

asthma, the nervous system must in some way be concerned. We are confirmed in this suspicion by the undoubted fact that the paramount causes of the accessions of uræmic asthma—the determining causes, I mean, of the times of their recurrence—are almost wholly of the kind which influence the nervous system. Although locomotion is not without some effect in disturbing respirations, yet, as I have already hinted, perturbation of mind rather than of body is the potent antecedent. In one of the worst cases I ever saw, the attacks were always brought on or greatly aggravated by such kinds of excitement. The needful strain of making his will, the painful visits of dear friends, the annoying visits of business people, or even the reception of more than a very few persons of any kind during the day, were the efficient causes of renewed seizures. On the other hand, perfect tranquillity in one chamber, and the remission of all calls and messages, postponed the attacks more or less completely. Again, one lady who had lost a friend in Bright's disease, and knew, therefore, but too well the meaning of albumen in the urine. She had her first asthma on the night of the day when I had unwittingly revealed to her the same terrible diagnosis of her own case also. In a third case, the first asthmatic seizure came upon a patient in the night of the day on which his partner had selfishly and rudely complained to him of his absence from business; and such instances I need not multiply.

How, then, can such irritations of the central nervous system determine the occurrence of this asthma? Before the Medical Section of this Association, at the meeting in Sheffield and on previous occasions, I expressed an opinion that mental distress or anxiety is a potent cause of chronic granular kidney.

Can, therefore, the cause which, when protracted, sets up granular kidney be, in its fluctuations, the cause of the asthmatic attacks? I think not. There seems to be a want of explaining hypothesis in this direction. It would seem rather to be some irritation descending directly upon the heart or pulmonary vessels and stopping or hindering the pulmonary circulation in such a manner that the air entering the air-cells finds no blood to meet it.

This seems to me, on the whole, to offer a more likely explanation than the humoral hypothesis; namely, that these asthmatic attacks are evidences of efforts of nature to eliminate blood-poison by the pulmonary mucous membrane. We cannot well conceive of nature striving to push out an offensive tenant; the conception would rather be that, under conditions of osmosis, some ingredient of the blood was escaping upon the pulmonary tract. But the auscultatory phenomena do not support this view; they do not suggest asphyxia by infiltration of the air-cells, nor is the aspect of the patient the aspect of pulmonary congestion, with distribution of unœrated blood in the systemic vessels. A more likely hypothesis is, that the transient hindrance to the arrival of the blood at the air-surfaces is in the pulmonary vessels themselves. As the bronchioles, by a spasmodic contraction, prevent, in ordinary asthma, the passage of air to the blood, so it may be imagined that like crisping up of the pulmonary arterioles, on the other hand, in uræmic asthma could prevent the passage of blood to the air, and thus the one disease would be a tolerably precise counterpart of the other.*

So far, the hypothesis runs on four legs; but some difficulties still remain. The chief of these is the occurrence of pulmonary hæmorrhage as an integral part of the seizure. This seems to point to a repletion of the pulmonary vessels, and of their relief by bursting or transudation. Moreover, the establishment of some mucous exudation in all cases points in the same direction. Another difficulty lies in the relief often obtained by the use of digitalis. If digitalis contract the blood-vessels, it might rather aggravate than diminish the distress; now it does the reverse. If Dr. Johnson's belief in the opposition between the arterioles and the heart be correct, it may be that the administration of digitalis confirms the heart more than it increases the vascular resistance. If, as some other physiologists believe, the

* This hypothesis has been proposed by Dr. Dickenson in his edition of 1877 (p. 445), and also by Dr. George Johnson in his lectures recently published. Dr. Johnson pursues the comparison with other apnoeas, in a very complete and interesting way, as my readers already know. He also offers a likely explanation of my difficulty in understanding the occurrence of pulmonary hæmorrhage.