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Make It A point to see the splendid assortment of HATS on Saturday at Broadbent's

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USE "COURIER" WANT ADS.

"HEALTH AND HAPPINESS" CAMPAIGN OPENED WELL

Whole Week to be Devoted to Addresses by Dr. Barker on Art of Living—Membership Campaign Also to Increase Association's Enrollment.

The "Health and Happiness" campaign conducted by the Y. M. C. A., was opened officially Sunday night in the Brant Theatre by an address by Dr. C. E. Barker, the speaker of the week, on "The Finest of the Fine Arts or How to Be Always Happy." Possibly because Monday was a holiday, the attendance did not tax the theatre to its capacity, but the wonderful impression left by the speaker will doubtless result in increasing numbers attending, as the week goes on.

Dr. Barker, who was the physician to Hon. W. H. Taft, during the latter's tenancy of the White House, is tall, slightly bald, and has quite a professional appearance. Looking at him before he is heard, one would not get the impression of quiet dignity, and that he would be rather monotonously uniform in his style of delivery. On the contrary, he is quite animated and vigorous, with an under current of quiet drollery which makes his humor twang noticeable and he also fell into the mistake of referring to "our Henry Drummond" and "our Abraham Lincoln" as if he were speaking to an audience of fellow countrymen. He has a racy, conversational style not unlike a high-class monologist. He throws Biblical stories into modern and at times slangy English, a little of the Billy Sunday touch, but never vulgar. His whole address was excellently received, and by the comments passed about it the audience dispersed, his message will cause much serious consideration.

Happiness, he stated, was the result of obeying certain laws, as much as was health. Man was unhappy through bad luck, but through violation of laws. There were five simple rules he would give to show how happiness might be attained. These were as follows:

1. Cultivate the habit of always looking on the bright side of all experiences which touch daily life.
2. Accept cheerfully the place in life you find yourself to-day.
3. Throw your whole soul and spirit into your work whatever it is.
4. Form a habit of doing little kindnesses and courtesies every day (not to be confused with rules of etiquette).
5. Adopt and maintain a child-like attitude of trust in God as your own Father.

Worry, said Dr. Barker, is as great a sin as drunkenness or profanity. That did not mean that drunkenness and profanity were insignificant; sins, but that worry was a great sin. When you worry you do not trust in God. It is just as impossible to trust in God and worry at the same time as two bodies to occupy the same space at the same time.

The doctor gave some impressions of his life in Washington. As physician of the President, he, of course, was the doctor of most of the society people at the capital. In the class the Washington society he found to be most unhappy and he there learned the utter folly of being unreasonably discontented in one's place in life.

There was all the difference in the world how one did one's work. In this connection he related a story from his own life. While living in Madison, Wis., he had occasion one morning to address the prisoners at the jail, in which he emphasized this point. A year later when driving along the street he was hailed by the driver of a stone wagon, who told him he had heard him at the prison that occasion. When he left prison he had carried his teaching into his work and although his task was humble he had thrown himself into it, was talking such a pride in keeping his horse sleek and fat, his harness shining and his old wagon clean, that his whole work was a joy, and he would not have exchanged it for any other.

"That man had grabbed onto a piece of God's truth," said the doctor in driving the lesson home.

"How do you act when at the breakfast table?" he asked the audience. By doing little acts of kindness your life is made happy. In this connection he showed how Christ washing the disciples' feet was a true service and courtesy, and it was by such deeds as this that He was always happy.

In conclusion the speaker said that by looking up to God as a father, with child-like faith, and seeing that when we asked Him for something that if He did not give us what we asked, He nevertheless gave us something, we would soon learn that God was always watching over us, and secure in His care, would learn the great secret of being happy, even in sorrow.

The meeting was presided over by Mr. Geo. Goodwin, secretary of the Y. M. C. A.

The Patterson Jubilee Quartette rendered several gospel songs. They showed themselves to be capable and well-trained artists and their efforts were heartily applauded.

