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individual plates, for until the time of Wedgwood a plate and a cup for each person at the table was a privilege only of the nobility.

At the age of thirty he owned a prosperous business and could match Sarah's dowry but the Squire said people would soon get tired of pottery—that common people would never have much use for dishes. Besides, his daughter's dowry had increased through his wise investments.

Josiah and Sarah had planned an Art Colony where classic literature would be duplicated on vases.

"Great people have great friends." In Liverpool was a man named Bentley who became Wedgwood's partner. He opened up a showroom in London and showed the classic creations of Wedgwood till carriages blocked the streets and London went "vase mad." One day Sarah and Josiah were married quietly at the rector's house and from that day Wedgwood's business moved forward with never a reverse. When Wedgwood and Bentley were designated "Potters to the Queen" and began making "queensware," they laid the foundation for one of the greatest business fortunes ever accumulated in England. And the dreams of the lovers came true. At the close of Wedgwood's life he was regarded as the richest man in England who had made his own fortune. A little grandson blessed the home. He became the great scientist Charles Darwin.

Why did I review this little love story from Elbert Hubbard's Little Journeys? Simply to impress upon our girls that a man's success is often due to the inspiration of the right girl.

Twenty-two years after his marriage Wedgwood wrote this to his friend, Lord Gower:

"I never had a great plan that I did not submit to my wife. She knew all the details of the business, and it was her love for the beautiful that first prompted and inspired me to take up Grecian and Roman Art and reproduce the classic on pottery. I worked for her approval, and without her high faith in me I realize that my physical misfortunes would have overcome my will, and failure would have been written large where now England has carved the word success."

#### STRENGTH VS. ENERGY

Have you ever noticed girls who work very hard, exert a great deal of energy in their work, yet accomplish little? On the other hand, other girls put strength into their work with apparently little energy and accomplish a great deal. I have watched girls wash dishes. One girl will rub lightly a plate over and over again to get it dry, tiring the muscles of her arms and shoulders, before she is through, while another will, with three or four heavy strokes, have a dish clear and clean and be through with her dishes in one-third of the time that it takes the first girl and she has expended little energy. The same is true in cleaning. One girl will sweep lightly over and over again until she is tired out, while the other girl will sweep with a heavy stroke and in one-third of the time will have a cleaner floor. The same girls try a big ironing. One touches the garment lightly and irons over it many times and when she is through the garment is a wrinkled, limpy rag. The other girl puts a little strength into a few strokes and turns out a smooth firm garment. The first girl is never through with her work, it is not done well, and she has tired herself out. The second girl gets through with her work quickly, it is thoroughly done, and she has not exhausted her energy.

The one touches the surface of things—the other is thorough. Convert your energy and strength.

#### ONE GIRL'S PROBLEM

Some time ago a letter came to this page from a lonely young woman in the West. I wish the writer had signed her name as I should like to write to her personally. It is difficult to answer some of her questions in this department. A young woman who has lived at home all through her girlhood must be

very lonely, indeed, when she loses her mother. My heart aches for her. She feels she is in the way—that her brother would marry if she were not in the home. She is timid with others and for this reason has no companion.

Since the young woman asked me to express my advice on this page, this is my opinion.

If you feel that you are preventing your brother from making a home, I would go to a new environment. A change is what you need. Even though you and your brother are kind to each other—in the end you will both feel that you are martyrs.

If you have had sufficient experience in housework, there are good places for young women in domestic service. This year experienced domestic help is scarce. I could get you a place with no difficulty. I know several ambitious domestic girls who are taking advantage of the evening courses in the schools. The Winnipeg School Board has provided courses free. Lessons in dressmaking, millinery and cooking as well as the branches in all lines of school work are given by the city teachers to the evening classes of young women. I know of no institution in the city that is doing so much for the wage-earning girl as this system of educational work made possible by the school management of Winnipeg. Instead of the lonely girl roaming the street for a change, she can now spend her evenings pleasantly improving herself. It is the greatest factor in the city in the work of increasing the efficiency of the wage-earning girl. You say you have had little opportunity for education. These evening classes are providing a long needed want for scores of ambitious girls. Your association with other girls would make you happier.

You are very self conscious. You say you are tired of doing the same thing over and over. A change in your environment and opportunity to meet other girls might brighten your whole future.

In regard to your question concerning the young man whom you know well—I think it is perfectly proper for you to correspond with him if he has asked you to write to him. In spite of the fact that a Manitoba nurse writes to me periodically that there are no good men, I still think that the majority of our Western men are splendid and noble—yes, brave, courageous and tender—and it is perfectly natural for a girl to like them, besides I think every normal girl wants a home of her own, else why did the Creator put love in the heart of a girl?

#### Shrinking Cotton Materials

Cotton naturally shrinks when wet. This property is greatly increased in the weaving as the warp threads are stretched to their full length and held in place by the sizing and starch used in finishing.

If the garment is to be laundered it is better to shrink the material before making it up as it is not easy to make the proper allowance for shrinkage.

Fold the material smoothly and place flat in a tub or large receptacle, the bath tub is excellent. Pour in enough cold water to cover. When the material is thoroughly saturated, pour in hot water, gradually increasing the temperature until the water is as warm as the hand can stand. The hot water is needed to loosen the sizing.

The material should stand in the water over night when possible, but at least two or three hours. Pour off the water and press as much out of the material as possible, but do not wring. Hang on a line in the open air, stretching out smooth and pinning along one selvage.

Before the material is thoroughly dry take it down and press.

One must be sure that the colors in the material are fast before attempting to shrink it.—Charlotte E. Carpenter, Colorado Agricultural College.

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(See Back Cover)