

DAILY PAGE FOR ADVERTISER WOMAN READERS

Cynthia Grey's Mail-Box

Likes Hot Biscuits.
Dear Miss Grey—I take much pleasure in your page every day and indeed find many interesting and helpful hints in it, but there are a few things I have not seen yet which I would like to see some time soon:
1. A pattern for little boys' Oliver Twist suit.
2. A recipe for hot biscuits.
3. A recipe for patty cakes.
Yours truly,
MARION.

Ans.—1. I am sorry, but we have no pattern of this sort in the pattern department, or I should see that it was published at once.
2. An excellent buttermilk biscuit recipe, for hot biscuits, is: Sift 4 cups of flour, add ½ teaspoon salt and rub in 1 tablespoon lard and 1 of butter; dissolve 1 teaspoon soda in half a cup of buttermilk, or sour milk, stir in well, add enough of the milk to

make a soft dough, roll out, cut out, and bake quickly.
If you prefer baking powder biscuits use the same amount of shortening as above, rub into 2 cups of flour, add a level teaspoon of salt and 2 teaspoons baking powder, mix all well. Add a cup of sweet milk and enough more flour to make a soft dough. Roll out, cut in rounds and bake quickly.
3. Patty cakes—One egg well beaten, ½ cup granulated sugar, 1-3 cup shortening (half butter and half lard), 1 cup milk, 2 teaspoons baking powder, teaspoon lemon extract, grating of nutmeg; stir in flour enough to make a soft sponge, dip into small time, sprinkle a few currants on the top of each and bake quickly.

Did the Red Men Know?
Dear Miss Grey—I had a little girl cousin born on St. Patrick's Day, March 17. I would be very much pleased if you would mention a few nice names for her.
2. Could you tell me who invented making maple syrup?
3. I am 10 years old. What do you think of my writing?

HUMMING BIRD.
Ans.—1. A list of pretty girl names appeared in this column on Friday last; perhaps you noticed it. Patricia is a favorite name for girls born on March 17, as it is the feminine for Patrick. The Indians knew the secret of it, for certainly it was known to the earliest of Canadian settlers, who probably learned about the maple sweet from their red brothers.
2. Very good for your age.

Thanks the Readers.
Dear Miss Grey—I wrote to you before, and it brought such good results that I am tempted to write you again. Would you thank "Mrs. Homebird" for so kindly coming to the rescue about painting the carpet as I was able to

make a success of it through her instructions, and would also like to thank "Matron" for her washing fluid recipe which has saved me many a weary hour of labor, and the clothes wear better by not being rubbed to pieces and look nicer and brighter with less work.

I would like also to express my opinion as to "Star Trek Guides" and the "Wife of a Good Looking Man," as it is just those who form such high ideals and believe their men more than human that produce such disappointed wives like the latter. If we realize that our husbands are human like ourselves and are prepared to "bear and forbear," married life can be very happy, indeed, as I can prove, being 16 years married. I also disagree with her that a husband likes his mother best, although I can sympathize with "Much Trouble" for the mothers put on their best behavior when the son is at home and say the little stalling things when hubby is not there to take his wife's part.

Will inclose words of "My Dad's the Engineer."
Miss Grey, do you or any of the readers who so kindly come to our rescue know of a way to make homemade dustless mops?

WOULD-BE-HELPER.
Ans.—Some time ago a reader, whose name I have not kept, sent us the following practical suggestions for the dustless mop: One way is to get a mop handle from any hardware store; tear or cut into strips old flannel or cashmere stockings about an inch or an inch and a half width and about twenty inches long; fill mop head full of the strips, the fuller the better; take one cup of coal oil and about quarter cup of linseed oil (paint oil); dip the mop into the mixture; leave in for an hour or so; put a stone or flat iron on to press it in the mixture, then hang out in the open air for a day or so to evaporate the oil, and it is ready for use. The wash dish is a good thing to put the mixture in, as it does not injure it in the least. Have used one of these mops for over a year. It is excellent; one oiling will last for months, when it can be washed and oiled again.
Thanks for sending the song; our readers "Mrs. Homebird" and "Matron" hints helped.

