

Mother's Corner

Baby Contest

Dear Mrs. Hamilton:—

BRUCE FRASER, age 2 years 2 weeks, weight 30 lbs., height 34 inches, measurement of chest 23½ inches, head 20 inches.

I am not sending in a description and picture of my baby as a model, or with any hope of a prize, but because, mother-like, I am rather proud of him, and because my experience may be rather helpful to mothers who find it difficult to "raise" their babies during their early months.

He was born apparently a healthy baby, 8 pounds in weight, but soon began to show lack of ability to assimilate his food properly. First, I had to stop nursing him when about three weeks old, as the natural method did not agree with him. I cannot say whether it was his delicate stomach, or my physical condition, as my oldest baby was nursed up to eight months, and seemed to have perfect digestive organs. I first tried cow's milk prepared exactly according to a physician's directions. This proved so constipating (as he seldom had a natural movement), I was obliged to fall back on artificial foods. I think I tried malted milk which had much the same effect, and he didn't like it. I then tried Allenbury's, which proved more satisfactory, and he used the three grades up to one year of age. I also varied this with an evening meal of Robinson's barley gruel about every other day, beginning at about four months. I had to prepare it exactly according to directions or it would not agree with him. I also washed and scalded bottles after each time they were used. When he was about six months old we got a Jersey cow, and I began introducing milk diet very gradually at first, top milk with half hot water and one ounce of lime water to a bottle, but he used Allenbury's till one year old. Then all milk with one feed of Roman meal gruel, which I found excellent for constipation; sometimes I gave him a feed of crusts, browned, crushed and scalded with milk and sugar, but he would tire of it.

Strange to say my children are "conservative" babies, as they do not care for white bread, and I do not think that bread is a good diet for children in spite of the old slogan to a child: "Eat your bread." Cereals with lots of good milk, vegetables, eggs lightly cooked, milk puddings and a judicious use of fruit, form a healthy diet up to at least four years if not much longer.

In addition to stomach trouble my baby contracted a bad cold when he was between two and three months old through a gripe getting into the family. It left him with a cough for three months, and I had to keep him in the same temperature and even same place night and day. I slept on the lounge beside his carriage, and got up every night to regulate the heat, and to give him a few drops of Russian oil when he coughed. This is a lubricant of either throat or digestive organs, and I attribute his present good health a good deal to the use of it. By March I was pretty well run down, and my baby had gained very little. However, he had held his own and as soon as he could be taken out every day in the warmer weather he began to gain rapidly. He has not had a cold since, any appearance of which does not last more than two days. He is fat and healthy with firm smooth flesh, a perfect complexion, and happy contented ways. If his breath is not as sweet as violets I give him a teaspoon of Russian oil at night, also for a treat, instead of sweets he gets a raw prune or apple pared and cut up into "candy." He has had a few bilious spells from getting too much milk at supper time or from a treat of peanuts (given unbeknown to his ma). To correct this I take milk diet away for a day or two, give him a few drops of castor oil every three or four hours, and lots of pure water to drink, with burnt toast water for nourishment. If he has diarrhoea severely I give white of egg once or twice a day. One or two days of this treatment restores him to his usual health.

A Good Beginning Spells Success



A GOOD BEGINNING

Red Fife—Registered

First and Second Generation

Grow for big yield, and get the product registered and obtain the higher prices. Price per bag of 2 bushels, \$8.60, bag included.

Brome and Western Rye Grass

Both True Perennials of Hardest Nature

BROME—There is nothing like Brome to put fibre in the land and prevent soil blowing. Land ruined by drifting has been renewed by Brome, and is producing grain today equal to the best districts. A splendid Hay and Pasture Plant.

Lot A—"Lion" Brand, 20 lbs., \$6.40; 100 lbs., \$31.00.
Lot B—Extra Choice Selected, 20 lbs., \$5.40; 100 lbs., \$26.00.

Large Sacks extra at 75 cents each.

WESTERN RYE—The famous bunch-grass of the bunch-grass ranges of the Canadian West. None of the cultivated grasses excel it for growing under dry conditions.

Lot A—"Lion" Brand, 20 lbs., \$5.40; 100 lbs., \$26.00.
Lot B—Extra Choice Selected, 20 lbs., \$4.80; 100 lbs., \$23.00.

Large Sacks extra at 75 cents each.

