

Let Cuticura Save Your Hair

On retiring, comb the hair out straight, then make a parting, gently rubbing in Cuticura Ointment with the end of the finger. Anoint additional partings until the whole scalp has been treated. The next morning shampoo with Cuticura Soap and hot water.

Sample Each Free by Mail. Address post-card: "Cuticura, Dept. N. Boston, U.S.A." Sold by dealers throughout the world.

GERMAN HOSPICE

On the Summit of Mount of Olives, Near Jerusalem.

(London Graphic.)

To what extent the Germans had secured a hold on the sacred land of Palestine is evidenced by the numerous palatial buildings they erected, not only in and around Jerusalem, but in other parts of the country as well. As one traveller, who had ascended the Mount of Olives in prewar days, to view the landscape o'er somewhat wittingly remarked, all he could see was the spires of German

It was only a short time before the war that the Germans completed their great hospice, the Kaiserin Augusta Victoria Stiftung, on the summit of the Mount of Olives. Ostensibly it was the Mount of Olives. Ostensibly it was a hospice and sanatorium, though in design and strength the building was nothing less than a fortress. The walls are very massive, several feet thick in places, while the various buildings contain over eighty large rooms. The site dominates the Holy City itself, and the Jordan beyond. It looked, at the time when these buildings were and the Jordan beyond. It looked, at the time when these buildings were reared as if the Germans, under the cloak of philarthropy, had deliber-ately intended on some future occa-sion, when the partition of Turkey might be on the tapis, to make use of them for the purpose of effectually pegging out German "claims." But before that time came the Germans had, metaphorically speaking, to take Turkey to their bosom, and as happened, wing erected at the hospice a powerful wireless installation, they

Wood's Phosphodine. The Great English Remedy.
Tones and invigorates the whole nervous system, makes new 1:00d in old Veins, tures Nervous Debility, Meatal and Brain Worry, Derpondency, Measal and Brain Worry, Derpondency, Healting Blemory, Price 31 per box, six of \$5.0 no will plexe, six will cure. Sold by all druggists or mailed in plain pkg, on receipt of price. New pamphic mailed free, 1ME WOOD MEDICINE CO., TORONTO, OHY. (Farerly Wisdox.)

made the place during the war their headquarters. Our airmen bombed it several times, but examination has shown that as the result of these attacks comparatively damage has been done to the actual buildings.

When we took Jerusalem the hos-

pice became the headquarters of Gen eral Allenby and his staff, and Tom-my nicknamed the edifice the Kaiser's Palace, by which name it is now known throughout Palestine. The buildings certainly bear the German mark. At the entrance there are great stone eagles, while on the exterior stone eagles, while on the exterior walls of the church are statues of the ex-kaiser and the Empress. Then in the ceiling of the church there is a remarkable painting, an imitation of tapestry, depicting the ex-Kaiser as a Crusader king with the Kaiserin as his queen. The famous Crusaders of history are chown, but such is the collisions are chosen. history are shown, but, such is the col-cessal vanity of the man, the Kaiser has the place of honor in the centre. has the place of honor in the centre. He and the Empress are shown holding a model of the hospice, and dominating the wholo picture. Adjoining the church is a high tower, where British Tommies joyfully rang the great bells on armistice day. What would the feelings of the man in buckrams who some years ago posed as a Crusader have been had he witnessed the sight!

There is much talk in Jerusalem as

There is much talk in Jerusalem as There is much talk in Jerusalem as to what should be done with the building. The Germans are said to have spent £250,000 upon it, a ridiculous sum if the building were purely intended to serve as a hospice and sanatorium. It will be recalled that the difference designed by Prince Ettel. ediffice was dedicated by Prince Eitel Friedrich, second son of the Kaiser, with great pomp and ceremony a few years ago. It is the opinion of many people in the Holy City that the structure should be converted into a mus-



oum housing the sacred relics and curios of the Holy Land. for which purpose it is admirably suited.

