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During the past sixty years, millions of women have found them most helpful in toning and strengthening the system, and for regulating the stomach, liver and bowels. These famous pills are entirely vegetable and contain no harmful or habit-forming drugs. Use them with entire confidence for they cause no unpleasant after-effects, and

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### A Former Clever Truro Lady Writes Most Interestingly of Fairyland in Sunny California.

Santa Paula, Calif.

May 6, 1918.

Editor News.

I am leaving California this week for New York, where I expect to spend part of the summer before going to Ottawa.

Part of my time I have spent with my sister; her husband, Mr. Otis Smith owns several large ranches. The ranch they are living on now consists of twenty acres of lemon and walnut trees.

My mother wrote an article for your paper some time ago and gave a good description of it. Santa Paula has about four thousand inhabitants, climate good—many beautiful ranches, near the town the "Limerina" containing 3,600 acres, nearly all in lemons—some walnuts.

I have visited all the ranches near here, and motored all over Ventura Co.; the city of Ventura only sixteen miles from here close to the ocean—a beautiful place also Santa Barbara is noted a winter resort, for wealthy people.

A party consisting of twenty five motored to Santa Barbara. We stopped at a beach, half way there, and cooked dinner on the beach. The sand is so white and clean. The men piled up rocks to form a place to build a fire and with a wire grating on top we cooked beef steak, and made coffee; a table made of planks. We sat just near enough the breakers to escape the spray. After a hearty repast we went on to Santa Barbara and visited the places of interest. Many bathers on the beaches; and lots of them did not venture in the water for fear of spoiling their bathing suits, they "Hooverize" well, with bathing suits.

I have been to many canons for picnics. "Sulphur Springs" and all the outing places worth while which are many.

I like Los Angeles better than any city I have visited in California. The climate is perfect there.

I went over to Pasadena New Years Day to see the "Pageant of Roses"—they have a Rose Tournament there every January—the roses are at their best then; to me, they always look their best, the year around.

Last year it rained all the month of January, but this year rain did not come until February. did not rain every day—during March we had two weeks of rain—I enjoyed it as we have had no rain from April till December—and then only a little shower. The irrigation system is wonderful and farmers do not want rain after the beans are planted in May, if the rain comes the beans would rot in the ground; the mountains looked dried up during the summer—but the valleys are fertile. I never knew until I came out here how they irrigated the fields and gardens.

I just returned from a ten weeks visit in Los Angeles. I met many Nova Scotia friends and quite a number from Truro.

I attended two Bridge Parties in Athambia, given by Nova Scotia ladies. Mrs. Fred Lawrence, Mrs. Mein and Miss Lawson were there, and I met several times at Red Cross affairs given in the city at Clubs.

Mrs. Lawrence is returning to Truro this month—I feel sure she will return before Jack Frost comes to Truro. Mrs. Muir and Mrs. Miss Lawson have taken an apartment at Santa Monica Beach for the summer.

I had my auto trips through California during the winter,—the only way to see the beauties of California. Winter motoring is a delight and all roads lead to Los Angeles, so they tell me. Los Angeles Co. has 600 miles of paved highway, within the city limits of L. A. is a beautiful winding mountain road, from one point of which can be seen hundred of miles of orchards, and green fields inland—and in the other direction the Pacific Ocean, Cataline Island and Santa Monica Bay. As I motored through

all those delightful places I said "Can this be winter?" the calendar says December or March", so I must believe it, and then letters from the East telling me of the "Blizzards and the cold. I wonder if I have courage to face an Eastern winter again—Of course I have as I love Canada, the best country in the world.

I only wish that a little of the California winter climate would creep into Canada, of course Winter has its charms. We used to think there was nothing like a sleigh ride—there is no charm in it compared to a motor ride just after a rain, when the air is washed free from dust—the graceful red-berried pepper trees, picturesque and pungent eucalypti, with feathery bloom, such a variety of trees and vines, I have yet to learn their names. February brings the Poppies and many wild flowers, with their bright yellows, rose and lavenders. Flower stands at every corner at all times. The very large bunches of violets for 25c. I always have a bunch in my room. As a background for the violet and rose gardens and orange groves, rise the Mountain ranges, with snowy summits at times, glistening against the azure sky.

The roses are again in bloom. Southern California roses are of rare loveliness. One may motor for a thousand miles in Los Angeles Co. alone and behold magnificent roses all the way. Forty thousand plants cover neat iron trellises along five hundred miles of highway. They were placed there under the direction of the 1915 Los Angeles city and County Committee as a part of the world's fair beautification programme.

The millions of roses of such gorgeous perfection are blooming with comparatively little care or work. Seems almost incredible, but they are here a joy and delight to all who see them.

Pamona, Covina, Whittin are widely famed for the beauty of their roses. Roses are for everybody here. I motored thru San Fernando Valley. Its highways are bordered with many thousands of bloom laden bushes.

