

A Memory And a Hope

Often 'tis true, on my day's horizon, I see in the East, the clouds arise But within my heart, carry a whisper That brings a light o'er the darkest skies; A Memory bright as the golden sunset, A Hope as sweet as the fields of May. I am going to Holy Communion tomorrow, I went to Holy Communion today. Many a time I am weary of labor, Vex'd with a life of work and worry, Tired of giving myself to others, Worn with the fret of this age of hurry, Then o'er my heart's unquiet waters Comes my Lord's sweet whisper to say, We shall meet at Holy Communion tomorrow, We have met at Holy Communion today. Sometimes, others are rough and thoughtless, Sometimes it may be hard and cold, I long to pour out on the first quick impulse, All the pain that my heart doth hold, Then my Hope and my Memory blended, Plead in my soul with a note of sorrow, Jesus lay on your tongue this morning, Keep your story for Him tomorrow. All day long like a ball'd burden, Rings in my heart, that musical chime, All my minutes swing backward and forward, Between the bliss of two points time; And I know that the grateful Heart on the altar Is touched to think that mine is gay, Just because He is coming tomorrow, Just because he has come today. —Rt. Rev. Nelson H. Baker.

On Leave.

The leave train was due in Victoria and the Turner family were waiting, huddled against the barrier, father, mother, big sister and little brother, all waiting for their soldier boy coming on leave from the front. It was Emily, the big sister, who saw him first, mudstained and very different from the smart young private who had left them at that same station fourteen months ago, yet an alert, soldierly figure for all that. And the lines on his face, the sterner set of his lips were quite accounted for, in his mother's eyes, by all he had gone through, whilst his father put down the steady, resolute look in his eyes, in part at least, to the new responsibilities that had come to him with the three stripes on the sleeve of his weather-stained overcoat and somewhat shabby tunic. But in his greeting he was just the same home boy as of old, one arm around his mother's neck, the other was stretched out to his father with a grip that fairly made the older man shrink, whilst Emily and little George clung to any part of him or his baggage of which they could get hold.

Then, after a moment or two they thought of going home, and their destination being, fortunately, close at hand, a beamingly happy group set out on foot for that rather dingy building where as face a dinner as loving hands and hearts could contrive was waiting for their hero's return.

Indeed, Mrs. Turner had been "in two minds" as to leaving her preparations, but a longing to see her boy had prevailed, and now all hurried home together to dispense when they got there, she and Emily, with spasmodic help from George to hurry on the delayed preparations, and so leaving father and son alone together for the first time since the latter's return. Every hour of that precious week's leave had been carefully

All Stuffed Up

That's the condition of many sufferers from catarrh, especially in the morning. Great difficulty is experienced in clearing the head and throat. No wonder catarrh causes headache, impairs the taste, smell and hearing, pollutes the breath, deranges the stomach and affects the appetite. To cure catarrh, treatment must be constitutional—alterative and tonic. I was ill for four months with catarrh in the head and throat. Had a bad cough and raised blood. I had become discouraged when my husband bought a bottle of Hood's Sarsaparilla and persuaded me to try it. I advise all to take it. It has cured and built me up. Mrs. H. H. Jones, West Liscomb, N. S.

Hood's Sarsaparilla

Cures catarrh—it soothes and strengthens the mucous membrane and builds up the whole system. planned out, and the father began to enumerate the visits that had to be paid on the morrow, beginning with a morning call on an old uncle from whom the Turner family had expectations.

"Old Uncle George," cried Ted, on hearing of this, "Yes, of course, my first visit must be to the old man; but father he paused, 'tomorrow is Sunday and—and I'll have another visit to pay.' He looked up quickly to where the red brick campanile of Westminster Cathedral was visible through the window, 'I must have an hour, before we start, to go and hear Mass in the Cathedral yonder.'

If a bomb had fallen outside the window John Turner could not have looked or felt more dumfounded. Was it possible that his ears had heard aright? Ted, his son, spoke of going to a "Popish" service in the great building which in all the beauty of its severity was an eyesore to the rabid old Socialist that he was.