Speed of New Telegraph.

Within the past few weeks a seveneague stride has been made in highspeed telegraphy, says the Popular Mechanics Magazine. An apparatus which in actual tests has proved its ability to transmit over a single grounded wire 6,000 words a minute has been evolved.

has been evolved.

The real significance of this escapes one until it is realized that 6,000 words set in type will fill seven and one-half standard magazine pages. Details of what appears to be an epoch-making achievement must be withheld for military reasons. It is a war invention and has for its chief purpose the liberation of hundreds of expert operators for the signal corps without disorganizing our much-need-ed commercial lines. No secret is divulged, however, when the apparatus is described as a printing telegraph system depending upon a universally used recording instrument that has never before been associated with never before been associated with telegraphy. The system is applicable to wireless, but so far has not been actually used in connection with it.

Keep the Bowels Regular and You'll be Healthy

For a Quarter You Can Assist Them Wonderfully With Dr. Hamilton's Pills.

You'll never have health if the owels are inactive. By keeping them right you insure a clean, whole-some body. Why wait for consti-pation to clog up and sicken the whole system—use Dr. Hamilton's Pills they are the finest, mildest laxative known; put strength into the mus-cles of the stomach and never injure the delicate lining of the bowels. They get you in the habit of performing a certain function at a cer-tain time, and thereby restore nor-mal conditions. Dr. Hamilton's Pills are best because they help Nature help herself ,and thereby keep the stomach strong, digestion good, blood pure, complexion clean, spirits bright and happy. Price 25c.

MATCH BOX IS TRICKY.

Do this trick before a mirror and you will actually surprise yourself. Although exceedingly simple, it is very perplexing to the onlooker. Take an ordinary match box and lay it flat on the back of your hand. At your com-mand it will "sit up" or "lie down." Moreover, it will accomplish the task slowly or rapidly at your own will No threads, wires, wax or weights are used. Nothing but your hand and the match box. Try it as you read this:

When placing the box on the back of your hand have the drawer open just the slightest bit. Push it together with the fingers of the hand that is placing the box. This will cause is placing the box. This will cause a bit of the loose skin to catch in. The box will lie perfectly flat until you push your closed-up fingers into your palm. The slightest strain will tighten the skin and the little box full of matches will gradually rise up in the

most amusing manner.

To have it lie down" merely relax he pressure. 'As you do this not a the pressure. As you do this not a muscle or vein will move. Only the slight "pinch feeling" of the skin will keep you from fooling yourself.

Minard's Liniment for sale everywhere

Garbage Utilization.

Hogs can be made to utilize much eatable material which would otherwise be wasted, according to a statetient Agri ment issued by the Connecticultural college. The report tention to the saving accomplished in Minneapolis, where between \$50,000 and \$60,000 is saved annually by usand \$50,000 is saved annually by using swine to consume the garbage of the city instead of burning it. Whereas Minneapolis formerly operated its garbage disposal at a loss, the city now receives \$1.26 per ton for its garbage a how food. bage as hog feed.

SPANKING DOESN'T CURE! Don't think chidren can be cured of bed-wetting by spanking them. The trouble is constitutional, the child cannot help it. I will rend the cannot help it. I will rend to any mother my successful structions. If your children trouble you in this way, send no money, but write me to-day. My treatment is highly recommended to adults troubled with urine difficulties by day or night. Address.

Mrs. M. Summers,

Mrs. M. Summers, Windsor, Ontario. BOX 28.

