The Crime of Self Depreciation. The Crime of Self Depreciation.

He who strikes out boldly, who does not wait for time or tide, who does not sit on the stone of Fate waiting for an opportunity to come along, who goes through obstacles and not over or around them, who is not waiting for others to speak, think, or act, is the man who is going to win in this newentury. There is a great demand for the self-reliant man—the man who is not afraid of himself, who can say, "I will," with conviction. Leaders, not followers, original thinkers, not imitators, men with new ideas, are being called for loudly in all the important walks of iffe.

walks of life.

"If we choose to be no more than clods of clay," says Marie Corelli, "then we shall be used as clods of clay for braver feet to tread on."

until i

ound

ises a

thing

NTO

97 69

53 69

176 08

311 63

56 04

146 96

193 95

118 17

147 44 272 00

of the second

t Said

lass..

st Supper.

emonies.

Liturgy,

worship

when he

over into

EAGHER.

ADA

RECORD

ITS, \$6.50

\$18. Send for

l style book. -ONDON, ONT.

olay for braver feet to tread on."

Of all the despicable objects in the miverse, the most despicable is the man who is always berating, underestimating, or effacing himself.

It you carry a mean, contemptible picture of yourself constantly in your mind, the suggestion will deteriorate your whole character. The persistent thought that you are not as good as thought that you are not as good as others, that, you are a weak, ineffec-tive being, will lower your whole standard of life and paralyze your ability.

If you go about with the acknowledgment of interiority in your face and manner, if everything about you indicates that you do not believe in your self, that you have very little respect for yourself, you certainly cannot blame others for taking you at your own estimate. Self-depreciation is a reflection upon our Creater, Who must

have made us perfect, because perfection could not have made imperfection. What a pitiable thing to see a many What a pitiable thing to see a ma', especially a young mar, going aron: d with his head down, looking as though he had lost his last friend, and his last dollar, as though ashamed to look t! e world in the face — groveling instead of aspiring, going about with a perpetual apology in face and manner f r being in the way, or even being alive at all. This is not being a man. This is not claiming the birthright of a prince, of a son of the King of Kings. If there is divinity in us, why not assert it with manly dignity, with commanding assurance? Why not claim our birthright like princes, and not crawl and cringe for it like begnot crawl and cringe for it like beg-

If you would be superior, you must hold the thought of superiority con stantly in the mind. A singularly modest man of so retiring a disposition that at one time he did not show half of his great ability, whose shrinking nature and real talent for self abasement had and real talent for solf-abasement had actually given him an inferior appearance, told me one day how he had counteracted his self depreciating traits. Among other things he said he had derived great benefit from the practice he had formed of going about the streets, e-pecially where he was not known, assuming an air of great importance, and imagining himself the mayor of the city, the governor of the State, or even the President of the United States. By merely looking as though he expected everybody to recognize that he must be a person of note, he changed not only his appearance, but also his convictions. It raised him immeasurably in his own estimation. It had a marked effect upon his whole attitude. He used to walk through the streets shrinking from the through the streets shrinking from the gaze of others and dreading their scruthey. Now he boldly invites, even de-mands attention by his evident super-iority, and has the appearance of one whom people would like to know. In other words, he has got a glimpse of his divinity, and he really feels his superlority, and, of course, shows it in his self-respecting manner.

Your Divine Message. You will find a tremendous buttressing, supporting, encouraging power in the consciousness that the Creator made you for something high and noble, purpose; that there is an eternal aim,

purpose; that there is an eternal aim, a divine plan wrapped up within you, and that there will be something lacking in the world if you fail to do your part and to express the best thing in you in the best possible way.

Woe be to you if you fail to carry out this purpose, this divine plan. Woe be to you who benean or belittle the grandest of the Creator's work, or the grandest of the Creator's work, or allow to shrink and shrivel the sacred message entrusted to you by the Al-mighty and which no one else can inrpret but yourself.

One reason why the careers of most us are so pinched and narrow, and lives so mean, is because we do not have a large faith in ourselves and in what we can do. We are held back by too much caution. We are timid about venturing. We are not bold enough.—O. S. M. in Success.

