Perhaps it would not be out of place to take from "The Watchman," a few of the significations of the letters that stand at the head of these notes.

Y.M.C.A. WHAT IT MEANS.

1. Young Man Cultivate Athletics.

College men more than any other class are tempted to sin against their bodies by failing to take proper exercise. A sound spirit requires a sound body. We must save ourselves if possible from a dyspeptic Christianity.

2. Youth, Mischievious Company Avoid.

Young men very seldom rush deliberately in the way of evil. The first downward steps are usually taken because young men thoughtlessly allow themselves to be led away by those whose company they should have avoided. We can very well dispense with the assistance of those who went to help us "see life."

3. Young Men Can't Avoid.

Sin and holiness; life, death and eternity are very real. We cannot afford to have anything "put on." "To be or not to be, that is the question." Hence we say positively

4. Young Men Character Acquire.

Society demands from every young man an outward conformity to its conventions. But it is possible to have this outside polish and yet be like the whited sepulchres. Within are rottenness and dead men's bones. Character alone is accepted either by true men and women, or by Him who searcheth the heart.

5. Young Men Christ Acknowledge.

Ashamed of Jesus! yes I may, When I've no guilt to wash away, No tear to wipe, no good to crave, No fear to quell, no soul to save. Till then, nor is my boasting vain, Till then I boast a Saviour slain; And O, may this my glory be, That Christ is not ashamed of me.

6. You May Come Again.

Call around any Friday afternoon about four o'clock at the Philosophy class-soom, or any Sunday morning at the Classical class-room, or any Sunday evening at the City Hall, and you will find the Y.M.C.A. "at home."

⇒EXCHANGES.«

The contributed articles of the Wheaton College Record are very good, and the editorials evince considerable common sense, but the local pages are filled with a lot of puerile effervesence, which is altogether out of place.

We sympathize with the Lehigh Burr (the paper with the Irish-stew cover) in its troubles. This admission is candid, to say the least:—

"Three patient little editors
Have got this number out,
Also, the two preceding it
As you've observed, no doubt."

Yes, my dear Burr, we had thought as much, and we would advise you, as you value your existence, to drum up the delinquents.

The University Gazette is striving to bring about a revolution in the method of conducting examinations at McGill. It thinks cramming for the finals could be put an end to by having a number of close grinds during the session, and by requiring essays to be written upon portions of the work exacted. We would certainly feel inclined to support the Gazette in its effort.

The Nassau Lit can no longer lay claim to its venerated title of "paper-weight." The number before us contains in addition to the usual number of literary articles, a few exceedingly well written and racy sketches, and upon the whole is a most agreeably readable sheet.

We thank Acta Victoriana for a compliment and a suggestion We are modest, and will pass over the compliment. The suggestion is that we should use larger type in our back pages. This is just exactly what has frequently occurred to us, but we find it hard to get in as much local matter as we would like, and are forced to crowd in this way. In this number we are a little more generous with our "leads," and trust that our friends will find the change agreeable to their eyesight. By the way, it is to be hoped that the Acta will be able to survive the crushing logic of the Varsity on the foot-ball question.

The editorials of the *Portfolio* are written in very good style, and are exceedingly readable, but it seems to us that they would be more properly situated in a "contributed" column. Editorials should contain practical suggestions, and not be merely literary or historical articles. On the whole, however, the *Portfolio* is a decidedly creditable sheet, and it always receives a hearty welcome here.

The Canada School Journal has not yet made up its mind regarding the Federation question. If we can judge by its late utterances, however, it should soon be directly in opposition to the scheme. Witness the following: "If the contention of those friends of Queen's and Victoria Universities who are opposed to federation, that the removal of those institutions to Toronto would have a tendency to dry up the steams of private munificence by which they have hitherto been largely supported, could be demonstrated we should join with them in deprecating such removal as a calamity. Under any circumstances our colleges and universities will have to depend more and more upon voluntary contributions for support. The work of higher education can never be adequately provided for from public funds."

It gives us much pleasure to point out the fact, that the friends of Queen's have the clearest demonstrations that this result must inevitably follow from Federation, in the decided manner in which several of our most liberal benefactors have expressed themselves. If this is the only point upon which our esteemed co-tem needs enlightment, there need be no further hesitation.