighinn fo m' uidh.

Mo ghille dubh boidheach Ge gorach le cach thu; Gun deoin da mo chairdean: Shiubhlainn leat fada, Feadh lagan a's fhasach 'S cha ghabh mi fear liath 'S tu tighinn fo m' uidh.

Mo ghille dubh laghach S neo-raghainn leam t-fhagail. Na 'm faicinn an cuideachl thu, Thaghainn ro chach thu; Ged' fhaicinn cuig mile. Air chinnt gur tu b' fhearr leam, Cha ghabhainn fear liath

'S tu tighinn fo m' uidh. Bho mhadainn di-ciadain, 'S bruaileanach m' aigneadh, Mur furtaich thu chiall orm 'S mi raoir air dhroch leabaidh. Cha'n fhad gus an liath mi, S an gille dubh ciar-dubh, Tighinn fo m' uidh.

'S tu tikhinn fo m' uidh.

THE GOOD OLD DAYS GONE BY. [Reformer's Wife.] Oft my thoughts stray back to happy

days of yore, And in fancy I can picture, o'er and o'er, The old village school play-ground, and the children playing 'round, But there's one face that will linger in my mind:

With her trusting eyes of blue, she said 'Love, I'll wait for you," And soon I left my sweetheart far be-

Tho' the years roll on, there's naught that can erase The bright image of her pure angelio

Had I known when we did part, that I'd break her trusting heart, I would ne'er have left dear Nell to

such a fate: In the brooklet flowing by, ev'ry ripple of 21 to do her hair? Yours as before, seems to sigh.

GIRL OF ALL TRADES. seems to sigh, And murmur, "It's too sad, alas, too late!

REFRAIN-

Now there's just the same old playground, And there's just the same old school: There's the teacher, old and grey, now, who taught me the golden rule; There's the same old rustic bench, where we oft sat, she and I, But the girl I loved is missing from way.

the good old days gone by.

is used by thousands of satisfied families every day. Will you join them by

Gorman, Eckert & Co.

London and Winnipeg

## Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

with flags for you.

A Kind Donation.

Writing Not Good.

that makes rugs out of old carpets?

JUANITA.

Is it too cramped?

ful Doll?" I remain,

these business addresses here?

tion suitable for a picnic concert.

I've sent you a clipping or two.

Couldn't you practice some at home, and

Must Send Direct.

wanted some tobacco flags. Now

What day of the week did June 6th,

Ans .- If you wish to accept "Faded

Lily's" offer you must write her di-

Mall-Box Growing.

Dear Miss Grey,-Just thought

would drop in and chat awhile. It is

them. I have never seen the readings

Remedy and Recipe.

In the morning mix together

of 5 eggs; 1/2 teaspoon extract almond.

alternately with the milk to the first

mixture; add whites last, beaten stiffly;

Ans.-Remedy and recipe passed along

for the benefit of all; the address of

"Faded Lily" has been sent as request-

Gifts to Prisoners.

Dear Miss Grey,-This great war of

today has caused a number of us to

look into trivial things, which we here-

tofore did not bother about. We are

helping our soldiers as best we can, but

there is one thing I read about in every

beat whole vigorously.

butter, add gradually the

do better for you next time.

pass it along:

NEAR COTTAM.

BUSY MARGARET.

3. A Wednesday; Tuesday.

ending envelope for same.

also May 13, 1902?

Yours as B 4,

worth while.

and flags to you.

1878, come on?

Querles Rather Vague.

Has No Mother.

Dear Miss Grey,—Have just finished your interesting page, which I never miss reading, as it would seem almost as bad as to not hear from my own sisbad as to not hear from my own sisoad as to not hear from my own sis-ters, for I think a great deal of some of our correspondents. When some dear in place of the beaten egg use whipped of our correspondents. When some dear mother gives her advice, I wish I could fly into her arms with some of my 5. If you have a Watteau-shaped hat troubles sometimes. Oh, the girls who have mothers to go to don't know what they have. I can scarcely remember my mother, but everyone says she was a dear mother, so I often shed a tear as I read some of the mothers' letters.
I am a mother now myself, and I pray I may be a mother in everything to my little girl little girl.