Even here in Santa Paula, the rose trees are wonderful. I call them "trees"—as many of them are from 15 to twenty feet high.

I am a great lover of "Flowers" and could write at great length of the California flowers, but no doubt I have already taken up too much space if you think it worth while to publish this in your "Home Paper". I was entertained at a millionaires summer home in Laurel Canan, Holly wood, it is a lovely wonderful place, like fairyland. I have never heard or read of a place like it. I could not describe it and do justice to it, on a dozen pages—so I leave it. I am still wondering if I dreamed it.

I visited a number of the beaches, "Venice" the most popular. Thousands go there every day and on Sunday the crowds are immense—one would think there was no one left in Los Angeles, and yet all the picture houses are filled and all the churches, never empty pews.

I visited "Universal" City spent a half day there and saw behind the scenes of Film-land.—Visited the ostrich farm, alligator farm and the wonderful "Busche" gardens in Pasadena. Was visiting a lady quite near the gardens, also near the wonderful "Arroyo Seco" Bridge. The people I have met are very hospitable and have been most kind to me and have taken me for long motor trips.

The eighteen months I have been here have passed quickly and now I am about leaving for the East. I go by way of San Francisco, and remain over in Seattle for a few days, with a friend who accompanies me by boat to Vancouver, where I visit my sister, Mrs. Shaw, who at me time lived in Truro. She will accompany me—We stop at Banff a day—She leaves me at Montreal for Boston and I go to New York.

We had a tremor of Earthquake two weeks ago—no damage was done in Santa Paula—the heaviest tremor they have had here. The towns of Hemet and Jacinto were destroyed, and part of the State Highway was

twisted out of shape. I have motored over that way several times. The mountains are full of crevices and steam coming out yet.

I could write many interesting things that have come under my notice, but will stop now.

Hoping you will have an early spring and that the war will end very soon.

S. ne. rely Yours,  
I. D. B.

### TOWN COUNCIL

The Town Council with all the Council present and the Mayor in the chair, sat last night till eleven o'clock in regular session.

Program was reported in the matter of a proposal for numbering the Streets of the town, the request of an Inspector to examine properties in the interests of fire protection.

Atkinson was appointed caretaker and Johnson Assistant, of the Fire Hall property. They each are to receive rent, heat, light and water all free and \$60.00 per month.

There was a fire at the Princess a few evenings ago, and it was reported to the Council that the Electric wiring in the Building is badly installed. The Property committee was instructed to have the matter looked into and if remedied.

Our instructions the Police have lately been stringently enforcing a Town By-law not allowing vehicles to stand on the Street for more than a half-hour. The Police Committee were given the matter and the understanding was that they would have the By-law enforced in Case of Congestion and that the Police be instructed to use their Judgment—keeping traffic free.

The property Councillor was instructed to report at next meeting on the advisability and cost of turning the T.A.A.C. Club house temporarily into flats to rent.

The Electric Light Commissions proposal to establish an up-to-date economical A. C. Plant at the Pumping Building on Salmon River and their request that the Town borrow and had over to them for the purpose the balance of the \$100,000.00 voted by the rate payers, took up a long time. The Commission also asked for permission to use the Pumping Station and for permission to sell the left over old plant when the new is established.

The Council decided to borrow the money, and to allow use of the Pumping Station on the Commission entering into a certain agreement over the matter with the Council. The Power to sell the old plant cannot be delegated by the Council; but the Council decided to give consideration to any offers for Purchase that the Commission may place before it.

### THE SERVICE CLUB THEATRICALS.

At the Strand, last night, the girls of the Service Club began the first of a series of theatricals for the purpose of raising funds to send boxes to the Truro boys at the front. At eight o'clock sharp the curtain rose on a scene representing a lawyer's office in which in succession appeared Miss Beatrice Stevens as Bounder, Miss Minnie Archibald as Turby, Miss Flora McDonald, as Mrs. Turby, Miss Ruby Hartly, as Flickater, Miss Clara McKinnon as Clara Turby, Miss Mary Ellis as Mary, and the Misses Lorena Spiecer, Blanche Douglas and Kathleen Farrell as the geese women in the their curtain raiser, "The Goose with the Golden Egg."

The girls played the male parts and their make-ups completely disguised them, so much so, that to a great many they were not recognized until the close of the play. The affair went with a dash and great credit is due the young people for their handling of so unusual a farce, particularly in playing the male role.

After the play magnificent feature picture was presented entitled "When a Man Sees Red." A good house greeted the players in a good cause—a cause that is for the Truro boys themselves.

### Stellarton Gets Proposal.

MR. W. P. McNEIL WILL PUT UP NEW SHELL FACTORY IF TOWN WILL AGREE TO CERTAIN CONDITIONS.

