

Basketball Yeowomen annihilate Ryerson

by Brian Amuchastegui

Remember that theory of half-game efforts ending up in a losing cause? Forget it.

Although outplayed in the early part of the January 9 game, the Yeowomen basketball team regrouped in the second half and emerged victorious over the Ryerson Lady Rams, 80-49.

"In the first half," said Yeowomen head coach Bill Pangos, "there was no intensity whatsoever, but in the second half we came out and played with a lot of emotion."

Part of the team's lackadaisical first half play could be attributed to an earlier 98-40 exhibition romp over Ryerson. Pangos suggested, "Our players figured that they could just walk into the gym and get the victory."

Neither side was a dominant force in York's first game of the regular season; instead both

squads were content with playing a cautious offensive game. Despite dwarfing their cross-town rivals, the Yeowomen were unable to establish an inside game. Their gameplan was plagued with offensive turnovers and defensive breakdowns.

Leading by only four points at the end of the first half, the Yeowomen staged an impressive offensive onslaught leaving Ryerson wondering if Pangos hadn't changed his roster at halftime.

York's second half revival was jump-started through the inspired work ethic of forward Nancy Fairburn and guard Tanya Philp. Fairburn, who was last year voted Most Improved York Player, was especially inspirational with her offensive hustle.

"The play of Nancy and Tanya transferred over to some of the other players who normally play with a lot more heart and desire," added Pangos.

The second half turnaround wasn't difficult to explain. The

Yeowomen started applying offensive pressure, the Lady Rams didn't. The Yeowomen buckled down defensively, the Lady Rams didn't.

This year's Yeowomen basketball team, fuelled by last year's strong 21-12 record, hope to establish themselves as legitimate contenders in the tough OWIAA eastern division. Led by forward Tammy Naughton, who has averaged an impressive 19 points per game, and veteran guard Heather Reid, the Yeowomen have the ability and the desire to crack the national top ten ranking.

Pangos admits the road to glory will be tough. "The league is so balanced, and on any given day, any team can beat another. We've got to become more mentally focused and play 40 minutes a game and not put in another 20 minute effort."

York's next home game is January 26 at 6 p.m. against Queen's University.

SPORT YORK RESULTS

January 8 - January 14

Tuesday, January 9

BASKETBALL (Women): Yeowomen defeated Ryerson 80-49.

Friday, January 12

HOCKEY (Men): Yeomen defeated by Ottawa 7-2.

BASKETBALL (Men): Yeomen defeated by Bishop's 83-60.

Saturday, January 13

HOCKEY (Men): Yeomen defeated Concordia 6-3.

BASKETBALL (Men): Yeomen defeated by Concordia 95-80.

HOCKEY (Women): York defeated McMaster 5-1.

WRESTLING: QUEEN'S OPEN York finished 4th as a team. Scott Prokosh 3rd, Jim Lee 3rd.

TRACK AND FIELD: BLUE AND WHITE INVITATIONAL

Lisa Bennett — 60m — 3rd; Lesley Tashlin — 60m Hurdles — 3rd; Andrea Hastick — Triple jump — 1st; Pam O'Donnell — High jump — 4th; Vaughn Martin — Pole vault — 1st.

HAMILTON SPECTATOR GAMES

Nicole Sinn — 1000 m — 1st; Lara Leitch — 800m — 4th.

WINDSOR CHALLENGE MEET

Dwayne Roker — 60m — 3rd; Kevin Lake — Pole vault — 1st; Darren Garder — 600m — 3rd.

VOLLEYBALL (Women): MCMASTER INVITATIONAL

Tournament Standings

1. York
2. UofT

Yeomen defeated Waterloo 3-0; defeated McMaster 3-0; defeated Dalhousie 3-0 (semi-final); defeated UofT 3-0 (final). Tournament all stars — Sue Craig and Magaly Charbonneau. Tournament MVP — Chris Pollit.



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All classes operate on the concept of an 'OPEN FITNESS PASS'. With this pass (SHOETAG) you may participate in any of the scheduled classes as often as you would like! Classes are scheduled throughout the week, Monday — Friday at 9:15 a.m., 10:15 a.m., 11:15 a.m., 3:15 p.m., 4:15 p.m. All classes are 1/2 hour long only.

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 Fee: Student/Members \$53.00 Non-member \$63.00
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Note: Classes with an (*) have been added to the original schedule in the handbook.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:15 a.m.- 9:45 a.m.	Low Impact/ High Intensity (Inter.)	Aerobic Fitness (Adv.)	Low Impact/ High Intensity (Inter.)	Aerobic Fitness (Adv.)	Low Impact/ High Intensity (Inter.)
10:15 a.m.- 10:45 a.m.		Low Impact/High Intensity (Inter.)		Low Impact/High Intensity (Inter.)	
11:15 a.m.- 11:45 a.m.		Stretch 'N' Strength (Inter.)		Stretch 'N' Strength (Inter.)	
3:15 p.m.- 3:45 p.m.		*Aerobic Fitness* (Adv.)		*Aerobic* Fitness (Adv.)	
4:15 p.m.- 4:45 p.m.	Low Impact/High Intensity (Inter.)	*Stretch 'N'* Strength (Inter.)		*Stretch 'N'* Strength (Inter.)	

** For Fitness classes at Founders refer to the Recreation York Handbook.

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