

WOMEN'S HOME AND MAGAZINE PAGE

SISTER MARY'S KITCHEN

BEETS



Fuel is an item, the housekeeper who would keep her gas bill down had best cook beets in a fireless cooker. But the woman who burns cheap gas or coal will find beets an economical and delicious vegetable. Beets are a happy choice with fish or fowl especially but may be served with any meat.

Never cut the tops of beets too close to the root. Leave at least an inch of stem. Pull off any network of roots that cover the bulb-like root, but do not cut the straight, tap root.

Dinner Beets.

Wash beets and boil about two hours. Plunge in cold water and slip skins. Cut in slices about 1/4 inch thick. Put a layer in a crock or deep dish, sprinkle lightly with salt. Continue slicing and salting until all the beets are used. Heat 2 cups vinegar with 1/2 cup granulated sugar to the boiling point but do not let boil. Pour over beets and let stand overnight. There should be more than enough vinegar to cover beets. Drain from vinegar to serve.

Beets in Orange Sauce.

Wash beets and cook in boiling water till tender. Drain and save 1/4 cup of water in which the beets were boiled. Make a sauce and pour over beets cut in tiny balls with a vegetable cutter. Sauce: 1 tablespoon butter, 1 tablespoon flour, 1/4 cup beet water, 1/2 teaspoon grated rind of orange, 1/2 cup orange juice, 1/4 cup cream, 1/2 teaspoon salt, 1/4 teaspoon pepper.

Melt butter, stir in flour and add beet water. Add grated orange rind, orange juice, cream, salt and pepper.

Cook, stirring constantly till thick and smooth. Beets may be prepared the same as in the preceding recipe and served in a piquante sauce.

Piquante Sauce.
One tablespoon butter, 1 tablespoon flour, 1 teaspoon sugar, 1/2 cup vinegar, 1/4 cup water, 1/2 teaspoon salt, 1/4 teaspoon paprika.
Melt butter, stir in flour and slowly add water. Cook until smooth and add vinegar, salt and sugar and pepper. Cook again until smooth and pour over beets.

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WITH THE BRIDES

PERCIVAL-TOLMAN.
A quiet wedding took place Tuesday afternoon at 4 o'clock at St. Mark's Anglican Church, London Junction, when Maude Edith Catherine S. Tolman was married to Frederick F. Percival, Rev. A. L. Beveridge officiating. The bride and groom were attended by Mr. and Mrs. Philip R. Brooks.

KERR-NOYES.

A pretty wedding took place on Dec. 25, at the rectory, Ilderton, when Maude E. Noyes, eldest daughter of Mr. and Mrs. J. A. Noyes of Denfield, was married to Arthur J. Kerr, eldest son of Mr. and Mrs. W. W. Kerr, Denfield, Rev. Mr. Shora officiating. After the ceremony the wedding party motored to the home of the bride, where a reception was held and wedding breakfast served. The young couple left on a motor trip to Sarnia and other western points, and upon their return will reside on the groom's farm in Dorchester Township.

Miss Ruth Robinson was the hostess of a charming bridge party of seven tables, given Tuesday afternoon, in honor of Miss Jean Mearns of Toronto, and Miss Laura Hilliard of Pittsburgh. Mrs. Gerald Pearson presided at the tea table, decorated with pink tulips and babies' breath, tastefully arranged in a glass bowl. A number of friends dropped in at the tea hour.

Practical Black Velvet



BY MARIAN HALE.

LONDON, Jan. 10.—With all its loveliness, there's something tremendously practical about the black velvet evening gown which is not too extreme in cut.

Black velvet is a material which is correct for any hour after 1 o'clock and the décolleté gown of such a medium can easily and effectively be supplemented by the chiffon or crepe gumpie which makes it a quite proper frock for afternoon.

This Polart gown is of softest velvet, hung in a gracefully full skirt, irregular as to hem line and ornamented at the side with ermine tails.