How Fame Comes. Accident has play d an important part in the making of great men. If Cooper had never been challenged by his wife to write as good a story as an English novel he had been reading he English novel he had been reading he might never have been one of the great est novelists. If Napoleon had persisted in his attempts to be a writer of essays after he left the military acad emy the world would not have known this great general. If Shakespeare had not failed as a wool merchant and turned actor and then, becoming disgusted with himself as an indifferent player, applied himself to writing there would never have been this great dramatist, and no doubt the plays of to-day would and no doubt the plays of to-day would have been inferior to what they are. Cowley became a poet purely through chance. When only a boy he found in his mother's attic a copy of Spenser's "Faerie Queene" and, becoming enchanted by the rhyme, determind to write poetry for himself. Gibbon tells that it was while he was a Parameter. write poetry for himself. Gibbon tells that it was while he was at Rome among the ruins of the capitol that he was first moved to write the history of the rise and fall of that great empire. Probably had he not taken a walk on that certain sunny day he would never have conceived the word that afterward made him famous. Corneille, the French poet, was in the habit of making verses for his friends. Being flattered by their criticism, he gave up his profession

as a lawyer and turned writer.
Franklin discovered electricity by Franklin discovered electricity by eccident, and Moliere was turned to accident, and Moliere was turned to writing comedy, from the tapestry trade, by a reprimand from his father for leading a dissipated life. Newton discovered the force of gravitation through a mere chance. When a student at Cambridge he went one day to the country. Raing weary with his to the country. Being weary with his rambles, he sat down beneath an ap-ple tree, and while he was musing there was rudely aroused by a severe blow from an apple which, falling from the

branches, struck him on the head. He was surprised at the force of the blow from so small an object, and this led him to seduce the principle of gravity. Flamateed became an eminent astron mer through chance. Because of ill health he was taken from school, and, wishing to have some books to read while in confinement, he borrowed a book on astronomy. He was so much interested in this volume that he pro

cured others and at length adopted the study as a profession. Pennant, the authority on natural history, received his propensity in that direction through a chance perusal of a book on birds which he found on a table in the house of a friend, and Sir Joshua Reynolds was first moved to his profession of painting portraits by casually reading Richardson's treatise. — Our Young

OUR BOYS AND GIRLS. 10W THEY MADE A MAN OF

JOHNNY. By Rev. George Bampfield. CHAPTER XI. "AN ADVENTURE IN THE AIR."

Among the amusements provided for the Christmas holidays was one which exercised the wits and occasionally vexed the spirits of the elder students at Thornbury. An original composi-tion was by the order of Father Mc-Ready to be written by each more ad-vanced scholar, in his own time, and on his own subject, and to be read aloud during the Christmas season for the general amusement.

"Tragedy, comedy, history, the whole field of literature, my sons," said the mocking Jagers, "is open to the aspiring genus; but woven absolutely said the mocking that woven absolutely said the said of the said tely out of your own craniums it must be: plagiarism strictly forbidden."
His own contribution was an account of his adventures with Stanley in Central Africa, which would go to prove that the gallant explorer has modestly concealed from the world his most brilliant achievements. In fact Jagers, with the occasional assistance of Mr. Stanley, seemed to have gone through in two or three days all the most historical perils of modern travellers including Mr. Robinson Crusoe, and the noble Baron Munchausen. We shall let the reader see Cornelius

Wrangle's manuscript, which was thought worthy to be preserved in the archives of Thornbury School, albeit Father McReady accused Cornelius of

not being wholly original.
Corney however strongly maintained
that every bit of it was his own, and
that every bit of it came into his head on a holiday walk to Windmill Hill, when he loitered behind the rest to watch the mill's sails go round. The title to his tale of horror was AN ADVENTURE IN THE AIR.

In the North of England, some years ago, there lived a certain Mr. Heather-ton, an old bachelor with a large for tune and extensive estates, who was a very sociable old fellow, and usually kept his large house well filled with

His only relative was an orphan nephew, whose father had been a cavalry officer in India, Henry Heatherton, fitteen years of age, who was attending a Public school. The old gentleman had dopted him and meant to make him

At the time of our story, Henry Heatherton had come home for his Mid summer holidays, and found a suitable companion in Frank Layburn, one of a family then staying with his uncle.