THE MARCH BLUEBIRD

The coming and going of the birds is more or less a mystery and a sur-prise. We go out in the morning, and no thrush of finch is to be heard; we go out again, and every tree and grove is musical; yet again, and all is silent. Who saw them come? Who saw them

This pert little winter-wren, for in-This pert little winter-wren, for in-stance, darting in and out the fence, diving under the rubbish here and there, coming up yards away—how does he manage with those little cirdoes he manage with those little circular wings to compast degrees and zones, and arrive always in the nick of time? Last August I saw him in the remotest wilds of the Adirondacks, impatient and inquisitive as usual; a few weeks later, on the Potomac, I was gracted by the same hardy little busy. few weeks later, on the Potomac, I was greeted by the same hardy little busybody. Does he travel by easy stages from bush to bush and from wood to wood? or has that compact little bod? force and courage to brave the night and the upper air, and so achieve leagues at one pull?

And yonder bluebird with the earth tinge on his breast and the sky tinge

tinge on his breast and the sky tinge on his back—did he come down out of heaven on that bright March mornor neaven on that oright March morning when he told us so softly and plaintively that, if we pleased, spring had come? Indeed, there is nothing in the return of the birds more curious and suggestive than in the first ap-

BRUCE'S

Famous Root Seeds

Bruce's Mammoth White Carrot, Half ong Variety, heavy cropper, splendid sality, easily harvested, grand keeper. 1b. 50c, ½ 1b, 90c, 1 lb. \$1.60, postpaid. Bruce's Giant Yellow Mangel, An termediate variety, heavy cropper, od keeper, of splendid feeding quality deasily harvested. ½ 1b. 30c, ½ 1b. 1.1b. 51.00, 5 1bs. 84.50 postpaid. Also illow Leviathan, Giant Yellow Globe, olden Tankard and Mammoth Long d Mangels at same price,

pearance; or rumors of the appear-

chance see the bird sitting on a stake in the fence lifting his wing as he cals cheerly to his mate. Its notes now

become daily more fregent; the birds multiply, and, flitting from point to

point, call and warble more confident-

and gleefully.-John Burroughs.

SAVE TIME.

Card System in Housework Aids

Greatly.

To do your various housewifely tasks—whether that includes working

in any way but on a schedule—it a luxury and an extravagance, declares a student of home economics. You may like to do it without putting the work

on a systematic basis. You may be too temperamental or too indolent to

feel inclined to follow a schedule; but

not to do so means to waste time, your own and other people's and that is just

what neither you nor anyone else has

any right to do during these war days.

The housewife has her task of con-

JOHN A. BRUCE & CO., LIMITED

SPRAYING SMOKE.

Device Lessens Distance of Visibility of Ships.

pearance; or rumors of the appearance, of this little blue-coat.

The bird at first seems a mere wandering voice in the air; one hears its call or carol on some bright March morning, but is uncertain of its source or direction; it falls like a drop of rain when no cloud is visible; one looks and listens, but to no purpose. The weather changes, perhaps a cold snap with snow comes on, and it may be a week before I hear the note again, and this time, or the next perchance see the bird sitting on a stake The distance of a visibility of a steamer from the periscope of a sub-marine may be lowered from 17 to 10 miles by spraying its smoke downward toward the water. This plan was adopted thirty years ago in some of the earliest torpedo-boats built by the Yarrows in Engiand, but seems to have fallen into abeyance for some unaccountable reason. In a recent lecture by Sir Alfred Tries before British shipowners and underwriters at Llord's, in London, the speaker again directed attention to this means of evading attack. The results of his experiments and the means of applying the smoke-spraying device to merchant vessels are described in an illus-trated article in the Scientific Ameri-can, in which this method of dissipating steamer-smoke in the submarine one is commended to the attention of the naval authorities of any of the All lied nations who may wish to use it. your own vacuum cleaner, making your own war bread and tending your own baby, or simply the more compli-cated task of directing ten servants—

"It is well known that the first indication, on a fine day, that thede is a teamer in the far distance is the trail of smoke, which, under certain conditions, reaches high into the heavens It a estimated that on the average, the smoke all rise to about one hundred and fifty feet above the sea-level. At this height it can be seen from the bridge of a submarine, at a distance of over seventeen miles, the eye of the officer in command of a boat being assumed as about fifteen feet above the .evel of the sea.