The sleeve effect, so cut as to reveal a bit of white between two bands of velvet, is one which is exceptionally becoming to the arm which isn't quite lovely enough in itself. And I note that even the beauties of the stage and society seldom wear plain shoulder straps or bands this season—there is, almost invariably, some cut design.

CLOVES.

Push a few cloves into the ham before you bake it. The cloves add a very pleasant flavor.

ADD SALT.

Put a little salt in the frying pan before you put the lard in and it will not splutter or splash.

COVER MANY THINGS AT W.C.T.U. MEETING

Canadianization, Rescinding Spitting Bylaw Among Subjects Discussed.

Subjects covering a range from Christianization with Canadianization to the objectionableness of spitting on the sidewalk were touched upon in the interesting conference of department superintendents which constituted an important part of the agenda of the meeting Tuesday afternoon of the Women's Christian Temperance Union.

With regard to spitting on the sidewalk, a member drew attention to an article published a few days ago in The Advertiser to the effect that there is a possibility that the bylaw against spitting, passed some twenty years ago, may be rescinded. Several immediately declared such action on the part of the council would be most regrettable.

"I never noticed that the law was observed," came one voice.

Mrs. May R. Thornley to this replied: "The spitting is nothing to what it was twenty years ago. The law undoubtedly has had effect. But, before we take some action, I think we should bear in mind that our big highway is temperance, and that we should keep our efforts within that limit as far as possible. Otherwise, we lay ourselves open to the accusation that we take up everything under the sun."

Agreeing with Mrs. Thornley, the membership at the same time took the view that women's organizations of London would doubtless be opposed to the rescinding of the spitting bylaw on the ground of cleanliness, and that as one of these organizations, it might be in order for the W. C. T. U. to protest.

Mrs. W. Sadler evoked laughter by recalling the early days of the bylaw, "when there wasn't really need of it to keep the sidewalks clean, because the skirts of the women were so long, they soon cleaned them up."

African Flourishing.

Mrs. Gordon Wright, Dominion president of the W. C. T. U., speaking on the subject of Canadianization, impressed the importance of reaching the foreign-born as speedily as possible with the finesse that Canadianism can. "Unless the gospel of the Saviour Christ goes with it, however," said Mrs. Wright, Canadianization in itself cannot succeed in building up the nation in righteousness.

Mrs. William West gave an encouraging report of the activities of the Victoria (colored) union, telling of a movement under way to organize a mothers' club in connection with it, similar to the mothers' club which has been conducted with great success for a number of years by Mrs. Harrison at the central union.

Discussing anti-narcotic work, the presiding officer, Mrs. John Cottam, expressed the wish that the union could distribute blotter to the schools, bearing educational slogans concerning the harmfulness of cigarettes. "I believe it would be a good investment for the London union," she declared.

Another suggestion offered was with regard to training the picture of the Saviour Willard hung in the schools, along with pictures of other outstanding figures in history.

"The story of Frances Willard, told from the picture, would constitute a valuable report," was the view expressed.

"Give God a Chance."

Previous to the conference, an inspiring address on "The Rhythm of Life," was delivered by Rev. McCormick, pastor of Hyatt Avenue Methodist Church, who declared that no life can be harmonious which is lived amid continuous hurry and bustle, with no time for reflection and acquiring the calm and serenity that comes through real communion with God.

"If only God could get us to sit still a little while, he could get a chance to tell us something," said Mr. McCormick, adding, "we act as if we thought if we gave up our rush and our many organizations for a little while, everything would stop. In the face of this, we have the statement, 'He that believeth shall not make haste.' If we would just take time for the word of God and prayer, we would find relaxation and refreshing, and would be far ahead in the end for leaving spaces in our life for just being in God's company."

Announcement was made of the lecture to be given on the progress of temperance work in South America by Professor Daisy Judson in Dundas Centre Methodist Church on Tuesday afternoon.

Is Labor Leader

President and Moving Spirit in Organizing London Women's Labor Party.



MRS. FRED WHITE.

termion, Jan. 17, and a large attendance is urged.

Sympathetic reference was made to the recent bereavement and illness of the president of the union, Mrs. Hubert Ashplant, who is still confined to her room.

