

realize their oneness with Him through Jesus Christ.

At times, there is the voice of reproof. When there has been coldness and carelessness on the part of those who should have followed close and obeyed without questioning. He speaks partly in anger, but mostly with a great pity, so that they may return to their allegiance.

There is the call, too,—which is a bugle blast,—the call to service. Hear it: "Follow

me into the lowly home, the lonely shack, the far-away camp, the island of the sea, the distant jungle, and, as you follow, speak the word of hope, stoop to pick up the fallen, heal the sick, cheer the faint, and everywhere bring heaven's message to the earth."

At last, as the soul draws on towards the end of the journey, it listens for the great invitation: "Come up hither", and then the approving "Well done".

Quebec, Que.

How to Use the Lesson Helps

It will be noted how the following articles, from practical Sabbath School workers, emphasize the importance of first-hand study by the teacher of the Bible itself. That is the text-book alike for teacher and scholars, and Lesson Helps are of value only as they throw light on its teachings. The supreme aim of the Editors is to make the Helps worthy of their name, because they are really aids to teacher and scholars in their efforts to get at the meaning of God's Word for themselves.

Teachers and Scholars

By James McMurchie, Esq., B.A.

I. THE TEACHERS MONTHLY. This is the teacher's Help, and it is well adapted to aid him in the preparation and teaching of the Lesson. Many of our best teachers would feel it a great loss if deprived of the help it affords.

The teacher should early in the week read and re-read the text of the Lesson with care, and make an earnest independent effort to learn the main thoughts which it contains. The passages for daily reading given in the MONTHLY should also be carefully read, as they are selected for the light they throw on the Lesson. After reading and meditating, with the view of acquiring and assimilating the contents of the Lesson, attention should be given to the method of presentation. The teacher should form his own plan before resorting to the MONTHLY; but once he has made an honest effort on his own behalf, it is quite proper to seek aid to improve and complete his work. The MONTHLY will give him new light on the meaning of the text, as well as on the way of presenting the truths of the Lesson to the class. It will also be found helpful in supplying him with new and apt illustrations.

I find the TEACHERS MONTHLY helpful for conducting the desk review of the Lesson. The divisions of the Lesson may be written

on the blackboard and subdivisions set in as they are brought out by questioning the School. At the close a summary of the Lesson appears on the blackboard.

It is well that the praise selections should be in harmony with the Lesson thoughts, and the TEACHERS MONTHLY gives a list of suitable hymns for each Lesson. The use of these gives a unity to the Sabbath School service that is wanting when the hymns are chosen at random. I invariably make use of the Geography Lesson, and sometimes have the scholars reproduce the map from the HOME STUDY QUARTERLY. I also ask test questions, but try to avoid slavishly following the questions set down in the MONTHLY.

As to memory verses, I have adopted the plan of having the scholars commit the Memory Passages of the Lists prepared by the General Assembly's Sabbath School Committee. When a scholar has learned a number of chapters or extended passages so as to be able to repeat them without mistake, the probability is that they will never be forgotten. He has acquired a lasting possession, while if he is just able to repeat a verse or two learned for the occasion, it is forgotten almost as soon as the teacher has given credit for it in his class book.

II. SCHOLARS' HELPS. These also have their place in the Sunday School, but the scholars who can read, should try to famil-