

Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, JULY 30, 1915.

NOTE AND COMMENT

Detroit Free Press: After a man ceases to care where young and pretty girls frequent the spot he picks for his vacation he is either tamed by marriage or getting old.

The story of the Edmonton murder trial in which a man who pestered a girl into promising to marry him and is charged with then having killed by means of poisoned chocolates his rival whom the girl loved, reads like the plot of a dime novel.

Are you spending money with any merchant who "does not believe in advertising"? Do you believe that a merchant who does business on that basis could possibly be in touch with the age in which he lives or render to you equal service with that other merchant who recognizes that his advertising is a part of the service he owes to you?

The New York World points out that Admiral Von Tirpitz is 66 years old, that Admiral Fisher is 74, that Admiral Jellicoe is 56, that Kitchener is 65, that French is 63, that Ian Hamilton is 62, that Joffre is 63, that Pau is 67, that Kluck is 69, that Heeringen is 65, that Bissing is 71, that Mackensen is 66, that Hindenburg is 68, that Haeseler is 73.

The Prusso-American war correspondence goes gaily on. Germany in the latest rejoinder on the subject of the Lusitania says—nothing. All the United States firmness of attitude and "holding to strict accountability" has been useless. So far as an outsider can judge these interchanges of notes are likely to continue after the war has ended.

Every child should be taught to save money without being avaricious or niggardly. We need more thrift. The average Canadian wage earner wasted enough in his youth to make him comfortable in his old age. We should take a lesson from France in this respect. They know how to enjoy life and at the same time work hard and save money. They suffer less from panics and depressed times than any other people because nearly every person saves something against a rainy day. The French schools teach the children to save money and the most frequent prize given in the schools is a savings bank book with a small sum to the credit of the owner.

BROOKE

Miss Carrie Healy, Sutorville, is visiting friends in Watford.

Slaughter sale of summer shoes at P. Dodds & Son's. See ad.

Mrs. Duncan Acton is very ill and little hope is held out for her recovery. Service will be held in St. James church on Sunday at 10.45 in the morning; Sunday School at 10 o'clock. Mr. G. Kelly, of Huron College, will conduct the service.

Miss Lida Lucas and brother Charles returned home on Tuesday, accompanied by their cousin, Miss Gertrude Lucas, after spending a week with friends and relatives in Brooke.

The first sacramental service on the Brooke circuit for this conference year will be held in the Bethesda church next Sunday, August 1st, at 10.30 a.m. The pastor, Rev. J. A. Snell, will speak on "The Sacrifice of Service." As this will be the only service on the circuit for the day, a very large attendance is anticipated. Everyone will receive a hearty welcome.

One of the most exciting baseball games of the season was well attended at the home of Mr. Richard J. Lucas, on Monday evening last, when the Kingscourt Ladies I. D. K. played against the young ladies of Sutorville, the score being 14-7 in favor of Sutorville. A silver collection was taken up in aid of the Red Cross Fund, which amounted to \$10.00. The return game will be played some time in the near future. Three cheers for the ladies.

There were thirty ladies at the meeting of the Red Cross Workers' Union at Mrs. Isaac Newell's on Monday last, and the amount of work done was somewhat more than usual. The donations were generous also, and in the bale sent to the Red Cross Society there were:—3 quilts, 6 sheets, 19 pillow cases, 6 pillows, 6 bed jackets, 38 towels, 20 yards cheese cloth, 4 dozen and 6 cheesecloth handkerchiefs, 745 mouth wipes, 1 pair socks and 4 yards bandages. The next meeting, August 4th, is at Mrs. Jas. Patterson's, Metcalfe. Donations of all kinds are gladly received, such as towels, pillows, feathers, cheesecloth and old cotton and table linen.

The worse the weather to-day, the better it may be to-morrow.

PLANNING THE MEAL

Balanced Rations an Important Factor in Home Economics.

"Oh, dear! This eternal planning and contriving, from meal to meal, over what to serve next."

A common enough exclamation, surely, and one familiar to the family man, who too often considers wife's work more or less of a sinecure and wonders why she frets so easily over trifles. Just throwing things together in a hulk, regardless of the food's effect on the general health and efficiency of those who must eat it, is a wasteful and even a dangerous process.

Nowadays the thoughtful housewife "balances rations" as skillfully and carefully as does the careful stock feeder. She feels that what is good for beasts of the field is surely worth applying to man.

A few hints on balancing rations from the home economics department, College of Agriculture, University of Wisconsin, follow:

Fat, protein and carbohydrates should be distributed through the day so that no meal will contain an excessive amount of any one foodstuff.

