

LIVER LAZINESS

Those Who Lack Energy and are Unsuccessful Should Read This Closely.

"I am only thirty years old, yet for almost two years I have felt more like seventy-five. I have found it difficult to sleep at night and in the morning feel so depressed and heavy that effort was difficult. My hands were always clammy and perspiration on slight effort would break out all over me. It was not unnatural that I should begin to brood over the chance that I should soon be unfit to do my work, and this brooding made my sleepless nights perfect misery. After repeated trials of medicine and mixtures Dr. Hamilton's Pills gave me the first gleam of hope. From the very first I could see they were different in action from other pills. They didn't gripe and acted as naturally as if nature and not the pills were cleansing my clogged up system. My spirits rose, I felt much better, the sluggish action of the system gave way to normal activity. Dizziness and headaches ceased, appetite, good color, and ambition to work returned and have remained. I am like a new man and I thank Dr. Hamilton's Pills for it all."

This was the experience of J. E. Parkhurst, a well-known grocery dealer in Jefferson. Follow his advice, use Dr. Hamilton's Pills for your stomach, kidneys, and liver, and you'll enjoy long life and robust good health. All dealers sell Dr. Hamilton's Pills, in yellow boxes, 25c. per box, from The Cataract Co., Kingston, Ont.

Dr. Hamilton's Pills
Stimulate
Liver and Kidneys

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Served by the Dish or Sold in Bulk

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FANCY AND STAPLE CONFECTIONERY

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GOOD CIGAR
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THE GUIDE-ADVOCATE AND

Family Herald and Weekly Star with premium	\$1 85
Weekly Mail-Empire with premium	1 85
Weekly Farmers Sun	1 85
Weekly London Free Press	1 85
Weekly London Advertiser	1 65
Weekly Globe	1 85
Northern Messenger	1 40
Weekly Montreal Witness	1 85
Hamilton Spectator	1 85
Weekly Farmer's Advocate	2 35
Toronto Saturday Night	3 50
Daily News	2 50
Daily Star	2 50
Daily World	4 00
Mail and Empire	4 00
Morning London Free Press	4 00
Evening London Free Press	3 00
Daily London Advertiser	3 00

Opportunity

It Came Suddenly, but Produced Lasting Results --

By BENJAMIN L. HYDE

I was a discontented farmer's boy, with nothing ahead of me but a life of drudgery. Of late years farming has become a science. Then it was dependent on the elements. No one knew when the fruit of his labor would be swept away from him by a drought, a storm or a freeze.

One memorable day I cut my finger and concluded to go over to Farmer Gadsden's to get some court plaster I didn't need it. I simply made an excuse to see Julia Gadsden, for whom I had a soft spot in my heart. She put the court plaster on the cut for me, coddling me at the same time. I spent an hour with her instead of at my work, as I should have done. On my way back, nearing the railroad which passed between the Gadsdens



"I SAW THE ROBBERS."

and our farm, I heard a train coming. I was surprised to hear it slow down, because trains always passed us without stopping. Then I heard a shot, another and another.

The ground rose between me and the railroad, and the interval was covered by trees. Just beyond the trees the road passed through a cut. I ran forward to see what was the matter and, coming to the edge of the wood, saw that the train had been stopped by robbers. All was excitement, both on the train and among those who were doing the robbing. I supposed that men were going through the cars holding up the passengers, but they were not. They had another object, which soon appeared.

Standing above and beside the cut, I could look right down on the engine, the baggage and express car. A masked man was in the tender, bending over the side to take in what was going on in the rear. Evidently being satisfied that there was a hitch in the proceedings, he called to one of the robbers to know what was the matter and received a reply that the express messenger had succeeded in locking the doors of the express car. Whereupon the man in the cab got down and hurried to the rear.

The opportunity of a lifetime presented itself to me. Not that I recognized it as such; it only occurred to me that seeing and not being seen, a locomotive before me and no one to operate it, there might be a remote possibility of my running away with it and giving an alarm. There was no one at the forward end of the express car, and if I could uncouple the locomotive I might get into the cab and put on steam.

As to uncoupling in that day the old fashioned link and pin were used, and if the car and engine were in position to leave the pin loose I would have no trouble in drawing it. I knew nothing about a locomotive except that I had seen engineers start their machines by throwing back a lever and pulling on a handle, the throttle.