The two boys were on a ramble over the grounds when they reached a square, artificial pond. "This is the place," said Heatherton, "where poor Jackson was nearly frightened out of his wits. Jackson? oh, he's the boy at the house that cleaned your boots this morning. He was frightened by one of our servants named Burton. This man used to wait on my father in India ten years ago. Out there in a row with an Afghan one day, he got a cut in the head, which in that hot climate brought on a strange kind of madness. It would come on every three or four months. The rest of the time he was as right as anybody else. The oddness of Burton's madness was that he wanted everyone he met to 'have a jump with him,' as he put it. Now this of course was easy enough to do, and it quite nim, as he put it. Now this of course was easy enough to do, and it quite satisfied Burton, especially if he beat. The only danger was that there might be something near, such as a river or an earth wall, which Barton would wish an earth wall, which Barton would wish
o make a point of operations, so to
speak. He would want to see who
could jump nearest to the other side of
the river, or who could clear the wall
best! and in you would go, either in
to the river or the deep trench on the
other side of the wall; neither very

pleasant. "Well! but," said Frank, "if you said you wouldn't jump, what would happen?"

"Oh! it would never do to show fear:

"Ohl it would never do to snow fear:
do it you must."

"I should like to see Burton, and
have a talk to him," said Frank.

"I'll show him to you when we go in
to 'unch, and you'll have plenty of
chances to speak with him."

"But how did he come to be employed by your uncle?"

"He came over to England when my

up and make a bolt for it. He's a heavy old feilow, and he d never come near me with one boot off. But that's near me with one boot off. But that's enough about him. Just come and have a look at the 'Towor of O servation,' as I call it. There it is in the middle of that field."

"Why, it's only a very high wind-mill," said Frank.

"It looks I ke it," rejoined Henry,
"that come and see it more closely."

"but come and see it more closely."
Wind-mili it had been and nothing more; but when Mr. Heatnerton bought the field, liking its picturesque look, and seeing the walls still sound, he increased the height from sixty to some cith's feet angended a sixty to some cith's feet angended a sixty to some eighty feet, and made a spiral staircase run up the interior to a broad open summit. This was raised slightly in the middle to allow the rain to run off. or which reason a parapet, four feet high and three feet thick, which ran round the summit, was perforated at the base. He also had the sails re paired, and when a breeze was blowing. they, instead of grinding corn, put in notion a curious piece of mechanism

inside, a miniature city with people performing their several duties. "Come along Frank, and let us run round the parapet." But Frank had not one of those cool heads which no height can dizzy, and all Harry's chaff could not bring him within a foot of the outer edge. He was glad when Harry remembered it was lunch time and nade for home, where he soon got his promised peep at the tall strong built Bur-

In the afternoon Henry, who was going to visit some friends, offered to take Frank and his elder brother and introduce them. The elder Layton accepted, but Frank, who was shy, only went with them as far as the wonderful mill; there was now a breeze blowing and he wanted to see the little city in and he wanted to see the little city in motion. He watched it for more than an hour, finding out something new every minute, and might have watched it for another, but the wind dropped, and all the good citizens ceased their

Frank then went on to the summit, where he spent some minutes in gazing around, and then clambered on to the parapet, ashamed of his morning's fear and anxious to emulate the daring with which Henry Heatherton would ever run round round it at a great speed He advanced to within a few inches o the edge and gazed down, but he fell very nervous, and soon retreated. He then tried walking round, which he found easier, so long as he did not look down, but he could not get himself to

run.
In the middle of his second round he perceived the back of some one who was just emerging from the opening, which faced the opposite way. From as much as he saw, he guessed it was Barton, and thinking that here was the chance he had been wishing for of having a talk, he jumped down from the parapet and went up to him. The man turned and went up to him. The man turned around at his approach, and immediately Frank recoiled from him with horror, and recreated to the parapet. It was Burton, without doubt, but—he was mad! His face was of a dull leaden color; his eyes had a wild, uncanny look beat. sbout them; his mouth twitched nervously. The boy saw at a glance that he was mad, and all his faculties for the moment were numbed at the thought, for his convertation with Henry Heatherton came forcibly back to his mind. Then he remembered that he must show no signs of fear, if he did not wish to irritate the madman, so he od up boldly and tried to look indifferent.