ADVERTISER PATTERNS



A Pretty Frock for the Little Miss.

Pattern 3726 is illustrated here. It is cut in four sizes, 4, 6, 8 and 10 years.

An 8-year size will require 2 1/2 yards of 36-inch material.

Voile, saten, challie, cretonne, gabardine, batiste, dotted Swiss, organza, silk or crepe are all good for this style. The sleeve may be wrist or elbow length.

A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

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Name

Province

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Age (if child's or misses' pattern).....

Measurement: Bust..... Waist

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is sent measure, you need only mark 38, 44, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

ADVENTURES OF THE TWINS.

BIRD-KITE'S STORY

(By Olive Roberts Barton.)



All he could find was a string of pearl beads on his mother's bureau, which he tied onto me for a tail.

THE next kite that came before the Fairy Queen was a bird-kite, and he too was in trouble.

"What can I do for you, my good fellow?" asked the Fairy Queen, kindly. "Nanny and Nick wondered at her good nature. The bird-kite thought of their own impatience when their kites got tangled in trees or refused to go as high as their little owners wished them to, and they resolved to do better in the future. The Fairy Queen seemed to know this, for she looked over and gave them an approving smile. Then she turned her attention to the kite again.

"Please, your highness, would you mind sending word to Billy Brown's mother that I didn't take her pearls?" answered the kite. "She thinks that I stole them, but, honest, I didn't. You see, the string broke, and the pearls were fastened to my tail, because Billy couldn't find—"

"Oh, hold on, hold on," cried out the Fairy Queen. "What's all this? I can't make head or tail of it."

"Neither could Billy," answered the bird-kite mournfully. "That is, he couldn't find a tail to balance me when I was up in the air. A strip of old muslin would have done, but he couldn't find a thing. So he hunted around, and all he could find was a string of pearl beads on his mother's bureau, which he tied onto me for a tail."

"Then he took me out and let me fly away up into the air above the tree-tops. But the wind was so strong that the string snapped, and the wind blew me up here. Now I'm afraid they'll think I stole the pearls."

The Fairy Queen smiled. "I'll send Twinkle Toe back with the pearls," she said, "and Silver Wing will show you the way back to Billy's house."

(To be continued.)

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Personals

Have you guests in your home? Are you going away? Are you entertaining? Have you a reception day or an engagement to announce? Telephone the Society Editor of The Advertiser, No. 3670. Add your quota to the interest of the department. No charge for such insertions.

Miss Laura Hilliard of Pittsburgh is a guest with Miss Katharine Cronyn.

Miss Philip Cook, Queen's avenue, is entertaining Wednesday afternoon at a bridge party.

Miss Katharine Cronyn is entertaining at a luncheon Wednesday in honor of Miss Laura Hilliard.

Mr. and Mrs. George T. Brown leave Thursday for the South, where they will spend the remainder of the winter.

Mrs. Douglas Hunter, who has been a visitor in town for several weeks, leaves for her home in Victoria on Thursday.

Mrs. C. B. Hunt and Miss E. S. Emery are leaving Wednesday for Bermuda, where they will spend the remainder of the winter.

Mrs. Lena Logan, of the Ruth Chapter, O. E. S., attended the installation ceremony of Queen City Chapter in Toronto Monday evening.

Hon. C. S. Hyman and Mrs. Hyman are entertaining at a dinner party Wednesday evening at their home, "Ideswild," South London.

Dr. William Beattie, minister of the First Presbyterian Church, brings his family from Ottawa to London the end of this week. They have rented the home of Mr. and Mrs. George T. Brown on Talbot street for the present.

Mrs. R. M. Graham has returned home from Toronto after attending a most interesting conference of the Mothers' Allowance Investigators of the province, called by the chairman of the Mothers' Allowance Commission of Ontario, Rev. Peter Bryce.

Miss Farleigh Hungerford returns to Glenhwy School Wednesday after spending the vacation with her parents, Mr. and Mrs. W. F. Hungerford. Miss Jean MacLaren, daughter of Major and Mrs. MacLaren, Toronto, who has been a guest with Miss Hungerford, returns to Bishop Strachan's School.