There was a letter signed "In Distress," which I think I felt very sorry for, but I think your advice would be just what I would say. She is in the very trouble I was myself once, so if she would care to correspond with me just say so in the Mail-Box. I kept right on, and it turned out all right in my case, but I can see now what a risk we run, dear friend, so be very careful. Miss Grey says "Pray"; so

I think a lot of "Star That Guides." I wish she would write oftener, and, "Beautiful Doll," please sign your right name, as I don't know you now at all if you have changed your name, al-though I am signing a different one myself for certain reasons, so please excuse me saying so much this time. SYMPATHY.

S .- Would like to know a good polish to put on a range not in use zine for children buys in summer, as mine gets rusty, and I and their addresses? have to keep blackening every week.

Ans.—Am glad to hear that some of our Mail-Box folks seem really like 3. What is Grace Cunard's friends to you. "Beautiful Doll" has and does she answer letters? been signing herself "Optimistic Peg" in her last letters, but she hasn't called for some time. For your stove, try rubbing it over with a rag moistened with boiled lin-seed oil. This is excellent for stoves

Will Help Ples. Dear Miss Grey,—Just a little cooking hint. If those having trouble with the lower crust of their rhubarb pies getting soft would try spreading the white of an egg over the pastry just before they put the rhubarb into the ple they would find it will help a great deal. I found the hint in a magazine, tried it and found it a great help. I will sign myself my real nickname,

and pipes, preventing rust appearing.

Ans.-Oddly enough a reader was just asking for a hint along this line, and I am glad to pass yours along. The clipping you ask for will be mailed you in a day or so.

Missed His Letter. Dear Miss Grey,—I am coming again for more help. Where is "Deserted" gone or was it a woman, like "Mac?" I didn't like "Mac's" letter very much; she must be a German. Now for a few questions. Where would I write to reach a cousin of mine? He's in the 33rd Battalion. I would have liked to have gone with him at the time, but I wasn't old enough. I was 18 last March, and my father wouldn't let me I am sending a recitation and some coupons, all I got this time. I sent some a week or so ago. I guess they never got there. I will sign myself "Deserted No. 2," this time; I have been deserted since the last time I try to improve? I think it would be quite wrote, and signed myself

OUTSIDE. Ans.-You evidently missed seeing your letter in print, for it appeared, all right. If you write your cousin, giving platoon number and company letter, in care of 33rd Battalion, C. E. F., army postoffice, London, Eng., a the flags of the different nations on. letter should reach him. Did you for-get the recitation? I didn't find it in-The coupons have been sent

Girls on the Farm. Dear Miss Grey,-I received those nice flags some time ago, and am very pleased to have them. "Nuts in May" was very kind to send them. I hope Lily's" offer you must write her dishe will watch this page from now on, rect, as to send the parcel to me would as I will call again soon to let her necessitate my re-mailing it, and hence know when to call for what I prom- double postage. Send a stamp for "F ised. "I do not know your name, and L.'s" address. The date you name I've never seen your face, but I will came on a Wednesday. be there awaiting in the very same place." I also read where "Dufferin" would send me some soldiers on butterflies if I would like them. Certainly would, and am sending stamped and Miss Grey for true our Mail-Box is growing, addressed envelope to them when you send them. I have since the kissing question has been so busy lately that I neglected to worn out, I think it ever so much send an answer. My only brother has left the farm to be with the soldiers, receive recitations and songs from difso it leaves us girls plenty to do out-side. I fancy I hear Miss Grey com-received readings from "Another Yan-

ing this page every success.

1. "Juna" would like to know whether you received those gum wrappers which she sent on to "Napler." 2. What is your opinion of my writ-8. What do you think of a person who all pleasant dreams,

is always using a spy-glass on your house every time company comes? 4. Would you publish a good recipe 5. What is the latest style for a girl Sorry you failed to receive your reci-

P. S .- What will remove a brown patch of the back of the neck? Ans .- So your brother has enlisted Think we shall have to start a honor roll column for all our members who have relatives serving King and coun-

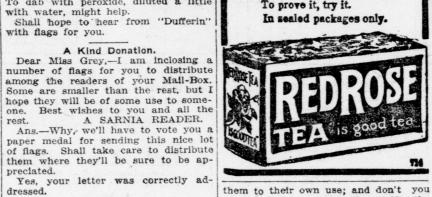
1. No, wrappers for "Napier" were never received by me. 2. Fairly good, I think. 3. It is a contemptible thing to spy a another person or persons in this

4. Line a pie plate with crust and



Some people have never tried Red Rose Tea because they think it is just ordinary tea put into packages. WRONG!

