

Contents

Introduction	1
Before You Go	1
Get Informed	1
A Traveller's Checklist	2
Your Passport	3
Important Changes	3
Keep It Safe!	4
Travel in the United States and Mexico	4
Do You Need a Visa?	5
Travel in Europe	5
Charter Flights	6
Dual Citizenship	6
People with Special Needs	6
Getting Medical Advice	6
Vaccinations	9
AIDS	9
Medication	9
Pregnancy	10
On Your Return	10
Malaria	12
Supplemental Health Insurance	12
Other Insurance	14
Travelling by Car?	14
Money Matters	14
Canadian Taxation Status	15
Avoiding Customs Difficulties	16
Transport of Dangerous Goods	16
Women Travelling Solo	16
Travel with or by Children	16
International Adoptions	17
Seeking Assistance	17
Registering at a Canadian Government Office Abroad	17
Consular Assistance	18
Emergency Consular Services	18
On the Road	19
Foreign Laws and Customs	19
Taking Precautions	21
Illegal Drugs	21
Crime and Punishment	21

Judicial Process	22
Sexual Exploitation of Children	22
Mail	23

When You Return	23
Departure Tax	23
Canadian Food Inspection Agency: Be Aware and Declare	23
Pet Imports	23
Canadian Customs and Import Controls	23
Importation of Firearms	26
Illegal Souvenirs	26
After Residing Abroad	26

For More Information	26
Department of Foreign Affairs and International Trade	26
Canada Customs and Revenue Agency (CCRA)	28
Customs	28
Taxation	28
Canadian Firearms Centre	29
Canadian Food Inspection Agency	29
Canadian Transportation Agency	29
Citizenship and Immigration Canada (CIC)	29
Le Directeur de l'état civil du Québec	29
Environnement Canada – CITES	29
Health Issues	30
Canadian HIV/AIDS Clearinghouse	30
Canadian Public Health Association	30
Canadian Society for International Health	30
Drugs and Travel Information Program	30
GlaxoSmithKline	30
Health Canada	30
MedicAlert®	30
Passport Office	30
Radio Canada International (RCI)	31
Scams	31
Transport Canada	31

Canadian Government Offices Abroad	32
Consular Assistance: Toll-Free Numbers	69
Canada Direct Access Numbers	70