

The Monitor's Agricultural Department For the Use and Benefit of Farmers.

Correspondence, Suggestions and Inquiries welcomed to these columns

To the Editor of the Monitor:

Dear Sir:—By instruction of the Hon. Minister of Agriculture, a monthly distribution will be made this season of samples of the most productive sorts of grain to Canadian farmers for the improvement of their stock.

The distribution this spring will consist of samples of oats, spring wheat, barley, Indian corn and potatoes. The quantities of wheat, oats and barley to be sent this year will be five, of oats and five, of wheat or barley, sufficient to sow one twentieth of an acre.

The samples of Indian corn and potatoes will weigh 3 lbs. each. Every farmer can apply for one sample to be sent to each applicant, here if an individual receives a sample of oats he cannot also receive one of wheat, barley or potatoes, and applications for more than one sample for one household cannot be entertained. These samples will be sent free of charge through the mail.

Applications should be addressed to the Director of Experimental Farms, Ottawa, and may be sent in any time before the 1st of March, after which the lists will be closed, so that all samples asked for may be sent out in good time for sowing.

Parties wishing should mention the sort of variety they prefer, and should also state the stock of the kind asked for to be exhausted, or some other good sort will be sent in its place.

W. M. SAUNDERS, Director Experimental Farms, Ottawa, December 15, 1902.

Horse Hares are Fed.

The United States Army feeds its cavalry and artillery horses twelve pounds of oats and fourteen pounds of hay per thousand pounds of weight, and its mules nine pounds of oats and fourteen pounds of hay. The Wyoming station feeds its driving horses 21.25 pounds of alfalfa and 3.25 pounds of straw, and its carriage horses ten pounds of oats and twelve pounds of hay per thousand pounds of horse per day.

The Boston fire company feeds its horses 9.28 pounds of grain and eighteen pounds of hay and the Chicago fire company feeds four pounds of oats and fifteen pounds of hay per thousand pounds of weight, per day.

The Richmond (Va.) Express Company feeds its horses 4.67 pounds of corn, 5.33 pounds of oats, eight pounds of hay, 4.16 pounds of oatmeal and fifteen pounds of hay. The Jersey City Express Company feeds two pounds of corn, nineteen pounds of oats, 1.15 pounds of bran and 2.85 pounds of timothy.

The Boston Express Company feeds twelve pounds of corn, 5.25 pounds of oats and twenty pounds of hay. The Wyoming station feeds its farm horses 14.75 pounds of alfalfa and 2.25 pounds of straw per day. The Utah station feeds its farm horses twenty-five pounds of alfalfa and ten pounds of bran, or 2.25 pounds of timothy hay and ten pounds of bran. It will be noticed that at all these Western stations alfalfa hay is preferred for farm horses. At Chicago the daily ration of draft horses of large companies is 7.5 pounds of oats and twenty pounds of hay and in South Omaha fifteen pounds of oats and twenty pounds of hay.

THE SAVING IN SHRINKAGE. At those four illustrations stations over 70,000 cheeses from some 40 factories have been stored during the last two seasons. As the cheeses were collected from the factories, a number from the same vat from all factories were set aside each week, and after being carefully weighed, one was placed in the curing room and the rest to be put in the upper story where the temperature was not controlled. The cheese of the corresponding week were then weighed and the difference in shrinkage noted. From this difference the saving in shrinkage on the whole lot was calculated.

The total value of the savings, namely, \$4669.76, represents the interest at 6 per cent. on over \$75,000, or in other words would provide for a capital outlay of nearly \$2,000 for each of the factories contributing cheese. As everyone knows the past two seasons have been remarkable for the very cool weather and moist condition of the atmosphere that prevailed all summer. In an ordinary season the saving of shrinkage would be very much greater, because a high temperature and a dry air are the two conditions that increase the shrinkage.

IMPROVEMENT IN QUALITY. But the saving in shrinkage is only a minor consideration. The main one is the great improvement in quality. The cheese cooled in the cool rooms and those cooled in uncontrolled temperatures have repeatedly been examined and compared by a large number of cheese buyers, cheesemakers and others, and in every case the cool cured cheese has been pronounced the best in quality.

EFFECT OF HIGH TEMPERATURE ON QUALITY. In this experimental work there have been many opportunities for the observing of the effect of a high temperature on the quality of cheese. The first effect of a high temperature and one which is always noticeable is to make the texture of the cheese rough and mealy, and in extreme cases show a graininess which is undesirable, or in other words it destroys that silkiness of texture always present in cheese at its best. Bad flavors are intensified at the higher temperature and many cheese go "off" flavor, while their taste is thus made more repulsive than clean. All these become sharp and "tasty" much quicker at the high temperature. Cool curing will not make a fine cheese out of a poor one.

