

I DON'T GIVE A DAMN

I HEARD this story yesterday. You may not believe it, and yet it is true. A man had been suffering from a nervous trouble for three years. He had consulted many doctors. None helped him. Not only could he get no relief, he could get no encouragement. He and his family were thoroughly discouraged. When just about ready to give up, he met a friend who told him of a remarkable physician in California. "This man can cure you," said his friend. "He will charge you a large fee—he will insist on you strictly following his advice," continued his friend, "but he will cure you. And—you will have to go to him. So certain was the friend's manner that he carried conviction with it and the sick man decided to make the trip to the Pacific. His wife went with him. Ten days later he walked into the doctor's office. "Doctor," he said, "I've been sick for three years. I have tried many remedies—I have visited dozens of physicians. They have given me no help. Can you cure me?" "I can," said the doctor. "I can make a well man of you in less than six months if you will do exactly as I tell you." "Tell me what to do," said the man. "First pay me my fee in advance," said the doctor, "and then follow my instructions implicitly." "What is your fee?" asked the man. "Are you a wealthy man?" asked the doctor. "I am comfortably well off," said the man. "How much money have you at your disposal at the present time?" asked the doctor. "I have \$25,000 of available cash," said the man. "My fee will be \$5,000," said the doctor. "There will be no medicine and no future charges." "Isn't that a pretty steep fee?" said the man. "Very," replied the doctor, "but it is my charge. You know whether it is worth \$5,000 to you to get well." "I'll pay it," said the man. And he did. "Now," said the doctor, "I want you to promise me on a solemn oath as you know how to make that no matter how silly my treatment may appear to you—no matter how ridiculous it may seem to your friends, that you will follow it exactly." "It is this," said the doctor. And he stood up and looked down upon his patient. "Whenever anything comes up to disturb you—whether it be a matter important or unimportant—I want you to say: 'I don't give a damn,' and I want you to feel 'I don't give a damn.'" "What else?" said the man. "That's all," said the doctor. "And do I pay \$5,000 for that?" said the man. "You have already paid it," said the doctor. "You have also made me a solemn promise and I expect you to keep it, just as I expect to keep my promise that I would cure you." The man smiled. "I'll do it, doctor," he said. "Then," said the doctor, "stand up. You gave me \$5,000. Are you sorry?" "No," said the man, "I don't give a damn." "Are you sure?" asked the doctor. "I said, 'I don't give a damn,' and I mean 'I don't give a damn,'" said the man, and he emphasized it by bringing his fist down on the doctor's table with more energy than he had shown for three years. "You're getting well already," said the doctor. The next day a wire came telling the man of business trouble. He wired back, "I don't give a damn." His wife got cross with him. With more emphasis than courtesy he replied, "I don't give a damn." He came back East. His friends thought he was crazy and that the end was near. In thirty days he had gained fifteen pounds. In ninety days even his most pessimistic friends admitted he was perfectly well. It might be well if some of our more doubting friends could at the present time become inoculated with the "I don't give a damn" virus. I am sure it would help their cause. When considering the problem, however, don't forget that butter is very detectable on hot toes but quite distasteful on sliced tomatoes. The "Don't give a damn" habit, though beneficial if properly applied, may be equally disastrous if adapted in the wrong way. The "Don't give a damn" thought is pretty bad for the man who isn't working along the right lines, but it is all right for the man who consistently plugs in the proper direction. A. BOOSTER. In The Ambassador, Lockport, N. Y., July 1917. "Is your daughter improving in her music?" "No. But the next best thing is happening. She's getting tired of it and won't practice."—Washington Star. "I had my way," said the positive woman. "I'd make every unmarried man pay a special tax." "What would be the use?" rejoined Miss Cayenne. "Any man who can dodge matrimony would surely succeed in dodging his taxes."—Washington Star. He—"Does your father object to my staying so late?" She—"No; he says it serves me right for being in when you call."—Boston Transcript.

THE FOURTEEN ERRORS OF LIFE

The fourteen mistakes of life Judge Reardon told the Bartholomew Club are: To expect to set up our own standard of right and wrong and expect everybody to conform to it. To try to measure the enjoyment of others by our own. To expect uniformity of opinion in this world. To look for judgement and experience in youth. To endeavor to mold all dispositions alike. Not to yield in unimportant trifles. To look for perfections in our own actions. To worry ourselves and others about what cannot be remedied. Not to alleviate if we can all that needs alleviation. Not to make allowances for the weaknesses of others. To consider anything impossible that we cannot ourselves perform. To believe only what our finite minds can grasp. To live as if the moment, the time, the day were so important that it would live forever. To estimate people by some outside quality, for it is that within which makes the man.—London Standard.