Don't serve two or more foods rich in the same foodstuff at one meal. For example, macaroni and cheese with meat, rice and potatoes.

Don't serve the same food in the same form twice in the same day except with such staples as bread, butter and milk. Never serve such a combination as tomato soup and tomato salad, or creamed peas and cream of pea soup in the same meal.

Work for flavor contrasts between different courses of a meal. Seek to have pleasing combinations of flavor, color and form in each course.

Plan to serve a fruit or vegetable at each meal. A mixed diet of vegetable and animal food is safest and best.

PARIS AND BERLIN.

Both Know What It Is to See Foreign Armies Within Their Gates.

Paris has had severe experiences in the way of surrenders to invading armies. On March 31, 1814, the allied armies that had hemmed in Napoleon entered the French capital and occupied it with a force of 230,000 troops. After Napoleon's escape from Elba and his defeat at Waterloo the armies of the allies again entered Paris July 7, 1815. Thus the great city had to surrender to its enemies twice within sixteen months. Fifty-five years later—Jan. 28, 1871—the city surrendered again, this time to the victors in the Franco-German war, after a brisk bombardment.

Berlin has seen foreign troops enter its gates no fewer than three times in the last 200 years. The first time, curiously enough, the conquerors were Austrian troops under General Haddick, who entered Berlin in 1757, when Frederick the Great was engaged in fighting the French on the Rhine. During their stay the Austrians imposed a fine of £30,000 on the city, as well as commandeering a huge quantity of provisions and equipment for their troops. It was only just over three years later when both the Russian and Austrian troops, then allies of one another, entered Berlin. This time the city was fined £300,000.

The time that will be best remembered, however, was the entry of Napoleon into Berlin after the victory of Jena. Napoleon inflicted a very heavy fine on the Germans and forced them to feed his troops.—London Tit-Bits.

Saved His Dog.

Lord Rosebery is a great lover of animals, and on one occasion he actually went so far as to risk his life for a favorite dog. His lordship was on board a steamer when suddenly his dog fell overboard. Much distressed, Lord Rosebery asked the captain to stop the ship—a request which was refused.

"If it were a man overboard," said the captain, "why, then, of course—" "Oh," said Lord Rosebery, "that can be easily managed," and, to the captain's astonishment, he leapt overboard after the dog himself.

Naturally, the steamer was promptly stopped, a boat was lowered with all speed, and both dog and master were rescued, none the worse for their experience.—London Tit-Bits.

Death by Freezing.

It has never been clearly understood why severe cold causes death, but a variety of reasons have been assumed—the accumulation of carbonic acid, paralysis of the vasomotor centers, loss of heat, accumulation of blood in the heart owing to stagnant circulation, anemia of the brain and destruction of the red blood corpuscles.—Philadelphia Press.

Important Detail.

Bacon—Is see your brother is in business again. Robert—Yes. "Is it a painful occupation?" "I guess so, but it's hard to tell whether he'll gain money or experience."—Yonkers Statesman.

NEW GOODS EARLY FALL SHIPMENTS HAVE STARTED NEW GOODS

FOR the next few weeks we will be very busy receiving shipment after shipment of Seasonable Merchandise. We have had some difficulty in procuring a few lines, but on the whole the values we are prepared to submit to you will be a pleasant surprise. Among the arrivals this week we find

NEW LINOLEUMS, FLANNELETTE BLANKETS, STAPLES, SHIRTINGS, Etc.

ART TICKING, SHEETING, PILLOW CASING, LINENS

A word about Linens. We have a large stock, too large, but as we cannot buy Linens at the price these were bought at, we consider we have had horseshoe luck in this dept.

Remnant Clearing for One Week

Three Tables of Remnants from all depts., the results of our July Sale. Get your share.

NEW GOODS Swift, Sons & Co. NEW GOODS

CHOP STUFF.

A. E. Bradwin, lately of Goderich, has purchased the Sarnia Post.

The Ailsa Craig Banner will not be published this and next week. Holiday time.

A Deyham township farmer was fined \$30 and costs for sending deteriorated milk to a cheese factory.

Pte. Bruce McCol, of Parkhill, who was reported missing since April 10th, is now officially reported killed.

Mr. D. D. Moshier, formerly public school inspector for West Lambton, has been appointed to a similar position in the city of Toronto.

R. F. Richardson, of the Strathroy Dispatch, has been re-elected on the Board of general purposes of the Masonic Grand Lodge of Canada.

