INSTRUCTIVE

Dorothy Dix

It Takes More Than Beauty and Social Position to Make for Popularity - No Girl Will Have Friends Who is Catty and Mean to Other Girls or Snippy and Condescending to Men.

A GIRL who is unusually pretty, unusually intelligent, well educated and of fine social position complained to me the other day that she was lonely; that she had neither friends nor beaux. She said, and truly, that



DOROTHY DIX.

strangers were always attracted to her, but that in a little while they fell away from her; that other girls' cordiality to her was short lived and that men would call on her once or twice and come no The girl wondered why.

It was because she possesses the gift for inspiring liking, but she does not understand the art of preserving it. She is like the peach that is beautiful and rosy and luscious to look at, but that you find to be bitter when you come to taste it. It isn't enough for a peach or a girl to have surface peach or a girl to have surface charms that catch the eye. They must be sound and sweet to the core if they want people to have an insatiable appetite for them. The one deal in life where we get absolutely what is coming to us is in the matter of friendship. People are liked and loved in just the ratio that they deserve it.

AND so I would ask this girl who bemoans the fact that she has no girl friends what she does to attach other girls to her. To be honest, my dear, aren't you a good deal of a cat?

Don't you give the other girls a sly clawing when they come around?

Don't you say, "Oh, yes, Mamie is such a sweet girl and very pretty, but she gets her complexion at the drug store and anybody can see that her hair was peroxided. And as for her being so much admired by men, anybody could have beaux if they would run after men the way she does."

AND such being the case, is there any particular reason why the Mamies of your acquaintance should yearn for your society?

And aren't you the envious thing? Don't you belittle everything that anybody does that you can't do? When Sally goes to a party that you are not invited to and she tells you what a gorgeous time she had, don't you remark that the people who gave the party are not in society or that you remark that the people who gave the party are not in society or that you would not go to a public hall, or something else that takes the gilt off Sally's

When Fanny's father presents her with a diamond ring and she shows it to you, don't you say, "Oh, how pretty it is! I always did like those little chip diamonds!"

DON'T you invariably knock every other girl's clothes, especially if they are better than yours, and do your level best to make her feel cheap and mean beside you? And if you do these things, don't you think that the

And don't you rather pride yourself upon speaking the truth to your friends? Don't you feel called upon to tell Peggy that her hat is unbecoming and Dorothy that she is looking sallow and Betty that she is getting fat and Henrietta that her old dress made over so well that anybody who didn't know would think it a new one?

IF YOU do, can you think of any really good reason why any one of them should seek your presence in order to be told the things they don't want

And are you one of the kind of people that don't mix with

WHEN a hostess starts to make out her invitation list, does she pause when she comes to your name and say to herself: "Well, I'd like to invite Caroline Smithers, but if I do she will get into an argument with somebody and I will have to pour oil on the troubled waters of conversation, or she will be rude to somebody or drag in a forbidden topic by the head or the heel that will hurt somebody else's feelings, and so I'll just leave her out, because it gives be nervous prostration to spend three or four hours keeping the peace between her and my other guests"?

And if you are a spoil-sport, why on earth should any one went to And if you are a spoil-sport, why on earth should any one want to

And are you the kind of a girl who tries to monopolize every man she can get her clutches on, and who would rather die than introduce her escort to another girl? If you are, what right have you to complain when other girls pay you back in your own coin?

AS FOR your failure to be popular with men, that's your own fault, too.

Look yourself squarely in the face, little girl, and see where the trouble lies. Are you one of the sniffy girls who always tries to make a man think that she is a sort of fairy princess, and that no matter what he does for her she is condescending to accept it?

If a man takes you to the theatre, do you say that you are accustomed to a box at the opera? If a man takes you to ride in his runabout, do you spend the time discoursing about six-cylinder high-power French cars? If a man treats you to a near-beer-andsandwich supper, do you make things pleasant for him by telling about the champagne and terrapin that some other man set up for you at a fashionable restaurant?

IF YOU do, why should the man waste his good money on you any more? What return in pleasure does he get when you have only made him feel that you think he is a cheap skate?

When a man comes to see you, do you beguile the time by being sarcastic and trying to show him how much smarter and wittier you are than he is?