FAIRHAVEN, D. I.

July 10. Mr. and Mrs. Frank McDonald and Miss Barbara, of Eastport, spent Sunday in this place. Miss Winifred McKinney, stenographer for the Swift Oil Company, of Eastport, visited friends in this place recently. Misses Dorothy and Helen Richardson are the guests of Mr. and Mrs. W. S. Wentworth. Misses Ruby Thompson and Marjorie Welch spent Sunday at their home here. Mrs. Bessie Fountain spent the week-end with her parents, Capt. and Mrs. George A. Simpson. Mr. Melvin Garnett was the guest of his brother, Mr. John Garnett, over Sunday. Mr. and Mrs. Frank W. Calder and baby, Cora, are the guests of Mrs. S. A. Gardner. Miss Eva Mosley is at present employed in Eastport. Miss Mildred Faunce, of Lubec, is the guest of Miss Hilda Black at the Point. Mr. and Mrs. Leslie Leighton, of Portland, Me., were the guests of Mr. and Mrs. John W. Wentworth for the week-end. Mrs. Isiah Wentworth is visiting her parents, Mr. and Mrs. Frank Arnesen, at Richardson. Mrs. Lawrence Black, Mrs. Howard Butler, and Mr. George Wasson attended the U. B. Convention at North Head, Grand Manan, last week. Mr. and Mrs. Andrew Stewart were the guests of Mr. and Mrs. George Thompson on Sunday. Mrs. Frank Ferris and Mrs. Hartford Thompson had a very delightful trip to St. Andrews on Saturday last on stmr. Grand Manan.

CUMMING'S COVE, D. I.

July 8. No services were held in the U. B. Churches of Deer Island and Sunday, the 7th inst., as the pastor, Mr. Wasson, was attending the seventh district meeting, which convened at North Head, Grand Manan. The Misses Lottie and Geneva Fountain were sent as delegates from the U. B. Church at Chocolate Cove to attend this meeting. A number from different parts of the Island enjoyed the sail to St. Stephen on Saturday last on the stmr. Grand Manan. Mrs. Arthur Plagg and two sons, and master Lloyd Trafon, of Eastport, are enjoying the holidays here at Mrs. Plagg's old home. The many friends of Miss Flora Fountain, of Boston, are glad to know she has been restored to health in a measure, and was able to return to her old home here for an indefinite time. Mr. and Mrs. Frank Hooper and Mrs. Gertrude Chaffey spent Sunday with Mr. and Mrs. Harry Simpson at Lord's Cove. Mr. and Mrs. Roy Cummings, of Eastport, spent Sunday here at the latter's home. Mrs. Cleveland Barbeau, of Portland, and Mrs. Daniel Letscher, of New Haven, Conn., are visiting their parents, Mr. and Mrs. E. V. Hooper, at Chocolate Cove. Mr. and Mrs. Webster Haskins and Mrs. Fannie Hasey, of Lubec, spent the week-end here. Mrs. Hayman, of Lubec, and Mrs. Allan, of Robbinston, Me., spent last week with their sister, Mrs. Harland Hasey.

GRAND HARBOR, G. M.

July 10. Mrs. Mary B. Young, of Eastport, is the guest of Mrs. A. M. Dain. A number from here attended the annual meetings of the 7th District, which met with the U. B. Baptist church at North Head, Saturday and Sunday. Mrs. Errol Treacart went to Fredericton last Monday. Miss Ella Bissett, of St. John, is visiting relatives and friends here.

WILSON'S BEACH, C-BELLO.

July 11. Those who attended the District Meeting which convened at North Head, Grand Manan, on July 7 and 8 were Deacon and Mrs. John A. Newman, Deacon Edgar Anthony, Miss Georgie Cline, Colby Searles and John Lank. Mr. and Mrs. Albert Allingham and daughter, H. Allison, and Mrs. Edwin Lank, of Westport, spent Sunday here. Mrs. Charles Greenwood returned on Tuesday from a visit to her parents in St. John. She was accompanied by her sister, Miss Yella Chipman, who will stay for awhile with her aunt, Mrs. Charles Fletcher. Mr. and Mrs. James Brown took their daughter Lillian to Lubec last week to have her tonsils removed. The operation was performed by Dr. Bennett. At present the little girl is quite weak, but doing nicely. Miss Annie Brown spent part of last week in Lubec. Mr. Amby Nash, of Boston, is visiting here. Dr. John Manning, of Baltimore, arrived some time ago and is a guest of Mrs. J. D. Small. Mr. and Mrs. Luther Brown and daughter, Lydie and Nellie, spent Sunday with Mr. and Mrs. Neil Seelye at Lettie. Miss Leighton, of Lubec, was an over-Sunday guest of friends here. Mrs. Fred Salaman and children, Paul and Morton, of Boston, are visiting Mr. and Mrs. Charlie Newman.