Mr. and Mrs. George H. Belton and Miss Doris Belton are leaving in February for the Mediterranean trip, sailing from New York on Feb. 12 on the S.S. Adriatic. They expect also to visit in England and Scotland before returning, and have booked passage for the home trip from England on S.S. Olympic on May 12.

A story of experiences in English schools will be told by Miss Bodley of Toronto, the guest of honor at the luncheon Saturday to be held by the Teachers' Guild in the Tecumseh House at 1 o'clock. Miss Bodley was one of the overseas exchange teachers last year, and it is expected her address will be most illuminating.

Among other special guests invited to be present are the wife of the chairman of the board of education, Mrs. Edwin Smith, Mrs. V. K. Greer and Mrs. Geoffrey Wheable, wives of the inspector and assistant inspector, and the presidents of leading women's organizations.

WOMEN'S CLUBS

SANATORIUM AUXILIARY MEETS.

Meeting on Tuesday in the board room of the General Utilities Building, the Women's Auxiliary to the London Health Association heard encouraging reports from the different convalescers of the patients in both the civilian department of the sanatorium and the pre-natal, with a gift for every patient. Music and strings for the instruments donated a year ago had been supplied. Mrs. John Stevely, the president, and Mrs. T. H. Purdon, as visitors, expressed themselves as delighted with conditions in the sanatorium and pre-natal. Mrs. Gordon Ingram and Mrs. Gerald Pearson told of taking down entertainments in November and December, of which the patients expressed great appreciation.

PHYSICAL TRAINING GOOD FOR

In addition to planning the budget for the department to submit to the annual meeting of the association, the educational committee of the Y. W. C. A., meeting on Tuesday, under the convener of Mrs. Harman Westland, made preliminary arrangements for the exhibition of physical work to take place in the spring, and also in connection with the classes beginning their new terms.

With regard to the discussion on physical training, in charge of Miss Edith Wynne-Pryce, Miss P. McColl, a member of the committee, spoke enthusiastically of the value of physical training in correcting improper posture and carriage. She touched upon the danger of girls growing rapidly becoming stooped-shouldered, and the advantage of physical training in preventing and correcting this, without the inconvenience of shoulder straps. Her views were warmly endorsed by the other members of the committee, who also paid their tribute to the health and grace-giving work that is being accomplished through the "Y" physical training classes.

MRS. F. H. BUTLER HEADS 7TH REGIMENT CHAPTER.

At the nomination meeting of the 7th Regiment Chapter, I. O. O. F. E., held in the armories Tuesday afternoon, Mrs. F. H. Butler was elected regent by acclamation to succeed the retiring regent, Mrs. Randle Brown, who has filled the office acceptably for the past four years. Only a very few officers will require voting upon when it comes to the annual meeting next month, owing to the number of acclamations. Mrs. W. D. I. Wright and Mrs. W. A. McCrimmon were elected first and second vice-regents, respectively, by acclamation. Mrs. Ralph Millar returned to the office of secretary by acclamation, and Mrs. J. Wylie to that of standard-bearer. Mrs. C. A. Whitman invited the chapter to hold the next meeting at her home.

DUNDAS CENTER W. M. S.

An inspiring address on "Consecration" was given by Mrs. May R. Thornley at the January meeting held on Monday afternoon by the Dundas Centre W. M. S. A collection was taken for the "rest fund," amounting to about \$25, a fund used for missionaries on furlough and those who are retired. Mrs. W. B. Wortman sang a solo. Mrs. W. J. Weeks presided.

INDUSTRIAL COMMITTEE PREPARES BUDGET.

Owing to the popularity of physical training work in the industrial extension

department of the Y. W. C. A., arrangements were made at the meeting of the industrial extension committee, convened by Mrs. Harman Westland, Tuesday, whereby the physical director, Miss Pryce, will give a noon hour a week to the department, as well as the evening which already claims her attention. The budget was prepared to submit to the annual meeting of the Y. W. C. A.

