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**The matter which this page contains is carefully selected from various sources; and we guarantee that, to any intelligent farmer or housewife, the contents of this single per-from work to seek during the year, will be worth several times the subscription price of the paper.

It was an old, old old, old lady, And a boy who was half-past three And the way they played together Was beauti ul to see.

She couldn't go running and jumph And the boy no more could be, For he was a thin little fellow, With a thin little twisted knee.

They sat in the yellow sunlight, Out under the maple tree: And the game that they played I'll te

Just as it was told to me.

It was hide-and-go-seek they were playing
Though you'd never have known it to

The boy would bend his face down On his one little sound right knee, And he'd guess where she was hiding, In guesses one, two, three!

"You are in the china-closet!"
He would cry, and laugh with gled
It wasn't the china-closet;
But stil he had two and three!

You are up in papa" biz, bedroom, In the chest with the queer old key!" And she said: "You are warm and warmer, But you're not quite right;" said she.

"It can't be the little cupboard,
Where mamma's things used to be—
So it must be the clothes-press, gran'ma:
And he found her with his three.

Then she covered her face with her fingers That were wrinkled and white and

wee,
And she guess d where the boy was
hiding,
With a one and a two and a three.

With a one and a two and a three.

And they never had stirred from their places

Right under the maple tree.

This old, old, old old lady

And the bow that thame little knee;

This dear, dear, dear old lady.

And the bow who that hame little knee;

And the bow who had ball past three.

H. C. Bunner.

THE HOME.

Resping Young.

There was once a woman who shuddered at the thought of growing old. No woman really likes to grow old. There are those who profess themselves quite willing to do so, and who seem to think it a duty to take not only pleasantly, but eagerly, the various steps which mark advancing age. Long before it is actually necessary they give up all forms of active amusement, with the smiling explanation:

"Well, I'm getting old. I must leave these pleasures for younger folks!"

"Well, I'm getting out in a younger folks!"

Out own accord they take to unconventional, old-fashi and tolkes stift folks in the same innate idea that all things pretty becoming, or modish should belong only to an age which they have passed, to a period of their lives which it savors of wickedness to regret or cling to. And there are others who, while their spirits robel, yet force themselves to adopt the same policy. They preach themselves lectures on the beauty of old age, on growing old gracefully, on yielding the field, and retiring in favor of youth, and all the rest of the philosophy with which people force themselves to become old. Their friends assis; them in various ways and with all contains the same policy.

would in time express itself in her face and her whole body in activity, help fulness, beauty and youth. And how for fulness, beauty and youth. And how for fulness, beauty and youth. And how far this one woman succeeded is of less importance than the question, is not her example better worth following than that of the woman who fout her sample better worth following.

To make the hair grow a natural state of the same lates as she was abled—Margor's floars.

To make the hair grow a natural state of the property for the Prevention of Caucity for the Prevention of Caucity to animals recently brought and and described in said basin, which will be for the property of the prevent hallows and keep the said beauty for the prevention of Caucity to animals recently brought and and described in said beauty to animals recently brought and any notice of the prevention of Caucity to animals recently brought and the state of the prevention of Caucity to animals recently brought and thus the factors of the prevention of Caucity to animals recently brought and thus the factors of the transfer of the prevention of Caucity to animals recently brought and thus the factors of the transfer of the prevention of Caucity to animals recently brought and prevention of Caucity to animals recently brought and thus the factors of the transfer of the prevention of Caucity to animals recently brought and thus the factors of the transfer of the transfer of the prevention of Caucity to animals recently brought and thus the factors of the transfer of the tran

Boys and Chgarettes.

Mr. Charles Bulkley Hubbell, a prominent lawyer of this city, and a very useful member of the Board of Education, has set on foot a much-needed reform in a thoroughly practical way. His attention having been called to the extent to which cigarette-smoking is practiced by school-boys, and to its pernicious effects upon the mind and body, he conceived the idea of appeating to the manhood of the boys and crystallizing school sentiment against the habit. He therefore prepared a very simple piedeg, the signers of which against the habit. He therefore prepared a very simple piedeg, the signers of which against the habit. He therefore prepared a very simple piedeg, the signers of which against the habit. He therefore prepared a very simple piedeg, the signers of which against the habit. He therefore prepared a very simple piedeg, the signers of which against the habit. He therefore prepared a very simple piedeg, the signers of which against the habit. He therefore prepared a very simple piedeg, the signers of 21 years, and to use their influence to induce all boys of their acquaintance to take the same step. As a result of Mr. Hubbell's efforts, anti-cigarette smoking leagues have been started in the schools in this city, and it is Mr. Hubbell's - anticipation that by the 1st of May 7.5000 boys in the public schools of the metropolis will have enlisted in this reform movement. Mr. Hubbell mentions the fact that the medical examiner of one of the largest life insurance companies recently said that he would not accept as a risk the life of an applicant who had steadily sanoked cigarette seween the ages of S and cighteen. He sho calls attention to the fact that professional men and shopkeepers will no longer take boys known to be cigarette smokers into their employ, so immediately and the low price at which they are sold tempting many boys to mindeligence the demoralizing effects of which they do not understand. The movement which Mr. Hubbell has inaugurated has spread to a surgassing extent among t

to roceive the adhesion of every school for boys in the country.—The New York Outlook.

Clear your minds of the notion that any act of your lives is unimportant. Single acts are the beginnings of habits; every repetition of an act tends to make it habitual, and the forming habits is the registry of emotions and thoughts, and deeds in the very substance of your physical organism. You are unconsciously writing a history in your nerves, and this history you cannot wipe out a twill, as you may wipe out a scraw on a blackboard; it endures and it reproduces itself. The thoughts of your mind, the purposes and impulses of your heart, your passions, your affections, your aspirations, and your beliefs stamp themselves in deliby in your nervous system; they cut channels of habit; they react upon your soul continually for good or ill; they shape your characters; and your character is what you sre, what you will be always.—Philip S. Mozom, D.D., in "The dring Lighty Cooking Porayons.—Dr. Letheby,

in "The Aim of Life?"

