

Label must contain -

- Principal display panel
- Information panel
- Identity labeling of food
- Name and place of business of manufacturer, packer, or distributor

Nutrition Labeling and Education Act of 1990

Amends the FD&C Act

Clear up consumers' confusion about food labels

Aid consumers in making healthy food choices,

Encourage product innovation by giving manufacturers an incentive to improve the quality of the food and make more healthy food choices available to consumers

Important Changes to the FD&C Act

Mandatory nutrition labeling for most foods

Regulation of nutrient content claims and health claims

Food labeling uniformity