Red Rose Tea is a "master" blend of more than a dozen high-grade Indian and Ceylon teas. It is a DISTINCTIVE tea distinctive in flavor, in richness, in strength, in economy.



them to their own use; and don't you think in acknowledging these gifts the Germans, at the point of the bayonet, Dear Miss Grey,—I. What magazine or could and are making our boys write newspaper buys short stories? Could you and say they received the goods and could and are making our boys write

give me their address? Also what magawere grateful for them? zine for children buys children's stories, If this is the case, we are assisting the Germans instead of our prisoner sol-2. What is the address of the company diers? It is just possible that I am (to use the slangy expression) "Thick-head- none of its popularity, and is especially ed," but I cannot for the life of me see attractive in the lovely materials of 3. What is Grace Cunard's address, through this. If you or any of your this season. The style here portrayed readers can enlighten me on this sub-ject, I would be very grateful. has a chemisette, cut with low neck outline. The waist is finished with a 4. What do you think of my writing? I think a lot of the boys in khaki, 5. Where is "Mrs. Homebird" and the

splendid type of soldier, and I think he length, finished with a turnback cuff. Ans .- 1. Newspapers very seldom pay is a man who ought to be able to en- The skirt has four gores and a smart contributors for short stories, but buy lighten me on the above point. If my letter is too long, I would ask them from a syndicate. On the other hand, practically all the magazines pur- you not to print it, but answer through dine, gingham, linen, taffeta, faille and chase fiction; for children's stories, a your column.

good field is in the Sunday school pub-I wonder if you will recognize my 2. Now, don't you know I cannot give SECRETARY NO. 1. P. S .- How is my composition?-S. the foot.

4. Yes, your writing is anything but N. 1. cannot recollect your former pen- in silver or stamps. name. Your letter is very interesting Dear Miss Grey,-Here comes some- and I hope some of the local committee members for the sending of food to war-1. I would like to get a comic recitaprisoners, will reply to it. Of course what you suggest may-and probably 2. Also some contests or tricks; am does-happen in some instances, but know of one case which bears testimon 3. What day did June 23, 1880 fall on; that "our boys" there receive a fair proportion, at least, of parcels sent them 4. What do you think of my writing? A young Britisher who had been imprisoned at the same camp as one of FOUR-LEAF CLOVER. our London boys. was "exchanged." Ans.-1. It is rather difficult to know Upon his return to England, he at once wrote the mother of the London lad, what sort of a piece you would deem what sort of a piece you would deem wrote the mother of the London lad, telling of conditions at the German that may do, and it will have reached that may do, and it will have reached you by now.

When the pattern is bust term wanted. When the pattern wanted was not considered to the pattern wanted was not considered to the conditions at the German term wanted. When the pattern wanted was not considered to the pattern wanted was not considered to the conditions at the graph was not considered to the conditions at the graph was not considered to the conditions at the graph was not conditions at the graph was 2. This query also rather vague, but penned under Hun supervision! I just give this for what it's worth but hope 4. It is quite like a schoolgirl's

Exchange Slips.

ubscriber" would exchange resurrection plant for hydrangea or musk plant. it. You will be surprised at Dear Miss Grey .- A few days ago I saw on your Page that "Faded Lily" I have neither of these, but have some crochet patterns I could send her for exchange have fourteen white satin ones, with

I am sending a couple of patterns I had been wanting to get a switch in narrow crochet edging for anyone wanting them. made of combings, so if the offer still Am also sending the words of "Little holds goo, will mail the combings Bit of Heaven" for "Lonely Soldier's

Sorry I haven't the words of "Hello, Central," for her, too. ZETTA.

