spinach and cut into small to make a triangle. Bake on a

pieces. Add the chopped greased cookie sheet for 20 to

2 tbsp. lemon juice

and drain the

onion, the salt and pepper,

corn oil and lemon juice

### deap zuzande..

My husband owns his own business and over the years he has built up a staff that can run the place. Every so often my husband decides he wants to get away for two weeks or even two months and he wants me to go with him. The

problem is that I work and I enjoy my job very much. I just can't pick up and leave every time my husband gets an impulse to go. We live in an apartment and I get bored staying at home. I would like to please my husband but I don't see why I should have to jump every time he decides to go away, and he can decide that at the last minute just by telling his manager while I have to give notice. We have had a number of arguments over this and I hate these fights. I stayed home for years while I was raising our children and I feel that I am entitled to do what I want, which is to work. My husband says we don't need the money I earn, but that isn't the point. Shouldn't I have the right to decide how I

Liberated Nell

Dear Nell: Ideally marriage is a partnership where both people work toward a common goal. You and your husband are fighting that goal and your lines of communication are all tangled up. Many women would be thrilled at the prospect of going off for a two week or two month holiday with their husbands. If holding down your job is that important to you, you will have to face up to the fact that your husband will go off by himself. You may not like the results of a carefree bachelor's holiday. Try to get your husband to arrange time off in a less impetuous fashion so that you may be able to arrange to go with him. You may have to decide which is more important to you - your marriage or your job.

want to live?

I am only 10 years old but I want to ask you what you think about parents fighting in front of their kids. My Mom and Dad get along fine but some times they start yelling at each other while we are eating dinner and I think I am going to get sick to my stomach. They are good to us and I love them but I wish they would stop this. Should I tell them how I feel?

Cut this out and show it to them. They probably don't realize what they are doing or how it hurts you. Parents don't always agree on everything and it is natural for them to have differences but they should discuss their problems when they are along unless these problems concern you. At 10 you are probably more aware than your parents realize. Tell them you want to love and respect them and you can't when they fight in this manner in front of you.

If you have a problem or want to share an experience, write to Susanne Sommers at the ississauga Times, 2300 South Sheridan Way,

Christmas plants can be a

pleasure well into the new

year or they can go all droopy and die on you before

the Christmas tree even comes down. Their health

requires your attention. Read on for the proper care

and feeding of your average

Favourable weather

conditions in the fall have

meant a bumper crop of poinsettias this season. To

get the most out of your

poinsettia, place the plant in

a bright area protected from drafts. Test the soil in the pot

frequently. When it feels dry,

water thoroughly. Don't

allow the pot to sit in a dish

full of water or the soil will

To retain the bright red

leaves for as long as possible, try to keep the

humidity level in your house

above 50 per cent. The idea

nighttime temperature for the plant is 65 degrees and

falling, usually in February,

gradually reduce the water

When the leaves turn yellow,

stop watering the plant en-

tirely. Store in a cool spot

where the temperature is 50

In early May, cut the top

down six inches, repot in fresh soil, move to a sunny

window and start watering.

When the weather is warm,

ECONOMY

BOBCAT

15

HERE!

to 60 degrees.

during the daytime it can go

up to about 72 degrees. When the red leaves start

Christmas plant.

Traditions are to be respected, but variety is the

spice of life.
That's why, along with your regular Christmas shortbread and fruitcake, you are looking for some different sweets to serve this year. Nana McDadi has several tasty Lebanese suggestions

Nana and her husband Al, with their children Hassan, now 11, and the twins Hassana and Hatem, 9, came to Canada from Beirut, Lebanon in 1966. "We came to see a new country," Mrs. McDadi explains. They decided to stay.

Al opened his own store selling household appliances, the family moved to Mississauga and they all learned to adjust to the Canadian climate and

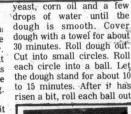
Mrs. McDadi serves both Canadian and Lebanese

"I do a lot of cooking and baking," she says. "My husband works hard and when he comes home he enjoys a good meal. One of the things we appreciate in life is good food to eat."

McDadi always keeps a selection of Lebanese sweets for the children. Here are some of her favourite recipes and also a recipe for spinach pie to be served as a side dish or a tasty appetizer.