IF YOU do, why should he come back again? Do you suppose he gets any pleasure out of being made to look small and foolish? Or do you think that being stabbed in one's vanity is such a delightful sensation that a man would care to repeat the performance

When a man calls, do you spend the time talking about your-self? Ah, my child, no man on earth was ever enough interested in a woman to be willing to listen to the story of her life or what

TT TAKES work and trouble and self-denial to make one's self popular, DOROTHY DIX. Copyright by Public Ledger.

HONEST TRAMP.

A. S. M. Hutchinson, the novelist, is responsible for the following story concerning a woman, well known in society, and famed also for her kindness of heart. Idly gazing out of a window of her house one day she saw a poor fellow shivering up against a poor fellow shivering up against a

a poor fellow shivering up against a lamppost. So she wrote on a sheet of newspaper: "Never say die," wrapped a ten-shilling note in it, and a torrent.

Landlady at Shorditch County Court: My lodger's language flows gently at the start and then becomes a torrent.

In a hurry? Eat

the man-sized meal

Morning, Afternoon, Evening, Represented In Costumes



well as materials and styles, which re- the collar, sleeves and hips.

the right above might be worn as a an ornament worn directly in front. most of us may attain. To be correctly straightline, one-piece with circular metal brocade with quite plain lines reattired argues the very latest ideas as skirt and simple chevron trimmings on lieved by the pleated circular tunics.

propriately clothed means that we are consists of a straight wraparound skirt cloth appliqued with brightly colored conservative and have a sense of fitless which prevents us from wearing beige and Copenhagen blue plaid bound a tight gypsy girdle was used on an our sports clothes to church or to an with the solid biege. The cape is of other clever gown of bois de rose chifafternoon tea, or our evening dress for the beige with trimmings of plaid. It from with lace dyed to match, which has a standing collar which buttons was used on a cape back, the ends of Many of the modern clothes are inter-about the throat, and the nobby little the girdle, a shirred apron and an over changeable. For instance, the frock on felt hat has the stylish dented effect and

RHEUMATISM, neuritis and other kindred ailments frequently fol-

low pyorrhea, the dread disease of the

gums. Yet carelessness makes pyor-

suffer from it after forty, and many

rhea all too prevalent. Four out of five

younger, according to your dentist's own figures.

To be among the fortunate few who

escape pyorrhea, begin at once using Forhan's for the Gums. If used regularly

and in time, Forhan's prevents or checks

It contains Forhan's Pyorrhea Liquid,

which has been used by dentists for the

last 15 years in the treatment of pyorrhea.

It is a pleasant, cleansing dentifrice that

Today is none too soon to start brush-

ing your teeth with Forhan's. Buy a tube

right away and don't give pyorrhea a chance. All druggists, 35c and 60c in tubes.

FOR THE GUMS

More than a tooth paste-it checks Pyorrhea

the entire family likes.

pyorrhea and safeguards your health.

TO BE correctly dressed on all occas- business or school dress, or as a morn- On the right is an evening gown that ions is an ideal achieved by few; ing or afternoon dress for the house- can appropriately be worn at no other to be appropriately dressed is a goal wife, according to the material. As here pictured it is made of silk, and is a line' gown and is developed in a rich A particularly noticeable evening frock quires a well filled purse and an up-tothe-minute couturier. But to be appropriately clothed means that we are

Menus of Family

Oranges. Cereal with Cream and Sugar.

Eggs. Coffee. Baked Potatoes. Stewed Fruit. Sweet Rolls. Tea.

Dinner. Boiled Potatoes. Cabbage. Apple Salad. Creole Rice Custard.

TODAY'S RECIPES.

Pot Roast—A four pound plece from the round or rump or chuck, or even the second cut of the neck, can be prepared in this way: Season with salt and pepper, dredge with flour and the entire surface in fat. Fat salt pork tried out is especially good for this. Put the meat on a trivet in a kettle, about half cover the meat with boiling water, cover closely and cook just below the boiling point for about four hours. The flavor of both meat and gravy is much improved if about a drived in a wee piece of bay leaf and a clove or two.