POULTRY POINTS. When chickens grow very fat, it sometimes causes leg weakness. Under usual conditions a variety of food is better than any medicine that can be given.

The only safe way of disposing of dead fowls that have died of any contagious disease is to burn them. Clover contains two elements that are in demand by the homo-nitrogen and lime. It is rich in the elements required for the whites of eggs.

When roge gets into a flock it invariably leaves some silent fowls. The food that has been subject to it seldom healthy again. There is no cure for feather pulling except by more labor and time than an ordinary flock is worth. The best plan is to get rid of the guilty fowls as soon as possible.

A hen seldom begins to eat eggshells until she finds one broken or until she has been accustomed to eating eggs thrown out into the yard. She takes them in always to render them safe from being eaten by the young.

Minard's Liniment cures distemper.

CHURCH SERVICES. Parish of Bridgetown.

CHURCH OF ENGLAND—Rev. E. Underwood, Rector. St. James Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Morning services: 1st Sunday in the month 7.00 p.m. All other Sundays at 11 a.m. and 7.00 p.m.

St. Mary's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Vincent's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. George's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Andrew's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. John's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Peter's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Paul's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Nicholas Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Basil's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Mark's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Luke's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Matthew's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Philip's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. James' Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. George's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Andrew's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Paul's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Nicholas Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Basil's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Mark's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Luke's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Matthew's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Philip's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. James' Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. George's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Andrew's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Paul's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Nicholas Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Basil's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Mark's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Luke's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Matthew's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Philip's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. James' Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. George's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Andrew's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Paul's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Nicholas Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Basil's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Mark's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Luke's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

St. Matthew's Church, Bridgetown. Sunday School every Sunday at 8.45 a.m. Holy Communion: 1st and 4th Sundays at 11 a.m. All other Sundays at 10 a.m. Morning services: 1st Sunday in the month at 8.45 a.m. All other Sundays at 10 a.m. and 7.00 p.m. Evening services: 1st Sunday in the month at 7.00 p.m. All other Sundays at 7.00 p.m.

BOVRIL

Is "the Stitch in Time"

when epidemics of any kind prevail; when changeable weather makes "catching cold" easy.

At the least sign of fatigue, chilliness, or faintness, take a cup of hot BOVRIL. It will give instantaneous vigour and lasting energy.

BOVRIL is just as good as a preventive as it is as a restorative.

Guaranteed Satisfactory OR MONEY REFUNDED.

Bentley's Liniment

THE MODERN PAIN CURE.

The best remedy for all Pains, Aches, Strains, Cuts, Bruises, Burns, Sore Throats, Coughs, Colic, etc. It is an extra strong White Liniment that will not injure the most delicate fabric, and is guaranteed to do all that we claim, or your money is refunded.

We make this offer because we know what BENTLEY'S Liniment can do.

Be sure and get the genuine BENTLEY'S Liniment—the best of all. Sold by all dealers in medicine, especially druggists.

F. G. WHEATON CO., Ltd., Sole Props., Folly Village, N.S.

DOMINION ATLANTIC RAILWAY

Steamship Lines

St. John via Digby

Boston via Yarmouth.

Land of Evangeline' Route

On and after SATURDAY, JAN 2nd, 1903, the Steamship and Train Service of this Railway will be as follows (Sunday excepted):

Trains will arrive at Bridgetown: Express from Halifax, 12:15 p.m.; Express from Yarmouth, 12:34 p.m.; Express from Digby, 12:45 p.m.; Express from Annapolis, 4:30 p.m.

S. S. "BOSTON" by far the finest and fastest steamers plying between Halifax, N.S., and Yarmouth, N.S. Sailing on SATURDAY, JAN 2nd, 1903, at 10:45 a.m. from Halifax.

Royal Mail S.S. "YARMOUTH" ST. JOHN and DIGBY, leaving St. John, Monday, 11:45 a.m. and Saturday, 7:45 a.m. Arrives in Digby, 10:45 a.m. Leaves Digby for arrival of express train from Halifax.

Trains and Steamers are run on Atlantic Standard Time.

P. GIFFKINS, Gen'l Manager, Kentville, N.S.

CANADIAN PACIFIC Publications

"The New Highway to the Orient." "Week-end to the Far East." "Fishing and Shooting in Canada." "Time Table with Notes." "Climate of Canada." "Quebec—Summer and Winter." "Montreal—the Canadian Metropolis." "Homes on the North Shore." "Across Canada to Australia." "The Yukon and the Lakes in the Clouds." "The Yoho Valley and Great Glacier." "The Challenge of the Rockies." "Western Canada." "British Columbia." "World's Fair, St. Louis, April 30th to Dec. 31st, 1904."

