

Had a Weak Heart.

Doctored For Three Years
Without Any Benefit.

Through one cause or another a large majority of people are troubled, more or less, with some form of heart trouble.

Little attention is paid to the slight weakness, but when it starts to beat irregularly, and every once in a while, pain seems to shoot through it, then it causes great anxiety and alarm.

Milburn's Heart and Nerve Pills will give prompt and permanent relief to all those suffering from any weakness of the heart or nerves.

Mrs. M. Shea, 193 Holland Ave., Ottawa, Ont., writes:—"I write you these lines to let you know that I have used Milburn's Heart and Nerve Pills. After doctoring for the last three years with all kinds of medicines and pills for weak heart, I heard of your Heart and Nerve Pills, so thinking I had never used anything that did me so much good, I kept on using them, and I had only used four boxes, when I was perfectly cured."

Price, 50 cents per box, 3 boxes for \$1.25 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Every Woman
is interested and should know about the wonderful
MARVEL Whirling Spray
The new Vaginal Syringe. Best—Most convenient. It cleanses instantly. Ask your druggist for it.

If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

WINDSOR SUPPLY CO.,
Windsor, Ont. General Agents for Canada.

This Ring given FREE



for selling Assorted
PICTURE POST CARDS.
In one hour you can earn this handsomely Chased
Signet Ring, engraved with your own monogram. The design is an exact duplicate of a solid 18K Gold pattern.

Given for selling only 24 pkgs. of our Multi-color
Picture Post Cards at 10c. a pkge. Each pkge. consists of 6 cards done up in a **Valuable Coupon Envelope**, which makes your friends buy them on sight. Don't wait a minute. We prepay postage on both Cards and Ring. Big Catalog of all our Premiums sent with each order.

COLONIAL ART CO., Desk 3 L TORONTO

PURGEN
The
**IDEAL
APERIENT.**

A sure relief for constipation.
Very pleasant to take.
Exceedingly mild in action.

In 3 strengths:
"INFANT," "ADULT" and "STRONG."
Of Druggists, 30 c. per box or postage paid for 35 c. direct from
LYMAN'S, LTD.,
474, ST. PAUL STREET,
MONTREAL

LADIES

A safe, reliable and effectual monthly medicine. A special favorite with married ladies. Can be depended upon. Mailed securely sealed upon receipt of \$1.00. Correspondence confidential. **J. AUSTIN & CO.,** Chemists, Simcoe, Ont.

Shiloh 25¢
The family remedy for Coughs and Colds
"Shiloh costs so little and does so much!"

can compare with these. It would not do for all to think the same, I know, let everyone have their own preference. I often read of some of the bachelors giving a good account of themselves, and I would not like to whisper a word against them. If you see a needy case wanting a little help, boys of the prairie, try and help out. Remember "a little help is worth a lot of pity." There are quite a number of bachelors here, but only one has ever offered to help me out, and I never shall forget his kindness. As to dancing and card playing, I see no harm in the dances that are held in these small places, it would be dead completely if there wasn't something to pass the long winter evenings away, but I do not like the big dance halls in the city, one does not know who they are mixing with—these places should be avoided, I think, by one and all. I like a dance as much as anyone, but it's very seldom I attend one. As to card playing, which so many think there is no harm in, I for one, am strongly against it. It may be all right for those who can play for an hour or so, and not get a mania for it. I have had lots of trouble through cards, and I know from experience what harm they do. Now, I guess there are mothers, readers of this magazine who have sons, try and keep your boys from cards. It may not make any difference to you what they do, but who is to know what trouble and anxiety it may cause in after years. I'd be pleased to get a

"Rover" might think us rather young. Wishing the W.H.M. every success, we are
Patsy and Cookie.

Defending the Bachelors

Carlstadt, Alta., Jan. 15th, 1913.

Dear Editor: I am, as I suppose you are aware of the fact, behind in my rates, so please accept \$1.50 for further good faith, and I would very much like to say a few words with regard to "Plato." I am a western bachelor to start with, and I would not take up a pen to try and defend my title. I never was aware of the fact that this is a land of woman hunters. I came from the East myself, and presume that most of the western bachelors "Plato" speaks of did also. Now, "Plato," we have friends in the East, and we do not necessarily have to grab the first spinster we see out on the prairie. We have seen ladies before, although we may meet the one that is intended for us right here, and our union might be as happy as though it was pulled off in Sunny Italy. No, "Plato," I do think you are mistaken. I have spent several years in the West now, and formed the acquaintance of a great number of western bachelors, and I can say that those who have married are living happily, and I also do think that their wives rank as high in their estimation as any one I know of. As this is a fair sized old world, I cannot see why "Plato" should class the western bachelors by them-



Snowed out of a party at lunch

few correspondents of either sex, if they care to write. Thanking you in advance, and wishing the W.H.M. every success.
Rome Beauty.

Please send address.—Ed

Two Ontario Girls

Mount Forest, Ont., Feb., 1913.

