

quinine has been given in moderate doses, as is often the case, one or two full doses are now used, but recent experience had led to a preference for antipyrin when only an occasional antipyretic effect is required, or to the external use of cold water by sponging or affusion when the tendency to hyperpyrexia shows more obstinacy.

Dr. Osler believes a plan of armed expectancy to be, in the present state of our knowledge, the most rational. The majority of the cases require little or no medicinal treatment. The routine of a restricted diet under the watchful care of an intelligent nurse, meets the *indicatio morbi*. No initial purge is given, as the cases are never brought to hospital very early, and constipation is not dreaded. An acid mixture is sometimes ordered, or dilute hydrochloric acid is added to the water, which is given freely. As it is possible that the defective elimination of the products of regressive tissues changes may be, in part at least, the cause of the so-called typhoid symptoms, every effort is made to keep active the skin and kidneys. Repeated spongings and an abundance of fresh cool water to drink, answer the purpose.

A milk diet is ordered—about three pints in the twenty-four hours. Very exceptionally it has to be artificially prepared. An examination of the stools will often indicate if too much milk is taken, or if it is not digested. Warm milk is less apt to produce flatulence. Broths and beaten-up eggs are allowed in mild cases.

When the fever reaches 103° - 104° , the spongings are more frequently used. If it rises higher— 104° - 105° —the wet pack is ordered, or a dose of antipyrin or antifebrin, either of which acts promptly. The cold-water treatment is specially indicated in those cases with profoundly ataxic symptoms, though all the features in this state are not due to the pyrexia. For diarrhea, when excessive, aromatic sulphuric acid, bismuth, or naphthalin is ordered. For tymanites, turpentine stupes, turpentine internally, creasote, or naphthalin. Constipation is disregarded unless it persists longer than seven or eight days, when a saline purge or an enema is ordered. The severe headache of the early stage may demand leeches. Bromide or chloral will usually overcome the troublesome insomnia of certain cases.

When there are indications of heart failure, alcohol is given, and, if necessary, in large doses. Camphor, strychnine, and ergot supplement, but cannot replace, alcohol in this condition. Should hemorrhage occur, opium is given and an ice-bag placed on the abdomen.

A return to ordinary diet is permitted ten or twelve days after convalescence is established.

JEFFERSON MEDICAL COLLEGE HOSPITAL.

Dr. J. C. Wilson treats his cases of enteric fever by the systematic use of laxative doses of calomel

during the first ten days, and by carbolized iodine, as originally suggested by Professor Bartholow, throughout the course of the disease. The most careful attention is given to the details of nursing, dietetics, and hygiene, and symptoms are treated as they become prominent. Due regard being had to the peculiarities of individual cases, the general plan is as follows:

Upon the evening of admission the patient receives seven and a half to ten grains of calomel in combination with ten grains of sodium bicarbonate, at a single dose. If the case be still in the first week, which is not usual with hospital patients, this dose is repeated every second night until its third administration; if already in the second week, a single dose only is given. After the tenth day it is given cautiously or omitted altogether. If there be constipation, the first dose of calomel is followed by two or three large stools mostly of the consistency of mush, the later doses by stools decidedly liquid. Diarrhea is not regarded as a contra-indication. On the contrary, it almost always becomes less troublesome after the action of the mercurial. During the subsequent course of the disease, constipation is not allowed to continue at any time beyond the third day; but is relieved as a rule by an eight ounce enema of warm, thin gruel, slowly injected, or exceptionally by a five, or seven and a half grain dose of calomel; the choice being influenced by the character and prominence of abdominal symptoms. Under this plan of treatment diarrhea is not commonly excessive. When necessary, it is treated by one grain suppositories of the aqueous extract of opium.

From the beginning the patient receives at intervals of two hours during the day, and three hours during the night, and immediately after the administration of nourishment, two or three drops of a mixture of two parts tincture of iodine and one part pure liquid carbolic acid. This dose is administered in an ounce of iced water. Unless the temperature exceeds 104° F., the fever calls for no special treatment, beyond cold sponging, which is practised in every case at least twice in the twenty-four hours. A higher temperature receives prompt attention. After trial of the list of new antipyretics, the choice is antipyrin. It is used in single doses of ten to fifteen grains, and repeated when the temperature again rises beyond 104° F. If this remedy fails of its effect, large compresses of several thicknesses extending across the chest and abdomen from the neck to the pubes, and freely wet with iced water, are used. The gradually cooled bath is held in reserve.

Alcohol has no necessary part in the routine treatment of enteric fever. Many cases do not require it; some are unquestionably benefitted by it; while to a considerable proportion it is an absolute necessity. Dr. Wilson believes that the