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Travel Thoughts-No. 4 God's Power

THE everlasting mountains were scattered, the perpetual hills did bow: His ways are everting."—Heb. 3:6.

That morning I had my first look across and down into the Grand Can-yon of the Colorado River. It was a yon of the Colorado River. It was a moment to which for many years I had looked forward, and of which I had dreamed. I had wondered why those, who had seen it and whom I had asked to describe it, had always said it was indescribable. Then I

No human tongue nor pen could give an adequate description of that stupendous caryon. There are countless deep canyons, river gorges, great less deep canyons, river gorges, creat plateaus, sheer cliffs, dizzy heights, lofty peaks and grand mountains, mile after mile, stretching, farther than the eye can see, or the senses

realize.

My first impression was one of intense fear: I could not look down into that mile depth. I could not even go near the edge. In the bright sunlight, the effect of the whole was so vivid, so glaring, that I hated it. But by afternoon, as the coloring toned down and softened, I began to be able to appreciate the wonder and beauty of the whole. By sunset I was on the very verge, trying to imprint a memory-picture on the mind sc that it would never fade away. The shadows crept up and up until they enveloped each gleaming peak and burnished crest. The deep blue of the early morning was one of the most eautiful of all the wonderful color beaufful of all the wonderful color-effects, before the rich oranges, the deep reds, the soft browns, were brought out in the rising sun. Over and over again the thought

Over and over again the thought kept coming, that all that beauty, wonder, majesty were God's handi-work. Whether it was the work of ages, the erosion going on, the river working its way down, year after year, whether it was a michty upheaval, when those deen abysses were made by the sundered earth, it was

God's power that caused it.
All the time His fingers are fashng, changing, destroying, up-ding. Strong in the thought of this, can we not with calm and brave faith know that it is He that is fashioning our lives, more precious to His sight than any of Nature's marvels, however awe-inspiring they may be. Then also amid all the changes, joy or sorrow, conquest or defeat, success or failure, His ways and His love are everlasting.—I. H. N. . . .

The Conservation of Mother Mrs. J. E. M., in Farm, Stock and Home.

S

We are living on a claim, have only a small house nestled at the foot of a big north-west hill, but, as a cowboy expressed it, "have things fixed up handy as a pocket an a shirt," so here's hoping the personal note will be pardoned. We sunk a large tank in the hill back of the kitchen, with the top just a little lower than the roof. By piping from the bottom the water is at the sink level. Adjoining the kitchen is a little lean-to in which are the separator and washing machine run by a 1% horse-power engine; the belts and pulleys being so rranged that I can easily run the engine myself. Just a few feet of pipe and the water rom the washing machine was tapped into the drain pipe. Just a few feet from the corner of the lean-to is the revolving clothes line and a strong

The Upward Look also utilized the hill as a step-saver asso utilized the fill as a step-saver by digging our cave into it a few feet from the kitchen door and on a level with the house. A roomy home-made kitchen cabi-

net, made of left-overs from building and boxes, sand-papered and varnish-ed outside, and enamelled inside, with built-in flour box and sifter, and white ilcloth covered bread board, ranks

high among my step-savers.

Next is a little light home-made "double-decker" table, with a little railing around each deck, mounted on rollers. Our living-room also serves as dining-room, and with the "double-decker" the whole meal goes at once. decker the whole meal goes at once. A bread-mixer, fireless cooker, food chopper, and self-heating iron are other cherished labor-savers. But paradox as it may seem in home-making, conservation, can be heat accomplish. servation can be best accomplish ed by elimination.

Eliminate every single bit of work ossible. Eliminate so much ironing by using crepe for underwear for the kiddies' rompers, for cushion covers, kiddies' rompers, for cushion covers, sash curtains, and so on, and by us-ing sheets, pillow slips and towels, as taken neatly folded from the line. Eliminate all dust catching orna-ments, all "too-good-to-use" things. Eliminate so much cooking by educating the family to eat simple puddings, fruit raw and stewed and well done cereals and stews a la fireless cooker. Provide three wholesome well-cooked meals, but eliminate those between lunches to be taken or sent to the field. This may not be easy where it is the custom, but keep cheery, be so glad that they all realize how glad that they all realize how much better it is in every way, and after a little they reelly will see your point of riew and think the deal along. Eliminate that "buyded all along. It was befit with the word of the word of the word of the word all along. It was a befit word of the word of

An Opinion from Another Quarter (Continued from page 13)

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(Continued from page 14)

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(A slave is a man who is forced to work for the benefit of another. In the face of those deductions, how can the statement be true, "That the government of the page 14)

(Continued from page 13) the face of those deductions, now can the statement be true, "That the gov-ernment of President Kruger was suc-creded by real freedom." Capitalism reigns supreme in the Transval to-day

as it did of yore. Wealth producers of Canada; remember that statement of Canada, remember that statement applies to you too, and my advice to you is, fight for Canada in every meaning of the term, but be sure when you have fought for and saved it that you get it and with it your full share of the wealth that you produce he want labor in it. Do not come share of the wealth that you produce by your labor in it. Do not come back and allow the now owning class to give you a job if they want you, but take all jobs over by putting men in Parliament with that intention. in Parliament with that intention. Then operate Canadian industries by all for the greatest benefit to the maan lot the greatest benefit to the ma-jority. Do not allow conditions to re-main as they are to-day with all in-dustries operated by the working class so that the greatest benefits fall to nother class while the working class another class while the working class themselves have to be satisfied with a wage that very often is below the standard necessary for a decent existance. If you allow the present system to continue after the war, the greater part of your privations have been in vain.—H. E. B.

Mildew has been Mildew has been removed from white goods by soaking the cloth in strong soapsuds and then wringing out the water, spreading the fabric on the grass in the sun. Repeat this if nec-



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