THE HORSE'S CHAMPION

SPOHN'S SPOHN'S DISPEMPER COMPOUND In all the inroads of disease and contagion on the health of your horse, SPOHN'S is the champion of his cause—whether stailion, brood mare, or coit. Its long-standing success as a preventive and remedy for DISTEMPER, PINK EYE, INFLUENZA, COUGH and COLDS has proven it to be absolute protection in the stable.

SPOHN MEDICAL CO., Goshen, Ind. U. S. A.

serving food supervised and directed by the food administration, and she entrusts the task of providing her with enough coal to the fuel administra-tion. The department of labor takes it upon itself to conserve infant life and through widespread educational work to cut down infant and child mortality. Trees are conserved and wheat is conserved and tia is conserved. Doesn't it seem as if there ought to be a time conserver. Time this

PER CON

to be a time conserver? Time this summer is as precious as these other things we have been conserving. Without making the best use of our time we shall not have time to roll surgical dressings of which the Red Cross is in such dire need. You could not tend your war garden or do any of the doz-en other extra duties you have taken upon yourself to do. Really every woman must be a time conservation de-partment unto herself. The best way to make the best of your time is to work on a schedule and to make a wise schedule for all the people who work under your direction.

Such a schedule is easily kept if you write down each day's required tasks on a plain card. The seven cards can be fastened together and hung up in a convenient place, the cards to be turned back to the right place as the days go by as a constant reminder.

Minard's Liniment Relieves Neuralgla

Spring "Petties."

A spring sport petticoat In straight-line types, Of satin, crepe de chine, wash silk and Jersey. Some hemstitched, tucked, scallop-

791 Yonge Street

ed or fringed.

"If the smoke, instead of ascending, were caused to descend so that it never rose above the level of the bridge an ordinary cargo vessel would first become visible "ove the horizon at a distance of ten illes. From this it fol-lows that if some means could be found for driving the smoke down toward the water instead of permitting it to rise skyward a vessel of the average type would be able to pass between the 10 and the 17-mile radius from a submarine without being ob-

Minard's Linimen: Cures Dandruff.

Worth Remembering. The grated rind of an orange and

a tablespoon or two of the juice mixed in the batter of sponge cake gives it a delicious flavor and Leeps it moist indefinitely. Lemon or vanilla extract be used as usual may be used as usual.

When greasing a cakepan, use sweet lard rather than butter.

The safest way to clean jewelry at home is to wash it in suds of castile

soap, then rinse in diluted alcohol with a few drops of ammonia added. Try adding a little baking powder to bread pudding when eggs are dear. Chilblains—Three tablespoonfuls of turpentine, one tablespoonful of table salt. Mix together and rub in thor-

oughly.

Do you want to know how to make baby's shirts and bands from your old union suits and underskirts? Buy a pattern of a little shirt and by using the top and front of a union suit of vest for the front of the shirt you

The clothes you were so proud of when

new-can be made to appear new again. Fabrics that are dirty, shabby or spotted will be restored to their former beauty by

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Send articles by post or express. We

pay carriage one way and our charges are reasonable. Drop us a card for our book-

let on household helps that save money.

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CLEANERS AND DYERS

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Toronto

ave a neck finished and buttons and buttonholes, and by using the back from the neck down, the neck is fin-ished for the back. Take up the shoul-der seams to fit close around the neck, a narrow ribbon in and hem the

Exercise of some form should be taken every morning. Also you should care carefully for the digestion so as to start the day right in spirit and physical feeling. Whenever you feel that gnawing hunger between meals it is well to nibble a cracker rather than to eat more.

Larks in Flanders.

In Flanders where the earth was red A fow short months ago,
The crosses of the Allies stand
Like regiments a-row;
There splendid in their scarlet silk
The popples soon will spring,
And in the boundless blue above
The larks will soar and spring.