Write for descriptive matter, rates, etc. to C. B. FOSTER, D.P.R., C.P.R., ST. JOHN, N.S.

50 YEARS' EXPERIENCE PATENTS

ANY MANUFACTURER who has an invention or discovery of any nature, or who has any other valuable property, should apply to the undersigned for a full and complete description of the same, and for a full and complete statement of the law, and for a full and complete statement of the value of the same, and for a full and complete statement of the best way to protect the same.

Scientific America

MUNN & CO. 361 Broadway, New York, N.Y.

EXECUTOR'S NOTICE

All persons having any legal demands against the estate of Abner Buckman, late of Charlottetown, in the County of Annapolis, farmer, deceased, will render the same duly attested within twelve months from date, and all persons indebted to the said estate are requested to make immediate payment.

HENRIETTA BAUCKMAN, FENWICK INGLIS, Executors

Bridgetown, July 23rd, 1903.

The Household.

WATER FOR THE STOMACH.

The habits of people in general do not seem so bad when one considers the average individual's limitations as to knowledge and thought. The fact is that most people don't know, don't think, and hence don't care. Let them read more science, think more sanely and act more earnestly. Then their habits will be more satisfactory.

The alimentary receptacle—the stomach or vat in which foods and liquids are received and mixed—is habitually converted by many persons into a chemical retort of all sorts of drugs and composites, with the view of relieving and relieving the ill of the various organs of the body, from dandruff to corns. The writer believes that he can give no more and better reasons for his confidence in the therapeutic value of most remedies than most other physicians, but he wishes to emphasize here the transcendental element of common sense in their administration.

Before and above all things, however, what is wanted is a clean, gastrointestinal canal, and his claim is that water, properly used, is the best agent to effect that cleaning. On a par with this canal in importance are the eliminative tissues and organs of the system, the kidneys, the mucous membrane and skin. What therapeutic agents properly used, is better than water? After all the assimilative and eliminative organs and tissues have been thoroughly rinsed with pure, soft water, then, if it is still necessary to administer a chemical agent, one may be selected that will, with these organs and tissues in better condition, work better. If you are so foolish as to allow yourself to become foul, from head to foot, cleanse yourself with water before resorting to chemical aid.—Health.

"LOOK PLEASANT."

At a recent meeting of an art club at which were twenty-five members, it was impossible to find one really happy looking woman. The lines of anxiety, the puckered brows and drooping mouth, made a member feel as though she were looking at a mirror before each face, and say: "Can't you look a little more pleasant, even if you don't feel like it, just for the sake of those around you?"

Think of sitting opposite a woman twice—perhaps three times—a day and seeing always a look of care and worry. One couldn't blame a man for getting discouraged. The same thing can be seen in cars, lectures, and in fact everywhere, and even some young girls and children have the same disagreeable expression. If this careless look has become such a part of the present generation that we cannot part with it, let us at least impress future generations with the fact that it is not only a thousand pities to spoil their features with all these medicine lines and frowns, but a real wrong besides. One expects to look older at forty than at twenty, yet need one look as though she alone had all the hard times?—Edith S. Mch., in Good Housekeeping.

LAUNDRY HINTS.

By most housewives the ironing of table-linen is a much dreaded task, but by using the following plan it may become a real pleasure. We all realize how easily linen is drawn out of shape when wet, and how hard it is to regain if dried in that condition. All this trouble of exertion and pulling and stretching may be avoided, if when the table-cloths are being hung upon the line the selvages are folded evenly together and pinned to the line, corners first, then the sag. The places must be stretched gently in place, and held with pins not more than twelve or fifteen inches apart. If pins and line are scarce, the napkins may be hung over the table-cloth, allowing the same service for both. Shake out all unnecessary folds and wrinkles that may remain. When possible hang out until dampened by dew; if not, sprinkle and fold in the usual manner. Lay at least an hour or so, then shake out and iron single. Begin at a corner. Iron lengthways and then across. This is the secret of success. Turpatine in the starch process glass—December Woman's Home Companion.

FLOUR, MEAL, FEED.

FLOUR in Five Roses, Ogilvie's Hungarian, Hornet, Rainbow, Harvest Queen, Tilton's Pride, Delight, White Coat, and other brands.

CORNMEAL in barrels and bags

Feed Flour, Middlings, Shorts.

JOSEPH I. FOSTER.

THE INVERNESS RAILWAY AND COAL COY.

INVER