FIRST METHODIST MISSIONARY.

The South America of Tomorrow was the interesting subject considered by the Women's Missionary Society of the First Methodist Church at the regular meeting Monday. Mrs. J. A. Cole, who had charge of the program, told of the products of South America and its commerce. Mrs. Barbour dealt with the spiritual needs, referring to the continent as "the land of opportunity," and emphasizing the great need there of the Bible. Mrs. O. G. Bayley gave an illuminating glimpse of "Pioneer Missions." The appropriate song "My Task" was most effectively rendered by Miss Rhosie Mossop. At the close of the meeting, presided over by Mrs. Charles T. Glass, afternoon tea was served, the following taking part: Mrs. E. W. Gains, Mrs. Galbraith, Mrs. E. W. Gains, Mrs. Crisp, Mrs. Mossop, Mrs. Fielding, Mrs. Coleridge and Mrs. Hodder.

DISCUSS LABOR PRINCIPLES.

"Principles of the Labor Movement" is the subject which the London Women's Labor party will consider at the weekly meeting Wednesday evening in the Labor Temple. Mrs. Fred White presiding. Mr. John Colbert, president of the Street Railway Men's Union, will be one of the speakers.

"GIVE" SYSTEMATICALLY TO CRECHE.

Donations along the line of "systematic giving," which are much appreciated by the Day Nursery board, are a daily offering of two quarts of milk from Mr. May, milk dealer, which has been given regularly since the middle of November, and a weekly donation of meat from Mr. C. Binnett of Lambeth. The board also gratefully acknowledges the following donations: Ten-pound pail of honey from Mrs. H. E. Harley; a box of toys from the First Presbyterian Sunday School; and fruit, honey, towels and \$6.45 in cash from St. George's Church, West London.

ADDRESSES "I SERVE" CLUB.

Much interest has been awakened in the meeting to be held on Thursday evening in the new Medical School auditorium of L'Alliance Francaise, when Prof. P. G. C. Campbell, head of the French department of Queen's University, is giving an illustrated lecture on "Normandy." Miss Marilyn Pocock is singing a group of French songs.

THE RED CROSS VISITING COMMITTEE.

The Red Cross visiting committee is giving a special dance next Tuesday evening at the Westminster Hotel. Ronnie Hart having offered his orchestra to play for the occasion.

Mrs. Dent of Sarnia is returning home today after spending several weeks in London, the guest of Mrs. C. W. Nicholls, St. George's Apartments.

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LADIES' SILK AND WOOL HOSE, heater mixtures, with embroidered clocks, black and white, brown and white. Splendid value, at, a pair \$2.25

LADIES' FINE LISLE HOSE, with ribbed top, black or white, good value. At, a pair 75c

LADIES' HEAVY COTTON HOSE, seamless, sizes 8 1/2 to 10. Special, at a pair, 25c

BOYS' HEAVY 2-1 RIB COTTON HOSE, sizes 7 to 10 1/2. Extra values. Priced, a pair, from 40c to 50c

BOYS' 1-1 RIB HOSE, double knees, heels and toes, sizes 5 to 10. Big value, at, a pair 25c

CHILDREN'S WHITE SILK HOSE, fine ribbed, sizes 6 to 9 1/2. Priced according to size from, a pair \$1.00 to \$1.50

Hosiery Department—Main Floor.

A BARGAIN

Millinery Silk Velvet

About one-third off regular price. Three colors only—black, myrtle and cardinal; rich, close pile **75c**

Silk Department—Second Floor.

A Bargain--Cretonnes

Mill ends. About half price. Excellent quality; pretty patterns of floral and bird designs, overcheck of white on grounds of grey, rose, fawn or blue. **20c**

CRETONNE AND ART SATEENS (mill ends), 36-inch width, 1 to 10 yard lengths. About half price. **48c**

Many pretty designs in stripes, checks, birds and floral patterns, on light and dark grounds. Marked to clear all at one price. A yard **48c**

Drapery Department—Second Floor.

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