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Porter's Food

Is the very best for Baby IN THE HOT WEATHER

babies die in July and August any other time of the year be-of wrong feeding on unsuitable

Food is a nutritious cereal l can be given to the youngest t delicate infant.

Porter's Food Saves the Babies from Diarrhoea and Summer Complaint

others need not fear to wean baby they use Porter's Food. Highly commended by the Medical profes-

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Mothers are invited to send for free sample and booklet about feeding baby, from George Porter, 305 Victor street, from Geor Winnipeg.

"Ivy poisoning." The more enthusiastic a body is in securing specimens of flow-ers and ferns along the river banks and ravines the more certain an attack of poisoning on face or hands, especially. Fortunately a good many persons are immune and can handle poison ivy and immune and can handle poison ivy and cowbane and escape injury. A good home remedy for this distressing rash is common baking soda. A teaspoon dissolved in boiling milk, bathe the face and hands often to kill the poison and allay tiching. Bathe with buttermilk several times a day and within a week the skin will be fair and clean. In the latter part of June and early July, celery can corner under trees, or the north side of a house. When the leaves have fallen in the autumn sweep up a couple of barrow loads and put them over the ferns. They will act as a mulch and gradually decay and fertilize the fern roots.

In five years eight fern roots set on the north side of a home had increased to thirty-six fine ferns, these were then moved to a fresh site and now are flourish-ing a regular fern plantation, no doubt ferns do better near a river. The viginid ferns do better near a river. The viginid creeper, on the other hand, seems to grow anywhere, and is beautiful indeed in summer and in the autumn when touched a lovely tinge of red by Jack Frost. It is so easily transplanted aml perfectly hardy; all western homes should have this graceful creeper grow-ing on the walls, or climbing up over the verandah.

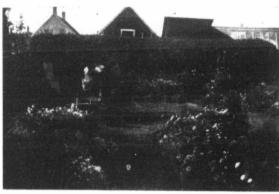
The Japanese tea vine is another

The Japanese tea vine is another The Japanese tea vine is another creeper, which grows well in the west and is very pretty with its little sprays of wax like flowers. The humming bird has a great fancy for the tea vine and often builds a nest near it.

RECEIPES

The recipes here given may help you to use, in appetizing ways, the early summer surplus of eggs and milk.

Corn Pulys—Blend three-fourths of a cupful of cornmeal with one pint of milk and cook in double boiler one-half hour or more. Add one tablespoonful of butter, a little salt and, when cool, the beatten yolks of three or four eggs, then fold in the stiff whites of the eggs. Bake in mulfin pans for thirty to forty-five minutes.



Another Corner of Dr. Speechly's Garden, Pilot Mound

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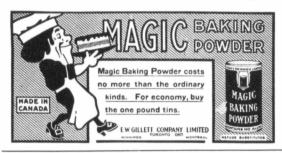
Pop-overs—One cupful of flour, one capful of the salt-spoonful of salt, one cupful of milk, one capful of milk. Pop-overs—One cupful of milk, one capful of milk, one capful of milk, one capful of milk, one capful of milk. States the level drill in growing celery. Frequent cultivation is most necessary in successful celery growing, and when hilling the rows uplater in the season care should be used not to scatter earth into the leaves, Good heads of celery, clean and crisp from the garden is such a delicious vegetable all farm gardens should have a row or two. At Ottawa last season successful trial was made of a pliable material to cover over celery to blanch it, but as it is rather expensive—\$15.00 per 1,000 feet we people of the west, will have to depend on "Mother Earth" to blanch our celery until after the war at any rate.

How glorious the wild roses are this form the garding one-half to one cupful of growth lemon or vanilla or v

How glorious the wild roses are this year! I have never seen finer ones in my life, every thicket is covered with roses in bloom. On the prairies the white and pale pink roses are more in white and pale pink roses are more in evidence, and in the woods the deep dark red beauties. Several found this season were really semi-double, and the finest roses grew in the edge of a cultivated garden where the soil was rich. The wild fern is a handsome plant and can be transplanted from the woods with easy, but ferns must have cool feet coupled with rich garden mould to grow to perfection. Therefore, choose a shady

smooth paste with one-tourth cupital of flour, mix that with the hot milk and cook half an hour. Add two beaten eggs or three yolks and cook five minutes-longer, adding one-half to one cupful of sugar. Flavor with lemon or vanilla or very strong coffee. One or two table-spoonfuls of cocon may be mixed with

spoonfuls of cocoa may be mixed with the sugar to give the chocolate flavor. Silver and Gold Custard—Beat slightly the whites of four eggs with one-fourth cupful of sugar, add a speek of salt, a few drops of almond or vanilal flavoring and one pint of scalded milk. Strain into moulds and steam or bake until firm. Scald another pint of milk and add to the beaten yolks of four eggs, cook till it begins to thicken and add one-fourth cupful of sugar and strain: flavor when cold.



The best method of preparing cottage cheese is to pour moderately hot water into the milk, which should be soured so that it is thick. After standing half an hour or less, the water is drained off and more added. After three or four waters, most of the sour flavor will have disappeared. Then drain the curd in

cloth or wire strainer and when no more water can be squeezed out, add salt and melted butter or cream. Such cheese may be varied by adding, according to taste, savory herbs, chopp-ed chives or green peppers. The cheese is pretty made into balls and served in a nest of lettuce for salad.



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