Ans.—The address of "Subscriber" ZETTA. sent to you, and I hope you may have an exchange of slips to mutual Box" to write you from the trenches,

Some Quilt Designs.

Dear Miss Grey,-Am sending pattern for the one that asked for same; forgot her name. I have a quilt pieced like same of all kinds, one row light and one of dark, all through, and it looks real good when completed, Also have one crazy-work; the blocks are each ten inches, and put together with two-inch strips. Good-bye. From MRS. McB.

was "Sunny Susan" who side. I fancy I hear Miss Grey complaining of this long letter, so will just kee Lass." I sent stamped envelope pleased, I know, to receive your samask a few questions, then close, wish- about four months ago for two read- ple. Your "love" block for "Aunt Nannie's" quilt is just fine. ings, as she had offered a long list of |

> Aunt Nannle's Letter. nor envelope yet. Am sending block for "Aunt Nannie's" quilt, which I hope will fill one corner. Wishing you -I wish to acknowledge through the Mail-Box that I have received very pretty silk and velvet blocks from "Kitty," "Poor, But Honest," Ans .- The quilt block is just fine, W," "A Lady," and "M. E. J." Also and it's good of you to make it, for some dear old-fashioned blue cotton you must be a very busy woman. patchwork blocks from "Patriotic Helptations from "A. Y. L." Hope we may er," "Mrs. C. O." and "Curly Wig." They will go in the quilt all right. I thanked those whose addresses come by letter. I don't want to criticize, but Dear Miss Grey,-I see where "Faded if anyone who wishes to piece a block Lily" asks for a remedy for whooping and has not the fast colored red, let them make it of blue instead. I'm still cough. Having one that is good as well as very simple, I thought best to looking for the snapshot "Mrs. Homebird," I think, said she was going to send me, and Miss Grey, it's hardly tablespoon each of blackstrap and cas- fair not to have your own put in the tor oil, mixing thoroughly; given in tea- paper for us all to see. I once had this of deafness by this means. Will she spoon doses. This is sufficient for one written on the front page of my autochild for a day. It is a very successful graph album: "Yes, this is my album. remedy. Also recipe for bride cake: One You are welcome to quiz. The penalty cup butter, 2 cups flour, 1 cup milk, 1 is that you add your own autograph. cup cornstarch, 2 cups granulated sugar, for others to quiz." (Poetry equal to

> 2 level teaspoons baking powder, whites Bill's) isn't it? Why! I didn't know I was an "old lady" until I'd appeared in the Mailsugar and almond, sift together thor- Box Corner all of a sudden, when the oughly the flour and cornstarch and add curtain raised, and I was caught telephoning to my soldier boy in the trenches, but it reached another soldier boy there, who kindly wrote me such a nice letter, which come 'way from send back. Would like to hear soon, France, addressed, "Aunt Nannie," care please. Good luck to the Mail-Box, and Carrier 5, Zion City, Illinois, U. S. A. The Corner feels highly honored, and the letter was a curiosity all the way along, and was not censored! I was glad to answer "Coal Box's" letter and send him clippings from magazines and papers, from wit and wisdom columns.

> THAT LIVER IS NO GOOD paper, and that is the different associa- that is so lazy it lets the skin do part tions, clubs, etc., providing food for the of its work. The skin turns yellow Canadian prisoners in Germany. I can-not understand this, hence my reason system. Take Hood's Pills, they put the liver to work; best for billousness When the Germans are so cruel in other things, is it not possible that they would take these goods and convert or C. I. Hood Co., Toronte, Ont. there were eight Owing to numerous



A SMART BUT SIMPLE DRESS. 1720-The "one-piece" dress has lost new collar. The sleeve may be in wee birdie? I like "Coal-Box's" letters, as my only brother is in training in also "Twenty-One's." Where is "Beauti- Winnipeg. I think "Twenty-One" is a the cool and comfortable elbow

> The pattern is good for serge, gabarpoplin. It is cut in six sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. writing, as I have written before. I am also a business girl, so I will change my inch material for a 36-inch size. The skirt measures about 3 1-3 yards at

A pattern of this illustration mailed Ans.—The writing seems familiar, but to any address on receipt of ten cents

ADVERTISER PATTERN DEPT. as per direction given below, to

Caution: Be careful to inclose the be. If a skirt, give waist and length measure. When misses' or child's patmeasure. When misses tern, write only the figure repres we'll hear from others, too, for it would be an overwhelming pity to cease sending the "comforts"—don't you think?

tern, write only the lighter representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application. date of application.