DATE COOKIES 2 cups sifted flour 1 cup shortening or unsalted

2 lbs, dates, cut into pieces 1 tsp. cinnamon 1/2 tsp. nutmeg





2 eggs 1 tsp. baking powder

mixture, a little at a time. Don't beat too hard. Add baking powder with the last addition of flour.

CHOCOLATE COOKIES Using recipe for petit fours, add 2 tbsp. or a little more of cocoa or instant chocolate to the recipe Repeat all other ingredients Bake at 350 degrees for 10 to 15 min. After removing from oven, while cookies are still hot, dust with icing sugar.

cups flour pkg. yeast 4 cup corn oil Prepare dough: Add salt to the flour, add

drops of water until the

Mrs. Beatrice Kovacs

Association of Ontario

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dip'n strip

## try some Lebanese take the spinach filling and

Preparing filling

onlon, chopped fine

temperature.

1 lb. spinach

let rise again for two to three

hours depending on room-

### What's cooking

1/4 tsp. salt

½ pkg. yeast Mix flour with cinnamon and nutmeg. Melt the shortening and add to flour. Add the yeast. Add a little bit of water until the dough is the proper consistency to be rolled. Prepare the filling. Filling:

Mix dates with a little bit of cinnamon and nutmeg. Roll the dough out into a long piece. Put the date mixture on top. Fold the dough over. Cut across into pieces about 1½ inches long. You can press a fork down on each piece for decoration Bake on greased cookie sheet at 350 degrees for 15 to 20 minutes until brown.

PETIT FOURS ½ cups shortening ¾ cup icing sugar 2 cups flour, sifted

1 tsp. vanilla Beat shortening with sugar

until a creamy consistency. Beat eggs. Add eggs. alternating with flour, to the sugar and shortening

Drop on an ungreased cookie sheet. Top each cookie with half a maraschino cherry. Bake at 350 degrees for 10 to 15

SPINACH PIE



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Holiday Greetings to all our friends

for the New Year.

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good air circulation around ONE The flowers last for about four to six weeks. After WEEK flowering, keep watering the plant and when the warm

CONSUMER MATTERS

for Christmas

quite dry

in sandy soil. Allow the soil

around the pot to become

Repot in the fall, bring into

the house and with cool

temperatures and regular

waterings, your cyclamen should come into a second

AZALEA

with a bright pink azalea. Or

choose a plant with white,

red or lavender blooms,

sharp contrast against the

Azaleas flower for several

weeks under suitable con-

ditions - an east window at

dark green foliage.

Perk up a dull winter day

move the pot outdoors to a

Bring your plant indoors

window

again in September and set

Water and fertilize it

regularly and with any kind

of luck your plant will bloom

CYCLAMEN

If poinsettias aren't your preference, cyclamen might

The plant is sometimes

difficult to grow but its unusual blooms, in shades ranging from white to

salmon to pink to red, make

it an attractive addition for

Cyclamen prefer a cool location with good light, but protected from direct sunlight. Normally they do

best in temperatures from 55 to 60 degrees. A light soil,

containing a great deal of

leafmold, is the best growing

Water the plant early in

the morning so that the stems become dry by

evening. Make sure there is

a cool sunny

again for Christmas.

e more your style.

your home.

medium.

00000000 holiday with a NEW HAIR: DO-

Christmas Special







<sup>5</sup>198.

258.

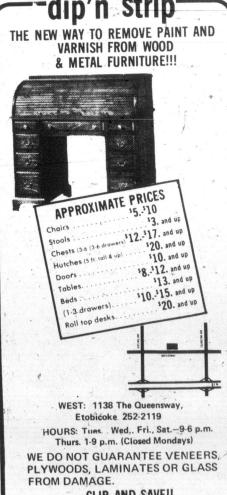
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place in the middle of each

circle. Fold the dough over

25 minutes until brown. Serve hot. Makes 20 to 24.

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Nana McDadi offers a selection of tasty Lebaness pastries.

plants

degrees during the night. The plant should be watered

daily and kept in a fairly

humid atmosphere. But

always remove excess water

from the saucer under the

pot. Once a week stand the

pot in water for about 30

When its blooms have

gone, the plant may be

carried over to the next growing season by repotting

in a mixture containing

mostly acid peat and a little

soil but no alkaline sand. In

the spring, when the danger

of frost is past, but the plant,

still potted, into an acid soil

care to get azaleas to bloom