

FOR AND ABOUT WOMEN

PRESENTATION AND ADDRESS

Rev. J. A. and Mrs. Greenlees Remembered by Their Parishioners at Georgetown.

Georgetown, P. E. I., March 20.—The congregation of St. David's church, Georgetown, P. E. I., on Thursday evening, March 20th, gathered in goodly number at the manse and on the occasion of Mr. Greenlees' return to the island after his ministry in St. David's, read an address of appreciation and laying special emphasis on the great unanimity and kindly feeling existing in the congregation, in token of which Mrs. William McKewen, on behalf of the congregation, presented a dainty box filled with gold. Mr. Greenlees leaves in April on an extended visit to his old home, Glasgow, Scotland.

WORDS OF PRAISE FOR WORKERS

A Y. W. P. A. member, who was one of the representatives of the association on the welcome committee meeting the Tunisian at the docks yesterday, felt well repaid for the time given to that work. A number of munition workers were among the arrivals, and the welcome committee were able to be of assistance in showing the newcomers where the canteens were and helping them with their luggage. Several of those landing yesterday were so pleased with the way in which they had been looked after that they asked for the address of a Y. W. P. A. member and promised to write and thank her when they had reached their home. One of those returning to Canada said that she had heard while in England from friends in the west who had spent some time in St. John of the work accomplished by this society of young women and that its efforts to do patriotic work had been highly appreciated.

Miss Nellie Jones was convener of the Y. W. P. A. workers yesterday.

A THOUGHT FOR TODAY

Fall Rain. You are the blood of coming blossoms. You shall be music in the young birds' throats. You shall be breaking, soon, in silver notes. A virgin laughter in the young earth's bosom. Oh, that I could with you re-enter earth. Pass through her heart and come again to sun. Out of her fertile dark to sing and run. In loveliness and fragrance of new mirth.

TEXTURES IN FOOD.

In planning a menu, or in serving a meal, there is one very important point to be kept in mind in addition to "food values" and the "five food groups." It is termed, for lack of a better word, "food textures." Foods may be hard or soft, crisp, brittle or oily, smooth or granular, coarse grained, or fine grained. An attractive meal avoids too many foods of the same texture. Milk toast and custard make a combination too soft, crisp rolls and nuts make a combination too hard. Dimpplings, on the other hand, go well with meat stews, hard cookies with soft desserts such as custards and ice creams, crisp crackers with soup, nut with raisins or figs. Bread and butter combines the oily with the more or less granular, lettuce or other marinated vegetables with mayonnaise puts the smooth with the crisp. Granular brown bread is excellent with baked apples; meaty baked beans taste better with a little pork; smooth mashed potatoes are good with the crust of cooked meat; in potato salad, celery and cucumber add a pleasing crispness. In so far as meals conform to the recognized ideas of food combinations, they will more nearly satisfy those who eat them. Scientists agree that satisfaction of mind results in better assimilation of food.

TWO SUCCESSFUL PANTRY SALES

Royal Arms and Seven Seas Chapters I. O. D. E. Arranged Sales on Saturday—Both Well Patronized.

There were two pantry sales on Saturday given by two chapters of the Royal Arms Chapter I. O. D. E., of which Mrs. T. H. Carter is regent, and the sum of \$70 was raised. The proceeds are for the furnishings of the East St. John County Hospital, to which this Chapter is desirous of giving assistance. Mrs. J. F. Tilton and Mrs. Wm. Taylor acted as convener and were assisted by the members of the Royal Arms Chapter. The ladies of the Chapter wish to thank their friends who contributed most generously to the sale.

At the Imperial Lobby the members of the Seven Seas Chapter I. O. D. E. arranged a sale of home cooking and tempting cakes, pastries and breads were spread before a number of patrons. Seventy-five dollars rewarded the Chapter's efforts, and will be used for patriotic purposes. Miss Dorothy Jones is regent, and the convener of the various committees were—Norway Pine Syrup, Miss Zela Lamoreaux; advertising, Miss Helen Hanna; general planing, Mrs. Lloyd Esley; Soliciting, Miss Millie Wilson.

Had Hacking Cough Couldn't Sleep Nights.

