Don't Roast the Cook-

She may not like it and you won't like her after she is cooked. A Winter morning generally means a cold kitchen, a slow breakfast, children late to school. Kitchen worries and cooking problems vanish from the home where

is known. It is ready-cooked and ready-toserve. It contains all the rich body-building material in the whole wheat made digestible by steam-cooking, shredding and baking. You can prepare a warm, nourishing meal in a few moments by heating the biscuit in oven to restore crispness and then pouring hot milk over it. Also wholesome and delicious with stewed or canned fruits.

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GROCERS are firm friends of Windsor Table Salt. They like to sell it, because it is pure and clean and good. sell it, because it is pure and clean and good.

Ask any grocer for his best salt, and he will give you Windsor Salt every time.

Not because it costs more—it does not—but because the grocers know that Windsor Table Salt pleases their customers.

USUR TABLE

FADS AND FANCIES

BEGONIA red is the shade of shades in Paris now. Begonia is a rich color between flame and crimson, and has none of the crudity of scarlet or even cardinal. It is, in fact, one of the elusive colors of the season, produced by blending two or three tints with a softening admixture of grey, and is generally becoming to women with fair skins. One sees gay begonia parasols, ostrich plumes, neckbows and even stockings—for colored silk stockings are quite the fad with low cut buttoned oxfords of satin or black kid.

strich plumes, neckbows and even stockings—for colored silk stockings are quite the fad with low cut buttoned oxfords of satin or black kid.

Not every woman who wears the new featherweight buttons knows that they are made of compressed sour milk. These buttons are wonderfully light, and have the appearance of polished old ivory. They are immensely fashionable in Paris, and many of the handsomest gowns are trimmed with rows and rows of them.

The tennis girl does not wear her heavy, heel-less rubber-soled tennis shoes through the streets or in the trolley car, going out to the club, but keeps them in a locker there and trips back and forth in neat, buttoned boots or oxfords of snowy buckskin which look very trim beneath the short tennis skirt of line or pique. The change to lighter heeled boots, is also more restful after an afternoon spenin running about the court in the heel-less rubber-soled footwear.

Trimmings are immensely interesting this season. Roses in natural shape but made of brilliant green and gold or an and gold shot taffeta are used on cream lace for trimming taffeta gowns. Half-inch ribbon, made into pert little bows, placed one beneath the other, is a favorite garniture for lingerie frocks. Fringe is as fashionable as ever, but now many of the trimming fringes are made by raveling out the material to a depth of five or six inches. Buckles are the grand-thic, and are used not only on belts where seemingly they belong, but on collars, cuffs, revers and skirts—wherever they prove most effective. Jet buckles and small buttons were seen on a very smart tan linen gown, and the combination of crystal and jet is especially effective.

The long gloves of embroidered silk give a touch of elegance to a simple tub

crystal and jet is especially effective.

The long gloves of embroidered silk give a touch of elegance to a simple tub costume, for these gloves are made of a quality of silk that is much softer and heavier than the slimsy, open-meshed silk of the cheaper gloves. A pair of handsome embroidered gloves will last an entire season if the hand portion is occasionally renewed—something that can be done at small extra expense. Grey silk gloves with embroideries in self silk gloves with embroideries in self color seem to be in special favor as the season advances, and the pale tan shades with self-toned embroidery are particularly attractive with silk costumes. White gloves are, of course, the only choice with a pure white suit or gown accompanied by white footwear.

Washbags are now the thing for summer use, with the tub frock, and no woman who pays attention to important dress trifles

or of patent leather with a dull calf top. The line of buttons set near the front makes the foot and instep look slender and

THE two smartest touches in the way of dress, are the Robespierre collar, either on a blouse or worm with a made of metal but is an embroidered affair made of metal but is an embroidered affair coat, and the modified Derby hat, with its white band and its upright bow or wing straight in front. The latter is a jaunty affair worn by a pretty young girl, but one sees women who are very cruel to themselves when they affect this novelty. The Robespierre collar is becoming, and with its fluffy jabot is very feminine and deinty. It is a turn-down collar with pointed ends and is worn with a double jabot, as the one-sided frill is quite as dead as Queen Anne, so far as the fashioncoat, and the modified Derby hat, with its dead as Queen Anne, so far as the fashionables are concerned.

Buttons are in high favor and are used almost as much for trimmings as for actual use. Paris dressmakers are making lavish use of cut crystal buttons of clear, hand-cut Bohemian glass.

Women who love the dainty flowered lawns and organdies will be glad of this and will hasten to avail themselves of the old-fashioned sprigged and flowered materials after several seasons of plain colored summer frocks.

Along with the craze for black velvet sashes and other garnishings of the frock comes a fancy for black velvet threadings in lingerie. Some of the filmy French nightgowns have narrow black velvet run through the eyelets at the top and the big choux or rosettes of the ribbon as the big choux or rosettes of the ribbon as trimming. Though the effect is certainly chic, it is rather too striking and bizarre to be pleasing, for pale pink and pale blue are the lingeric colors, and one naturally associates them with the dainty fineness

season advances, and the pale tan shades with self-toned embroidery are particularly attractive with silk costumes. White gloves are, of course, the only choice with a pure white suit or gown accompanied by white footwear.

Washbags are now the thing for summer use, with the tub frock, and no woman who pays attention to important dress trifles thinks of carrying a heavy leather bag with a linen or lingeric costume. Linen bags embroidered in Peking blue and white are charming with morning tub costumes and there are dainty pongee bags embroidered in self color that match the long embroidered silk gloves so fashionable now. Irish crochet bags, dyed to match the costume are particularly distinguished and are also effective additions to any summer costume.

It would be hard to find anything pretter in footwear than the little high-heeled buttoned oxford of black satin; or of patent leather with a dull calf top. The line of buttons set near the front makes the foot and instep look slender and

sides and front, and draped across to-ward the left, where the fastening was effected with a huge black cord ornament. At the back the wrap looped under in

wrought with silk on the wrist of the long silk gloves. One may have one's bracelet a plain band of embroidery, or a garland of tiny flowers embroidered in the natural

Butterfly bows of maline are again seen below the chin of the modishly dressed woman. These bows are always becoming, and some women never give them up entirely, always reserving a tresh maline bow for some occasion when special daintiness of neck dress-ing is desirable. Navy blue maline bows seem to have the favor just now, and to women with blue eyes these deep blue bows below the chin are wondrously They becoming.