Straight up while glowing sapphire pave
A world that has no end.
The joyous larks on treless wings
Will carolling ascend,
The pearly gates of Paradise
Will be their shining goal,
For every bird will bear aloft
A soldier's risen soul.

—Minna Irving, in N. Y. Sun.

Clogged Nostrils Open Breathing Made Easy,

New Method Very Successful

Catarrh Cured!

It is a new method of treatment, that of medicated air, and cannot fail to be beneficial. It goes wherever air can go, thus reaching all the af-fected parts. It purifies as by fire, simply burning up the disease germs.

Catarrhozone is a non-poisonous and healing agent; it therefore acts upon the mucous tissues of the throat. nasal passages, and bronchial tubes, destroying all microbe life, and at the same time heals up all the in-

lamed parts. As a cure for Catarrh, Bronchitis. Asthma, La Grippe; as a strengthener for the throat, Catarrhozone cannot be equalled.

It is a guaranteed cure, and is highly endorsed by prominent physicians who use Catarrhozone in their prac-

Sufficient Catarrhozone for two months' use, price \$1.00; smaller size 50c; at all dealers.

TURNED THE TABLES

How the Turk Acted When Defeated.

Among the prisoners captured Amara was the "mutessarif," the sub-governor. The British intelli-gence department was anxious to find out what were the prospects for an ex-change of these prisoners for the nine British women who had been detained in Bagdad after their husbands had been deported, and I was asked to sound this particular "mutessarit" on the subject, writes John Van Ess in Asia. So the smoxing saloon of the prison ship was placed at my disposal; I was given fancy cigarettes and a toaservice with which to play host, and His Excellency was ushered in. In the past years I have spent many the past years I have spent many weary hours on the edge of a chair in the presence of Turkish officials with hands meekly folded across my stomach, coat buttoned, knees and feet together, and head respectfully inclined forward as etiquette demanded. But now that the tables were turned I hon-estly did not intend to take advantage of the situation. When he entered I arose and held out my hand and asked him kindly to be seated, gave him a cigarette and poured him some tea. But despite my assurance that I was a neutral and meant only kindness he refused to be put at ease.

The perspiration rolled from forehead, his kne ject terror he could scarcely talk. Finally I confess I obeyed an unworthy impulse. I said in my heart, "For twenty years I have sat with bowed head before your breed. I will call it square for thirty minutes of the

To whom it may concern: This is to certify that I have used MINARD'S LIN-IMENT myself as well as prescribed it in my practice where a liniment was required and have never failed to get the desired effect. C. A. KING, M. D.

process reversed." When the bey finally backed away and out, all rancor against the Turks on the score had left my soul. But I think I would not have done it if this particular bey not have done it it this particular bey had not been such a shrimp. In the old days "mutessarifs" were loud mouthed, carried a cudgel, frothed and stormed, but they gave you a chance to stand up to them and they commanded your respect at least, for their positiveness. This particular individ-ual was a fair sample of the many who followed in the train of Mon Ever. He looked as if he might have poisoned a far worthier Turk than himself, or done some despicable pussyfoot ras-cality for the Constantinople clique, for which he had been rewarded with his present office in which he rattled around like a dried nut.

Minard's Liniment Cures Burns, Etc.

That Sick Friend.

Jack-But my wife handed me a big surprise. Harry—What was it?

Jack—I told her I was going to stay up with a sick friend and she said she hoped I would hold as good hands as he did in the game.—Boston Globe.

Would you call staring at a pretty voman a flaring fault?

ISSUE NO. 14. 1919

WANTED.

WANTED — SLACK BARREL COOP-erage stock, seasoned. Address Chas. Bates, Goderich, Ont.

HELP WANTED-MALE

WANTED, IMMEDIATELY, SECOND Miller, four hundred barrel mill. State experience and when you can come. Interprovincial Flour Mills, Renfrew, Ont.

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WHEN ORDERING GOODS BY MAIL, send a Dominion Money Order.

