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Neuralgia Rheumatism
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which contains proven directions Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocaceticacidester of Salicylicacid

TO EXPECTANT MOTHERS

A Letter from Mrs. Smith Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Trenton, Ont.—"I am writing to you in regard to Lydia E. Pinkham's Vegetable Compound. I would not be without it. I have taken it before each of my children was born and afterwards, and find it a great help. Before my first baby was born I had shortness of breath and ringing in my ears. I felt as if I would never pull through. One day a friend of my husband told him what the Vegetable Compound had done for his wife and advised him to take a bottle some for me. After the fourth bottle I was a different woman. I have four children now, and I always find the Vegetable Compound a great help as it seems to make confinement easier. I recommend it to my friends."—Mrs. FRED H. SMITH, John St., Trenton, Ont.

Lydia E. Pinkham's Vegetable Compound is an excellent medicine for expectant mothers, and should be taken during the entire period. It has a general effect to strengthen and tone up the entire system, so that it may work in every respect effectually as nature intended. Thousands of women testify to this fact.

pretty well in the heart of the town, while the Presbyterian and Roman Catholic Churches on the elevation at the North end.

Mr. Reid, the dentist, lived in a house in the fields, to the North of the Presbyterian Church, and John Cook lived in a house on the corner of "eighteen sideroad" and the fourth line. Those were the days when "stages" made regular trips to Warwick Village and Arkona, the former being driven by a one-armed man Mr. Jacob Smith. They did not appear to be a very comfortable way of travelling. This minor disadvantage however, was fully compensated, I believe by the cheerful dispositions of the stage drivers.

Although Watford, at that or any other time, may not have been celebrated for her factories, she has always had good reason to be proud of her citizens and of their achievements. Doctors Boyd, Linsay, Harvey, Stanley, Gibson, MacLeay, Newell, Kelly and others, all either a little before or after that time, looked after the health of the people, while Doctor McGillicuddy did the same for their stock.

Mr. A. J. Brown, Messrs. Edward and Thomas Swift and Mr. David Watt and Mr. Jamieson made it possible for every man, woman and child to be well dressed; Mr. Samuel Howden kept a great boot emporium (some of the boots had coloured tops in those days and many had copper toes) while his brothers Noble and David, Mr. Peter Dodds and the Roche Bros., Mr. Lance Rogers and others kept great stores full of all kinds of groceries and provisions. Delicacies in the way of candies, cakes, ice-cream, tropical fruits and other nice things could be had from Mr. John Baker; and all kinds of medicines, books, stationery from Mr. W. P. McLaren or Mr. T. B. Taylor. Mr. Angus Mitchell, Mr. David Maxwell and others, built buggies and wagons, shod horses and fashioned anything that was required and that could be made out of iron.

Messrs. Boles and Stickle kept a foundry and turned out the famous Lambton Harvester, a reaping machine with four rakes circling weirdly round through the air, when the machine was in motion, and one of them, every now and then, responding to a foot-trip and raking off enough grain to make a sheaf.

Mr. James Mitchell made harness so strong that even the strongest horse could not break it. Mr. Cluttbuck or Mr. David Hawkins could mend a shoe, Mr. Lewis a watch and Mr. Mavity or the Restorick boys bring trunks or travellers from the station, in almost as short a time as it takes to tell it.

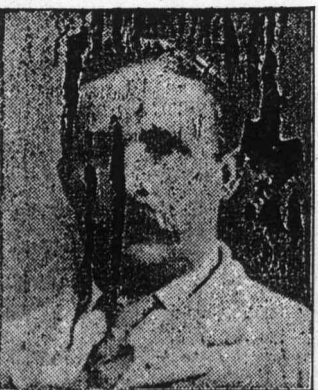
The fire brigade was one of the best in Western Ontario, and "Professor" Hasting's Silver Band, of which for some time, I was a member, always attracted attention, not only for its good music, but at one time, shortly after it was organized, on account of the tall silk hats, long frock coats, and white gloves in which members were arrayed.

There were a few retired gentlefolk whom I well remember, and these included Mr. Thomas Woods, Mr. Howard, Mr. Roger Williams and Mr. Eccles, all living in the town, and Mr. William Cowan a short distance out on the West side.

The Guide-Advocate was owned and operated at that time by Mr. Tye and later by Messrs. Harris and Williams. It had, as it deserved, to

from their fields of growing grain. The great reunion which will take place in August will help to accomplish this much-to-be-desired end, and go a long way towards making it easier for the coming generations to write up in the old town's ledger a record of greater accomplishment than we, their forbears, have done. This is the very sincere and whole-hearted desire of the "old boy" known as—T. B. R. Westgate.
Indian and Eskimo Commission, The Bible House, Alexander Ave., Winnipeg

FREED OF RHEUMATISM BY FRUIT TREATMENT.



"Be good enough to publish for the information of Rheumatism sufferers how 'Fruit-a-tives' relieved my rheumatism which had at least five years' standing."

