# it Takes Another familiar head-

wspaper. worry about the something you don't The most expensive ods are generally the least utritious. In Summer alth and strength come m a meatless diet. Two Shredded Wheat Biscuits, neated in the oven, covered with berries or other fruits and served with milk or cream, make a complete, satisfying, nourishing meal at a cost of five or six cents. All the meat of the whole wheat.

Made in Canada

# **ITALIANS GAIN** MORE SUCCESSES LOST STRIPES,

## Three Lofty Heights Taken by **Cadorna's** Troops

A despatch from London says :-Further r successes are claimed by The lofty heights of Monte Rome. Giamondo, north of Fusin, and Monte Caviojo, have been seized by General Cadorna's troops. Lying between the Posina and Astico, these positions give the Italians command of a wide stretch of territory. A further gain in their sweep across the Asiago Plateau also is claimed by the Italians. y have occupied the southern side of the Assa Valley and now are storming the slopes of Monte Rasca, Monte Interrotto, and Monte Mosciagh. In addition they have reached the Gal-tamara Valley, having carried the stepsive position of Monte Colombia

### ROUMANIAN FOOD RIOTS

Four Killes in Fight With Police at Galatz.

patch from Amsterdam says man newspar

against the high out. The despatches add ti... the work of Galatz declared a gene strike Sunday, owing to the authorities having prohibited meetings a onstrations in protest against high cost of living.

#### SPLENDID BRITISH GIFT TO CANADIAN SOLDIERS

A despatch from London says :manding the Canadian forces on Sat-urday. The colors and shield are the gift of women and children in United Kingdom and will remain at Shorncliffe until the close of the war.

<image><section-header><section-header><section-header><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text> and a second second with a second second

MAGNIFIC ANT COUNTRY RESIDENCE OF CANADA'S NEW GOVERNOR-GENERAL

GOV.-GENERAL

CANADA'S NEW

# German Socialist Dismissed From Army and Given Thirty Months.

NOT' HIS LIFE

A despatch from Berlin says :---Dr. Karl Liebknecht, the Socialist leader was sentenced on Wednesday t. thurty months penal servitude and dismissal from the army for attempted high treason, gross insubordination and resistance to the authorities. The court adopted the view that Dr. Liebknecht was guided by fanaticism and not by unpatriotic feeling, and therefore im posed the lowest penalty on him. Dr. Liebknecht is entitled to appeal from the sentence.

2,500, 19 WOMENIN INDUSTRY.

Brtish Female Lab Increase re Difficulty.



CHATSWORTH HALL, DERBYSHIRE OWNED BY DUKE OF DEVONSHIRE CANADIAN ORDER OF FORESTERS

6 Juz. 1916.

# 37th Annual Meeting of the High Court-Over Five Hundred

Conntry Produce. Butter—Fresh dairy, choice, 25 to 27c; inferior, 28 to 29c; Eggs—Steady to firm; new-laid, 28 to 29c; do., in cartons, 30 to 32c. Beans—\$4.25 to \$4.50, the latter for hand-picked. Dressed poultry—Chickens, 25 to 27c; fowl, 23 to 24c; creamery prints, 29 Eggs—Steady to firm; new-laid, 28 to hand-picked. Dressed poultry—Chickens, 25 to 27c; Fotatos—Gondard guide in car lots at \$1.85, and New Brunswicks at \$2.15, per bag; Westerns, \$1.95. Cent. of the total Death Claims on the Order. In respect to the matter of invest-ments, it is interesting to know that the Order confines the investment of its fund to Government Bonds and Municipal and School Debentures in the Dominion of Canada. During the last two years, with an exceptional market in such direction from the in-vestors' point of view, the Executive Committee has been able to take very extensive advantage of the situation. The Order purchased \$300,000.00 of

extensive advantage of the situation. The Order purchased \$300,000.00 of the War Bonds issued by the Do-minion Government in the Fall of 1915. The Sick and Funeral Benefit Fund