COOKING POTATOES.—Dr. Letheby, the eminent English authority on foods, by a s-ries of careful examinations found that when potatoes were cooked without removing the skins, the loss of nutritive material was but about 3 per cent., against '14 per cent. when the skins were removed before boiling; a very wasteful process. Hence baked potatoes are not only more palatable but also evidently more nutritious than boiled potatoes in either case.

boiled potatoes in either case.

Making Tea.—It is well settled that the quickst extract gives the purest arons and the freest from the injurious tamin. It is suggested that if the leaves be powdered, and the infusion made by pouring on boiling (soft) water, it may be poured off in half a minute, or as soon as one's views of economy will allow. A smart stirring of the leaves just before decanting, will in any case deepen the color and increase the richness of the infusion.

sorts of motives. Sometimes it is with love and tenderness they enforce the leaves just before decanting, will be an expected the secondary of the leaves just before decanting, will be an expected the first by the fire. I'm younger than you!"
"Take this big easy chair, auntie!"
"Take this big easy chair, auntie!"
"This style is the most suitable for one of your age, dear!"
Sometimes the motives are not so kind, but they ring the same change.
"It must be vanity which makes your, and they ring the same change."
"It must be vanity which makes your, and they ring the same change."
"Much as I think of her, I must say that in a person ofher age such lively ness is ridiculous." "How abourd? She goes out and enjoys herself as much as young gir!"
So pushed along, they, sighing, make the various changes they think necessary in their appearance and manners, and proceed to grow old as fast as possible.
But this woman who hated being old shuddered so hard.

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about a syle is motives are not so the young cleek a last twenty years too young."

"Much as I think of her, I must say that in a person of her age such liveliness is ridiculous." "How absurf? She goes out and enjoys herself as much as young girl."

"So pushed slong, they, sighing, make the various changes they think necessary in their appearance and manners, and proceed to grow old as fast as possible.

But this woman who hated being old shuddered so hard over the propect that at last her spirlt suggested to liter, "Well, don't get old; keep young." "How it at.

The office of the continue of the co

THE FARM.

Success in dairying depends in a very large measure upon the individual skill and intelligence into the business by selecting the proper cow, providing her with the proper food, and giving her with the stationary of a cheese factories earry on the dairy branch of their farming operations in go a control happhasard way, and then condemn the business because it does not like a proper food and the business because it does not like a proper food in the proper food.

It is surprising how many poor cows are kept in some of our oldest dairy districts by men of long experience.

In many factories last season where for the season his neighbor would only realize \$25. This is due nearly altogether to the good indigment and superior intelligence of the \$5 man in selecting and feeding to good may be a season where for the season is neighbor would only realize \$25. This is due nearly altogether to the good indigment and as a period in the season with a season where for the season is neighbor would only realize \$25. This is due nearly altogether to the good indigment and superior intelligence of the \$5 man in selecting and feeding the average about \$28,00cr 800 to keep a cow during the year, and about half of the cows kept bythe average about \$28,00cr 800 to keep a cow during the year, and about half of the cows kept bythe average about \$28,00cr 800 to keep a cow during the year, and about half of the cows kept bythe average about \$28,00cr 800 to keep a cow during the year, and a superior intelligence of the \$5 man in selecting and feeding her to be a superior intelligence of the \$5 man in selecting and feeding the provided in particularly and provided in particularly selection of the \$5 man in selecting the provided in particularly selecting the selection of the \$5 man in selecting the selection

Salling in the Chure.

In private dairying, salling in the churn has some marked advantages. The churn is kept sweet, the butter is not exposed to the air, etc. The writer has done it thousainds of times, and the most promising of late improvements are the churns for factory use with sailing and working attachments inside. Taking out to sait is the old way, but it may not always hold precedence even in fact ry work.—Orange Judd Parmer.

Butter cows should possess quiet, gentle dispositions, and must "run" to rick milk in sufficient quantities to make it profitable to keep them in the best manner possible. Lack of Good Butte

That there is a great lack in the armer's butter is known and read of all men, and women too.

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To Eli Yeomans and Sarah Jane his wife, and all others whom it may concern:

URSULA PHILLIPS, of the City of Brooklys, in the State of New York, spinster, do bessely a confine which is the State of New York, spinster, do bessely a confine which the hadden to the Indentity of the Indentity of the Indentity of Marchage made by you, the said lift Youman and State Inden Youman, bearing date in Youngare and State Inden Youman, bearing date on the Indentity of Marchage and Marchage and

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A Little Daughter

Of a Church of England minister cured of a distressing reah, by Ayor's Sarsaparilla. Mr. Richann Birks, the well-known Druggist, 207 McGill st., Montreal, P. Q., says: I have sold Ayer's Family Modicine for 40 years, and have heard nothing but good said of them. I know of many

Wonderful Cures

wonderful Gures

performed by Ayer's Sarsaparilla, on
in particular being that of a little
daughter of a Church of England minitor. The child was literally coverfrom head to foot with a red and e
conducyl troublesome rash, from with
she had suffered for two or three year
in spite of the best medical treatraavailable. Her father was in gre
distress about the case, and, at a
recommendation, at last began to a
dinister Ayer's Sarsaparilla, two 1thes of which effected a complete cument to her relief and her fath
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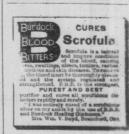
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