Child's Hair Split.
Dear Miss Grey—Will you please tell me what to do with my little girl's hair, as it splits and will not grow and keeps to thin. I keep cutting the ends off and I have tried egg shampoo and also vasoline without success. Her age is five years.
JOSIE.
Ans.—This would indicate that the child is run down in health, I think, as that often affects the hair more than we realize.
I should suggest your taking her to a doctor. A good idea, too, is to cut the little one's hair very short, persist with the vasoline treatment, and each month clip a little bit off the ends of the hair.

Wednesday's Child.
Dear Miss Grey—As this is my first time in writing to you, will you please answer the following question for me:
1. What day of the week did March 13, 1895, come on, and what does the day mean?
2. Would you please give me a recipe for bean salad which is made from boiled mackerel? I have lost it somewhere and would like to have it again.
3. Please publish me a pattern of an infant's long dress, or tell me where I can locate one?
4. What do you think of my writing?
5. If any of the readers would like the song "My Johnnie Lies Over the Ocean," I would be glad to be a little help to the "Mail-Box." It's a soldier piece.
Yours truly,
BONNIE.

Ans.—1. Wednesday. The old rhyme has it, "Wednesday's child is loving and giving."
2. Use either fresh or canned green beans; simply drain as dry as possible, place in the salad bowl with some shredded lettuce, and pour over either a boiled dressing or mayonnaise.
3. Any of the local drygoods stores will be able to supply a pattern of this kind.
4. Not particularly good.
5. You do not mean "My Bonny Lies Over the Ocean," do you? If it is an old song send it along.

From "Bachelor Bob."
Dear Miss Grey—I like your page particularly for two reasons. One is for the comforting words the married women write for each other with regard to bringing up their "hubbies," as they call them; and the other is for the splendid advice you give those young girls of sixteen who are everlastingly (excuse the word) wanting to know if they are old enough to have a "fellow."
Now in the name of a respectable



NEW SLEEVELESS JACKET.
Velvet forms a new variation of the basque and moynage styles so much worn during the past season. Being plain in itself, it is worn over a plain one-piece frock of serge. The new skirts are pleated, gathered or circular and measure yards about the hem. The voluminous circular skirt has met with instantaneous success.

young bachelor, may I intrude on your page once. Have a fairly good education, but haven't acquired so much knowledge as yet but what I can come to Cynthia Grey for help. I am the editor of those American papers and magazines that are condemning "Billy" Sunday so outrageously justified whatever in their criticism in Philadelphia and other places?

2. My cousin informs me that within the past few months she has posted three letters (all properly addressed and stamped) and none have reached their destination. She wishes me to investigate matters. Can you advise me how to go about it?
3. From what are toasted corn flakes made, and how are they made?
4. Do you think keeping back tends to make one "crustier" or in anyway discourteous in his manner? If so, what would you advise to counteract it?
5. What do you think of "S—" as a spring tonic?
6. Could you give me the name of some real good book suitable to send my mother for a birthday gift. She is a great reader and particularly fond of biography.

7. What causes those small growths—called "sists." I believe—that come on the scalp? I have one about the size of a small marble. Should I have it removed, or not, and if so, how?
Yours graciously and gratefully,
"BACHELOR BOB."

Ans.—I am afraid you have missed the Barney Stone, "Bachelor Bob," for really I feel more flattered than I can say to have an independent male creature like yourself seeking counsel from poor me. I only hope these answers come in time to be of use in selecting the birthday gift.
In regard to your first query, I have not read the criticisms you speak of, but should certainly say I do not think such condemnation deserved. I believe that Mr. Sunday, in his unique way, does a great deal of good and reaches many people who never enter a church.
2. Better visit the postoffice and consult the assistant postmaster.
3. Well, dear, I suppose "Bob." As to how, if I knew, could set up a rival establishment and make my fortune.
4. I think for either men or women, the independent life tends to make them selfish. By "independent" I mean a life lived in the place of business and a boarding house, with no one to depend on. When a businessman or woman boards at home, there are other interests to occupy the mind. Of course it depends very much upon the character and disposition of the man or woman, whether "crustiness" results. If the subject causes you much anxiety, why not try the counteracting effects of married life?
5. Know nothing about it. Sorry.
6. Graham Balfour's "Life of Robert Louis Stevenson," Porter's "Life of Charles Dickens," "The Story of My Life" by Helen Keller, are all very interesting volumes that would be suitable.
7. I think...
I do not know what causes them; better have it removed by a surgeon. The operation will not be particularly painful.