Add three-fourths of a cup of sugar, one teaspoonful of vanilla, the grated rind of half an orange. Beat three eggs, or if they are small use four. When light add one quart of sweet milk. Blend with the rice and sugar mixture. Sprinkle the top with grated nutmeg. Cook in a double boller until thickened. Turn into one large pudding dish or custard cups. Set in the oven to brown. It should be served about lukewarm and may be offered plain and double-breasted closings may be used. Leopard is very nice when made up in this way and beaver is even made up in this way and beaver is even made up in this way and beaver is even made up in this way and beaver is even plain or with a dressing of plain cream or sweetened whipped cream. a wee piece of bay leaf and a clove or two. Add these sparingly, as this flavor may easily be made too pro-

Dumplings-One cupful flour, two teaspoonfuls baking powder, one-quar-ter teaspoonful salt, one-half cupful milk. Sift flour, baking powder and salt together and mix to soft dough with the milk. Take up by spoonfuls

Is this your BIRTHDAY

FEBRUARY, 10-Be bold, and keep to one work. You are apt to make engagements carelessly and break them when they interfere with your convenand kindly. When you win love you will hold it. See that you are grateful for kind things done to you. Your birth-stone is an amethyst, which means sincerity. Your flower is a primrose Your lucky colors are light blue and

HOUSEHOLD HINTS

A cyclamen does not want to be surfeited with water, neither does it want to be dry. All water must be drained from it, so stand your plant on an inverted empty pot to raise it above any danger. To use a homely illustration, you know that you yourself will take cold if you stand long with wet feet; although it is beneficial to bathe the feet. This applies to the cyclamen. It catches cold easily, but at the same time must have a drink.

Cheese rolls are great favorites for serving with afternoon tea. This is the way they are made: Cut bread into very thin slices and roll them flat with rolling pin. Spread cream cheese ove the flattened slice, roll it up, fasten it with a toothpick and toast it in the

Celery can be distinguished by its crisp white stalks and fresh, bleached leaves. In serving celery, be sure it is scrupulously clean. Celery is grown under conditions that make this important

Fresh spinach has tender, crisp leaves and stems that snap.

A Thought

Prove all things; hold fast to is some credit to be given to the tes-

ly and cook for ten minutes. Little stemed biscuits may be made by cutting one tablespoonful butter into the flour before adding the milk. Use only about one-third cup milk so that the dough will be stiff enough to pat out and cut with tiny cutter. These centers and cut with tiny cutter. These centers are successful.

In MATTERS of fact they say there is some credit to be given to the testimony of men, but not in matters of judgment.—Hooker. dough will be stiff enough to pat out and cut with tiny cutter. These can be cooked on the stew or they can be put on greased plates and cooked in a steamer. Place them around the stew as a border when serving.

Creole Rice Custard—Boil as much rice as you will need. One cup is about the stew as a border when serving.

Creole Rice Custard—Boil as much rice as you will need. One cup is about the stew and energy in family and social life without paying the penalty of ill health—that dreadful backache, pain in side, headache, nervousness, or the

right for the average family. Cook in in side, headache, nervousness, or the torture of a displacement. Before any

Rely

on your

Your dentist

wants to prevent pain, not to cause it. He won't hurt

you, if you go visit him often enough. Have him examine

your teeth and gums at least twice a year

to keep them healthy.

He may prevent

caused by mouth

Movie Land

News Notes From

By HEDDA HOYT. NEW YORK, Feb. 9-Jumper frock

or one-piece dresses with long bodices and circular flaring hemlines in pastel

Cape-back frocks are also making an appearance. Even jumper frocks often use a square or rounded rear cape which begins at the shoulder seams and ends at or just below the hormal waistline. Often the capelet is lined in a soft, contrasting shade of silk as in the case of a dove blue frock with crobid-lined.

Wide bracelets set with large stones are more popular than narrow types. Stones are generally of semi-precious type and because of the width of the pracelet but one is worn on an arm.