The good old town of Stellarton bids fair to have an important industry, or rather have one already there enlarged to great proportions. For some time that enterprising citizen, Mr. W. P. McNeil, has been carrying on shell work in the old rink building here which he has under lease from Mr. John Power. The orders now are that all shell works must go down on Scranpell. This means that Mr. McNeil, with other operators will have to put in new

plants. He proposes also putting up a new building either wood or concrete. To this end he has approached the Stellarton town council to lease town land on which to erect the building. We understand Mr. McNeil will agree that if at the end of the war the town wishes to do so it may take the building off Mr. McNeil's hands at fifty per cent. of the original cost.

If Mr. McNeil, enters the new venture he will employ a great many more hands than he does now; some say fifty per cent. more. There is the story as it came to us from an official source.

### IN TIME OF WAR.

O God of Hosts maintain the right, And nerve our brethren's hands to fight.

For honor and for liberty— Lead them on to victory; God of our fathers, hear us plead For England's sons in this their need.

Endurance give, and courage high Nobly to live, or nobly die; And grant to those whose race is run To bear thy gracious word "Well done O Lord of Life, to Thee we plead For England's sons in this their need.

What though in alien graves they rest Keep Thou their memory ever blest; And let a nation's proud acclaim Shed endless honor to their name, O God of battles hear us plead For England's sons in this their need.

The wounded heal, assuage their pain, And grant them health and strength again.

Our brethren in captivity, Keep safe, O Lord, and set them free O, hear us when we humbly plead For England's sons, in this their need.

With heavenly comfort deign to bless, The widow'd and the fatherless; On darkened homes and hearts we pray,

Light of the world, shine forth today O pitying Saviour, hear us plead For those who mourn in this their need.

On Thy defense our hope is set Thou ne'er hast failed Thy servant yet Hast Thou the time, when peace restored

And wrong set right, we praise Thee, Lord, With grateful hearts that Thou didst heed.

Quarry for help in this our need.

Mrs. Albert A. Smith, and I the daughter have returned from a visit with Mrs. Smith's parents in Bermuda.



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# Advertise In the News

## CANADIAN WATER POWERS

By H. P. TIMMERMAN, Industrial Commissioner, Canadian Pacific Railway.

The following estimate is given by the Dominion Water Power Branch of the water power available in each province, showing to what extent this already has been developed.



The pitch at Grand Falls, N.B.

Provinces	Power Available	Electrical Energy	Paper and Pulp	Other Industries	Total
Ontario	5,800,000	622,083	83,275	74,008	789,465
Quebec	6,000,000	370,000	100,000	50,000	520,000
Nova Scotia	100,000	3,062	12,650	5,700	21,413
New Brunswick	300,000	5,890	3,050	4,450	13,390
Manitoba	3,000	50		500	550
Saskatchewan	3,500,000	76,200		50	76,250
Alberta		32,860		100	32,860
British Columbia	3,000,000	216,345	49,000	4,275	269,620
Yukon	100,000	12,000			12,000
Total	18,803,000	1,348,490	248,075	139,033	1,735,598

It will be seen from the above that if some eighteen million horse-power available, and which further exploration will enlarge, less than ten per cent has so far been developed. Nevertheless, with but few exceptions all our principal cities, and by far the greater number of our towns and villages are supplied with hydro-electric energy, and the surplus production permits of the exportation of considerable power from New Brunswick to the State of Maine, from Quebec to New York, from Ontario to New York and Minnesota, and from British Columbia to Washington.

The bearing which this exportation of power has upon the imports of coal, especially into the provinces of Ontario and Quebec, the source of two-thirds of the available current, may be surmised. Since the war resulted in a scarcity of vessels for transportation of Nova Scotia coal up the St. Lawrence River to the industries of Montreal, there have been converted to the use of electrical energy in that vicinity no less than one hundred and fifty private steam plants, with a demand load of about as many thousand horse-power; while many others are considering a like transformation.

Having mentioned Montreal, it may further be said that with a population approximating three-quarters of a million, that city and vicinity according to one of the principal power companies, was supplied by its own last year with slightly under a billion kw-hrs., the equivalent of an amount available to the city of New

York, with a population of five million, and to have got all lit up on one-fifth or less, providing also for electric purposes, indicates that the great city must have gone somewhat shy on power, excepting such as may have been produced from coals that would otherwise have been available for heating.

A similar comparison doubtless might be made between Toronto and Chicago, or any other Canadian and American city of relative position, and comparison sure to become more striking as time passes and the upward tendency in the cost of coal is contrasted with the lowering cost of hydro-power.

The relative cost of steam and hydro-power being subject in the case of coal to labor, transportation and other variable expense is at present rather difficult to estimate, but admittedly the advantage in economy is with the latter source of energy, while in many cases for the mere ease of distribution and control, the electric current is secondarily made use of, being first generated by steam produced from coal. Hydro-power being the one necessary commodity which paradoxically decreases in cost in inverse ratio to the demand for it, this clearly is to be the manufacturing force of the future, and as coal is not at all likely ever to revert to pre-war prices, many industries supply- ing the world's markets will take advantage of this fact by locating in Canada where also raw materials are plentiful, and whence the same are