Hacking coughs are very wearing on the system. The constant coughing disturbs the rest, and keeps the lungs and bronchial tubes in an irritated and inflamed condition. Don't neglect the hacking cough. You can get rid of it with a few doses of Dr. Wood's Norway Pine Syrup. The most prompt, pleasant and perfect cough remedy known. Miss Catherine McLean, Craik, Sask., writes: "Last winter I caught a heavy cold and was laid up for some time. I had such a hacking cough I couldn't sleep at night. I didn't think I would get over it. One day a friend dropped in to see me and was surprised to see how bad my cough was. She advised me to try Dr. Wood's Norway Pine Syrup. The next day I sent for a bottle, and I soon got relief, and by the time I had taken two bottles, my cough was all gone, and now I am able to do my work again. I don't think there is anything to equal it." "There is plenty of time for preparations on the market trying to live on the reputation of 'Dr. Wood's.' The genuine is put up in a yellow wrapper, three pills under the trade mark price 25c, and 50c a bottle. Put up only by The T. Millburn Co., Limited, Toronto, Ont."

SOLDIERS ATTEND CHURCH.

About twenty-five soldiers attended the 10.30 Mass in the Cathedral yesterday morning, under the command of an N. C. O. Their natty appearance elicited much favorable comment. Other members attended the various Protestant churches to which they belong.

GERMAN SOUVENIRS.

The epaulet of an officer commanding a German marine regiment and the cap badge of a German marine were among the souvenirs of the Zebruge action which have been brought to the city by one of the Canadian participants. They are the property now of Cadet Good of the Y. M. C. A. military staff.

When a married man has no mind of his own his wife is apt to give him a piece of hers.

Two Matchless Salts

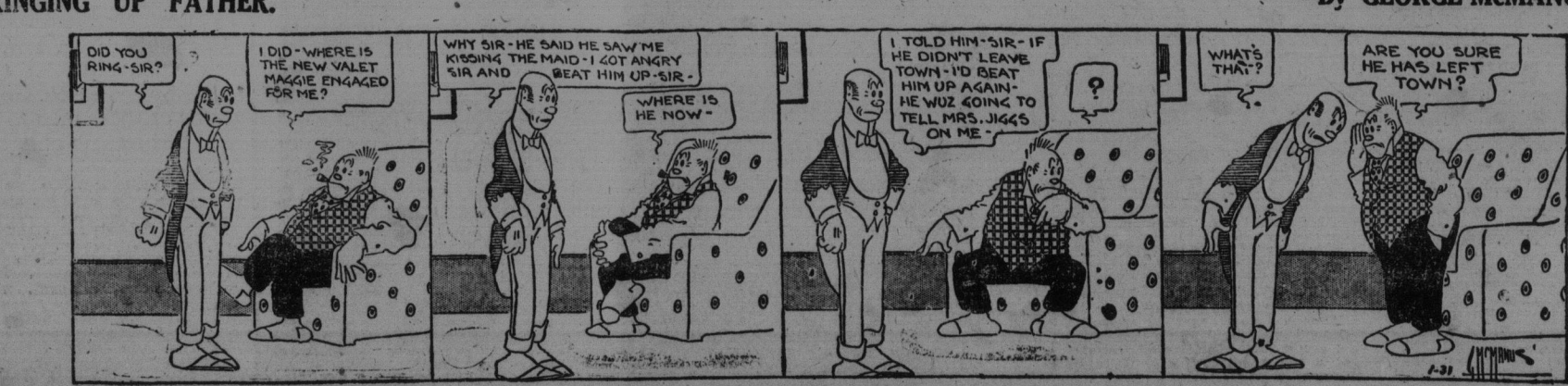
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BRINGING UP FATHER.



INFLUENZA MORE FATAL IN INDIA THAN CHOLERA

Deaths During a Period of Twelve Weeks is Estimated at 6,000,000.

LACK OF DOCTORS IS VITAL

President of Medical Conference at Delhi Urges Big Sanitary Movement.

(Special Cable to The N. Y. Tribune and The St. John Standard.)