All this flashed through my mind within a few seconds, and another contingency loomed up. If I should fail, if the robbers should catch me before I got sufficient headway to leave them behind, I would be murdered. The thought staggered me, but I was so infatuated by my scheme the chances seemed so many in my favor that I was unable to resist the temptation.

WASTED TIME AND MONEY

BEFORE THEY FOUND GIN PILLS

GALITTA, ONT.
"My husband used Gin Pills for Backache and Kidney Disease. The pain in his back was dreadful and the kidneys failed to do their work properly. As he became worse, we found it necessary to begin treatment and unfortunately wasted time and money on remedies that were little or no good. After taking one dose of GIN PILLS, he found them to be exactly what he needed, and after taking two boxes of GIN PILLS, was completely cured. We heartily recommend GIN PILLS, at every opportunity to our friends and relatives." Mrs. JAMES B. MILFORD.
Write us, mentioning this paper and we will send you a sample box free. Then, if you cannot get the regular size boxes at your dealer's we will supply you at the regular retail price—50c. a box, 6 for \$2.50—and money promptly refunded if GIN PILLS do not give satisfaction. National Drug & Chemical Co. of Canada, Limited, Dept. A Toronto, 87

It was doing the thing rather than the thought of any good that might come from it that spurred me on.

He who achieves success, though he looks ahead instead of behind, rarely has that foresight with which remarkable men have been credited. He makes his start and pushes on in the dark. I made my start, but my calculations were immediately upset. I had scarcely left the wood before I saw the robbers—there were several of them—leave the rear end of the express car and rush in a body to the forward end, the end which I was to have uncoupled. I darted back into hiding. One robber mounted the platform and tried the door. It was locked. Another ran forward and seized a tie which had been wedged in between the rails a short distance from where the locomotive stood and carried it to the express car.

I had not noticed this tie and my heart stopped beating as I realized that it would have spoiled my plan and resulted in my death. The robbers took the tie up onto the front platform of the express car and began an attempt to use it to break in the door. But the tie was six feet long or thereabouts, while the distance between the tenders and the car was not so much. The consequence was that the robbers had not sufficient space in which to work with it. Nevertheless they persevered.

Another plan, far more desperate than the first, must needs pop into my head. If I could run down to it, uncouple the car, then dash forward into the cut I could move on, carrying with me the express car. But I must take the robbers with me. They would climb up over the tender and shoot me down.

Yet there would be chances for me. Firstly, on finding the train moving they might be disconcerted and get off. But even if they did I could hardly hope to acquire speed in time to leave them behind. Again, having put on steam I could fight. I had no arms, but I could use lumps of coal. All this was folly, but I had been seized by a mania for carrying out my scheme, and a hundred devils could not have stopped me. Besides I was pushing forward. Happenings in my favor might arise.

Anyway, I resolved to go to the rear of the express car. What I would do when I got there I didn't know. I found the conductor and several men passengers who, freed from the presence of the robbers, had got together what arms were on the train and were debating a possible use for them. But it was evident they had not got their courage up to a point where they could use them, and they had no plan or leader. Without stopping to inquire as to their armament, I said:

"Here, you men! I'm going forward to get on the locomotive, which is deserted. One of you go up there where you can see me, and when I give a

DON'T SAY YOU'RE OLD

You Only Feel Old

Digestive organs are weak—don't assimilate food as they used to. Other organs act more slowly and less effectually.

Blood is thin and sluggish. Renewal of strength does not equal the wear and tear of your system. That's what makes you feel old. Nothing in the world will tone up and invigorate those weak, back-sliding organs, make rich blood and create strength so quickly as Vinol.

Vinol is not a secret nostrum, simply the medicinal elements of the cods' livers, with the useless nauseating oil eliminated, and tonic iron added. Try a bottle of Vinol with the understanding that your money will be returned if it does not make you stronger, feel younger and give you an added interest in life.
T. B. Taylor & Sons, Druggists, Watford

signal uncouple right here." Then all who have firearms go forward, and when I put on steam send all the bullets you can in among the robbers on the front platform."

"Good!" cried the conductor, who would have done something before this if he had had a plan.

I scurried forward, keeping close under the car, passing the front platform in the same way, and in a quarter of a minute was in the cab. A man stood where he could see me. I nodded to him and waited. It seemed to me an eternity before the car was uncoupled. I knew when it had been by seeing my supports advance on both sides of the train. They had been added to by the messenger, with whom they had succeeded in communicating, and had got more arms from the express car. I gave a jerk on the whistle, threw back the lever and let on steam.