WHITE HEAD, G. M.

July 6. Schr. Wilfred D. Capt. Delbert Gupall, has returned from St. John with a load of coal and merchandise for people here. Schr. Fred and Norman has also returned. Mrs. B. A. Cheney and Mrs. Henry Cheney were passengers on board. The school has closed for the summer vacation. Miss Hazel Barton, who has been the teacher for the last two terms, has gone to her home in Fredericton. Mr. and Mrs. Cleveland Wilson accompanied her. Miss Barton made many friends during her stay here, and will be greatly missed. Mrs. Coleman Gupall and Mrs. John Carroll were passengers on the stmr. Grand Manan on Monday. They are making a short visit in St. John. Mrs. William Robinson and Miss Lena Cossaboom left by Monday's boat to visit Mrs. Robinson's daughter, Mrs. Thomas Holmes, of Beaver Harbor. On Sunday afternoon Mr. Cleveland Wilson preached a very impressive sermon in the church to the members of the Loyal Orange Lodge, the scripture lesson being the 26th chapter of Isaiah. As this was the first time Sunday for two months the gathering was unusually large. Mr. Wilson afterwards went to Castalia and held a meeting there, quite a number of people accompanying him. Mrs. Reggie Cheney, and Misses Katie Lyle, Winnie Elliott, and Stella Mahar, of Lubec, Me., are visiting relatives here. Mrs. Capron D. Singer, of Nova Scotia, and her three little daughters are visiting here. Mr. Coleman Gupall made a pleasant trip to St. John and back on Friday taking his two children, Hazen and Laveta, with him. Mrs. Gupall returned with them.

NORTH HEAD, G. M.

July 10. The members of the United Baptist Church, of the Seventh District, held their 13th annual meeting here on Friday, Saturday, and Sunday. The ministers who came and took part were: Rev. P. R. Hayward, Rev. D. Hutchinson, D. D. Mr. D. C. Clark, Rev. W. R. Robinson, Rev. J. H. Jenner, Rev. Geo. A. Wasson, W. C. Goucher, of St. Stephen, Rev. W. L. Archibald, Ph. D., Principal of Acadia Academy, and Rev. Wm. Amos, who preached a scholarly address on Feb. 13, 10, on Sunday morning. Mrs. Hutchinson organized a branch of the W. M. A. S. and Mrs. Boleya, the representative of the Women's Union, made an address. The officers elected for the ensuing year were: Rev. J. H. Jenner, Chairman, and D. C. Clark, Clerk-treasurer. There were upwards of thirty delegates from the various churches and a great many visitors. It affords the church members here much pleasure to dispense hospitality to the visiting members. The weather was ideal which enabled many more to come. The Rev. D. Hutchinson preached in the Reformed Baptist Church on Sunday evening. Saturday was excursion day on the stmr. Grand Manan and about 200 took advantage of the opportunity and fine weather. The Rev. H. C. Mullin and family have returned from Beulah. Mr. William Dixon is staying at the home of his daughter, Mrs. Eben Gaskill, where his wife is so ill. Mrs. S. M. Smith and children are visiting her parents. The Misses Cora Plagg and Ruby Gaskill have returned from St. Stephen where they went for the school examinations. Miss Catherine Ingersoll remained to visit friends for a week. Mr. and Mrs. J. E. Gaskill are away on a round of visits. Miss Beatrice Gaskill returned to Eastport, on Saturday, with her aunt and uncle, to spend the summer with them. Miss Cleveland has opened her cottage.

MINARD'S LINIMENT CURES DISTEMPER.

WILSON'S BEACH, C-BELLO.

July 11. The programme follows: Opening Chorus, Ship Ahoy. Chorus, Three Cheers for the boys of the Navy. Reading, From a far Country. Miss Olive Mitchell. Song, There's a long, long trail. Miss Lavonia Cline. Dialogue, Mrs. Carson and Mrs. L. Vennell. Song, Memories. Mr. Puplicover. Club Singing. Eight Girls. How the Story Grew. Miss Gertrude Lank. Song. Miss Gertrude Lank. Tableau, on War, Peace, Memories, and Allies. National Anthem.