"Mass?" he stammered. "Do you mean—are you talking about going to a service in that?" "I mean that I am going to Mass tomorrow," replied his son calmly. "Tomorrow and every other Sunday of my life, when it is possible."

A discordant laugh grated on the speaker's ears. "You!" his father cried. "You turned pious. Why," he added triumphantly, "you are not even baptized."

"I was baptized before Ypres," "By a Jesuit, I'll be bound." "By an Irish chaplain. He was killed next day."

An almost disbelieving look came over the old man's face. "Rather than this," he snarled, "I'd rather see you—"

He broke off. He could not bring himself to utter the curse that was in his heart—towards his son, and in the silence that followed a laugh came to them, through the half-closed door, from the kitchen. Emily was laughing a pure, light-hearted laugh because Ted was home again.

"Father," so it was not only his responsibilities as a sergeant that had brought the new steadiness of purpose into his son's face. The older man recognized this now and set himself grimly to combat it. "We've always been good pals, haven't we? You have taught me to love justice and liberty. Can't you let me live according to my belief, as you live according to yours?" "My belief! I believe in nothing."

CAUGHT GOLD

Neglected it was sick for months. You should never neglect a cold, however slight. If you do not treat it in time it will, in all probability, develop into bronchitis, pneumonia, asthma, or some other serious throat or lung trouble. On the first sign of a cold or cough it is advisable to cure it at once, and not let it run on for an indefinite period.

For this purpose there is nothing to equal Dr. Wood's Norway Pine Syrup, a remedy that has been universally used by thousands for over twenty-five years. You do not experiment when you buy it. Mrs. W. G. Paquet, Smith's Falls, Ont., writes:—"I was troubled with a cold and neglected it, and it was sick for several months. I took three bottles of Dr. Wood's Norway Pine Syrup, and before I finished the last bottle I was entirely cured. I would not have any other cough medicine in the house."

Colored snowstorms. Colored snowstorms were recorded as long ago as the sixth century, and a shower of red hail is said by Humboldt to have once occurred in Palermo. In Tuscany on March 14, 1813, there fell hail of an orange color. In 1803 red snow fell to a depth of over five feet in Carniola, Austria. Some of the scariest snow was melted in a vessel and the water evaporated, when a fine rose colored earthy sediment was found at the bottom. Snow of a brick red hue fell in Italy in 1816 and in the Tyrol in 1847. In the first volume of Kane's Arctic exploration it is stated that when the ship passed the crimson cliffs of Sir John Ross the patches of red snow, from which they derived their names, could be seen at a distance of fully ten miles.

MINARD'S LINIMENT CURES DIPHTHERIA. "Gimmie a dollar's worth of steak," said the customer. "The butcher wrapped it up." "How much?" asked the customer. "\$4.90," said the butcher.

There is nothing harsh about Laxa Liver Pills. They cure Constipation, Dispepsia, Sick Headache and Bilious Spells without griping, purging or harshness. Price 25 cts. At the Yarmouth Y. M. C. A. Boys' Camp, held at Tuskat Falls in August, I found MINARD'S LINIMENT most beneficial for sun burn, an immediate relief for colic and toothache. ALFRED STOKES, General Sec'y.

A SENSIBLE MERCHANT. Milburn's Sterling Headache Powders give women prompt relief from monthly pains, and leave no bad after effects whatever. Be sure you get Milburn's rice 25 and 50 cts.

She—What is the correct translation of the motto of that lovely ring you gave me? He—Faithful to the last. She—The last! How horrid! And you always told me before that I was the very first!

W. H. O. Wilkinson, Stratford says:—"It affords me much pleasure to say that I experienced great relief from Muscular Rheumatism by using two boxes of Milburn's Rheumatic Pills. Price 25c. a box.

MINARD'S LINIMENT CURES DISTEMPER. HEART WAS BAD WOULD WAKE UP IN DISTRESS. There is nothing that brings with it such fear of impending death as to wake up in the night with the heart pounding and thumping. This uncertain and irregular heart action causes the greatest distress of both mind and body. Milburn's Heart and Nerve Pills strengthen and invigorate the heart, so that it beats strong and regular, and one up the nervous system so that the cause of so much anxiety becomes a thing of the past.

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