S EED CORN AND OATS. PRIZE winning seed corn and oats. George R. West & Sons. R. R. 3, Northwood, Ont.

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SEED CORN Address. IRA L. GRAHAM, Windsor, Ont., Essex County.

Loan on First Mortgage \$3000 FOR 5 YEARS, at 8 PER cent. on 640 acres in Saskatchewan. Sold-for eight thousand cash in 1914, and at lifteen dollars per acre in 1917. Money wanted for breaking the land. C. R. Clapp & Company, 53 Adelaide street east, Toronto.

FARMS FOR SALE.

F ARMS AND RANCHES FOR SALE, in Alberta, Write for our New Catalogue, J. C. Leslie & Co., 301 Beveridge Block, Calgary, Alta.

ACRES OF GOOD SANDY LOAM, good barn, frame house, kitchen and woodshed, hen house, hog pen, etc. 2 good wells, 15 acres bush, mostly beech and maple, 11 acres wheat, 15 acres fall plowing, 23 acres meadow and pasture. 4½ miles to Rodney. Rural mail and telephone. Price \$5.500. Terms could be arranged. Apply to C. E. Shippey, R.R. No. 2, Rodney, Ont.

100 ACRES CHOICE LOAM — BRICK house; basement barn, cement floors; Beatty stanchlons; silo; good outbuildings; spring water; twenty seres oak timber; near Mount Brydges; \$8.500; terms to suit. Archie F. Toles, R. R. No. 1, Mount Brydges.

ACRES—GOOD STOCK AND grain farm, 18 miles west of Flame-Alton; sand and clay loam, with clay subsoil; 100 acres working land; 15 acres good bush; 2 acres orchard; balance pasture. There are excellent buildings, including 12-roomed two-storey house; also six-roomed house; stone base:nent; barn 36 x 100; sheep shed, drive house. hog-pen, hen house, silo. Price \$12,000 for quiets sale. Would consider smaller farm or city property in exchange. Charles E. Shaver, 17½ King street east, Hamilton.

\$2600-HUNDRED ACRES—TWENloam; building needing repairs; electric
road, fenced, through property; good
snap; west half seventeen, concession
three, Caistor; Ganfield station eight
miles, Hamilton twenty; no trading. A
W, Austin, Confeedration Life Building,
Toronto.

FOR SALE.

LARGE MAPLE SYRUP EVAPORAT-or-nearly new; cheap. Apply Non-man H. Kern, 132 Eastbourne Avenue, Hamilton.

CEMENT TILE PLANT. UP TO BATEL
Tile plant. Five acres of gravel
9 feet deep. Four dry klins and all machinery. Value now \$15,000, will takehalf price on account of health. This
is a double money maker. Also see our
lists of farms and village properties. Apply to John McCormick, Real Estate,
R. R. No. 3, Scotland, Ont.

Carisbrooke Ayrshires, Workshires and Cotswolds.

Young pigs of either sex for immediate sale. Ayrshires and Cotswolds for sale at all times. F. M. RUTHERFORD, Bellview, Ont.

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BUSINESS CHANCES

COR SALE-PUMP SHOP, TOOLS AND atock; excellent locality; trade good; ill-health cause of selling. Apply or call on H. B. Barnes, Cookstown, Ontario. PROPERTIES FOR SALE.

FOR SALE — THREE-STOREY BRICK block; 67 feet frontage; best business location in the town of Collingwood; good opening for departmentals store; commercial conditions in town first-class; easy terms of payment. C. Stephens Co., Limited, Collingwood.

BRICK STORE, WITH FIXTURES, IN Conestoga, Waterloo County; 9,000 square feet, on two floors; good light basement; geenral business carried on over sixty years by same family; reason for selling bereavement. H. Bowman, 10 Ernest avenue, Toronto.

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Silk velveteen capes.
Of a reversible nature.
Have arrived in America—from

For afternoon and evening wear. Even a dentist couldn't hurt the feelings of some people?

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