The Sick and Funeral Benefit Fund shows a larger net increase than that experienced in any previous year in the Order's history, the increase for the year being \$55,398.81. Interest earned on investments of Sick and Funeral Benefit Funds (these invest-ments being of a similar nature to those made of the Insurance funds) amounted to \$22,746.91, and after the payment of 7,472 Sick and Funerai Benefit Claims amounting to \$191,-924.95, the amount standing at the credit of this fund was \$458,683.58;

of Subordinate Courts only in such places as offer a reasonable prospect of permanency. The treatment that this Order has ac-corded to those of its members who have enlisted for overseas service, has been most liberal. The insurance of all mem-bers who were in the Order prior to the list of August, 1914, and who have fir force without any increase in rates. It addition to this, for the first 18 months of the war, all insurance and sick and funeral benefit assessments of such members were paid out of the General February, 1916, this policy was slightly changed, and at the present time, where a member enlists for overseas service he pays his insurance assessments, at the ordinary rates, so long as he re-mains in Canada. Immediately he leaves Canada for overseas, he is relieved of all hisurance premiums or assessments, providing he was in the Order prior to the declaration of war. At the present time there are about 2,000 members of the benefit of those who are serving the surance of \$2,000,000.00. which is beling carried by the members in-Canada, for the benefit of those who are serving the service of more than 100 members. This means more tha

# world st time in his The nation is ing largely in

many influx of women into the los of world, that is to say, into that portion of it which up to the present time has been the special pre-serve of the male. Curiously enough there is a very serious shortage of A despatch from London says: Princess Louise, Duchess of Argyll, presented a silk Union Jack and a sil-ver shield to the General Officer Comsponsible for this desertion of the the less well paid jobs. Domestic ser-the vants, laundresses and waitresses are at a premium.

Shorneliffe until the close of the war. when they will be taken to Canada. A souvenir, in commemoration of Lord They are making something that es-plodes," remarked an employer, where "They don't seem satisfied unless ound it difficult to get women work

This fresh industrial revolution has

prought with it new problems and the

Women's Labor League is doing good

service in imitating systematic

DUKE OF DEVONSHIRE.

Montreal Markets. Montreal, July 4.—Corn—American No. 2 yellow, 83 to 84c. Oats—Can-adian westen, No. 2, 544c. Oats—Can-636c; extra NO. 1, feed, 53c; No. 3, 536c; extra NO. 1, feed, 53c; No. 2 local white, 524c; No. 3, do., 514c; No. 4 do. 504c. Flour—Man. Spring wheat patents, erst, \$5,900; winter patents, choice, \$6. to \$6,25; straight rollers, \$5.10 to \$5.60; do., bas; straight rollers, \$5.10 to \$5.60; do., bas; \$2.40 to \$2.65. Rolled oats, \$2,25 to \$22.4 Middlings, \$25 to \$27. Mouting, \$27 to \$24 Middlings, \$25 to \$27. Mouting, \$27 to \$24 Middlings, \$25 to \$27. Mouting, \$27 to \$24 Middlings, \$25 to \$27. Mouting, \$27 to \$26. Butter, choicest erss, 164 to 165c. Butter, choicest erss, 164 to 165c. Butter, choicest stock, 25c. No. 1 stock, 25c; No. 2 stock, 25c. Potatoes per bag, car lots, \$ \$1.55. Montreal Markets. selected, \*33c stock, 26c. \$1.95,

 Wheat -No, 1 Northern, \$1.004; No. 2

 Northern, \$1.00; No. 3 Northern, \$1.062; No. 4, \$1.000; No. 3 Northern, \$1.054;

 MILITARY SURVIVALS.

 MILITARY SURVIVALS.

 Millitary Survivals of feed, \$560; Oats-No. 2

 No. 3, \$1.00; No. 3 Northern, \$1.052; No. 3

 No. 4, \$1.00; No. 5, \$944c; No. 6, \$960; No. 4, \$660; Circle Attack of the catapault of the Romans that once threw stones now casts explosive grenades from \$006c; Fed, \$694c; No. 4, \$64c; rejected, \$1.572; No. 2 Cov., \$1.542.

abled soldier

### QUEEN VICTORIA OF SWEDEN HAD A NARROW ESCAPE

despatch from Berlin says :--buke Friedrich II. of Baden, the Castle in Karlsruhe during was at the Castle in Karlsruhe during the recent French air raid on that German city, when 110 persons were

killed by bombs, says an Overseas News Agency despatch from Karlsruhe. She escaped harm, however, as on the ocr sion of the previous raid, when she also was in the city.