Dear Editor: We have just been reading over the correspondence column, and have been struck by the similarity of the letters therein, so we are going to try not to travel in a circle, but try to get to the point. We, (Patsy and Cookie) are two high school girls, live on the same street, in the same town, go to the same skating rink, have the same boys to skate with, etc. We wonder as we read letters in the W.H.M., what the girls living on the prairies do for schools, rinks and boys to skate with. We certainly feel sorry for "Rover" who is going to try his hand at batching. If we two girls were only there we would lead him a lively time in his lonely home. We would very much like to hear from "Rover" and perhaps our correspondence would help to cheer his lonely life. Neither of us can claim the beauty of blue eyes, but we are told that our eyes sparkle with fun, and we, like "Rover," enjoy a little dancing now and then, but not in a public hall. At this season of the year we greatly enjoy our skating, and would love to chaperone "Rover" down to our rink some evening, where we feel sure he would pass a pleasant and healthful outing. We would not like to tell our ages, as

selves, or is it that they are so much worse than bachelors of other parts of the globe. "Plato" says as soon as one of these bachelors is jilted, he hunts up another victim. What should he do? Shut himself up in an air tight shack, blow his brains out, or mourn the rest of his natural life, over the lady who took such delight in jilting him. I guess it must have been meant for a joke, let's ha! ha! a few times and call it one anyhow. There are hundreds of the fair sex marry western bachelors every year, and I do hope they are not deceived in so doing, but girls, you had better beware in the future, don't so much as give them a pleasant look. What's the use, you can always go to the city and land a cab driver any day, that would save you from being the unpaid housekeeper "Plato" speaks of. Any letters answered with pleasure.

Genuine.

In Manitoba

Bowman River, Man., January, 1913.

Dear Editor: Seeing so many interesting letters in the correspondence columns we could not resist the inclination to have our names enrolled in the list of members. We live in a most picturesque spot on the banks of the Swan River. Great tall trees cast their shadows over the mossy banks on which one can recline on the hot summer days. Now, as we gaze from the windows, a very different scene presents itself to our view. A white blanket is upon the ground, toboggans are sliding down the

Deafness Conquered!

Generous Offer of a Free
Book to all Deaf People
Who Wish to Hear



Deaf people everywhere will rejoice with all their hearts over the new treatment for Deafness that is restoring hearing in so many cases once thought hopeless. In order that everyone may learn of this treatment—by all odds one of the best yet known for Deafness—the finder of this successful new method has written a very interesting and helpful book which he will send absolutely free of charge to any person who suffers from Deafness. It shows in the plainest manner the causes of Deafness and Head Noises, and points out the way to regain clear and distinct hearing. Careful drawings of the ear and its complicated passages, made by the best artists, illustrate the book.

Deafness Specialist Sproule, author of this desirable work, has for twenty-five years been making a thorough investigation of Deafness and Head Noises, and his successful new treatment for Deafness is the reward of all his patient study. Now he wishes every one who suffers from Deafness in any degree to learn how science can conquer this cruel affliction.

Don't neglect your Deafness any longer! Send for this book today, and learn how hearing is being restored, quickly and permanently. Many who once believed their Deafness incurable have already gained perfect hearing by following the advice given in its pages. Write your name and address on the dotted lines, cut out the free book coupon. Mail to **Deafness Specialist Sproule, 117 Trade Building, Boston.**

Free Book Specialist Sproule, please send me your new free book on the treatment of Deafness and Head Noises.

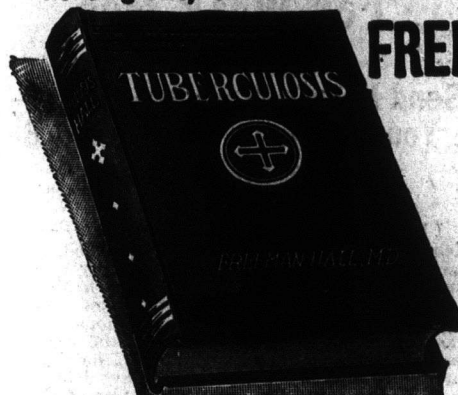
NAME

ADDRESS

Consumption

Its Diagnosis, Treatment and Cure

FREE



NEW TREATISE ON TUBERCULOSIS

By FREEMAN HALL, M.D.

This valuable medical book tells in plain, simple language how Consumption can be cured in your own home. If you know of anyone suffering from Consumption, Catarrh, Bronchitis, Asthma or any throat or lung trouble, or are yourself afflicted, this book will help you. Even if you are in the advanced stage of the disease and feel there is no hope, it will instruct you how others, with its aid, cured themselves after all remedies tried had failed, and they believed their case hopeless.

Write at once to The Yonkerman Co., 1734 Rose St., Kalamazoo, Mich., and they will gladly send you the book by return mail Free and also a generous supply of the New Treatment absolutely Free, for they want you to have this wonderful remedy before it is too late. Don't wait—write to-day. It may mean the saving of your life.



CANCER

Book Free. A simple Home treatment removed lump from this lady's breast. Old sores, ulcers and growths cured. Describe your trouble; we will send book and testimonials.

THE CANADA CANCER INSTITUTE, LIMITED
10 CHURCHILL AVE., TORONTO