Encourage Them More.
Dear Miss Grey—I am sending you an old recitation I have known for years; maybe some one would like to read it. I often feel like writing when I read so many letters from unhappy wives; we could all be the same, but when we get married we must expect

How to Care for Your Complexion

There is no truer saying than that "beauty is only skin deep." Good features lose their charm under a sallow or blotchy skin and poor features are glorified by a beautiful complexion. A very useful little booklet entitled "Your Complexion" has just been issued by Nyl's and contains many helpful hints and beauty hints, including proper methods of massage. It can be had for the asking at the Nyl's Agency Drug Store and you should call or telephone for it. Among other things it points out that diet, sleep, ventilation, and a thousand other things we cannot measure are continually working against our complexions. Get a 25c or 50c jar of Nyl's Face Cream and convince yourself of its cleansing and refreshing and beautifying qualities. It is greaseless, oxygenated and quickly absorbed by the skin, leaves no shine, and gives a pleasant, smooth, cool sensation, quickly removing the irritation produced by wind and weather.
Call or telephone the nearest Nyl's Agency Drug Store for your copy of this useful book. You'll know the Nyl's Agency Store by a special window sign. Nyl's Preparations mean quality.

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COATS, \$7.00 to \$22.50.

Our stock of Ladies' Coats is well worthy of your inspection. A great variety of shades and styles at \$7.00, \$7.50, \$8.00, \$8.50, \$10.00 and \$22.50 each.

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Your Spring Hat should be chosen this week.

Pay our Millinery Department an early visit.

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On second floor all Dress Materials, Wool or Silk, Cotton or Linen, are stocked together with all Trimmings, Laces, Buttons, Linings, etc., for the greater convenience of the home or professional dressmaker.

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Old Songs and Poems

MY DAD'S THE ENGINEER.
[Sent By "Would-Be-Helper."]
We were none of us thinking of danger
As the train sped on in the night
Till the flames of a burning forest
Made the passengers wild with fright;
When a tiny maid near a window
With a smile said, "There's nothing to fear."
I'm sure that no harm can befall you,
My dad's the engineer!"

Chorus:
Daddy's on the engine, don't be afraid,
Daddy knows what he is doing," said
The little maid;
"We'll soon be out of danger don't you ever fear,
Everyone is safe, because my dad's the engineer!"

With the sparks falling closely about us,
Through the flames we sped on so fast,
And the brave, little maid's father brought us
Through the danger all safe at last;
And the proud, sweet face of his lassie
And the words of the calm, little dear
Will live in my memory forever,
"My dad's the engineer!"

Chorus:
Daddy's on the engine, etc.

LONDON ADVERTISER COOK-BOOK

Recipes Supplied By Cynthia Grey's Readers.

FOR TOUGH STEAK.
Shoulder steak cut thin, have quite a lot of grease in pan, roll steak in plenty of flour, cook middling slow. We have found it to be quite tender.

KING'S FRUIT CAKE.
[R. M. H.]
Two eggs, 1 cup brown sugar, ½ cup shortening, or butter, ½ cup buttermilk, 1 cup of fruit (raspberries, strawberries or cherries), 2 cups flour and ½ teaspoon baking soda.

LIGHT CAKE.
[Single.]
One cup of sugar (white), 1 tablespoon lard, 1 egg, 1 cup of milk, a little vanilla, 2 teaspoons baking powder, enough flour to thicken.