The banquet in honor of Dr. Chas. E. Barker who is lecturing in the city this week, given by the members of the Men's Club, at the Y. M. C. A., last night was a grand success. About thirty of the members and others did justice to the bountiful repast and for the benefit of those who have not enjoyed the hospitality of the Y. M. C. A., at any time in the past, it might be said that it was most excellent and satisfying down to the smallest detail. Mr. Barker and the few other strangers were, as is always the custom at the Association, made to feel perfectly at home. After all had partaken of the liberal supply of good things offered, Mr. T. L. Wood, the chairman in a few well chosen words introduced Dr. Barker who gave an excellent talk on "How a Business

VIOLENT ATTACKS OF DYSPESIA

Suffered Tortures Until She Tried "Fruit-a-tives"

ST. JEAN DE MATHA, Jan. 27th, 1914.
"After suffering for a long time with Dyspepsia, I have been made well by 'Fruit-a-tives.' I suffered so much that at last I would not dare to eat for I was afraid of dying. Five years ago, I received samples of 'Fruit-a-tives' and after taking them I felt relief. Then I sent for three boxes and I kept improving until I was well. I quickly regained my lost weight—and now I eat, sleep and digest well—in a word, I am fully recovered, thanks to 'Fruit-a-tives.'
MME. CHARBONNEAU.
50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

UNRESERVED AUCTION SALE

Of Farm Stock and Implements. Welby Almas has received instructions from J. W. POSS, to sell by public auction at the farm situated in Township of Onondaga, 1 1/2 miles East of the Village of Onondaga, 1 mile west of Middleport on Thursday, October 14, at ten o'clock sharp the following:

Horses (5)—One pair of aged geldings, weight 2,800 lbs.; 1 bright bay mare, 8 years old, 16 hands high; 1 dark bay gelding 8 years 0/6, 16 hands high; 1 sorrel gelding, ten years old, weight 2,300 lbs.

Cattle (20)—One new milch cow; 1 cow, due January 11; 1 cow, due February 15; 1 cow, due February 20; 1 cow, due March 25; 1 cow due March 29 yearlings, 5 calves.

Pigs—Twelve shoats, 2 pigs, 125 lbs. each.

Implements—One Massey Harris tractor, 6 ft. cut; 1 Massey-Harris hay rake, 16 ft. cut; 1 Massey-Harris harrow, 1 Massey-Harris 3-horse cultivator, 1 single-furrow sulky plow, Co. Kshutt, foot lift; 1 single furrow walking plow; 1 spring-tooth harrow; 1 diamond tooth scythe; 1 wooden harrow, new; 1 disc harrow; 1 pea puller, 1 hoe drill, 1 lumber wagon, 2 sets heavy bob-sleighs, 1 wagon box, two hay racks, 1 set fork, car and pulleys and 130 feet of rope; 1 platform scales, capacity 2,000 pounds; 1 kettle and furnace, 1 stone boat, 1 demoplat, nearly new; 1 buggy, 1 cart, 1 light sleigh, 2 seats, shafts, pole, 1 buggy pole, 1 root pulper, 1 tanning mill with bagger, 3 heavy logging chains, 1 binding chain, forks, whiffletrees, neckyokes, and other articles too numerous to mention.

Harness—One set heavy double harness with bridle, nearly new; 1 set heavy harness without bridle; 1 set farm harness, 1 set light double harness, 2 sets single harness.

A quantity of household furniture, Poultry—Twenty turkeys.

Terms—All sums of \$10.00 and under, cash; over that amount 12 months' credit will be given on furnishing approved joint notes or 7 per cent. off for cash, on all sums entitled to credit.

