

SUFFERED EVERYTHING

For Years, Restored To Health
by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I also recommend it for nervousness and indigestion." — Mrs. HENRY CLARK, Glanford Station, Ont.

Chesterville, Ont. — "I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble.

"My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous sometimes that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated.

"I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial." — Mrs. STEPHEN J. MARTIN, Chesterville, Ontario, Canada.

THE DRINK HABIT CAN BE CURED

Those who are sincerely desirous of curing themselves or to have friends cured should communicate with

The Keeley Institute

Corner Hugo and Jessie
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STUART'S PLAPAO-PADS are the wonderful new treatment for rupture which has enabled thousands to successfully treat themselves in the privacy of the home, at slight expense. Not made to be used forever, like the truss, but are intended to cure and thus do away with trusses. No straps, buckles or springs attached. Soft as velvet—easy to apply. PLAPAO LABORATORIES, Block 493 St. Louis, Mo., is sending free Trial Plapao to all who apply. Send Postal Card TODAY.

How to Conquer Rheumatism At Your Own Home

If you or any of your friends suffer from rheumatism, kidney disorders or excess of uric acid, causing lameness, backache, muscular pains; stiff, painful, swollen joints, pain in the limbs and feet; dimness of sight, itching skin or frequent neuralgic pains, I invite you to send for a generous Free Trial Treatment of my well-known, reliable Chronicure, with references and full particulars by mail. (This is no C. O. D. scheme.) No matter how many may have failed in your case, let me prove to you, free of cost, that rheumatism can be conquered. Chronicure cleanses the blood and removes the cause. Also for a weakened, run-down condition of the system, you will find Chronicure a most satisfactory general tonic that makes you feel that life is worth living. Please tell your friends of this liberal offer, and send today for large free package, to MRS. M. SUMMERS Box 86, Windsor, Ont.

getting married, and the result is a failure in life and happiness, but marriages founded on true love are never a failure. I am a farmer living with my father and mother, but at this time of the year when there is not much to do on the farm I get very lonesome, so if anyone would find it in their hearts to write to me I would answer all letters. I am very fond of music, I play the violin quite a bit and find it a very great pastime when I get lonesome. I am a total abstainer and do not smoke. My address is with the Editor. Hoping to see my letter in print, and wishing your magazine every success, I will sign myself,

Loney.

Would not Want to Vote

N. B., November, 1913.

Dear Editor—Will you kindly allow a "down East" girl a small space in your columns. I have recently become a subscriber to your paper, and in reading the letters in the correspondence column I did not see any from this part of N. B. so hope this one may be worthy of a place in the column. I am just a plain country girl—not handsome—but never mind, looks do not count for very much. I can do any kind of farm work, such as feeding pigs, milking cows, making butter, etc. I do not think I shall say very much on the subject of "Votes for Women" as there can be a lot said for and against it. I can only say that if I ever got a husband who is a good unselfish, honest man I would not want to vote, but would be content to stay at home and do the work while he went to town to vote. I pity those lonely bachelors who are striving to build up a home for themselves in the great West. It must be very discouraging after working hard all day to come home and find no supper ready and no one to speak a kind word to them. They certainly have my sympathy as I know what it means to be downhearted, lonesome and discouraged, and oh, what would we not then give for the sight of a bright cheery face and a kind word. There is nothing to my mind that helps one over the rough places like a kind word of sympathy. Let us not hesitate then to be always ready to do the kind act, and speak a kind and encouraging word, for in so doing we too get encouragement and are helped over many of the rough places. Now I think I had better close lest I weary you all with my talk, so I will sign myself,

A Down East Lassie.

A Recruit from Canada.

U. S. A., November, 1913.

Dear Editor—Though not a subscriber to your much praised magazine I once more ask for admittance into the ranks of the correspondence folks. I have a copy of the W. H. M. which was sent me by a friend in Alberta, the province of which I was a happy inhabitant for five years. During this time I managed to secure your magazine regularly, either direct, by subscription or indirectly from news-stands. Now for dear Auld Lang Syne I make another effort to keep in touch with Canada by securing a few correspondents. Unlike many young men of the correspondence realm I am not a lonely bachelor on a homestead in the Northwest, but am living in a country town on the Western coast of the United States; however my thoughts often wander back to the plains of Western Canada, the land from which I departed two years ago. I shall not tarry by giving a personal description which anyone may have by writing to me, and I'm sure I shall put forth my best effort to make it interesting for my correspondents. Please write will you not? Thanking the Editor for approved interest in these columns and former favors I remain, waiting to see who will be first to write to this young chap.