Forest band will hold an excursion to Detroit on August 5th. Ailsa Craig will hold its civic holiday the same day and join hands with the band on the water front.

The Universalists of Western Ontario have decided to build a parsonage for their minister either in Blenheim or Leamington, to cost in the neighborhood of \$3,500.

While pruning trees in Edward Batten's orchard, Gesto, recently, Sylvester Perdue accidentally fell and injured his spine, with the result that his limbs are paralyzed and his condition serious.

Sarnia will hold a Patriotic Day on August 18th, when a big parade and speeches by prominent men will be the chief items on the program. An effort will be made to have the 34th Batt., C. E. F., take part.

While men were drawing hay on the farm of Watterworth Bros. near Ridgetown, Monday evening, Bruce, the five-year-old son of Mr. W. D. Watterworth, clasped the side of the rack and fell under the wagon, the hind wheels passing over his body. He was picked up alive, but passed away before the house was reached.

The little daughter of Mr. and Mrs. H. A. Gilroy, near Alvinston, had the misfortune to fall beneath a load of hay in the wagon, and was run over, on Wednesday. It is supposed that she was hanging onto the hayrack with her feet on the reach, and in some way lost her hold and fell beneath the wheels. She is now in a dangerous position. The wheels passed over her body.

Mr. and Mrs. Thomas Towers, of Ekfrid, were seriously injured in a runaway on Tuesday evening. They were driving to Glenoe and on the towline, north of the C. P. R., their horse took fright at a motorcycle and overturned the buggy. Mr. Towers was severely bruised and had his head cut badly above the ear. Mrs. Towers was internally injured and had several ribs broken.

Watson Simpson, Wheatley, lost a valuable horse in an unusual way last week. He took it to the shop to be shod, and, being somewhat refractory, it was found necessary to use extra ropes on it and tied them to a post in the shop. The horse made a lunge backward, fell heavily to the floor and died in a few minutes, blood issuing from its nostrils in considerable quantity.

It may be a small matter even if a woman doesn't know her own mind.

WANT COLUMN.

FOR SALE—A driving mare, 4 years old; 1 buggy, new; 1 cutter, new and a cement block machine.—HARRY BATHUR, care of Robert Jones, 2nd line north, Warwick. 30-2

PRIVATE and other money to loan on farm property at lowest rates. Two vacant lots, several dwelling house properties and two business places all in Watford for sale and a dwelling in Watford to rent. Apply to W. E. FRITZGERALD, barrister, etc., Watford.

SHOE BARGAINS

43 Pairs Women's Oxfords and Pumps including Patent, Dongola and Gun Metal, choice for.....\$1.25

18 Pairs Men's Oxfords including Patent, Gun Metal and Tan.....\$1.50 to \$3.00

7 Pairs Child's Tan Strap Slippers size 8 to 10½, at.....90c

23 Pairs Women's Black Velvet Pumps choice.....\$1.00

17 Prs. Women's White Canvas Pumps choice.....\$1.25

14 Prs. Women's Dongola Button Boots for.....\$2.50

9 Pairs Child's Dongola Slippers, for 50c

21 Pairs Women's Tan Slippers Regular \$3.25 to \$3.75, choice for..\$2.00

30 Pairs Men's Harvest Shoes, \$1.75

A Large Assortment Children's and Misses' White Slippers at cost.

P. DODDS & SON WATFORD'S BUSY STORE

Fair Dates

Forest—Sept. 29, 30. Strathroy—Sept. 20 to 22. Petrolia—Sept. 22 to 25. Sarnia—Sept. 27 to 29. Wyoming—Oct. 1, 2. WATFORD—OCT. 5, 6. Alvinston—Oct. 7, 8. Glenoe—Sept. 27 to 29. Bridgen—Oct. 4, 5. Florence—Sept. 30, Oct. 1. Sombra—Oct. 11, 12.

Card of Thanks

The members of Watford L. O. L. No. 505 wish to thank the citizens of Watford for their loyal support in making the celebration a success, also for assisting to decorate Main street. Signed on behalf of L. O. L. No. 505. JOHN W. DOAR, W. A. DAVIDSON, Rec. Sec. W. M.

Clerk's Advertisement of Court in Newspaper

NOTICE IS HEREBY GIVEN that a Court will be held, pursuant to the Ontario Voters' Lists Act, by His Honour the Judge of the County Court of the County of Lambton, at the COUNCIL CHAMBER, on the Seventh Day of August, 1915, at Ten o'clock, a.m., to hear and determine complaints of errors and omissions in the Voters' List of the Municipality of Watford for 1915. Dated the 26th day of July, 1915. W. S. FULLER, Clerk of the Municipality of the Village of Watford.

