foam of the wild life, but stop and look it over a moment. A man works hard all week and earns say \$10 or \$15 per week, and in place of going home and paying his rent and fixing up for the week he drops into some saloon and you see him at about 10 or 11 o'clock on that night with probably a man on either side of him helping him along.

He thinks that is having a good time. He will tell you next week what a fine time he had, or it was glorious. I tell you my brother, you who think you would have a great sacrifice to make were you to take the yoke of the Lord upon you, that you are greatly mistaken, for with that yoke comes peace, comes rest, comes the freedom that nothing else can give you; no power can impart the freedom that trust and obedience in Jesus Christ can give. Tried before the tribunal of your own conscience and found guilty is a burden that the sinner perpetually lugs along the hard road to travel. I now quote on this subject from Mark 8:34, which is perhaps a little more explicit: "Whosoever will come after Me, let him deny himself, and take up his cross and follow Me." That's it. He must deny himself. He must forsake the evils of the world, the sin of youth and age, the follies of an abnormal mind and turn in with the virtuous, the righteous, and sacrifice that which tends to his selfishness, and covenant before God that he will deny himself.

And it really means death. Death in the highest and best sense, and so we continue in the reading: "Whosoever will save his life shall lose it, but whosoever shall lose his life for My sake and the gospels, the same shall save it." That's mighty funny, I do not understand it, some may say, whosoever shall save his life will lose it. Let me show you.

Means Separation.

If you want to continue in this life of sin, you will be separated from God, for the meaning of the word death is separation. You will be separated from God in this life until you come unto Him, so that when you are seeking to save your life, in that you refuse to deny yourself of these sinful pleasures, you are losing your life in the highest possible sense of the word. Now, you will notice, "lose his life for My sake and the gospels." That means that when you obey the gospel, taking the yoke upon you, you will comply with the conditions that will really represent death and will bring you to the highest representation of new life, and if I do not prove that it will be because the rain which is falling outside will come through the roof.

John 8th chapter, 31st to 36th verses, gives us a thought worthy of consideration: "Then said Jesus to those Jews which believed on him, if ye continue in my word then are ye my disciples indeed." That is the man who wants his own way and does not comply with the conditions in the gospel then he is not a disciple of Christ. "And ye shall know the truth and the truth shall make you free." Think of it, the truth shall make you free. "They answered him, we be Abraham's seed and were never in bondage to any man, how sayest thou ye shall be made free?" Jesus answered them: "Verily, verily, I say unto you, whosoever committeth sin is the servant of sin, and the servant abideth not in the house forever, but the son abideth forever. If the Son therefore shall make you free, ye shall be free indeed." Now in taking the yoke of Christ, in obeying the gospel, in complying with the condition imposed by the gospel ordinance, you are made free from sin; you die to the old life, you are born again into the new life. You lose your life in the highest sense of the term, but you find it by being born again. Let us follow this up.

I draw your attention to the 6th chapter of Paul's letter to the Church at Rome: "What shall we say then, shall we continue in sin that grace may