CAMPOBELLO

July 9. The event of the week was the marriage on Saturday evening at the home of Mr. and Mrs. Edward Calder, of their youngest daughter, Lena Blanche, and Carroll E. Mitchell, son of Capt. and Mrs. Thomas Mitchell. At eight o'clock the bride, attired in a dress of white crepe-de-chine ornamented with pink rosebuds at the corsage, and white chiffon hat with pink trimmings, joined the groom in the parlor beneath an arch of purple and white lilacs. The officiating clergyman was Rev. F. A. Currier. After the ceremony a reception followed. The gifts were many and beautiful, comprising cut glass, silver, china, wedgwood, linen, etc. The bride's appearing-out suit was of dark blue, with hat and gloves of white. The young couple, with an abundance of good wishes, took up their abode in their new home here. The young ladies of the Women's Auxiliary gave an entertainment in the Church Hall on Thursday evening, netting the sum of \$26.85, for missionary purposes.

WILSON'S BEACH, C-BELLO.

July 11. Mrs. Alec Flemming and son, of Halifax, are visiting relatives here. Mr. Edgar Calder spent Saturday in St. Stephen. Many availed themselves of the opportunity of the excursion by stmr. Grand Manan up-river and return on Saturday. Mrs. Emery Matthews and her children, were visitors on Wednesday of her father, Mr. Calvin Lank. The young people of the Baptist Society spent a social hour at the home of Mrs. Milton Bateson on Wednesday evening last. Mr. and Mrs. Scovill, of Grand Manan, spent Saturday here.

W. H. THORNE & CO., Limited, St. John, N. B.

Advertisement for 'You Can't Prove ANYTHING By Listening' featuring Miss Ida Gardner and The New Edison records. Includes contact information for W. H. Thorne & Co., Limited, St. John, N. B.

Summer Time Has Come And The Time For Ice Cream and Cold Drinks

Advertisement for R. D. Ross & Co. featuring various sizes and designs of sherbet glasses. Located at St. John, N. B.

In the Balance

Advertisement for Dominion Temperance Alliance, New Brunswick Branch. Lists names of officers: Donald Fraser, Rev. Thos. Marshall, W. G. Clark, Rev. H. C. Archer.

ON SEA-SWEET

ONE hundred and ten miles off the coast of Nova Scotia the terrific storm of the Sable Islands. It is interesting outsiders to see as an international. The battering of the island greatly reduced the island here and there hid what was visible dry years before. To many represents a constantly despite the best efforts Marine department houses and sound signals. In 1901, the late Dr. Director of the Cent Farm, Ottawa, took steps destruction of the island 80,000 trees and shrubs succas has probably no effort to offset the disaster remaining area. In rep of the Forestry Journal, Director of the Cent Farm, states that no wo Sable Island, subsequent in this article, has been very little success in exp of the vegetation on this 'windy island.' It is likely will have to be undertaken engineering devices. On Sable Island, no tree is formed entirely of lies about 153 miles from HALF THE LAND. Its area has been com by the action of wind. present length of the twenty-one miles, and widest point, somewhat Early surveys gave the island as forty miles and miles and more. Dangerous sandbars extend on all strong currents from ne often carry vessels out of while, in addition to frequent, wrecks at planting was undertaken of the Marine Department the object of preventing done to the island by the further the destruction carried, the greater becom of the shoals and sand. The choice of species to be based largely on observa Dr. Saunders on a via France, where much work of sand-dunes were. The first plantation, a sandy bluff near the north well covered with the coming glass, the trees being a-half to three feet apart soil composed of fine sand. One considerable area, name of Gourdeau Park, found to be covered to the inches with a black, pe with sand and underlie w On this were very high and rose and other plants. The completed on June 17th. Utilizers were used to some comprising nitrate of pota phate of lime and quicklime. ITS LIFE-SAVING V. The climate of the isla treme. During the years (inclusive) the highest registered by the thermo degrees Fahrenheit. The ever, are very high and co are frequent. A danger to be apprehen island may be wholly swa already happened in the ca part of the original island immense area of submerged that case the danger to would be as great as now, bilities of rescue of shipw (with the life-saving stati be reduced to a minimum. Three years ago, the Can Journal, touching upon the first experiments at Sable. "Is not such a danger w ing of many thousand doll On similar plantations (sta as regards the problem, natural conditions). Fra several millions of dollars, a state of Massachusetts som thousands. "In the problem presen Island not only do property enter, but consideration saving of human life. At subject is worthy of contin sistent experiment, and it is that the authorities whomg torped, in consequence of this one attempt."—Can Journal, June 1917. This critic describes your fool." "Guess I must be He alluded to my last book.—Louisville Courier Journal. "That fellow was an imp How did he manage to wi out of you?" "Oh, John, he a sad, yifful tale about his p was a widow with six little Baltimore American. "Why don't you advise yo up his football playments advised him," replied Parms. "I've almost prayed with He's the worst football playe.—Washington Star. Minard's Liniment Cures G