SUMMER COTTAGE TO LET

Comfortable, partly furnished summer cottage at Hillsboro on Lake Huron. Rent reasonable for month of August or balance of season. Apply H. V. E. FAIR, 570 William street, London. 16-3

ARKONA

Results of promotion exam held in June for Primary Room, A II, to III, Class—Marks required, Joyce Fuller 498, Florence Aust Sara Hostetter 426, Vera Johnson Kathleen Copland 422, Ida Es 385, Lois Baldwin 375, Elma Aug 372, Thelma George 358, Queenie 352, Nellie Langan 333, Pt. II, 5 Marks required, 216—Vera Steph, 255, Harold Wilson 228, Clara Smil Harry Richter 219, Mary Conno Promoted from Class I, to Pt. II—ard Meadows, Everett Herrington, Baldwin, Franklin Martin, Prc from Jr. I, to Sr. I.—Doris Kemp, Huffman, Wilton Connolly, Anna ingstar, Rhea Wilcocks, Marion V George Holmes, Paul Hostetter.—BROWN, Teacher.

The following promotions will be in Senior room of Arkona public : Jr. to Sr. IV.—Clara Richter, Mae Nellie Donaldson, Harvey White III, Jr. IV.—Norman Crawford, Wilson, Bruce Augustine, Thoman, Zella Connolly, Jr. to S—Mable Topping, Mary John HAROLD O. EASTMAN, Teacher.

How Lance-Corp. Roy Fair

The following letter ament the de Lance-Corp. Roy Fair was receiv his father, Rev. H. J. Fair, of A from Corp. Stewart, No. 3 Co., 1st Batt., 1st Brig., Canadian B.I

Dear Sir—It is with the greatest that I am writing to inform you death of your son Roy. He was kil the awful fighting our battalion do in on June 10th.

He was wounded in the arm d charge and, like the brave lad he w fused to go back to the dressing s but still kept going forward. He was under the arm by a German hand gr which exploded. He died peace about ten minutes, without reco consciousness. He suffered no pai passed quietly away.

Although we had no time to bur as we had to drop back before a counter-attack, he was, I believe, by a party of another battalion late His death is greatly mourned few of his friends who are left. I very popular with all of us and a l or better had never left Canada wit contingent. I hope you will acc deepest sympathy from us all in th of your sad bereavement.

I am forwarding his belt to you first opportunity. It was always b that it should be sent to you if an happened to him.

Again offering my deepest sym I remain, Yours sincerely, SIDNEY SEW

NOTE—The belt refers to one l making of English badges, whi prized very highly.

In Defence of a Berry

(By Peter McArthur) There is an old saying—"Give a bad name, and kill him," which a everywhere in life. No matter how a thing may be, if you give it a bad you may as well go away with it. I am moved to make these ref because one of the best of our t fruits suffers from a bad name, and to proclaim the fact that its bad due to a strange mistake. The very gooseberry suggests something which one could not hope to be e stastic in spite of the fact that go wine figures in the Vicar of Wals that literary masterpiece in which thing is dainty. And the children have not yet learned the disfav goes with the name "goose" will for gooseberry tart before any o the name "goose" puts all grow on their guard. And now comes a philologist who proves the name is gar and ignorant mistake. The b one that should be known as the berry—and the berry of the most b of saints at that.

Mr. Fox Talbot gives the followi markable account of the origin c name "gooseberry." Gooseberr called in German, Johanns-beeren, is, "John's berries," because they about the feast of St. John. St. Jo called in Holland, St. Jan, and the is there called "Jansbeeren." Now word has been centuries ago—co into "Gansbeeren," of which our Edward Gooseberries is a literal trans Gans in German signifying a goose. So you see that the only thin matter with the delicately flavo John's berry is that it has suffer a touch of German Kultur and has called out of its name. Give it its name and saintly character and you never be without jam from it for starts.

Baseball At Alvinston

Alvinston, July 27.—One of the l and best baseball tournaments ever in Alvinston will be held on F August 6. Arrangements have made to have games played here the Forest, Strathroy, Rodney and ston teams. Most people in this d remember the game in Watford o 12 between Forest and Alvinston, after twelve innings, the score sto 1 in favor of the locals. A repeti that game is expected again. One bu dollars is offered in prizes for the winning teams, as follows:—First prize second \$20, third and fourth free. A tug-of-war will be pulled off the first and second games, betwe farmers of Brooke Township an men of Alvinston. The winning gets \$5, and the losers \$2.50.