A Repentant Deserter.

Two Irish Maidens.

Ireland, October, 1913.

Dear Editor—We are two Ulster sisters, keenly interested in your helpful paper, which we hail with delight when forwarded from Saskatchewan by our farmer brother, who is a subscriber. We usually turn to your correspondence column first, and would be so pleased if

FREE ADVICE About Your Health And Strength

TO MY READERS—

Whether or not you lack an abundant vigor, here is a free offer which will surely interest you, and through which you may easily profit from now on to the end of a ripe, healthy, advanced age. I have compiled a little treatise for self help (book form) which I am pleased to send absolutely free by mail in a perfectly plain, sealed envelope to any man anywhere who writes for it. Over a million copies have already been thus distributed to those who wrote for them from all over the world. There is no obligation whatsoever involved in this offer, nothing which you are required to pay for in any way, either now or in the future. It is just simply an out-and-out free proposal. In this little book of 72 pages, 8,000 words and 30 half-tone photo reproductions. I have endeavored to give a straightforward talk to men, young and elderly, single and married, a concise compendium for self-reference, a perfectly plain discourse upon those important, personal matters relating to vital strength of men, the preservation of virility, its possible self restoration, its legitimate uses and its wanton abuses. Every man should be in possession of this book. One part describes a little, drugless, mechanical vitalizer which I make and distribute, but whether or not you wish to use one of these vitalizers is for you yourself to determine.

However, aside from anything it contains in reference to my vitalizer, the book should be read by all for its own real worth. Therefore, please use free coupon below.

SANDEN, Author.

Reader, the whole world is today alive to the importance of a better general understanding of sex hygiene. The much discussed science of eugenics is teaching the great mass of people that strong, healthy, rugged parents beget equally sturdy children.

Manhood, no matter where or in what condition of life we find it, is the single power that most fascinates both men and women. The one who radiates this manly influence, this result of a vigorous, sturdy nerve force, is the one who forges to the front, while weaker people stand aside.

It is my opinion that any man may hope for a complete restoration of his manhood and vigor if he but make up his mind that he WILL conquer himself. Of course I do not include the man of extreme old age or the one who is incurably diseased. Lost vitality is not, according to my theory, an organic disease. It is more



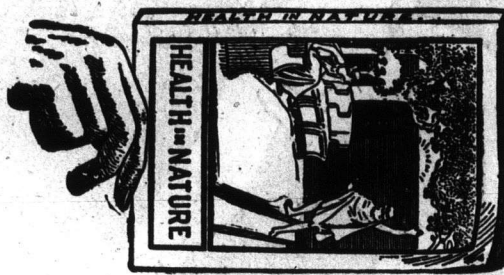
IT'S THE MAN, NOT THE CLOTHES, THAT COUNTS.

a sick condition of the mind and the nerves and a lowered state of the whole body, all combined. My free book tells you just what you may do.

The vitalizer referred to above, which I make and distribute, is a little appliance that men who desire to restore lost vitality are using everywhere today. The book in one part fully describes it. You wear this vitalizer comfortable upon your body all night. It weighs but a few ounces, and pours a great, gentle stream of FORCE and VITALITY into your blood, your nerves, your muscles and organs while you sleep. Men say it drives away the nervous weakness or pain in small of back often by one application; that vigor is restored in 60 to 90 days. With special attachments my vitalizer is also used for rheumatism, kidney, liver, stomach, bladder disorders, etc. It is a wonderful little appliance and generates and sends out a marvelous force. Possibly you might want to use one of these vitalizers in your own case. If so, you can, after reading the free book, let me know and I will make a special proposition whereby you may have one. If you live in or near this city I should be most pleased to have you call and get a free demonstration of the vitalizer, otherwise write. Hours 9 to 6; Sundays, 10 to 1.

Let Me Send You This Book FREE

If you live too far to call, or if you cannot call, please fill in the coupon below and send it to me. You will receive free, sealed, by return mail, my 72-page illustrated book, containing 8,000 words, a complete compendium of useful information for men, young or elderly, single or married, who want the truth about the subject of vital strength, its preservation, its possible self-restoration and its legitimate uses and wanton abuses. You get it all, free.



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