At length the man came towards him, like a wild beast upon its prey, and spoke in a thick, deep voice.
"What are you doing here?"

in his mind Henry Heatherton's advice, answered with an attempt at careless-ness, "Oh! I ve been waiting for you

of course, to have a jump."
"Come on then; up to that parapet,

and see who can jump out farthest away from the mill." Frank's heart sank, and his face grew reank's neart sank, and his lace grew pale; but there was a chance yet.

"Fair play!" he said, "let's take our boots off!" He tried to say it bravely, but do what he would his voice trembled. He had sense enough to sit down nearer to the staircase than the down nearer to the staircase than the madman; and there he watched him feverishly loosing his laces. What a time he was over that first boot! Would it never come off? Ah! there it was at last, and the man busy with the second. Now was his chance. He sprang up, and rushed for the opening; a swit rush, too; he could not have done better at any ordinary time; but to himself it seemed as if he were mov ing slowly. He felt that he would not escape, and so it was. He got down six steps, but the madman cleared them in one leap, dragged him up by the arm, and hurled him away from the opening.

Easter and St. Patrick's Day Post Cards

Plain\$1.00 per 100
Gold Embossed\$1.50 per 100
Postage 8c. per 100 extra.
Sample package of 20 assorted, 25 cents.
Cards retail at 2 for 5c. and 5c.

Norman Peel Mfg., London, Canada WARM FEET. 0 0 0 000

KARN'S ELECTRIC INSOLES

THEY warm the Feet and Limbs, cure Crampa, Pains, and all aches arising from cold, and will positively prevent and cure Rheumatism. The regard price is 50c, per pair, but in order to introduce out large Catalogue of Electric Appliances, Trusses and Oruggist's Sundries, we will send one sample pair, ny size, and our new 350ts. AGENTS ...

THE F. E. KARN CO., LIMITED Canada's Largest Drug House, Queen & Victoria Sta., Toronto, Cap

"Supposing he goes off his head while I'm here," said Frank, who had got a little nervous, "what shall I do? What would you do?"
"Oh!" laughed Herry, "I'd ask him to have a jump at once: but I'd urge that, for lair play, we should both take our boots off. Then I'd finger mine until he had one off, and then I d start laid with the lad start laid where a belt for it. He's a table was frank time to collect this delay gave Frank time to collect his thoughts. He had almost given up hope; saill something might turn up before the last minute. At all events, till then he must do as the madman

> Burton rose at length, and came up with a slouching walk, glaring at him like a tiger ; pointed to the top of the parapet; moved his lips, but said noth-ing. Frank understood him, and with trembling limbs clambered up. The madman immediately did the same, and there they stood, a yard apart, looking outwards. The man next pointed downwards, and made a motion with his other hand as if he were going to push Frank forward to the jump. The boy, Frank forward to the jump. The boy, who was getting contused and dize, mechanically moved out of reach of this danger, and as his pursuer came closer he again retreated, hastening his pace with the madman's, and so, in less than a minute, poor nervous Frank was run ning round the parapet with a raging madman two yards behind him, thirsting for his life.

the fields, the grazing animals, the es in the distance, were all mixed up in one whirling mass. Two things only he saw distinctly; the white stone path, a yard wide, always turning to his left, on which he bad run, and two long white arms of the mill, which struck upon his gaze once every round. In the third round, amongst all the whiring of his brain, one distinct thought suddenly occurred to him, and his resolution was instantly formed. It anything was better than this. In the tourth round he flew out into the air towards one of the white arms: his head was too dizzy, his heart beating too wildly, his nerves too unstrung for

is better than

COWAN'S



Cream Bars

toid him.

Everything became confused to his vision; the trees, the green grass of

At Christmas time nothing

Maple Buds



Hail from

cription and prices.

6002 15

6261 15

6004 15

6002 17

6005 15}

6274 14

6263 151

 $6275 \dots 14\frac{1}{2}$

6284 154 6265 18

6080.....141

6285.....17

6091 17

6279 18

6087 21

6006.....17

6256.....161

EDDY'S MATCHES

Take a package of EDDY'S SILENT MATCHES

Home with you to-day

DONALD McLEAN, Agent, 426 Richmond St., LONDON.

Pearl Rosaries

We have just received a large consignment of

Pearl Rosaries which we are offering at ex-

tremely low prices. Below will be found des-

PLEASE ORDER BY NUMBER

6000.....15+ inches........Metal.......Cut...........25 cents

.... Metal......... Cut............ 40 "

..........Metal.......Turned..... 60

..........Pearl.......Turned..... 60

.........Metal.......Cut......