The moment my supports heard the whistle they opened fire, the locomotive and express car moving at the same time. The robbers were taken by surprise. One man fell dead, two were shot while jumping off the platform, while a fourth got away. I did not know of this at the time. I only knew that no one interfered with me. I had the express treasure behind me and did not stop till I had reached the next station. There armed men got aboard the locomotive, it was switched away from the express car and rushed back. But the francs had all been over before I had made a hundred yards.

So it was that the maddest scheme that ever entered the brain of a farmer's boy was made practicable by circumstances. Indeed, when the robbers left the rear door of the express car to concentrate their efforts on the forward platform—possibly because there they could be near the engine—victory was in the hands of the frightened group who afterward supported me. But they had no one with sufficient pluck or plan to fuse them and put them in action.

My exploit was not long in reaching the general manager of the road, and I received an invitation from the president to visit him there. I found myself on my arrival an object of curiosity, the employees craning their necks to get a look at me. When I reached the president's office he grasped my hand and asked me to be seated. When we were alone he said:

"What can I do for you?"

"I don't know."

"Leave it to me. We have need of such men as you on this road and we want you. If you like, I will educate you to fill any position we have."

"That's exactly what I would ask," I replied.

"But to do that you must begin at the bottom and work up. You will commence as a brakeman on a gravel train, to be promoted as you learn the duties of each successive position."

I was delighted with this plan and acceded to it at once. When I left the president he handed me a check. I didn't look at the amount, telling him to invest it for me, which he promised to do, and I left him, having agreed to report the next week for work.

As soon as I returned to the farm I went to see Julia Gadsden, who had bound up the cut on my finger. I told her that since she had kept me daily the exact time required for me to meet the held up train, she was entitled to a part of my reward. We settled it by enjoying it together.

That was long ago. I occupied every position on the railroad, from the lowest to the highest, then became a retired capitalist. I am now rich and attribute my success to opportunity and an ability to take advantage of that opportunity.

Beware of Ointments for Catarrh

That Contain Mercury.

Mercury will surely destroy the sense of smell and completely derange the whole system entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

The trek of Ohio and Illinois farmers from those states to Ontario is on, seven carloads of household and settlers' effects arriving at Essex station on Monday for farmers who are settling in this section and three more carloads going on to Ruscomb for settlers who are locating in that vicinity. Several other carloads are on the way and are expected there this week.

Shiloh's Cure

quickly stops coughs, cures colds, heals the throat and lungs.
Watford merchants have the goods and meet all price competition.

"Do you mean that girl with the spots on her face?"

Overheard in a Street-Car. There's a lesson right there!

Little blemishes of complexion, small sores, eruptions, spots, are not only unpleasant to the person afflicted, but are the first thing noticed by other people.

A little Zam-Buk applied at night to spots, eruptions, sores of any kind will do wonders.

Zam-Buk is not a greasy preparation which will go rancid on your dressing table. It is made from healing, herbal extracts and essences. Always pure, fresh and ready for use. Doesn't lose its power. Keeps indefinitely. Healing, soothing and antiseptic all the time. Try it!

50c. box all druggists and stores.

Zam-Buk

MEN, LET US CURE YOU

If you suffer from Kidney or Bladder Trouble, Varicose Veins, Blood Diseases, Rheumatism, Ulcers, Sores, Skin Diseases, Nervous, Run-down Constitution, Headaches, Migraine, Neuritis, or any kind of chronic or special disease, COME TO US—The best treatment is always the cheapest—A little advice may be all you need—it is free for the asking.
OUR MOTTO: Small Fees, Quick Results, Easy Terms. Don't let money matters hold you back—no one is too poor to receive the full benefit of our best efforts. Call or write in strict confidence. Consultation free. Special Favor for Privacy.
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CHANGE OF BUSINESS.

S. H. MITCHELL

Wishes to notify the Public that he has purchased the

NORTH END BAKERY

from Mr. S. E. Thompson

In conducting the business his aim will be to supply the public with the best bread, cakes and confectionery that can be made or procured, and also to cater to the wants of the public in all the other branches of the business.

Soliciting the same liberal support that my predecessor received, I will endeavor to merit it.

S. H. MITCHELL
Watford, March 26th, 1912.

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