I have letter scales. I put my letter in Dear Miss Grey,-I saw where "A the envelope, then clippings, till the 1 ounce limit for stamp is reached. Try amount you can put in of good wholesome, cheery short articles, for the dear boys. My heart goes out to them all, and especially those who have neither mother, wife or sister to send them encouraging letters. Won't it be a glad day when "Johnny comes march ing home." Then we will sure have our picnic. Will you kindly address the inclosed letter to "Ice Cream"? With love to all from AUNT NANNIE.

Ans .- That was just dear of "Coaland I am sure he'll be amused and interested (as will all the Mail-Boxites) to hear of his letter's troumphant march -past the censors, too! Your idea, re clock for "Aunt Nannie's" quilt. Hope the clippings, may be welcomed by the same is all O. K. Also am sending others, wishing to brighten the lot of loved ones in the trenches.

I have quite a few blocks on hand for that "love quilt" of yours, and more coming in each day. The quilt will surely be an interesting one when completed.

Let Mother Write.

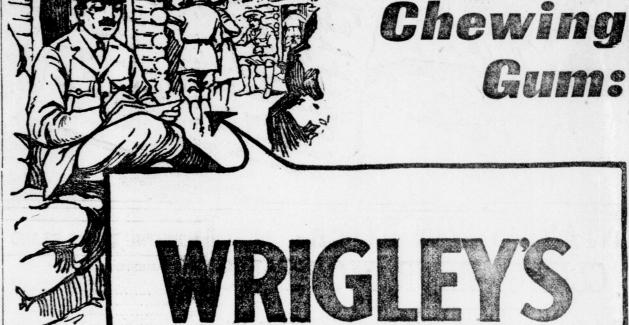
"Starlight."-Your first letter was not desirous of obtaining her address simply to have a bit of fun. Don't you N.") realize that I cannot send the names of young lady correspondents to youths of whom I know nothing? If your Dear Miss Grey and Good People All. | mother is interested in this correspondent, she may send me a letter for her, and I'll gladly pass it on.

Troubled With Ears.

Dear Miss Grey,-Could any of the eaders of this page give me full particulars of the cure of deafness by mentholatum, how to use it? Do you put it in the ear or rub on the back of the ears, or put it on batting and put it in the ears? I am very anxious to try it, for sometimes I have such ringing sounds in my head, and I notice I can't hear so well. If not too much trouble, I would like to see it in print, and oblige, Ans.-Glad to print your plea. Believe one of our readers wrote pre viously that her brother was cured send some more definite directions for Max?

Thinks It Helps. Dear Miss Grey,—I like your page very much. I see something every day that helps. I am trying to do my "bit" for the soldiers. Saw a short time ago where "Maple Leaf II." knew of a hard to remove from colored material. preparation to keep hair from turning grey, so would like very much to get it. Also I saw where "True Patriot" sent in her recipe for growing hair. Would like to get it. Would copy and soldier boys. ANXIOUS. Ans.-Send your address and stamp; think I can send you part, at least, of the information you seek.

Meaning of Nadches. Dear Miss Grey,-Some time ago I saw where "Mrs. Winnipeg Reader" wanted to know the meaning of the word 'Nadches." Here it is as taken from Everybody's Cyclopedia: Nadches, Nachi, sometimes called Nahy, or Nagnetez, a tribe of North American Indians who formerly lived on St. Catherine's Creek, near the present city of Natchez, Tenn. The name was also applied to the confederacy of towns, of which in 1699



is the kind the boys all like. It's sealed in a wax-wrapper. Air, moisture and dirt can't harm it.

The chap with some Wrigley's to pass around is 'cock of the walk.

It's so refreshing and thirstquenching. Send some of both flavors.