OATMEAL WAFERS.
[Exeter Reader.]
Here is an oatmeal wafer recipe: Two cups of rolled oatmeal, 2 eggs, 2 cups of granulated sugar, butter the size of an egg, 2 teaspoons of baking powder, 2 teaspoons of vanilla, a little salt, drop on buttered tins; lift out while warm. They are lovely.

DELICIOUS DESSERT MADE OF ORANGES.
Mix 4 tablespoons of cornstarch and 1 cup of sugar; add salt spoon of salt and 4 cups of cold milk. Stir until there are no lumps and turn into double boiler. Put cold water in bottom pan and set all over slow fire; heat very slowly. Stir constantly and cook 15 minutes, after the mixture looks clear.
Peel and slice in the thinnest possible slices.
Only One "BROMO QUININE."
Whenever you feel a cold coming on, think of the full name, LAXATIVE BROMO QUININE. Look for signature of E. W. Grove on box. 28c.

"LUCKY PENNY" FOR RED CROSS NURSE

Local Council of Women Give Token to Miss McIntosh.

Prior to her departure for Toronto, and from thence to England, Miss McIntosh, the London Red Cross nurse, who leaves the city shortly, was presented yesterday with a \$10 gold piece from the Local Council of Women and also a gift from Mrs. H. A. Boomer, the president. An appreciative letter accompanied the remembrance, as follows:
"Dear Miss McIntosh—Will you accept from us the enclosed gold piece and a personal offering for incidental uses from the sisters of the Local Council of Women. May it prove a little 'lucky penny' for you, for it conveys a great deal more than its mere monetary value. It stands for very

Advertiser Patterns

1248—A Most Attractive Pleasing Model. Ladies' Lounging Robe—Kimono. Light blue crepe, with figures in soft tones of cream and darker blue, was used for this model. The cuffs and collar were faced with blue satin. This style is lovely in dainty flowered lawns and dainty dimities, and nice for cretonnes, China and Japanese silks, also for cashmere challe and satinettes. For a warm robe in this style, blanketting, flannel or flannellette could be used. The pattern is cut with a deep shaped yoke, and the deep neck opening is finished with a rolling collar. Ecoming cuffs form the sleeves. The pattern is cut in three sizes: Small, medium and large. The medium size will require seven yards of 36 inch material.
A pattern of this illustration mailed to any address on receipt of 10c in silver or stamps.

ADVERTISER PATTERN DEPT.
Please send above-mentioned pattern, as per directions given below, to:
Name.....
Town.....
Province.....
Age (if child's or misses' patterns).....
Measurement—Bust..... Waist.....

CAUTION—Be careful to inclose the above illustration and send size of pattern wanted. When the pattern is sent measure you need only mark 22, 24, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When nurse's or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "yards." Patterns cannot reach you in less than one week from date of publication.

Arthur's

Arthur's special hair rest, made with white elastic, extra large size, fine mesh. We fill phone orders for these promptly—5c each, or 6 for 25c.

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How to Care for Your Complexion

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Call or telephone the nearest Nyl's Agency Drug Store for your copy of this useful book. You'll know the Nyl's Agency Store by a special window sign. Nyl's Preparations mean quality.

Cowan's PERFECTION Cocoa

A Delightful Drink

Nourishing Food

Vinol

CREATES STRENGTH

FOR WOMEN WHO WORK

Virginia Girl Gained Fifteen Pounds

Norfolk, Va.—"My health was very poor. I suffered from nervousness, had no appetite, and was so thin I thought I was going into decline, and nothing I took seemed to help me until one day a friend came into my office and told me if I would take Vinol it would do me lots of good. I have now taken six bottles and have gained fifteen pounds; have a good appetite and can eat anything. It is wonderful what Vinol has done for me in building up my health. My own friends hardly know me, and when any one comes into my office the first thing I begin to talk about is Vinol."
—MATTIE DENNING, Norfolk, Va.

It is the medicinal elements of the cod's liver, aided by the blood making and strengthening properties of tonic iron which makes Vinol far superior to all other tonics. No oil.

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Allow half an orange for each person; slice thin; arrange around edge of plate; fill centre with Corn Flakes and serve with powdered sugar.

10c. per pkg.

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