

becomes of the home? What indeed? We may well ask that.

Now, there is a host of women in Canada who can bear witness to what Seigel's Curative Syrup has done for them and for their sex. It has given health and spirits to many a poor, desponding mother, wife, or daughter. It has found them with hollow, sunken eyes, and sallow faces, all of which are signs of some trouble or weakness—probably of the organs of generation; and in the course of a few weeks the dark circles under the eyes have disappeared and bright looks

returned with health and strength.

During pregnancy the Syrup should be taken in 10 or 15 drop doses, three times a day, *instantly after eating*. If the bowels should be constive, an occasional dose of Seigel's Operating Pills (say once a week) will give great relief. Yet great care should be taken to *avoid violent purging*. Gentle and regular movements are all that should be aimed at. Therefore each one must suit the dose to her own needs, not slavishly follow someone else's rule. Read the directions that go with the Pills.

Heart Disease.

When you fancy you have heart disease the chances are a hundred to one that you have no heart disease at all, but indigestion and dyspepsia instead. The heart is located almost directly above the stomach, and when the latter

is inflated by the gas arising from indigestion it often presses upon the heart and causes fluttering, palpitation and faintness. Take a few doses of Seigel's Syrup and you will commonly find you had no reason to be alarmed.

Seigel's Pills are a bowel tonic.