Sweet Clover

The Wonder Pasture Plant. Will grow anywhere.

WHITE BLOSSOM

10 lbs., \$3.40; 25 lbs., \$8.25; 100 lbs., \$32.00.

YELLOW BLOSSOM

10 lbs. \$3.60; 25 lbs., \$8.75; 100 lbs., \$34.00.

Cotton Bags 65c each

Fodder Corn

Our northerly grown stocks are the best for this country. Germination 90 per cent. and over in 6 days.

NORTHWESTERN DENT

Per bushel, \$4.00; 5 bushels, \$19.50.

MINNESOTA 13 DENT

Per bushel, \$4.00; 5 bushels, \$19.50.

A Great Wheat

Dr. Saunders' Early Red Fife

Grows a good length of straw and usually gives a higher yield and better sample than "Marquis" on fall-plowed, spring-plowed and stubble cultivated land. It should also be tried on the drier and lighter lands, and in districts where the rainfall is light.

Our Stock is the genuine, original strain, from Dr. Saunders'. The berry is the largest and finest known. **SAMPLE FREE ON REQUEST.**

Lot A—Finest sample, pure and clean. Two bushels, \$8.00; 10 bushels, \$39.00.

Lot B—Pure, clean and high germination, but sample not as fine as "Lot A." Two bushels, \$7.00; 10 bushels, \$34.00.

Finest Cotton Bags additional at 65 cents.

Kitchener Wheat

The World's Record Yields for Hard Spring Wheat

Kitchener Wheat is suitable for growing in all sections where Marquis has succeeded well, and has a great advantage in the southern portion of the Prairie Provinces owing to its robust, vigorous, good stooling habit, with length of straw and ability to stand drought; also, its large, plump grain is a consideration in droughty districts. Order early—stock limited.

Lot A—Fine sample—grown from seed obtained originally direct from Seager Wheeler, and handled with utmost care. Pure and free from all noxious weeds—2 bushels, \$9.00; 10 bushels, \$43.00.

Lot B—Good sample—re-cleaned over our own mills—strong germination and free from weeds—contains an odd kernel of Marquis. Good and sure for general crop and large yield—2 bushels, \$7.00; 10 bushels, \$34.00.

Finest Cotton Bags at 65 cents each.

Marquis Wheat—Registered

First and Second Generation

The product from our stocks may be registered, whether grown by a member or non-member of the Association, providing inspection is made and quality satisfactory. Sow this seed and obtain better yield and sell product for registered high prices. Price per bag of 2 bushels, \$8.00, bag included.
(We do not offer Third Generation Registered Seed—the product of same cannot be registered.)

Oats

The wise farmer wants seed of strong vitality—he wants a test of 90 per cent. or over in six days. Our stocks are all of this class. They start quick and grow even and strong. Worth more than the difference in cost.

IMPROVED AMERICAN BANNER

Lot A—American Banner Registered, first and second generation. Per bag of 100 lbs., \$5.25, bag included.
Lot B—American Banner, grown from Registered Seed. Per bushel, \$1.80; 24 bushels, \$42.00; 100 bushels at \$1.70 per bushel, bags included.

Timothy

"MARTEN" BRAND, VERY SELECT

Analysed by the Seed Branch of the Department of Agriculture and certified "Free from Noxious Weeds." Strong germination and an all round superior lot, sure and safe for the cleanest land. Price, 100 lbs., \$20.00, 20 lbs. \$4.25.

Grimm Alfalfa

Our lot of Grimm Alfalfa is the genuine true stock. We personally investigated the crop, which was grown on a Government Pedigreed Field and copy of registration papers from the County Court are in our hands, with sworn statements as to the purity and genuineness of our lot of Grimm Alfalfa. Coupled with genuineness as to variety, our lot of Grimm Alfalfa is a splendid sample in itself, grading by Government Analysis, "No. 1." Price, 100 lbs., \$68.00; 25 lbs., \$14.75; 10 lbs., \$6.00.

Spring Rye

Always Sure for Pasture or Hay

Price per bushel, \$2.30—Bags extra at 60c each.

True English Dwarf Essex Rape

Price, 10 lbs. \$2.30; 25 lbs., \$5.25; 100 lbs., \$20.00. Bags included.

Send in your name for a copy of our 1919 Seed Catalogue

STEELE, BRIGGS SEED CO. Limited

WINNIPEG, MAN.