J. W. Poss, W. Almas, Proprietor, Auctioneer.

Sold the Farm AUCTION SALE

Of Farm Stock and Implements. Welby Almas has received instructions from ORVILLE FLANDERS, to sell by public auction at the farm situated 1 1/2 miles south of Jerseyville, on Lots 16, 17, 18, 19, 20, Township of Ancaster, better known as the Morwick Farm, within ten minutes walk of Radial Station 19 and 21, on Friday, October 15, at 1:30 o'clock sharp, the following:

Horses (10 head)—One bay gelding 9 years old, weight 1,350 pounds; good single or double; 1 grey gelding, 5 years, weight 1,400 pounds; 1 brood mare, heavy, bred to Prince Eskine; 1 bay mare, rising 4 years, heavy, by Prince Cambroge, well broken single or double; 1 pair of flies, full sisters, rising 2 and 3 years, by Knight of Barglass; 1 brown gelding, rising 3 years, by Knight of Barglass; 1 bay filly, rising 3 years, by Robinson's Clyde horse; 1 bay gelding, 2 years, by Knight of Barglass; 1 bay filly, 4 months old, by Knight of Barglass.

Cattle—1 head of choice Holstein Grades, 1 cow due Nov. 5, 1 cow due April 1, 1 cow due Jan. 25, 1 cow due Feb. 25, 1 cow due Feb. 28, 1 heifer rising 2 years, April 13; 1 heifer rising 2, due April 13; 1 bull, 2 years, "Tilson's Strain"; 1 steer calf, 7 months, 1 heifer, 4 months.

Pigs—1 brood sow, due Oct 25. A full line of implements.

Harness—One set of heavy double harness.

Furniture—Three beds with springs, 2 mattresses, 1 sewing machine, picture frames, 2 commodes, 1 piano, 2 couches, 1 clock, 1 churn, 1 cream separator and milk pails, 2 stoves, 1 table, 1 child's rocking chair, 1 high back chair.

Terms—All sums of ten dollars and under, cash; over that amount twelve months' credit will be given on furnishing approved joint notes or 4 per cent. off for cash on all sums entitled to credit.

O. Flanders, W. Almas, Proprietor, Auctioneer, John H. Day Clerk.

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El Fair Clear Havana Cigars 10 to 25 cents
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Manufactured by **T. J. FAIR & CO., Limited** BRANTFORD, ONT.
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- EGG PHOSPHATES, ALL FLAVORS
- COCA COLA AND GRAPE JUICE
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- Isle of Pines.....10c
- Allies' Peacemaker.....10c
- Pride of Canada.....15c
- Blood Orange Ice.....
- Tommy Atkins' Smile.....10c
- Coney Island Dream.....10c
- Chop Suey.....10c
- David Harum.....10c
- Chocolate Soldier.....10c
- Lovers' Delight.....10c
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- All Made From Our PURE JERSEY VELVET ICE CREAM

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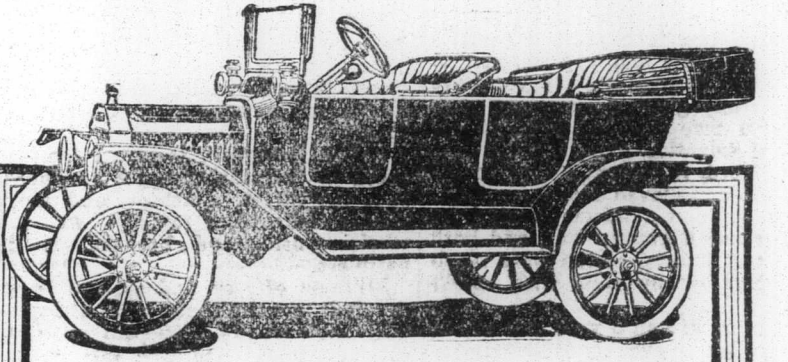
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Price \$780

The above prices for a Ford Touring Car, effective Aug. 2, 1915. No speedometer included in this year's equipment, otherwise cars fully equipped. Cars on display and sale at **C. J. MITCHELL, 55 Darling St.** Dealer for Brant County