"The trouble was in my right hip and shoulder; the pain almost unendurable. This kept up until I started to take 'Fruit-a-tives'. After a continuous treatment for about six months, I am now in first-class condition. This, I attribute to my persistent use of 'Fruit-a-tives'."

This is the letter which Mr. James Dobson of Bronte, Ont., wrote after trying the wonderful Fruit Treatment—"Fruit-a-tives"—which consists of intensified fruit juices combined with tonics.

If you suffer with Rheumatism, "Fruit-a-tives" will make you well and keep you well.

25c. and 50c. a box—at dealers or sent by "Fruit-a-tives Limited, Ottawa, Ont.

Perfect Seal Crown Improved Gem JARS

Nothing adds to a meat dish like cucumber pickle.

You'll be glad if you preserve a supply for next winter. Costs little now.

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Cucumber PICKLE

Free recipe book on request.

There will be two floral parades at the Canadian National Exhibition on Flower Day, Saturday, August 30th.

at the once for it. From my viewpoint it was the best in Ontario. I tramped the old burg each Friday morning fair or foul weather and delivered papers to some of the kindest people it has been my pleasure to meet. Near the end of the year, like my predecessors and successors, I was probably a little more careful that the papers did not blow away from the door. New Years Day I started out with my greeting cards to make a personal call on all subscribers in the town. I remember quite well after about four hours tramping and had received somewhere about \$13 in cash and coppers I was compelled to go home and have a friend finish the route. My earache turned out to be a healing ear which kept me in the house for several days.

Monday in the Guide—at that time was distribution day and when all the type was back in the cases ready to set the news for another week the boss would let the staff all go except one and many Monday afternoons would find us out in Cowan's woods looking for black squirrels.

In those days we had a fine view of Main Street from our upstairs windows and I would not like to say whether our eyes were on our work or things on the street the most. The view today from those windows is somewhat limited. Just below the windows on the next lot were a couple of trees from which swung a hammock made from a couple of old barrels and many the good nap that our friend, Walt Cook had on it. On the second lot to the south was the Sutton Bro's, butcher shop and I can vouch that they always carried a fine stock of bologna, etc. and in the summer season plenty of fruit. In those days it was one of my duties to see that old Union Jack was out the front window on all holidays. Well I remember the old ball team and the old "Orange and Black" hockey team who won the honors in their group on many occasions.

I could ramble on to no end of little incidents which happened in those old days but suffice it to say they were "the days of real sport."

On April 1st, 1904, when I bade farewell to the Guide staff, and to many old friends in the town, it meant much to me, it being my first adventure into the outside world. During my five years in the office there was few changes outside of apprentices. During my last short visit I noticed a great many changes in the office. The installing of the linotype has made a vast improvement and one often wonders how we used to manage without it in the earlier days. The old gas engine has also given way to an electric motor. The second floor appeared to be almost a thing of the past.

In closing Bill let me say I always refer to the paper on which I served my apprenticeship as the best town weekly printed in Canada, and when I make that claim I do so in all sincerity. May the old home paper always live up to the ideals of the earlier days.

Orrie W. Harris, 3821-7 A West, Calgary, Alberta.

MURINE For Your EYES

Refreshes Tired Eyes

Write Murine Co., Chicago, for Eye Care Book

one than now, everything then was a fat man I am by them forgotten. Let me add, however, that I am proud to have known my schoolmates, and I believe that the class of 1885, S.S. No. 5, Warwick, will compare favorably with any class in the world for wholesome true woman and manhood.

But the question arises, what has this to do with Watford and our only answer must be, "Of such is the kingdom." Among my earliest recollections of Watford is the depth of mud that was then on Main street each spring and of tripping over the loose board walks then in existence. Happily this condition has been entirely overcome. I also took a great interest in the reservoirs of water maintained for fire protection, and it is a wonder I did not fall into one of them. Looking into open wells and studying my reflection therein, appears to have been an obsession. I cannot recall that I ever gained any advantage from such research, but, perhaps Henry Ford would have his belief in reincarnation strengthened on the assumption that in a former existence I gained a livelihood by spearing fish in deep pools, or that I was an Adonis who kept his toilet in order from reflection in the water, owing to the absence of other mirrors.

I find that in 1894 I made the acquaintance of Havelock Lodge, since which many others in different states and provinces have record of my registration, and in passing this connection I must pay tribute to many who have been raised even to the throne of God Himself, among them, still living but absent, Sam. Howden.

I will not attempt any review of Watford for time has obliterated many landmarks not only in memory but in actuality.

When I started writing I felt that rather a lighter vein would best express my appreciation of the old home town, but this resurrection of the past has somewhat saddened me. New surroundings and new friends, and they have seen many, have not and will not serve to wholly efface the picture of the past.