The boys like WRIGLEYS after smoking and WRIGLEYS after DOUBLEMINT



onflicts with the French, the confederacy was broken up in 1729, and the peoole scattered. A few still live among the Creeks and Cherokees in the Indian na-

Here is a recipe for fruit punch, with wine or brandy, for "Carrie Nation" Mix together 1/2 cup of grated pineapple, 1/2 cup of strawberries crushed, and 1 ablespoon wine or brandy. Boil together for a moment, 1/2 cup sugar and 1 cup water. Set aside until cold, then add to the mixed fruit a quart of iced claret. (Now, I have never used printed because I thought you were this recipe, but it is taken from a good cookbook, so thought it might help "C.

Now for a few questions: 1. How to keep stovepipes from becoming rusty when put away for the

summer months? 2. How to remove mildew from navy blue serge dress? 3. How to remove rust from a heav; tin bread box?

4. A nice way to use watercress? I see by tonight's paper where two readers have sent in poems of "Mary, Queen of Scots." May I have one copy, please; also I like your idea of quilt just as soon as I can. Nuff said, and thanking you in antici-

PATRIOTIC. Ans.-Your information about Nadches is very interesting, and I'm glad to pass it on to "Mrs. Winnipeg Reader." 1. Rub the pipes with a cloth saturated with boiled linseed oil, and they

pation, I am as before, sincerely,

should not rust. 2. To scrub the mildew spots with a brush dipped in soapy, warm water, might remove them; a little ammonia in the water might help; dry on the clothes line in the sun; press, using a damp cloth beneath the iron. Mildew is pretty 3. If very rusty, nothing can be done, fear; otherwise, try scouring the rust marks with any good soap or powder made for that purpose. 4. It may be used as a salad, served

sliced tomatoes, and hard-boiled egg, if liked. Afraid I don't know any other methods. 5. Am glad to let you have the other copy of "Mary, Queen of Scots." Shall mail it to you in a day or so.

plain with dressing; or combined with

"Dry Weather."-Sorry, but I cannot give your letter space: the advertising department would consider it straight Why not ascertain rates

"publicity." no doubt you would receive applica-"Echo."—Dear me; last week a lassie wrote saying she was "sort of" a relative; and now here's a friend! Yes,

good at guessing. Thanks for the songs and your quilt contribution "Ice Cream"-Please send me your

address, as I have a letter for you from 'Aunt Nannie.' "Faded Lily's" letter has been sent to 'Happy-Go-Lucky." LONDON ADVERTISER COOK-BOOK

Recipes Supplied By Cynthia Grey's Readers.

Bread Recipe-Pare and boil six (6) medium-sized potatoes, strain and mast fine, dissolve two (2) cakes of Fleisch mann's yeast in one quart of the potato water, mix into it the mashed potatoes, add two tablespoons sugar, 11/2 dessertspoon salt, two tablespoons but ter or lard, mix into this about 11/2 blocks, and shall send in at least two quarts flour; set to rise; when it is light, add sufficient flour to make a medium stiff dough; knead well, put into pans, set to rise; when well risen,

> bake in a moderately quick oven. There's no use trying to set sail on ne sea of matrimony until you raise the wind. One touch of scandal make the whole

The reason a married man wears such

world chin.

shabby clothes may be that his wife wears better ones. It is no sign a girl smokes because she is anxious to strike a match Opportunity knocks once, but impor tunity is always knocking. Whatever its defects, spooning a

"I wonder how Ananias and Sapphira got along as a married couple, They were both liars."

least teaches a fellow a lot about as-

"Probably they just accepted each other's little varns and let it go at that." -Exchange.

According to East Indian mythology, the earth is supported by eight white elephants. THE CARE AND FEEDING OF

CHILDREN-By Dr. Emmett Holt. For the use of mothers and children's nurses, Revised and enlarged edition. 75 CENTS POSTPAID. THE MALLAGH BOOKSHOP, LTD.

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Guaranteed Not To Shrink, Asparagus, bunch 15c, 2 for ..... 250

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Rideau Ha

Rideau Hall Chaffless Coffee Fragrant ordering a trial pound from your grocer?