Fashion Fancies



By Marie Belmont Kasha in brown, tan, and still lighter tan, is the material used for this attractive tailored jumper frock.

the overblouse, which is trimmed with bands of lighter tan and the brown. The skirt matches the brown bands, and has an inset pleat at each side. With this is worn a brown felt hat. A straight brown .kasha coat would complete a most ef-

a dove blue frock with orchid-lined said Nancy, who had overheard the conversation. "I don't mean to intrude on versation. "I didn't think you'd mind a suggestion." "Very pleased, I'm sure," said the Tin

shall we have?" "Everybody," said Nancy.

newspaper will do quite nicely."

and there it has stayed ever since. I'll be glad to get rid of it. It gives me

Soldier politely. "Yes, to be a real party, it should be a surprise. Whom

expect us to have cheese especially for him and I draw the line at that. I have Slummers may be seen taxi-

Nobody had ever cared for her particularly, for she seemed to be lacking in fine feeling, but now, as it was her

Miss Raggedy. "I'm going to give her and poets and musicians would gather a newspaper rose. They are not hard to make. My mistress learned at kindergarten, only she used pink tissue. But Some of these may still be found if "And I," said Mrs. Jiggs, "shall Probably none has achieved greater fame than one at East Broadway and

as she was older and more worldly wise each regular costumer had a certain and often used expressions that made seat at a certain table and none could them feel uneducated. But it didn't do occupy it. It was literally true that "I have one extra stocking I've been by familiar elbows.

sugah or nuthin'. It's jes' dough!" elgn colonies of America as does no other man, was a regular visitor. And "I'll give the candle," said Limber
Long Legs. "No one suspects it, but I
have a Christmas tree candle in the cotton of my right leg. My master stuck

Will this new generation produce t into a rip the day after Christmas their equal? I wonder

shades for afternoon wear. Little felt hats match exactly the shade of the frock and among the most popular shades are pinkish tans, pale ashes-of-roses and nile greens. Hosiery also matches the frock and shoes are either matching kid or satin or black.

Cape-back frocks are also making an Cape-back frocks are also f



life, patterned after Broadway in "Not Sniff Whiskers surely," exclaim- the "roaring Forties," is crowding the ed Miss Pithers in alarm. "He would picturesque and quiet coffee houses and

a delicate nose."

"Oh, I don't suppose he'd mind being left out," said Nancy. "You can ask him some other time when you are going to have cheese."

Calamity Jane either didn't hear a suppose the colorful costumes pick at mandolins and when the balelette. Hungarian mustose Slummers may be seen taxi-cabbing ing to have cheese."

Calamity Jane either didn't hear a word of all this or else she pretended not to hear, for she walked calmly out, dragging her wedding veil behind her I should say that she limped calmly out, for when Mister Havalook patched her up in his tinkering room after she came to Hidy Go Land, an armless, legless, eyeless, wigless orphan, he couldn't find two legs alike, so she had to take what she could get.

Old Calmey Jane either and whang the balalaika; Hungarian musicalians at the zymbola, gypsy violinists, Semetic singers whose songs are half chant, half wail—you can find them all.

But in just as many planos bang out jazz tunes and guests dance about. The gray-bearded patriarchs sigh and shrug their shoulders in resignation. New days, new ways. The East Side's second and third generation does nothing to carry on the father's tradition. It

for a party, everybody began to go over

IN DAYS of old, when nights were
not so bold the coffee house was in not so bold the coffee house was in "She's been so brave, poor soul!" said its hey-day. The thinkers and dreamers

one knows where to look. Division street. I have not been there No one asked her what "ultra" meant, recently, but there was a time when

the wood of the tables was well worm saving against a rainy day," said Be-linda generously. "I'll give her that." There one could find Malsin, whose Yiddish songs are sung by millions of "I'll make de birthday cake," offered Yiddish speaking people. Konrad Ber-Black Dianah. "I knows a new recipe dat doesn't take any aigs or buttah or Nancy. "That's the chief thing about one could find Pinski and Sholem Ash, birthday cake. No one minds the who have done so much for the Yiddish theatre.

GILBERT SWAN

theumatism!

"But will one candle be enough?" ask-tural state, lasts about seven and oneed Miss Crinoline. "She looks a hun-dred." half years; if treated with preservative, about 15 years.

VIROL

In porridge or breakfast foods



IS your child too thin? Is he pale and listless? Does play tire him? Virol will enrich his blood, build up his tissues and give growth to his bones. When his body is healthy mental alertness will quickly

Virol is beef marrow, eggs, salts of lime and iron, malt extract and lemon syrup. If your child is not "up to the mark" give him Virol. He will grow sturdy and strong, and lay the foundation of a sound constitution.

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