Starting with the words of a song, perhaps I may be excused if I quote the words of another song in closing, that of "Absent" by Catherine Young Glen, the music of which, rather than the words, will more nearly convey my thoughts:

"Sometimes between long shadows on the grass,
The little truant waves of sunlight pass,
My eyes grow dim with tenderness the while,
Thinking I see thee, thinking I see thee smile!
"And sometimes, in the twilight gloom apart,
The tall trees whisper, whisper heart to heart,
From my fond lips the eager answers fall,
Thinking I hear thee, thinking I hear thee call."

R. A. MINIELY.
Dunblane, Sask.

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No one need endure the agony of corns with Holloway's Corn Remover at hand to remove them. It

block. Then fire took part in the block. A. Brown built where the old one was burned and moved in adding millinery to his stock. There were five churches, two saw-mills, Wilson's and McKenzie's two foundries, Daugherty Bole and Stickle four or five Hotels, Three or four Doctors at times, there was Dr. Shirley, Boyd, Stanley, Harvey, Lindsay, one Professor, McTavish, three music teachers, Mrs. and Miss Jones, Mary Ann Brown, from two to four school teachers as the school was enlarged, two grist mills, two planing mills, Cook and Lawrence brothers, two or three meat markets, two hardware stores and general opposition all round. At one time Hotels were charging three dollars per week for board and room, boarding houses two dollars and a half for board and room and washing, men were laboring for one dollar to one twenty-five per day. Girls were getting one dollar to one fifty per week wages. There were two or three drays and two lumber yards, two liquor stores. There were two or three blacksmith shops, "Kit" Willoughby and Joshua Saunders, George Percival, Angus Mitchell.

This is the history of Watford as well as I can picture it from memory for there were always changes with fire and people and as I was very young at the time. I may have been mistaken in some of the locations of some of the merchants. I hope those who are living may come home to this reunion and have a good time.

Mrs. T. R. Graham, Formerly, Minnie Anderson, Redford, Mich.

the Roger House ever since. Ontario Street intersected John McLean, who Dave McWater and Arthur Rollins as clerks had a dry goods store and grocery, next door to up-stairs, Reids dental parlor, Brett's drug store, and Dr. Shirley's Office, Samuel Howden boot and shoes, Peter Dodds tin store and liquors, then Lesuer's old store and home. Erie Street intersects, Dan Eccles Insurance Office, Old Mr. Howard's residence, Samuel Anderson Pathmaster for years, his wife was first and only nurse for years, then following was residential homes. St. Clair Street intersects, Crossing main street going south on east side, vacant but built up later, the old frame Presbyterian church was moved from the fourth line cemetery, and used as a wagon and black smith shop, vacant then Miss Jane William's dress and mantle making and millinery, an old building that was removed later, Misses McQuillen and Bishop dress making, then the old Cowan weaving shop, occupied by Marshall's tailor shop and Post Office. Erie Street intersects, Agricultural implements, later Cameron's livery, Whitley's bakery, later Hendersons, still later Jone's bakery, later Sandy Mavity then John Baker, then Lovell, Robert Fowler meat market, Old Guide Printing Office, Editor, Tye, an old building in corner. Ontario street intersects, Bamber's furniture and undertaking store, Fred Humfrige flour and feed store, John Benham's jewelry store, Britannia Hotel Horseman Manager, Samuel Pottinger's meat market, Miss Nellie Symington dress making and Fred Brown's two houses. Huron street intersects. Two small places which was removed later and built up one was a shooting gallery and Rose's liquor store. Dr. Radd veterinary office, Boyle's Hotel, McLaren drug store and stationary, two old places occupied by little Benham's jewelry store and a grocery. (There was two Benham's had jewelry stores at the same time and was called big Benham (John) and the other little Benham), then Murdo McLeay dry goods in the elephant wear house, David was his clerk. Front street intersects. The R. Road Hotel, Mr. Ray Landlord at his death, George Brethbridge, then Mike Halisy shack, then over the bridge, what was called Irish town was Andrew McDonnal, grocery, Hector McLeish had a hoop and stove mill, Bob Kells a cooper shop, Paddington had a grist mill and residence, Murdo McLeay bought the residence later near the railroad, O'Neil had two grain store houses which were burned, next was a lumber yard, then Brizleys boarding house, the R. R. hand car house and line, kiln further down railroad, Wilson built a saw mill, Robert McLeay bought it and run it later, Mr. Hockins was station master, James Murray was first postmaster, Murdo McLeay was second postmaster, when McLeay went out of business, the office was moved to the corner of Ontario Street, Mr. Ross was appointed postmaster, Lambert built a grist mill on front st. west of Fowler House. There was a garding mill that was burned old Mr. Fowler operated it, also a pond and slaughter house that was forced out of commission for the butchers threw the refuse into pond and it was a nuisance, the town belfry was at one time on Huron street, then shifted to the S. W. block over a building, then it was shifted or moved to Ontario street where it is now and George Percival was engaged to ring it. There was

The Hostess

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