In his address as president of the recent medical conference at Delhi, India, Sir Niranjan Sircar discussed various phases of the medical situation in the country. His speech as reported in "The Madras Times" was as follows: "Before the war had finished its mad career there appeared in the field another enemy of humanity, perhaps of a more formidable nature. Early in the summer of this year the pandemic of influenza, like many other epidemics, it made its first appearance in the capital of the Western Presidency. The epidemic then spread rapidly over India, first of all along the great trunk railways till practically all parts of the country were affected. A second and a far more severe outbreak of the disease occurred in the autumn of the year, and now practically even in the smallest village this dire disease is afflicting the people and exacting its toll. Unfortunately, as observed by the government of India in its recent circular, there is at work consisting of Mrs. James Barnett, Mrs. R. R. Reid, Miss Mabel R. McKee, Miss L. M. Peters and Mrs. H. W. Weston, Dorn Sea, Extra Cent a Day Treasurer, Miss L. Peters, Mrs. Wm. Weston, Mrs. J. A. Casswell, Substitutes, Mrs. Wm. Weston, Mrs. J. R. Dunn, Mrs. H. W. Weston. The meeting closed with prayers.

Death Estimate 6,000,000.

"But we have ample reasons to conclude that this fell disease has collected during the last six months a much heavier toll than cholera malaria or even plague within a similar period of time. One observer makes it 6,000,000 in twelve weeks, which works up to much as five times the mortality of the war. For whereas cholera and plague are more prevalent in large cities than in villages and malaria or even plague which exacts the heaviest toll in the rural districts, influenza is a disease which attacks practically all parts of the country without distinction. The combination of several infections which exact the heaviest toll in these attacks is practically unknown in other diseases.

WHERE WIND BLOWS HARDEST

The North Sea, where the British fleet has held the Hun in fetters through the war, is famous for its storms and time of every medical man in India and yet thousands of sufferers have died without treatment. It has presented before us a reality which in its appalling magnitude overpowers, not only our intellectual capacities but our imaginations as well. The circumstances, however, imposed upon us the immediate necessity of increasing our numbers. We must have a larger recruiting activity and we must train the larger army of medical men.

Scarcity of Doctors Fatal.

"The present epidemic has shown how very hopelessly inadequate is the number of ministers of health in comparison to the practically innumerable sufferers. We are in the regular line in India less than 10,000 persons struggling to minister to the medical needs of a population of 330,000,000. In ordinary times, the proportion there is no practitioners for miles and miles. But it is expected both by the government and the people that the medical profession should be equal to cope with situation like the present.

A wider extension of medical education throughout India has become a necessity. By this I do not mean extension of medical education among students lacking in general educational qualifications. I believe the time has come when, with properly directed efforts, we can train a fairly large number of university matriculates for the profession of medicine. I do not suggest a lowering of the standard from what has been fixed by the examining boards in various provinces of India.

"In this connection, I think it my duty to emphasize the fact that although the profession is quite ready to participate in a medical educational movement at considerable sacrifice,

the people of the country have been persisting in an attitude of culpable indifference and inactivity. Why should we indeed look to government for everything? While colleges for general education are being multiplied by the score at the instance of public, very little effort has been manifested as yet to establish private medical schools. Many of the existing hospitals can be easily converted into centres of clinical training if only schools are started in this connection. The attitude of the government is helpful. The workers are ready for recruitment but unfortunately there is no public interest to enlist the services of medical teachers or to utilize the potential gifts of the government.

Sanitation a Vital Issue.

"The question of the organization of a great sanitary movement throughout the country, therefore, stands in the forefront as the question of the day. In this movement there are three parties concerned—the government, the profession and the people; and its success will depend upon the earnestness and effect with which each of these parties will take up the matter.

"Great is the responsibility resting upon every one of these parties. But it is heaviest in the case of the noble profession, the one justification of whose existence is to relieve and cure, and above all, prevent, human suffering. I have already said that the government of India have taken up this question in right earnest. The experts who sat in Delhi last week had to discuss and settle schemes for the better utilization of research and bacteriological results in the interest of sanitary boards of health should be instituted. "Although these meetings were tedious. They have had to decide about the lines on which imperial and Pro-

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