Cut or Turned

Surprise is yours and pleasure, too, every time you use Surprise Soap

The pure soap just loosens the dirt in a natural way and cleanses easily—without injury. Remember Surprise is a pure, hard Soap

a successful leap, and yet he had gained it. Convulsively he twines his legs and srms round the woodwork and begins to sink slowly—oh! with what horrible slowness—away from that terrible figure on the parapet. When he stopped, he thought he would slip to the bottom of the arm, and then drop-no matter what distance, so long as he could escape from that madman. It was now nearing a perpendicular position, and his descent was getting slower and slower. He almost thought he had stopped, when the wood in his hands received a jerk, and rapidly reached the perpendicular and then slowly continued its journey, and began ascending.

TO BE CONTINUED.

CATHOLIC BOYS AND THE DAILY PAPERS.

The dangers to fait! and morals that! e in waiting for our young Catholic bo; s selling daily papers on the streets have selling daily papers on the streets have long been recognized by pastors, says the Toledo Record. They see only too well the baneful effects of such employment. It was with the view of counteracting these effects that a Franciscan Father in Indianapolis warned Catholic parents against permitting their boys to sell the daily papers in the streets. There is no doubt that the one or two dollars earned by selling papers would be welcomed by a poor family. Yet the dollars earned by selling papers would be welcomed by a poor family. Yet the money gained is often acquired at the moral and spiritual risks of the boys Running the streets of the city terds to make the boys tough, and the perusal of the papers has a bad influence on their character. Moreover, parents sin in allowing their boys to sell the yellow sheets, and often the money so Milk Chocolates

We guarantee them absolutely pure THE CLWAN CO., LIMITED, TORONTO

Review.

PROFESSIONAL JOHN FERGUSON & SONS 180 King Street

Leading Undertakers and Embaims Open Night and Day. Telephone—House, 373; Factory, 543.

W. J. SMITH & SON UNDERTAKERS AND EMBALMERS 113 Dundas Street

D. A. STEWARY or to John T. Stephenson neral Director and Embalmer Charges moderate. Open day and night. Residence on premises.

104 Dundas St. 'Phone 459 GRO. E. LOGAN. Asst. Manager.

MONUMENTS & MARBLE

Artistic Design. Prices Reasonable.

The D. WILKIE GRANITE CO. 493 RICHMOND STREET, LONDON

Fabiola A Tale of the By Cardinal Wiseman

Paper, 30c.; Cloth, 60c., post-paid Callista A Sketch of the

By Cardinal Newman

Paper, 30c., post-paid History of the Reformation in England and Ireland

(In a series of letters) By William Cobbett Price. 85c., post-paid

Catholic Record, LONDON, CANALA

Sold Everywhere in Canada

BREVIARIES The Pocket Edition

No. 22-48 mo.; very clear and bold type, few references; 4 vol. 4 x2 inches; thickness 3-inch; real India paper; red border; flexible, black gold edges. Post-paid \$5.40

DIURNALS

Horae Diurnae-No. 39-41x3 ins. printed on real India paper; weight, bound, only 5 ounces. In black, flexible morocco, round corners, red under gold edges. Post-paid \$1.60

THE CATHOLIC RECORD London, Canada

The Kyriale

Or Ordinary of the Mass ACCORDING TO THE VATICAN EDITION

Transcribed into Modern Musical Notation with Rhyth-mical Signs by the Monks of Solesmes. Price, 25c. post-paid

Kyr ale Seu Ordinarium Missa

Cum Cantu Gregoriano ad Concinnatum.
Price 25c. post-paid Catholic Record LONDON, CANADA Lecococood

Horæ Diurnæ

No. 21, small 48mo. (45x2\$ in.) India paper, clear and bold type in red and black.

Very slight weight and thickness. In black, flexible Morocco, first quality, edges red under gold, gold stamping on

covers, round corners. Price \$1.75

Catholic Record, London, Canada

6092 18 6082 17Pearl.......Turned..... 75 " 6093.....19} 6085.....19 6086 19}

The Catholic Record

484 - 486 Richmond Street

LONDON, CANADA