

Wendo course offered

By CYNTHIA FRUITMAN

For the third year running, a course in women's self defense will be offered at York.

The course, called "Women's Self Defense," will be offered free to all women in the York community. It will be held one night a week in room 316 Fine Arts building, starting Monday, September 30, said Elise Hallewick, CYSF Director of Women's Affairs and this year's organizer of the course.

The type of self defense offered will be Wendo, Hallewick said, which is "designed for the individual who is weaker than the attacker. That's why it is specifically designed for women."

This year's instructor, Mimi Mechler, who taught the Wendo course last year, insists that only women be allowed to join the course, Hallewick said.

Hallewick said that she chose Wendo over other forms of self defense because "virtually anyone can learn Wendo. It seems to me to be more practical. It's more tech-

nique as opposed to other types of self defense which depend more on your physical ability."

Hallewick believes that the course is a valuable service to York women, because "in the past there have been attacks at York, the campus is wide open and a lot of women are insecure about being on campus after dark."

Hallewick plans to offer the course first term "regardless of how many people turn out." If response is good and funds are available, at least one more class will be offered second term.

For more information about the Women's Self Defense course, drop by the CYSF office at 105 Central Square, and ask for Elise or Sylvia.



Remember me?

When journalism is your only hope, don't be caught with your back to the water.

Come on over and rake mud with the friendly *Excal* staff at 111 Central Square. Staff meeting TODAY at 4.

ERRATUM:

Last week's article "Personal Friendship is a draw for York dancers" incorrectly stated that Holly Small was assistant editor for *Dance* in Canada magazine while attending York. She actually filled this position for seven years after graduation, not during her studies. *Excalibur* regrets this error.

HISTORY STUDENTS ASSOCIATION

welcomes

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OUR FIRST MEETING:

Tuesday, September 24
4:30 p.m.

Vanier Senior Common Room



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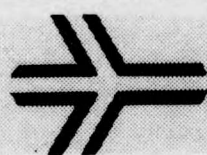
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Place:

York University

Schedule:

Saturday
8 A.M. to 5 P.M. (8 hours)
Sept. 21 to Nov. 9, '85

Or

Place:

University of Toronto
Monday and Tuesday
7 P.M. to 11 P.M.
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Registration and Information

Session: FT-85-101 (80 hours)
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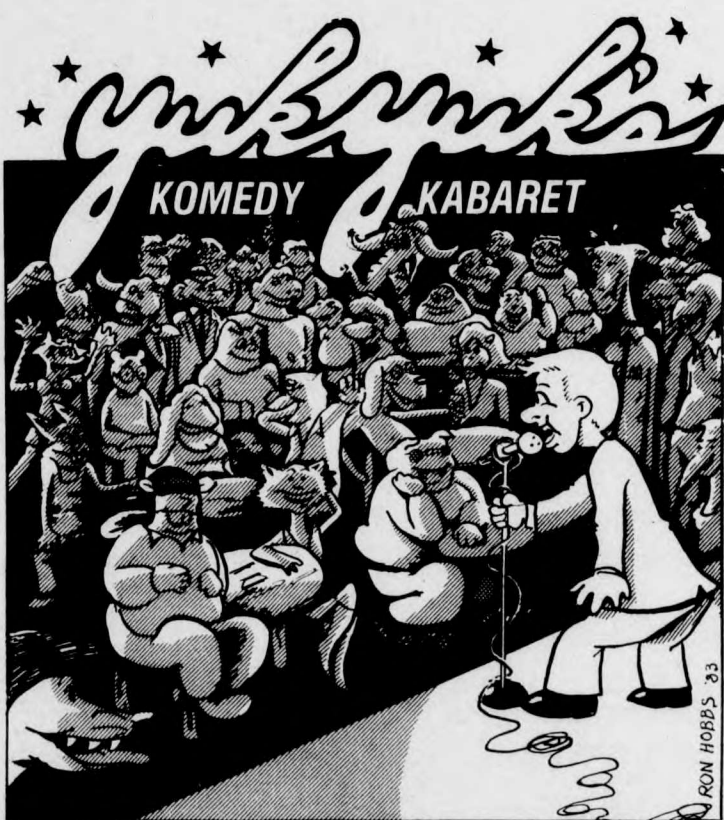
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