# IRISH OUTLOOK

OOK IS MORE HOPEFUL ed wholesale, neither can she be ex-ploited for the benefit of unscrupulous

despatch from London says :- be equitably adjusted there will be "The Irish outlook generally is more trouble.

hopeful. The Daily Mail predicts an amicable settlement. The Daily League has started a series of con-Meantime the Women's Labor amicable settlement. The Daily Chronicle, on the other hand, says that Lord Lansdowne, Minister without portfolio, and Walter Long, president of the local Government Board, have respired. Some other napers say that ned. Some other papers say that he has resigned from the Cabinet t Lord Selborne.

ers.



One General and Several Officers, It Says, Preferred Death to Surrender.

despatch from, London says ;- fused to give in were killed. 



# DUCHESS OF DEVONSHIRE

# quiry and discussion upon them. One TURKS DRIVEN BACK

IN BAGDAD DIRECTION

army must be regarded as lost to in-dustry, since they would be either in-capacitated or would refuse to go back Lake Urumiah we pushed back the of \$18 o their old occupations. Nevertheless the labor world will the Turco-Persian frontier. In the be confronted with the necessity of direction of Bagdad we have defeated adjusting its whole basis and policy the Turks, driving them toward the fortified region of Kalavstrahine."

### KITCHEN REFUSE

Live Stock Markets. FOR GERMAN COWS A despatch from Amsterdam says : German newspapers received here contain an order of the Federal Coun-cil compelling towns and communities exceeding 40,000 inhabitants to collect kitchen refuse from all households. The refuse is to be sent to a Govern-ment factory, there to be converted into condensed food for milch cows. Better. Let it be said, once for all, that it is better for both body and soul to be obliged to go hungry sometimes than to be full always; it is wholesomer to be weary frequently from hard work than to keep on a dear level of com-fort, or to know weariness only from the spinning dance and the daily pleasure; it is cleaner to be dusty and bathed in the blood and sweat of battle than to be so sheltered as of battle than to be so sheltered as

not to know the meaning of hand-to- PRUSSIAN LOSSES

# United States Markets.

United States Markets. Minneapolis, July 4.—Wheat—July, \$1.063: September, \$1.074; No. 1 hard, \$1.134: No. 1 Northern, \$1.074 to \$1.098; No. 2 Northern, \$1.052 to \$1.074. Corn —No. 3 yellow. 76 to 77c. Oats—No. 3 white, 374 to \$74c; Flour unchanged; shipments, 56,608 bbls. Bran, \$17.00 to \$18.00.

8.00. Duluth. July 4.—Wheat—On track. o. 1 hard. \$1.101; No. 1 Northern. .094; No. 2 Northern, \$1.013 to \$1.063; o. 1 Northern, to arrive, \$1.093; No. 3 orthern, on track, 963c to \$1.023; Lin-ed—On track, \$1.782; to arrive, \$1.783; aly, \$1.783 asked; September, \$1.834; deed: October, \$1.804 bid; November, .804 bid. \$1.801 bid.

### Live Stock Markets.

In the close-range wallale of the projector goes back to the tays the trenches the opposing soldiers are armies deluged each other with boil-making use of means of offence and ing oil and burning pitch, and the use making use of means of onchet and ing on and burning pitch, and the set means of defence that long antedate of poisonous gases was anticipated the invention of fire-arms; some of by the Chinese, who for centuries the invention of fire-arms; some of them, indeed, are older than history. The steel helmet has reappeared after more than two hundred years of dis-use, any many a soldier owes his life to the fact that the curved surface of his head covering deflected a bul-let. The trench periscope is an adapt-ation of a device that was invented let. The trench periscope is an adapt-ation of a device that was invented nearly three centuries ago. The barb-cord points out, the war has utilized ed-wire entanglement is only another one means of concealment that is form of the ancient abatis, and the strikingly modern: that is, painting form of the ancient adatis, and the strikingly modern: that is, painting fact that it is now often painted green to make it less easy to see is a link that joins it even more intimately to that joins it even more intit is spikes at the bottom and the caltrops had its origin in recent discoveries -four-pointed iron instruments that concerning the protective coloration always stand with one point upward of animals.

# BERLIN EXPECTS CLIMAX OF WAR ON BRITISH FRONT

Impressed by Great Activity of Haig's Forces, Which Includes Several Attacks With Gas.

A despatch from Berlin says :- The Military circles here are caimly

A despatch from Berlin says :--The the first to \$11.65, to \$5, Sheep, 7c to the state of the second \$11.35, to \$11.65, roughs \$11.35, to \$11.25, roughs \$12.35, rought \$12.35, rought